

Newsletter

November 1986

Volume 1, No. 2



**|| Om twamewa sakshat, Shri Adi Shakti Mataji, Shri Nirmala Devi,
Namoh Namah ||**

Shri Ganesha Puja

Shri Mataji arrived in Los Angeles on Thursday night, September 4th, and on the following evening, travelled southeast to a lovely mountain setting for Shri Ganesha Puja.

The weekend seminar and puja took place at Camp Marston, a summer camp surrounded by mountains and trees and next to a quiet pond. The camp was booked exclusively for Sahaja Yogis, and contained a separate house for Shri Mataji, small cabins with bunk beds, a large meditation hall, and a cafeteria.

In these pleasant surroundings, about 150 American and Canadian Sahaja Yogis, plus representatives from Austria, Australia and Germany, gathered on Friday evening to meditate and sing bhajans while awaiting Mother's arrival. Our Mother played some Mahamaya by arriving at two o'clock in the morning... Vibrations were strong and nice.

On Saturday morning there was a deep meditation by the lake. Shri Mataji talked to all the Sahaja Yogis on Saturday evening. Mother explained that Americans must change their attitudes, fully dedicate themselves, and contribute more time and attention to the work of Sahaja Yoga. She said Americans have to sacrifice more. In our approach to new seekers in the West, Shri Mataji instructed us to no longer pamper their egos by giving them all the information on chakras, etc. and dealing with them on an intellectual level. We must tell them clearly who Mother is. And, most importantly, they should get the experience of vibrations.

After Mother's talk, a narrated slide show was presented in which pictures of America were related to quotes from important Americans who were realized souls, such as Abraham Lincoln, Martin Luther King and Henry Thoreau. Then there was a bhajan program in which Shri Mataji played the harmonium while we all sang and danced! Everyone was in a joyous mood and vibrations were flowing strongly.

On Sunday morning everyone prepared for puja. San Diego Sahaja Yogis had prepared a beautiful stage: Mother's chair was placed on real grass turf, the stage was almost all red, and 1,000 red roses and other flowers were offered for decoration.

Shri Mataji arrived at the puja about noon. In the talk before the puja, Mother stressed the importance of Shri Ganesha. Mother explained that She had given birth to every Sahaja Yogi in the same way as Shri Ganesha -- with Her love, without a father. Mother said that sins against the Holy Ghost after realization may be forgiven, but sins against Shri Ganesha (Mooladhara) will not be forgiven. Each of us should establish Shri Ganesha within us.

Before the puja, Mother gave names to the Sahaja Yogi children. Not surprisingly, many of the names were names of Lord Ganesha: Ganapati, Ganesh, Gauri, Aumkar and others.** On Sunday evening, there was a powerful havan by the lake.

Vibrations from the puja were tremendous, and Mother was pleased with it and with the havan. There were 150 Sahaja Yogis there -- more than ever at a puja in North America. After the puja, Mother said that this puja was very strong, and that it was meant for 10,000 people. Shri Mataji said that She has now established Shri Ganesha in the Vishuddhi. So let us pray that Shri Ganesha will remove the obstacles to establishing Vishwa Nirmala Dharma in America and all over the world.

Sahaja in Europe: An Overview, Spring 1985-86

*Europeans have been spoiled. They have enjoyed in recent years a succession of momentous pujas and public programmes with Shri Bhagavati Mataji. The Void (Europe) has to be somewhat cleared, the Nabhi (right: France/Germany, left: Austria/Italy) and the Heart (left: England) has to be strengthened before Vishuddhi (USA) can manifest; before the Kundalini (India) can express the full strength of her ascending power. Thus Shri Mataji gave special care and attention to the European organs of the Viratakalki to come. Here are a few recollections.

*Sahasrara Day 1985 in Vienna. Tremendous. The bandhan from Shri Mataji digs a hole in the heavy rain clouds which were hanging over the city. All around: clouds; on Vienna: sunshine and blue sky. In the castle of the born realised Empress Maria-Theresia, Shri Mataji tells us we have to settle down in our own dimension that is nirvikalpa samadhi. Sunshine, sahasrara shine, sun sahasrara. Sahaja Yoga in Austria is doing well with the fourth ashram soon opening in Vienna and Herbert opening a new center in the city of Graz. In Munich (Germany), Hugo and his group hold the fort.

