



# ☯ The Code of Life ☯

Her Holiness Shri Mataji Nirmala Devi

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Her Holiness Shri Mataji Nirmala Devi

*Selected Quotes*



“I know quite a lot because I’m the Guru, your Guru, because I’m the Guru of all the Gurus. And those who are real Guru know ‘My Mother knows everything. She’s knowledge Herself. If she says something, it means something.’ ”

*Her Holiness Shri Mataji Nirmala Devi*





## DEDICATION

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*This booklet is dedicated, with the deepest love  
and respect, to H.H.Shri Mataji Nirmala Devi,  
who is the guru of all gurus.*

Shri Mataji Nirmala Devi traveled to a lot of places and enlightened great number of people around the world. Now it is our responsibility as Sahaja yogis to act with humbleness and understanding and become gurus to spread Sahaja Yoga all over.

This booklet includes the lectures of Shri Mataji from the beginning years of Her work to the latest years about the ten primordial masters. It consists of two parts, the first part, which is the introduction, is subject oriented and the second part is organized chronologically. The source of this booklet is Amruta website with the address of each speech on the top of every text.

This selection attempts to make the master's teachings available for our growth in becoming a guru. It, of course, in no way replaces the talks of Shri Mataji in their entirety, however, it can be a window through the knowing the primordial masters.

We do apology to Our Holy Mother if there is anything mistaken. Hope Vishwa Nirmala dharma spread in the whole world.

*From Sahaja Yogis in Iran*



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# Introduction

## Void and Valencies

*Public Program  
Paris (France) - 11 September 1981*

“We can say these are the Ten Commandments in every God, religion, any scripture. Now these are looked after by a Deity called the Primordial Master. He incarnates again and again and tries to give us a balance and tries to keep us in the center.”

*Public Program  
Delhi (India) - 9 February 1981*

“I talked to you about the Void in our body, which is called as Bhavasagara, Bhavasagara in our Sahaja Yoga language. Today we have to understand the other chakras, which are above the Bhavasagara. Last time I told you how by following wrong gurus and spoiling your Guru principle you get problems in your stomach. Also your extreme behavior towards religion, your fanaticism, creates problems which may go up to something like cancer. Also, the another extreme behavior of people who become very dry by their over-activity on the right side and have no feelings for the family and neglect the family, have no relationship with their wives of a normal nature, also may develop problems of the stomach. This chakra I didn't talk to you before about the speedometer within us, which is the Nabhi. I think I did mention something about it. This is one of the most important chakras within us and I think before going over to other chakras I must say that how our spleen gets spoilt and

we get into problems like blood cancer, which is a very common disease today in west and is also invading our country, with such a speed. This is a ... I didn't talk to you about it but I have talked about this to other people."

***2nd public program in Balboa Park  
San Diego (USA) - 23 July 1988***

"It's the second center which as you see is working out the Void. We call this as the Void – not the Zen Void –but this is the Void, and this area is worked out by the Swadhisthana which looks after the liver, the pancreas, spleen, the kidneys and part of the intestine."

***Public Program  
Lausanne (Switzerland) - 30 August 1984***

"All of them from Socrates onward, they all said that there are ten valances within us, like Ten Commandments, which we have to keep them intact. Out of these people the prophets came on most of the religions of early times. Like Judaism and other,[Zoroastrism, Zoroastrianism], Lao Tze, all these people were saying the same and same thing that we must have a balance within ourselves to establish the divine laws within ourselves."

***Mahamaya Shakti Seminar  
Birmingham (UK) - 20 April 1985***

"Europe as I said is the Void."

*Public Program  
Sydney (Australia) - 15 March 1990*

“When the Kundalini rises, she passes through a portion which we call as Void...is here in the portion which we can call as the “ocean of illusion.” It enlightens ten valencies within us. Human beings have ten valencies, while you know that matter has eight, animals have nine, and human beings have ten valencies. These are ten dharmas, means these are ten religions you can call it, or the Ten Commandments within us. They just get enlightened within you, and you become a righteous person. Like any saint, you become righteous. Nobody has to tell you “don’t do this, don’t do that” – you just become.”

Religion

*Talk, Questions and Answers  
Leeds, UK – 18 June 1979*

“So this is what is religion, if you can follow, because – the English word I don’t know – but the Sanskrit-word “religion” comes to us from a word known as [SOUNDS LIKE: dhara eti sadana], means “the one which is sustained”, is the dharma, is the religion, that sustains us, by which we become human. By which we become animals is the ani , is the dharma of the animals. By which we become human beings is our sustenance. And this sustenance is maintained by the Gurus in that area and they look after us, they are born again and again, again and again to tell us about it.”

***Public Program***  
***Hammersmith Town Hall, London - 28 November 1985***

“All religions were built for this day that you get your realization, to give you the balance, to give you that property by which you ascend.”

***Guru Nanak's Birthday***  
***Hampstead Temple, London (UK) - 23 November 1980***

“All the religions were established on this Earth to create the seekers. You are the seekers. You are the Men of God.