*Ganesha puja in Rome. A bath of overflowing bhajans and devotion. A magic "press conference." In Venice a few days later, huge crowds had been drawn to the programme by positive Italian radio and television reporting. In the meantime, programmes and seminars organized by Yogis in Milan and Venice have been successful.

*Guru puja 1985 near Paris witnessed the wrath of the Satguru. Awesome. But since then, France, with Patrick as new leader, has improved a lot. There is also, in the congress house in Versailles, a nice inaugural ceremony for the French new version of The Advent. Mr. C.P. Shrivastava carries the hall with a confident, forceful statement on Sahaja Yoga's crucial role in today's troubled world. Shri Mataji Rajya Laxshmi is royal as ever. The book, which is published commercially, sells well.

*In the summer, two major pujas take place in England. A Ganesha puja again, in Brighton and the Vishnumaya puja in Wimbledon. Brighton station resounds with the conches, the cheers, the jai jai kar and the songs of hundreds of Sahaja Yogis. Both the speeches of Shri Mataji must be meditated upon by all of us, again and again.

*Switzerland had been blessed in 1984 by two pujas in the mountains: Guru puja in Leysin and Ganesha puja at the feet of a titanic Swayambu Ganesha, the Matterhorn (meaning "the Mother's top), the most famous mountain of Europe. In 1985 again, Shri Mataji graces the Swiss with a Navratri puja in Weggis, at the geographic and historical core of the country. The Goddess sits on the tiger, holds the swords--and a gun! The havan is out of the world, high on the mountain, above a sea of clouds. The Swiss nucleus of Sahaja Yogis is good but Swiss people are still very slow in opening themselves to Reality. Durga's coming helped to clear out a lot of poisons (Switzerland being the gall bladder).

*At last, and again in Italy, Diwali puja takes place near Rome in November 1985. This festival of light is celebrated with bubbling joy. The meeting at the airport between Shri Mataji arriving with a plane full of British Sahaja Yogis and the Europeans who were waiting, cannot be described. We will never forget it. Mataji, Mataji, your face shines like a thousand suns. In Her speech, Shri Mataji says that the Sahaja Yogis are responsible for keeping their lamps all right: no smoke should blacken the face of God!

*Seminars deserve a special mention as an effective tool for strengthening inner growth and collective developments. The third European seminar near Colmar, in April 1986, is attended by around 400 people from more than ten nations. Great vibrations, great fun. With a puja to Shri Vishnu, this encounter is conceived as a preparation for the Sixteenth Sahasrara Day.

*About 600 yogis and yoginis flocked to this extraordinary ceremony in the Italian Alps, near the Swiss border, in a region which had already been graced in September 1984, by an Ekadesha Rudra puja to Shri Mataji. An anticyclone arrived from England, at the same time as Shri Mataji, to blow away eastwards the radioactive cloud which was drifting over Europe after the nuclear catastrophe of Chernobyl in the USSR. When Shri Mataji arrives, between two meter high walls of snow, all the conches blow triumphantly, the smog clears out and a touch of sunshine lights up the fifteen meter high golden statue of the Goddess as "the Lady of Europe" which overlooks the site. This same night, we all enjoy a unique session of bhajans and dances, vibrant with love and intensity, and of a high musical quality. Songs of praise from all the countries, including Algeria and Spain, are offered to the Lotus Feet of the Divine Mother. She is prasannya. And we all beam like...children of God.

*During Her puja speech, Shri Mataji stresses how important it is for us to drop all the concepts which litter our mental being so as to be directly conscious of the Unconscious within. To evolve from self knowledge to self consciousness, we are to be more awake, more alert by activating our witness power. The brain represents the principle of Shri Vishnu, which is the sahasrara of the true yogi, is totally surrendered to Adi Shakti.

*Last but not least I have a word to say about our hosts. In presenting a beautiful programme of songs and dance, in decorating the puja hall with exquisite taste, in organizing everything so smoothly, the Italian Sahaja Yogis deserve our admiration. We really

feel that Sahaja Yoga is on the move in Italy. A TV journalist, a saleswoman in a shop approached Shri Mataji in Milan asking respectfully: "Are you La Grande Madre (the great Mother)? "May I please have my realization?" Italy is the most Indian of all the European countries, evidently.

*The Guru puja celebrated on the 6th of July 1986 near Salzburg, in Austria, was simply glorious. It took place in a beautiful park, opening onto a mountain lake, and about 600 yogis participated there at the havan, enjoying the bliss of this great collective encounter. The stage for the puja had been set by Sahaja Yogis with professional know-how and a great sense of aesthetics; it is impossible to describe the majesty of the scene when Shri Mataji sat on Her throne. She spoke about Mozart who had called Her there, about the sense of balance of the Austrian Sahaja Yogis, and the role of women. Thereafter, the public programmes in Vienna were very successful with an attendance of up to 700 people.

*The Karttikeya puja in Munich, Germany, one week later came as a great surprise. To celebrate the Lord of war in the country which had triggered two world wars had a profound, yet mysterious significance. Shri Mataji described how the war between the sexes is ruining the West, as Western women did not know how to find their identities as sustainers of the society, spiritual shaktis and upholders of chastity. She, of course, emphasized the responsibility of men in this process. Shri Karttikeya represents the brilliance of innocence on the right side, the male principle. She spoke also about the education of the realized children. We should not refer ourselves to the Montessori method but should stand on our own two feet as the Sahaja Yoga school system. On the whole She stressed the theme She developed this year during the sahasrara puja: the need for the Sahaja Yogis to be fully confident...as Sahaja Yogis.

"Is this the Brahma shakti? Is this the wind of the Holy Spirit?" For the first time, of course, this formidable question was raised ... and answered in Tuscany, that is in Marizia de Pietra Santa on the 24th of July. After a very successful series of interviews with Italian journalists, Shri Mataji raised the kundalini of a crowd of about 600 people in the midst of a television programme organized by a well-known journalist that Shri Mother declared to have been a Roman emperor in one past life.

As we were driving to the programme along the seaside all the red flags were out on the beach to warn the bathers not to go swimming because the strong wind made the Mediterranean Sea too rough. But a few minutes later and a few hundred yards away, not a single leaf was moving in the pinewood when Shri Mataji, at the television programme in the open air, asked the above question. Nature was breathless, at attention, birds became suddenly silent. The only wind which blew was the wind of the Holy Spirit. Shri Mataji also declared that Italy was the soul of Europe on which the Atma (England) had to reflect to emit vibrations. As Italy led Europe in arts and culture it would now take a leading role in spirituality.

Later on Shri Mataji went to Volterra to clear Italy's deep left side from its Etruscan past...and to buy fabulous alabaster vases for Her house at Poona August 3rd, the beginning of a new vision for Sahaja Yoga in the West...the inauguration of the house at Shudhy Camps Park, Cambridgeshire by Bhoomi Devi puja. This is the first house ever owned by Shri Mataji in Her own name, which will be given to the international Trust in due course as international center for research and education. Re-named Shudhy Camps to emphasize the cleansing which is to be worked out there, the house is a capsule of English history -- and the germ of its next evolutionary phase.

The weekend seminar was attended by representatives from all European countries, India and Australia, and Shri Mataji in person is supervising the work of renovation and redecoration by a team of architects and craftsmen from all over the world. Shri Mataji has commented how each time She goes to the house, the elements (especially Shri Vishnumaya and Shri Varuna) announce how the Goddess has taken Her place--(and carry out the cleansing that is still to be done).

Those wishing to offer their services to work on the house should first contact David Prole in London (tel: London 580-6271) who will review the needs on a daily basis. Only those who are invited by Shri Mataji personally should visit the house itself, and David will pass on such invitations. (So far too many self-invited have been arriving, bringing their bhoots with them!) Already it is possible to see our Mother's gracious touch lighting up so many aspects of the house and grounds, and all who are there are feeling the collectivity of a continuing puja of praise and rejoicing as work progresses.

*Krishna puja in Schwarzsee, Switzerland. Hotel Primrose au Lac in Schwarzsee, Freiburg, Switzerland was the scene of yet another unbelievable weekend of Sahaj events, as representatives, bearing the crowns of sixteen countries, came together for the celebration of the sixteenth Mahapuja of Lord Krishna's birthday. As if in celebration of the occasion, the name of the place was aptly chosen -- "Black Lake," for the Dark Lord -- as was the telephone number of the hotel: 32-16-32.

On the first evening Dr. Rustom spoke of the simplicity of Sahaja Yoga -- the trick is to give up the free will to the One Who has given it to us. Shri Mataji in Her three talks on Lord Krishna's different aspects (Gopal, Gita, Virata) expanded this theme -- surrender gives the complete freedom which comes from merging in the ocean of the collective being. Thus when the sixteenth petal of the chakra opens, the Sahaja Yogis have the capacity to become completely merged in the collective and new dimensions are exposed and expressed.