## **Guru**

***Public Program***  
***Caxton Hall, London (UK) - 19 April 1982***

“So, I would say that, first of all, if you have to say in a way that, “You will become your own guru,” it should not be very much discussed and talked to people about. But is a fact, that once our own void or our own religion within us, sustenance power, becomes enlightened – if you see the light of that, then you enjoy that light, you enjoy your virtues, you enjoy your righteousness, and that righteousness when you start enjoying it, you stick on to that. But that happens later on.”

***Public Program  
Delhi (India) - 2 February 1983***

“These ten things and one is Virata Vishnu, because also in the stomach we have got 10 Guru Sthanas (PLACES) and one that of Vishnu. So, the seeking is also wrong, as well as these 10 Gurus are out. Then you develop this Ekadesha Rudra. When this thing is set-in within you, as I’ve said, one on this side and one on that side.”

***Advice on Ekadasha Rudra  
London (UK) - 4 September 1981***

“So if you catch on void, the beginning of the trouble starts because Shiva is the central path. There Shiva is to be taken as Guru, Shiva is Guru, Shiva is the one who is our Guru. He is our spirit. But he’s not the spirit that protects because spirit needs no protection. Whom do you protect then, also. So when you protect, you protect he spirit but what protects it is the Guru personality which is Shiva, which is Shiva actually. Did you get that?”

“Now you might say how is Shiva is “Guru Brahma, Guru Vishnu, Guru Devom, Maheshwara, Guru Sakshat, Parabrahma, Tasmai Shri Guruveh Namah.” Because Guru means a person who is full of Gurutwakashan, is weight, is the gravity. Person who is with gravity, which has some sense, which is density, which is our spirit. Otherwise we have no density, we’re useless. Our spirit goes away, we float in the air. So the Guru is everything.”

***Public Program***  
***Rome (Italy) - 28 April 1982***

“The Mantra is according to the way Kundalini is moving. Now if it stops in the stomach, you have to take the name of Vishnu. If it stops around the Void then you have to take the name of these primordial Masters like Mohammed or like other People like Moses, Abraham.”

***Shri Ganesha Gauri Puja***  
***Sydney (Australia) - 4 April 1981***

“First the Gauri has to come, and that’s how the Gauri is this nine days. She came on this Earth to fight the devils and demons, negativity, for people to transcend the Bhavasagara, the Void, the maya, the illusion.”

***Public Program***  
***Nice (France) - 21 September 1980***

“They’re the milestones of our evolution and all these are adorned by deities. These deities are incarnations who came on this earth to save human beings. There are two types of basic incarnations. One, the incarnations which are born out of the primordial Masters. In Koran they are called as Paigambars because they’re prophets. In Indian language they are called as Gurus. Now, we should call them only as Sad Gurus because there’s such a big [...] of these mushroom gurus that it is better to separate them. The ones who are realized souls. They may not be



incarnations of the primordial master but they should be at least realized souls. There are many Gurus who are Realized souls."

*Shri Ganesha Puja and Shri Adi Guru  
Houston, California (USA) - 20 September 1983*

"Spirit is the master, we have to become the master of ourselves. And the power of the masters are that they are essences of the innocence - of the creator, of the sustainer and the destroyer. They are the innocence of all these. Out of them - this great personality -innocence of these three personalities was created this great incarnation."

*Shri Guru Nanak's Birthday  
Nirmala Palace, London (UK) - 1 November 1982*

"So to begin with we must understand that Spirit is described as a Kala, as a phase of moon, one phase of moon. But a Guru's described as the full moon, purnima, Guru Purnima. Guru is the full moon, it's not just a phase. So from one phase you have to go to the stage where you become a complete Guru. Sixteen phases there are, altogether, and you have to cross the sixteen stages to become the Guru."

"All the Gurus mostly took their birth twelve o'clock in the night."

"Every Guru had a command on the elements."

“All efforts must be done to retain the holiness, the respect and the greatness of marriage institution. That’s why all the incarnations have been married people.”

*Guru Puja*  
*Andorra (Europe) - 31 July 1988*

“Today we have all gathered here for worshipping your Guru. As you know that the principle of Guru resides in the Void. This is the principle which gives you balance, which gives you the gravity. The gravity that we have in the Mother Earth is expressed through your Guru principle. The first point of gravity is that you should have a personality, a character and a temperament that people would see that you are a personality who doesn’t get dissolved into worldly things, a personality which doesn’t get ruined by the skirmishes of life. Is the personality of a Guru which sits down deep into his – into his being and is not easily disturbed or dissolved by any solvent what-so-ever. This is the first principle of the Guru, is the gravity. As I told you it is something which cannot be dissolved into anything. It settles very deep down into your personality. So it doesn’t float in the water.”

“You stand above everybody else, Stalwarts, as we had very great people on this earth, I have given you the names and we said that there have been ten Gurus, starting from Adi Nath, we had Confucius, we had Socrates and later on we had Abraham, Moses and also up to Shirdi Sai Nath, we had about ten great Gurus. Now we have so many here sitting down, they are all Gurus and they have to behave like Gurus and they

have to do the job of great Gurus. And this is what today we have to see if we can develop that gravity within ourselves and understanding within ourselves. When that peace resides within you, the joy of becoming Sahaja Yogis will be really felt, will be really understood and will be enjoyed by all of you.”

## Water Element

### *Public Program*

*Caxton Hall, London (UK) - 24 November 1980*

“Now, all these great incarnations had a special power over water, because you know, in the stomach we have our Void and Nabhi Chakra which is made of ocean. Ocean represents the incarnation of Adi Guru Dattatreya. These had great powers over oceans and over water, like Moses. He crossed the ocean by creating a road – that’s one of the very significant things, which shows that the Void can be crossed with the help of the Ruh. And even Mohammed Sahib had a tremendous power over ocean.”

### *Public program*

*Caxton Hall, London, England - 21 April 1980*

“We can say the green thing is the one that represents the water, water element. This center in the stomach is the water element within us. It is called as Nabhi Chakra

and around it is called as the Bhavasaghara – you can say the Void, or you can say the Gap, or whatever you may say, the whole world as such, within us. So the people who were born on this center, around this center, were born out of water element. In this Bhavasaghara, Bhavasaghara means the ocean of this world were born through this ocean of the world were born all the primordial masters one after another, we can say Abraham, Moses, we had Janaka, were Adi Nath and Socrates and so many others like that Nanaka and also very recently we had about hundred years back a very great saint born in India known as Sainath. They all represent the same element that is the water element, be responsible or being born out of that they are anxious to maintain water element as the one which is within us for sustaining ourselves. We are sustained by water so they help us to sustain ourselves. They are the sustainers, tell us how to sustain us as a human being. And all of them have tried to establish religion within us. A religion doesn't mean outside, but the religion as a man means the capacity of a man or you can say, the quality of a man. What a human being should be like, what is the way to know if he is a human being or not – which is described in the Ten Commandments.”

## From Flower to the Honey

*Puja at Ganapatipule*  
*Ganapatipule (India) - 7 January 1990*

“As a result, there were incarnations, other incarnations, as we think that Dattatraya, the primordial master, took incarnations on this Earth and most of them, then tried later on to say that we should not talk of the flower but we should talk about the honey and we have to get to the honey. So they started talking about the Ruh, about the all-pervading power, about Brahmachaitanya, all of them practically talked like that. Not in the beginning I would say, but later on when they found that the people were just busy worshipping any stone, get from there, put some, I mean they became just stone worshippers.”

*Picnic with Yogis at Black Mountain Peninsula*  
*Canberra (Australia) - 13 February 1992*

“So Buddha thought, Buddha, Mahavira, Mohammed, Nanaka, all these thought that better not to talk about God just now. Let us talk about Self-realization. That you have to know your Self. That's why, these people started talking about abstract. Abstract. This all-pervading power around us. Because, they wanted to put the attention of the people, now from flower, to the honey. But even that became a talk only. They could not reach the honey. They only also talked about honey. But they didn't reach the honey. Now in Sahaja Yoga, what happens that you become the bees. You can.”

## Laws and Balance

### *Public Program*

*Caxton Hall, London (UK) - 30 November 1980*

“Why these laws were created? For what purpose? Because by observing these laws you stay in the center, you don’t go to extremes. You don’t get lost, you don’t get attacked by negativity, by people who are trying to exploit you and to torture you, who are against God, who are against your evolution. But then, after all, the ultimate is to get your Realization, to become one with your Spirit, that’s what it was.”

### *Public Program*

*San Diego (USA) - 29 May 1985*

“But why the balance, why should we balance the left and right? Apart from the fear of getting into troubles, what’s the purpose is that without balance you cannot ascend. If you have to ascend then you must have a balance. But thanks to Sahaja Yoga of today that you don’t have to bother to balance or do anything of the kind because the seventh center is open now. With the opening of the seventh center it has been achieved that Kundalini can rise, you can get your Realization whatever you may have done in the past, whatever may be your mental level, whatever may be your emotional level, whatever you might have done to destroy yourselves, still you can get your Realization. The reason is you have to see in the little light yourself. Even

if there is a little light one can see what's wrong with you, with yourself. But if somebody says: "Don't do this", supposing somebody's holding on to a snake. You say that: "You are holding on to a snake, throw it away." But it's darkness, he says: "Why should I throw? It's not a snake. I'm going to carry it." But as soon as the light comes in, he throws away."

## **Ten Primordial Masters**

### ***Public Program***

***New Delhi (India) - 5 February 1981***

"All of them are the Incarnation of the same Spirit, like Raja Janaka He came as Nanaka also Mohammed Sahib was the same personality, absolutely the same personality as Guru Nanak. There is no difference in their personality. Just the same."

### ***Guru Nanak's Birthday Puja***

***Hampstead Temple, London (UK) - 23 November 1980***

"All of them were created by Adi Shakti. all these Gurus were created by Her, and today I say that you all become as great as Guru Nanaka, as great as Moses, as great as Sai Nath, as great as Nanaka, Janaka, Mohammed. all have to become as great as all these great incarnations. Just desire, have earnestness in you and alertness to achieve it. Earnestness is not sufficient, you have to be alert."

***Public Program***  
***Birmingham (UK) - 19 April 1985***

“Then we have people in other countries like Abraham, like Moses, we have Confucius, Lao Tse. We have Krishna, Rama. All of them have said one thing, and one thing that “You seek your Spirit.”