In the night of Friday, Shri Vishnumaya and Shri Varuna expressed their feelings in a violent thunder storm. The manager of the hotel had attempted to restrict the amount of water available. As a result, in the morning, the Swiss efficiency was shattered by the failure of the water supply just as morning meditation began. Arneau explained matters to the manager, who got his realization, and was later seen enjoying the bliss of the puja. Later that morning, Gregoire explained the significance of some characteristics of the Swiss people, who like to live in pretty houses, surrounded by double fences (so nobody can pick the flowers) -- a dwarfishness inherited from the Niebelungen who hoarded gold in ancient times, like the modern Gnomes of Zurich who are their true descendants. After that, wherever one looked one saw little houses built for dwarfs.

Shri Mataji spoke twice during Saturday about Shri Krishna and His Nature -- first as the young child who loved cows and played innocent Leela with His companions (Govind) -- then as the inspiration of Geeta, the subtle diplomatist who takes the attention above the world. Towards evening, a very professional presentation of musical numbers from all the countries opened all hearts and made a mood of joyful anticipation. Outside, changeable weather and a downpour of rain kept away tourists from the beautiful dark lake.

Late in the evening, the puja began with a third talk, on Shri Krishna's greatness as Virat -- the complete expression of the Godhead in human form. The stately puja included prayers and

readings from many religious traditions and ended with the presentation of sixteen crowns made by Sahaja Yogis of different countries -- a dazzling series of confections, each with a history behind it stretching back into remote depths. The story was told of the shopkeeper who objected to selling a white veil to those making the crown for Muslims in North Africa -- "That is only worn by Fatima" he assured the yogis. At the end, Shri Mataji held up the Sudarshana chakra, plated in platinum, and donned the jewel designed in sapphires and diamond to adorn the neck of Viratangana.

Sunday was cloudy and wet, continuing to keep the crowds away, while Shri Mataji held an all day surgery in her room in the hotel. The Sahaja Yogis enjoyed the brilliant matching of film and music of the Navratri Programme with "Chariots of Fire," and other videos. After another evening of joyful singing, the Sahaja Yogis woke on Monday to clear skies and a misty Swan Lake scene. After breakfast a leisurely stroll around the now silent but sunny water completed an interval of integration and fulfillment for the collective of yogis. To the glad sound of cowbells and conches, Shri Krishna Radha Krishna Mataji left at lunch time for Bern and onward to pastures new.

JAI SHRI MATAJI!

--Gregoire

The Shri Krishna Puja took place at Schwarzsee on the 4th day of the 8th moon, in the 8th month of the year. The planetary positions at the time were:

SUN in Virgo (EARTH)

MOON in Aries (FIRE)

Mars (Mooladhara) in Capricorn (EARTH)

Mercury (Swadhistana) in Leo (FIRE)

Jupiter (Nabhi/Void) in Pisces (WATER)

Venus (Heart) in Libra (AIR)

Saturn (Vishuddhi) in Sagittarius (FIRE)

Uranus (Hansa) in Sagittarius (FIRE)

Neptune (Agnya) in Capricorn (EARTH)

Pluto (Sabasrara) in Scorpio (WATER)

On the Subject of Sahaja Schools

As more and more children are born to Sahaja Yogis in America, it is only natural that their parents should start to think ahead about their education -- not to mention those Sahaja Yogis who already have children. We all want our children to receive a true education, that will not only give them all the necessary academic or practical skills, but most important, will enable them to grow into strong, balanced, aware Sahaja Yogis. Many, in fact most of our children are born realized. But that does not mean that they are great Sahaja Yogis. That they must become. And it is the job of their parents and of their educators to guide them in their development.

Our search for an enlightened system of education has led us to explore various existing methods which could possibly be adapted in Sahaja Yoga schools. One of these methods was that of Maria Montessori. This has been used as an educational base in Australia, for example.

However, this summer in Switzerland, Shri Mataji stated very clearly that the Montessori method was not, after all, suitable for Sahaja Yoga schools. The reason is that a) the ladies who had gone in for Montessori training had developed a right agnya -- ego -- in the process, and become too right-sided, and b) that the children who were educated by this method also became very right-sided and materialistic, because their attention was drawn outside rather than inside. So Shri Mataji said to forget about the Montessori method: what need was there for little children to be taught what was a triangle or a square or some shape, which they would learn about naturally anyhow? Better to develop in them the right attitude. Again at Kartikeya Puja, She said we should have our own Sahaja Yoga Schools.