***Second Public Program***  
***Munich (Germany) - 9 May 1985***

“None of the great saints have been to any universities, colleges anywhere. They have been very simple people, and what knowledge! From where did this knowledge come in? They never read any books. How did they know? From where did they learn all this knowledge? You yourself, you are the store of knowledge; only you are to be connected. So when you get connected like this instrument, or any instrument, it starts working automatically.”

***Guru Puja***  
***Cabella Ligure (Italy) - 4 July 1993***

“So many of them had no disciple. Sai Nath had no disciple. They came on this Earth or maybe they might be thinking useless people, what’s the use of having disciples? But, for you, it’s so great that we are so many of us together now, so many. We understand each other. We know each other. We know all about kundalini and we are so aware about everything. We know what’s



happening in this world. We are not just sitting in a cave in Himalayas and just we are doing, taking the name of God. No. We are in the world. We are not running away from the world. We are in this world. We are facing every day, every problem that is there. But we are in reality and they are in ignorance. That's why we know, we know the solution, we know the problem and we can solve it."

***Public Program***

***Caxton Hall, London (UK) – 30 May 1979***

"So all over the world three types of movements were on, for example the scientists on the right-hand side, we can say, and the left-hand side are the devotees of God who sing the praise of God. And in the center there were people like Moses, like Abraham who came on this earth just to prophesize, just to protect the devotees of God."

***Public Program***

***Sydney (Australia) - 31 March 1981***

"Christ should be born in Jerusalem, [...] these places that we can call [...] because that was the place which was to be attacked again by the divine forces and always most of these primordial masters were born as gurus [...]. You see, most of these people like Mohammed Sahib, three masters, one after another came, three of them came. One personality [...] Then Mohammad Sahib came in there, then Moses came in, Abraham came in, all these people were born in that

area. And then Christ came in [...] He thought that would be the best place where these great primordial masters have worked [...] and that they will be able to understand.”

***Third Public Program***

***Sydney (Australia) - 27 March 1981***

“Already as Christians also you know, as Jews also you know, that Jehovah is there, Moses is there, Abraham is there. But the problem with all these is this, that all those people who were born in these Arabic countries had no chance to express themselves so clearly. Nobody was there willing to listen. Now see Mohammed Sahib, or say Abraham and Moses, they were all the time running away, running away, they are on the run, all the time on the run. There was no time like a Maccabean Hall where one could talk. Imagine what a life poor Moses had to face, Abraham had to face, just think of that. How could they tell all these things about? So the knowledge that what, just see now the run. You are just telling people ‘Now don’t do this and don’t do that,’ that’s all.”

***Public Program***

***Caxton Hall, London (UK) - 24 November 1980***

“This is what Sahaja Yoga is, that it makes you a prophet and a prophet of a very unique style, because the job of today’s modern prophets is very different from the prophets which came before, as I told you yesterday.”

***Public Program  
Lausanne (Switzerland) - 30 August 1984***

"In the ancient time when they followed Patanjali Yoga, that time they were hardly one or two people whom realization was given. Like Raja Janaka gave realization to one person who was the father-in-law of Shri Rama. Then came Moses, Abraham, all these great prophets who tried to establish within us the divine laws. They told us what are these divine laws within us which act, what are our valances as any element has. Invariably, all of them from Socrates onward, they all said that there are ten valances within us, like Ten Commandments, which we have to keep them intact. Out of these people the prophets came on most of the religions of early times. Like Judaism and other, [Zoroastrism, Zoroastrianism], Lao Tze, all these people were saying the same and same thing that we must have a balance within ourselves to establish the divine laws within ourselves."

***Public Program Day 2  
Vienna (Austria) - 5 September 1984***

"Sahaja Yoga is not a new thing. In the tradition of spirituality it is mentioned about 14.000 years back by Markandeya. That ultimately it is the force within you of the Holy Ghost, which is called as Kundalini residing in the triangular bone has to give the Realization. But for that happening human being had to be prepared. People had to be balanced. And that is how many

prophets came on this earth after that in the same tradition to prep

“That ultimately it is the force within you of the Holy Ghost, which is called as Kundalini residing in the triangular bone has to give the Realization. But for that happening human being had to be prepared. People had to be balanced. And that is how many prophets came on this earth after that in the same tradition to prepare people to have that balance. Right from Abraham, Moses we see them, follow them up, up to Raja Janaka who was the father-in-law of Rama. And later on we had so many others like Mohammed Sahib, Nanak Sahib on this earth to tell us about having a balance in live. They taught us moderation and not to go to extremes.”

***Guru Nanak's Birthday***

***Hampstead Temple, London (UK) - 23 November 1980***

“Now, all of you have to become prophets. And to become prophets today's Sahaja Yoga has taken the form of Mahayoga. All of you have to become prophets. The prophets have two special qualities, as all the prophets had. First of all, they have to talk about spiritual education. All of them did that. Mohammed Sahib did it, Raja Janaka did it, Nanaka did it, Moses did it, Abraham did it, all of them prophesized and taught

you how to lead yourself in the right path, by the right action, by leading a right life. You are going to be the prophets of a little different nature.”

*Shri Mahalakshmi puja*  
*Sofia (Bulgaria) - 8 September 1993*

“By this principle you realize what is wrong with the outside religions, you realize also that inside all the religions are born like flowers on the same of tree of spirituality and automatically you start worshipping all the prophets right from Abraham, Moses, Confucius, Lao Tse, Mohammend Sahib, Nanaka. You worship them, it is not that you have respect, but you worship and thus you lose the barriers of fundamentalism. By the ascent with this principle you achieve a personality by which you become a universal being, you understand the problems of your country and of your race, and you transcend to see what is wrong with them and how to correct them.”

“For a Guru it is important to be higher than other people. If he is not, there cannot work out it. You Sahaja Yogis have to be people of higher outward manifestation. Inside you are. But outward manifestation has to be higher, you have to be humbler people, kinder people, sweeter people, loving people, compassionate,

understanding that you were there where they are today; joyous people and cheerful people.”

"So this is Punjab, this is five, and 'Punjab' is five waters, five rivers, in that area are called 'Punjab'."

***Advice at C.G. Jung Society's Hall  
New York - 16 September 1983***

"In a living process of a seed you can see first, the seed becomes the trunk, it has to become the trunk, that doesn't mean trunk is less important than the flower. So this is the trunk we can call it here, all these great prophets like Moses and Abraham and all those people were born here, establish the sustenance within us. It started from, also in India, we had people Janaka, Nanaka and the end was the Shirdi Sai Nath. There were ten main incarnations of these people, who came in this part and they reside within us to give us the religion."

***Radio Interview  
Sydney (Australia) - 31 March 1981***

"These are, these are prophets and these prophets are actually the embodiment of a principle called as Primordial Master, Adi Guru and they incarnated on this Earth. And the main of them are ten and they reside in the visceral cavity we have in the stomach."

*Guru Puja  
Gmunden (Austria) - 6 July 1986*

"The authority with which Moses talked, authority with which Socrates talked, authority with which Lao Tse talked, all these great Adi Gurus, from Adi Nath to Sai Nath, they didn't say, "If you do this way will be good, or that way would be good." No, "This is what it is, you better do it!" This is what it is. But in modern times those gurus may not work out. That's why a Mother had to come. First to give you realization."

*Public Program on the Vishuddhi Chakra  
Delhi (India) - 2 February 1983*

"So how to relate to each other is a problem of Sahaja Yoga. When they come from different communities and different fixed ideas it's impossible to stir them and tell them that, "You are all one." We talk of Hindu Muslim unity for example. Mohammed Sahib didn't know there were problems like that but Nanaka did say we have come to do Hindu Muslim unity."

*False Gurus and Conditionings  
Delhi - 29 January 1983*

"But the another conditioning we have is that we cannot connect one to another. For us Mohammad Sahib is different, for us, Janaka is different, Nanaka is different. For Sahaja Yogis they are the manifestation of one principal guru tattva and you can prove it. That's the

beauty of Sahaja Yoga that whatever I say can be proved.”

***Shri Mahalakshmi Puja  
Kalwe (India) - 30 December 1992***

”For us, we are all Sahaja Yogis and we have faith in all the religions. Not a samabavha! We have faith in every one; as well as we worship Rama, we worship Mohammed sahib also, same way, no less, as we worship Brahmadeva or as we worship, let's say, Dattatreya, we worship Zoroaster, there no difference at all. Same way there's a big difference in having just the same, what you call, the same respect; it is not that, but we worship the same way.”

***Public Program on William Blake's Birthday  
London - 28 November 1985***

“All these were Guru tattwa, Socrates, all these were Guru tattwa people, the people who came as Prophets; the ones who came on this earth to teach us balance, to teach us the code of life. That was also important part, but that was forgot. Why? Why the code, why the religion? Religion is for the ascent, to build you up. Tattwam assi, that's what is the tattwa there; tattwa is there; tattwa is nothing but your kundalini is your tattwa, is the principle.”



*Public program*

*Caxton Hall, London (UK) - 11 June 1979*

“The thing that really gives you the balance is the sustenance, is the sustenance, dharma. If you do not have that then you could go, shoot off like a pendulum from this side to that. But in dharma also there could be a problem and that is one of the worst possible, is of fanaticism. So I mean if you try to make the dharma a fanatic idea like none of these incarnations, like Mohamed Sahib who was an incarnation of the Primordial Master and all others like Him - Moses, Abraham - anyone of Them who came on this earth, ever thought of fanaticism. Never they realized that when they told, “Don’t do this. Don’t do that,” some sort of people will take up upon themselves that “We are the chosen ones. We are the great.” I mean, this they could never understood and whenever they found it was happening again they took birth. Again they took birth to tell people this is not dharma. To form any kind of a cult or an organization and religion is against God. It’s blasphemous.”

*Public Program*

*Sheffield (UK) - 20 September 1985*

“Everybody has played the role. Like Moses, like Abraham, like Socrates, like Lao Tze, everybody has played the role to build up this drama they are all part and parcel of one being. This one you must understand.”

***Public Program  
Sydney (Australia) - 15 March 1990***

“Their job was just to give awakening to people.”