Attitudes vs. Systems

This is a crucial point, and applies not only to schools and children, but to all of us, and to the development of Sahaja Yoga itself in human beings and human society. The reason why all great and true teachings have become dead and ossified is because human beings made them into systems. A system is a set of "how to's" and rules and regulations defining outward behavior and form. It is therefore arbitrary and dead, a mechanical thing which denies awareness. Truth cannot be systematized because it is living awareness. If we are to become the truth, we must use our awareness, the vibratory awareness so graciously granted to us by Shri Adi Shakti Herself. It is this awareness which takes us out of the realm of the petrified and the false and into the Kingdom of God -- nothing else.

In Sahaja Yoga, the outward practices change, evolve. Nothing remains static. It is all sahaja, spontaneous. There are no immutable rules regarding the external practices and techniques. That which is immutable and eternal is the Truth underlying the

practices -- that we are the Spirit and must become the Spirit, that Shri Mataji Nirmala Devi is sakshat Shri Adi Shakti, that God is love, and by Her grace we have been allowed to step inside the door of the Kingdom of God. Shri Mataji has graciously evolved techniques by which we can cleanse ourselves in order to become one with the Truth. And here the key word is "evolve."

If we allow our misguided intellect to lead us in any kind of systematized behavior in Sahaja Yoga, then we must know that it is a trap, a dead end. Just as the amphibians had to learn how to walk on land and breathe the air, we must learn to use our vibratory awareness. Kundalini Herself is constantly giving us opportunities to do so -- we must be alert. And let us always be ready to fight our conditioning of dogmatism, which makes us lazy and unaware.

So, Shri Mataji said, it is the proper attitudes (which lead to the correct action and behavior, spontaneously) that are to be developed in our children. We should strive to inspire them by telling them of the great saints and heroes of the past and of the Incarnations -- by showing them the beauty of God's creation in its manifold manifestations; by letting them experience the joy of sharing, of loving each other, of helping each other; by subtly guiding their attention to the Spirit; by teaching them how to use their vibrations.

Sahaja Yoga schools are in their infant stage. But they will be known as Sahaja Yoga schools -- not Montessori or this or that. Shri Mataji has very graciously been putting Her attention on the question of the children's education -- for example, with the Rome school, the schools in Australia, and eventually with a school at Shuddhi Camps in England. These schools will, of course, conform to all the standard educational requirements -- but they will be -- already are -- places where our children will truly grow.

Now having said this, no one who has already completed Montessori training should feel bad or hurt. Nothing is wasted, least of all one's qualifications. The next step for anyone seriously desiring to teach children should be to spend some time -- 6 months to a year, in one of the already established Sahaja Yoga schools.**

Those who have not started their training should try to find some sort of balanced program which will give them the qualifications they would need to teach in any regular school, preferably at kindergarten level, as that is where we will start, but also at more advanced levels if they prefer it.

To educate our children is the biggest responsibility -- and the biggest joy! For it is to enable them to blossom into the beautiful flowers that they are.

Jai Shri Mataji!

**Anyone wishing to do this should contact Christine Petrunia (914) 699-2786.)

--Christine P.

India Tour Update

The cost of the Tour this year has been set at Rupees 11,000 per head. This money should be transferred to London by November 14. It is equivalent to 600 English pounds, or US\$900.

Please note that the cost has been set in Indian rupees to allow for inflation in India. Should the exchange rate vary by the time the Tour starts, it may be necessary to collect a surcharge on arrival in India.

In order to cut the bank transfer costs, please send regular checks to Christine Petrunia (C. Petrunia A/C #2) by Nov. 1, or cashiers checks by November 7 at the latest. Then one large transfer can be made.

If you have any questions, please call Christine.

Travel

The airfare cost of \$900. for the India Tour is due by November 15. Centers will be notified about who to make checks payable to. The departure date is December 18 from New York, returning January 19, 1987.

Make sure your passport is current. Babette will send visa letters and visa application forms by the end of October. No shots are required, but you may want to call your local Board of Health for information.

Marriages

Anyone wishing to get married in India should talk to their local leader (Dave Dunphy or Lori Hynek or Christine).