***Public Program  
San Diego (USA) - 29 May 1985***

“They were like the leaders of our evolutionary process in different periods.”

***Press Interview  
Melbourne, Australia - 8 March 1983***

“Christ has said it, Mohammad has said it, Buddha has said it, Mahavira has said it. Everyone has said the same thing. Like Lao Tse, you can say Zen system, everything has said that you are to be born again.”

***Shri Durga Puja  
Vienna (Austria) - 26 September 1982***

“Now your guidance is your Spirit, which is unlimited, so you don't have to bring any one of Them. They are all within you. They are part and parcel of you. But to stick on to one person is again a sign that you are not expanding.”

*Public program*  
*Geneva (Switzerland) - 12 August 1988*

“In every religion, whether it is Hindu, Muslim, Christian, Sikh, [Zoroastrian] religions call as the [parsis] follow. Every religion has said that there has to be this happening within you. In Islam it is said very clearly as I told you yesterday, that at the time of Kyama, that is resurrection, your hands will speak. So much has been written about Kyama, the promise day of resurrection. And that you have to become a Wali, you have to become a saint.”

*Public Program*  
*Cambridge (UK) - 3 July 1981*

“We cannot neglect any one of them. Any one of these centers, if they are neglected, we are in trouble. All the centers have to be corrected, are to be perfect and they also help. Like will you say that this roof is more important or the foundation is more important? You see the whole is important and every part of the whole is important and I cannot conceive of anything like a separately. When Christ came He came with all His powers. When Mohammed Sahib came He came with all His powers. But that was the time when they had to come a particular type of work. For example today I have come. If I have come like Them, I have come to give you awakening. That's My job. And that's what I'm doing. I am not going to tell you 'don't' like Moses came out with Ten Commandments. Of course I will establish

that within you later on. But I'm not going to tell you that. That's why some people don't understand why Christ didn't talk against alcoholism. Because He came at this point, at the ego point. Mohammed Sahib came at that point. If the train doesn't move from there how will it reach the station? Now will you say that the reaching the station is the last one? Every step is important for the station for the train to move. So everybody has played a very important role. Equally important. There is nothing like one person being important. That we don't think like that. And why human beings think like that? There's a reason for that. You see, because by thinking like that they can form a cult, they can form an 'ism' as you said, some sort of a thing, and then they can become important. But to be very frank none of them who have formed such cults have any idea as to what God is. Even those who talk of Kundalini you'll be amazed. I am Myself amazed."

"First of all let us get to our self. Let us get to our spirit through which you are going to know all the truth about them. And then you'll see their glory one after another. And what a beauty it is! To see them in one unity in one unison in complete concord. We cannot understand how they are united because human beings even husband wife are not united among human beings; I mean the nearest relationship they say, even there they are not united so human beings can't understand how they are completely united absolutely in unison. There's no discord at all. Even not this much. They are perfect beings, they are ideals. We are imperfect, that's why we see it that way. They are absolutely co-ordinated. They are not human beings."

## Alcohol and Fanaticism

*Guru Nanak's Birthday Puja*

*Hampstead Temple, London (UK) - 23 November 1980*

"All these incarnations, had to deal with your attention. So they were particular about looking after your attention, and that is why, from the time Moses or Abraham came in they talked of no alcoholism, all of them."

"We have to understand that all these people have said for our good and for the maintenance of our spiritual life, and none of them are to be criticized or to be challenged but to be fully respected as our Guru. All of them. "

"They were against fanaticism."

"So, our training, our spiritual education should be that we cannot be fanatics anymore. If you are fanatic anymore, or you are identified with any one of your old ideas, then beware. Be very, very careful. You cannot have fanatic ideas anymore. If you want to be a good Sahaja Yogi or a Mahayogi, meaning a person who is a prophet, not only a prophet, but who is capable of transforming others into prophets. First is, you have to be away from alcoholism. You should be deadly against it. Wherever you have a chance you find it that it is possible for you to say something against alcoholism. It should be absolutely boycotted. Every place, anywhere you meet, it should be smoking or any kind of intoxication, drugging, anything, has to be completely branded as anti-God, anti-Sahaja Yoga."

***Public program***  
***Caxton Hall, London, England - 21 April 1980***

“One thing is definite, that they have never talked of fanaticism. They are against fanaticism. They are against alcoholism because alcohol spoils the water element very much. If you see the effect of alcohol on water in the blood of human beings you will be amazed how the neutral position of hydrogen and oxygen only time is absolutely imbalanced by alcohol. And water cannot absorb any heat from the liver, which sorts out all your poisons. And that’s how people get bad livers, bad troubles, and then people would say, “What’s wrong?” ”

***Mooladhara and Swadisthana***  
***Sydney (Australia) - 25 March 1981***

“All the saints in the world have said that alcohol is very dangerous for life. The reason is that it goes against our awareness, this is a fact, you know that after taking a drink our awareness becomes blurred or excited, it’s not normal, that’s the reason they said no. In Sahaja Yoga I do not say don’t do this and don’t do that. I only want you to come to Sahaja yoga, get your Realization and then you’ll not ask for it.”

“Why all these prophets talk about it? Because they are all born in that green patch of ours, they are all placed in this green patch where we get our sustenance, which is ten. We have got ten sustenances within us, like the gold has a sustenance that it does not tarnish in the same way human beings have got ten sustenances.

And these ten sustenances are represented by great prophets. The principle is called as Adi Guru, in Sanskrit language, the Primordial Master. He has incarnated on this earth as Abraham, Moses, as Lao Tse, as Confucius, as Socrates, recently he has been as Sai Nath of Shirdi, not the other fellow, and other great people have been like Nanaka, Janaka. All these great saints came on this earth to tell us how to keep in the center, how to keep in the center, how to keep our sustenance, how to be human beings. As carbon has got four valances, we too have got ten valances. We have to maintain those ten valances within us, that's what they came to tell us. But you see if anybody says now don't drink, half of the hall will be empty. If you say you cannot have free sex and five people will walk out. That's the problem, here nobody likes to know anything about it, but it's a dangerous thing to do. Whatever it is that you have to keep in the center. You have to be in the center, and how to keep in the center is not to go to extremes, be moderate, and moderate life is the best way. But even if you have not been, doesn't matter. Kundalini is at this point in such a force that whatever you might have done, you get your realization quite alright. So is a different point, but what I am trying to tell you is this that why these people said so. Now Mohammed Sahib is another who said don't drink, he's one of them, he's just the same, there's no difference, there's no difference between Moses and Mohammed Sahib I can prove it to you on vibrations, you can yourself know through vibrations that they were the same people, saying the same thing there's no difference of any kind. It's only people are fighting, I don't know why, I just can't understand what is there to

fight between these two. They were just the same, preached the same thing, and when Moses crossed the river and the bridge was made that bridge is the bridge which is symbolic of the Kundalini that creates for you, to cross this void within us. Is very symbolic, they have worked so hard to tell you what is sustenance, where we have to be in the center because if you are in sustenance as he said that only a thread of this Kundalini rises. It is not one thread that should rise, actually I've seen in people the whole of it goes up like that and it stays there in many people but the trouble is it rises because there's no space to rise. We are finished off with the Swadisthana and with another chakra which is in the center, which is the center called as Nabhi Chakra means the nave."

*Talk to yogis*  
*Paris (France) - 20 June 1981*

"But, for example, Christ did not talk against alcohol, because his job was different. Another thing, Krishna never talked against alcohol. Rama never talked against alcohol. To that extent, I would say none of the Incarnations ever talked against alcohol, except for the Primordial Master. And when these Prophets told "don't drink", as I told you, the people who are told, are the greatest drunkards. First of all, Europeans being the liver, were very conscious of it."



*Public Program*  
*New Delhi (India) - 7 February 1981*

“All of them were against drinking, why were they against drinking because the awareness is spread in your void. The awareness, the Chitta, the attention is in your void and is nourished by your liver. The liver takes out all the poison from your awareness, due to bad health, due to bad mind, due to anything from bad effects or negativity and then it clears out as I told you yesterday. So this awareness within us gets, you know that our awareness, human awareness goes down through drinking, these people preach that you should not drink. I mean that the one thing that they all preached together, that you should not drink. At the time of Mohammad Saab there was no smoking, so Guru Nanaka also [...] this time you found people smoking with big big hookah’s, he said that now for heaven sake do not smoke, because they said that you just said that don’t drink, so we will smoke now.”

**Being Straightforward People**

*Shri Pallas Athena Puja*  
*Greece - 24 May 1989*

“They are very straightforward people; the Primordial Masters have to be very, very... they are by nature extremely straightforward.”

“Now you can also see the circumstances of things. When the circumstances are such, like at the time of,

say Moses, that people are extremely immoral, they are doing all kinds of bad things, they are not bothered about their own destruction, the Incarnations had to move absolutely to the right because they were so left-sided; So the Incarnations had to move absolutely to the right and say that, "If you do like this, this We'll have to do" the violence part. So they took to violence."

## Fatherhood and Motherhood

*Interview Radio KFI*

*Los Angeles (USA) - 25 September 1983*

"The history has shown us, so far, that the God the Father; because, at the time of Abraham and Moses, they talked about Him – and then about the Son of God, but they never talked about the Mother part of it. Because Mother is very important: how can you have a father and a son without a mother, is an absurd thing? Now, this was also known to Mohammed Sahib, because He called it Assas. In the bible, it is described as the Tree of Life, and also it is said that, "I will appear before you like tongues of flames."