Announcements

Videotape Orders (PALSystem)

In an effort to reduce costs and coordinate North American efforts, Ursula Doring will be delighted to send one collective check to Sahaj Video in England. Please confirm if you have PAL video equipment so order forms can be sent to your center. Approximately ten days before the deadline date, either call or send purchase order with a personal check to cover all costs. Late orders will be the responsibility of individual centers.

PAL Video Equipment

If your center is still interested in purchasing PAL video equipment, that is, a monitor and VCR, Ursula Doring is able to purchase directly from Hong Kong. Call 415-459-0123 for further information.

Spiritual Heritage in America Project

The Spiritual Heritage in America project continues on. We hope to make a book like Visions from the slide presentation which many of you saw in San Diego. We may also try to get funding for a documentary film. If you know of any poetry or writings which could be included in such a film, please send them to Steve Kirby in Boston. If you have any photos or pictures, please send them to Kristine Trumbo in New York. We are especially interested in miracle photos of Mother. (We'll return all materials to you.)

Call for Bhajans

We are compiling American folk songs and Black spirituals to discover songs that might be revised to be used as Sahaja bhajans. Please send ideas to the New York Ashram, to the attention of Kristine Trumbo or Andrea Cousins.

Tape Transcription Project

As many of you know, a book for "new people" is to be written by Shri Mataji. For that purpose, Michael Knight has gone to London to begin compiling talks from Mother's public programs. We have been asked to transcribe all of Mother's public talks in the U.S. -- quickly. Assignments were given in early October for Sahaja Yogis to transcribe only Mother's talks (not the introductions) and to type the transcriptions, if at all possible. Please also ask another person to listen to the tape and review your transcription to check it for accuracy.

It takes a long time to transcribe a talk, but it is a very rewarding exercise. Please try to finish your assignments and send them to the New York Ashram to Linda Kharde by the end of October at the latest (before Diwali). Please indicate whether or not the transcription has already been checked.

* * * * *

Happy Father's Day

Living in celestial dreams
 Spinning through the breath of God
 Aloft in Mother's streams
 Sparkling splashed Prasad

Behold the tiger's thought
 Has brought me upon thy stay
 By the Son of Man well taught
 By the Goddess the blessed Way

And I have chosen you
 To cast my earthly frame
 I am the hand of God
 A blessing on your name

--From Nick Delonas to Steve Kirby, June 1986

News from the Centers

Sharing in Northern California

The Sahaja Yogis of Northern California (San Francisco Bay area and Santa Cruz) gathered at 22 Sandpiper Circle in Corte Madera for a supper party with neighbors and friends of Dwight and Pramila Strong. Pramila had especially prepared lotus seed pudding, tamarind sauce, pineapple upside down cake, and many other dishes, so we all ate our fill while we visited with each other.

Mother's love filled the house, and there was plenty of opportunity to answer friendly questions raised by Pramila's explanation that the Sahaja Yogis are "all children of one Mother." Before those who could not spend the night left, we sang "Happy Birthday" to Ursula Doring.

Nantucket News

Nantucket Island, Massachusetts, has a small Sahaja Yoga Center. Nantucket is approximately 100 miles southeast of Boston, thirty miles off of the coast of Cape Cod. This past summer there were four Sahaja Yogis on the island.

In the winter, three of them live in the Boston Ashram. Allie Buetti lives on the island year-round, and will continue to hold weekly meetings throughout the winter. She can be reached at:

P.O. Box 872
 Nantucket, MA 02554
 Telephone (617) 228-3711

Calendar

October 30, 1986	Dhanatrayodashi, first day of Diwali
November 1, 1986	Naraka Chaturdashi*
November 2, 1986	Dipawali, festival of enjoyment after the demons were put in hell Puja of Govardhan, the mountain which Shri Krishna lifted with His finger New Moon
November 3, 1986	Bhaubeej, festival of brothers and sisters
November 15, 1986	Full Moon
November 16, 1986	Guru Nanak Jayanti (Birthday)

*This is the last day of the 21-day war which began on Dashara. On this day a gate of hell was opened and the Goddess put the demon, Narakasura in hell.

* * * * *

Newsletter Info

The cost of the newsletter will be \$16. for 11 issues a year (November, 1986 - October, 1987). There will be no Newsletter during January. The deadline for articles will be the 21st of each month so that you can receive the Newsletter by the first of the following month.

Please send subscription money to: Newsletter, 423 N. Fulton Avenue, Mt. Vernon, NY 10552

This form is for people who have not already contacted us about receiving the Newsletter:

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Jai Shri Mataji!