*Advice given at C.G. Jung Society's Hall*

*New York (USA) - 16 September 1983*

"So the representation of the motherhood is here, this Kundalini is the Mother, which he could see. And the Father, Father is the one who rests on top of your head,

so that is super consciousness. You have to become one with the whole, so that means you're aware of your Self as I, becomes the whole. This has to happen, what is called as the second birth. Now you might say that, "Why Moses didn't talk about it, or Abraham didn't talk about it?" Because their job was, you see, they are all connected with each other, only we are fighting, they are not, they are all together. But the trouble is when people do not have eyes to see, one might say, "The elephant is just a tail," or somebody might say that, "It's just the leg," but they are all one together. But this integration only takes place after you have got realization, to understand that they say the same thing, they have done the same job. In a living process of a seed you can see first, the seed becomes the trunk, it has to become the trunk, that doesn't mean trunk is less important than the flower. So this is the trunk we can call it here, all these great prophets like Moses and Abraham and all those people were born here, establish the sustenance within us. It started from, also in India, we had people Janaka, Nanaka and the end was the Shirdi Sai Nath. There were ten main incarnations of these people, who came in this part and they reside within us to give us the religion. Now one may ask the question there, "Then why did they think like that? Why is it they did not have the right idea about it? Why these mistakes were created, if they were realized souls?" No doubt they were realized souls. But here the problem was in this country, all these western countries, is that it's a very individual effort of a person, and traditionally it was not known so much about it what happens when the Kundalini rises? Say, it is here in the stomach. Many people who have been to wrong gurus, who have been

following wrong things or those who think, “I’m the guru, I know how to do it and I’m the one who has done it,” they have to take the name of Moses. Unless and until you take His name it won’t rise, the Kundalini won’t rise.”

***Public Program  
Sheffield (UK) - 20 September 1985***

“When they talked say, about the flowers, say they talked that they are Gods, like Socrates talked about Gods, like Confucius talked about Gods. When they talked we have to please our gods we started doubting. What god’s he’s talking about? Whatever they saw we could not see, all right. Then they thought no use talking about gods.”

***Raksha Bandhan  
London (UK) - 26 August 1980***

“When you will know about it that how much a chastity of a woman is important and graceful and energy-giving to her and to the whole society, to her own brother, to her own father, mother and everyone, to her children. Because she is the one, really, who is the Shakti. And if she starts frittering away her Shakti like this then the Shakti of the whole community, the whole country disappears. And that is why all the gurus, right from Adi Nath or you can say, Adi Guru up to, you can say, Moses and Abraham and Mohammed Sahib and all these people have been so particular on this point that even Mohammed Sahib said, “Supposing there are too

many women then you can marry four times". Doesn't mean that every Muslim should marry, but it was meaning that there were too many women on those days. So he said, "All right, but marry them!"

***Diwali Puja***  
***Hampstead (London) - 9 November 1980***

"Those people, those great saints who were born on the Void, have said that, "Those people who try to frighten Lakshmi are the people who are irreligious"

**Ekadesha-Rudra Principles**

***Shri Ekadesha Rudra Puja***  
***Faggeto Lario, Como (Italy) - 16 September 1984***

"Now, out of the eleven ... the Ekadeshas, means eleven, the five come from the right side of your void, and five from the left side of your void. The first five on the left hand side come from, if you have bowed yourself to wrong Gurus, or if you have read wrong books, or if you have been in the company of wrong people, or if you have been sympathetic towards people who have been following wrong paths, or you have been yourself one of the agent or guru of these wrong people. Now these five problems can be solved, if we completely give up whatever wrong we have been doing. As Mohammad Saheb has said that you have to beat the Shaitan, means the Satan, with shoes; but that has to be done

not mechanically but from your heart. Now these Ekadesha Rudras come out of, as I told you, from the Void, So, we can say that the destruction part of it comes from the Void mainly.”

***Shri Ekadesha Rudra Puja***  
***Moedling (Austria) - 8 June 1988***

“Today is a very important day in the history of spirituality. The Ekadesha Rudra Incarnation has been prophesized by every prophet; that the Ekadesha Avatara will be coming and it will destroy all the negativity, all the Anti-God activities. Ekadesha principle actually is built in the Void, because when the saints wanted to cross the ocean of illusion through their meditation they’re hindered, troubled, tortured, and slaughtered by negative forces. These negative forces came up through the failings of human beings. When human beings failed, they saw other people who were so much better than them and they saw that they are nowhere compared to many other human beings, or sometimes out of anger and temper the villainous temperament grew into them and then it formed this Anti-God negativity in the Void. So Void has given actually the villainy to come into form.”

“As you see in Sahaja Yoga, you must have seen it many a times, that when you go to a wrong guru or to a wrong person or you do unauthorized worshipping your left Void catches. So in the left Void all those destructive forces acted. Also in the process of evolution there were many plants, animals who were destroyed because they

were not in the center. Because they were egoistical, some were cunning, some were too big, some were too small. And they were all thrown out.”

Shri  
Adi Guru  
Dattatreya



*Public Program*  
*Caxton Hall, London (UK) – 30 May 1979*

“So these gurus first started under the primordial master Himself, He was called as Dattatreya. And this Dattatreya is the one who is comprising all these forces: the existence force and the evolutionary force and the creative force, all of them, in its innocence. I don’t know if you understand it, but there is a story about them, is that there are three deities which belong to these three forces. The left one is Shiva’s force, then the right one is Brahmadeva’s force and the center one is Vishnu’s force. So they say that all these three Gods felt that the wife of Dattatreya was a great, devoted woman. And she would, with her powers can curse anyone she feels like. So they wanted to take her test and wanted to find out how far she was a devoted wife. So they went to her and they told her that “We want some alms.” And in India, it is regarded as a great honor to be able to give somebody alms who come to your house. And three saints, they were dressed up saints, they came on the door. So when they asked for alms, she said, “All right, I will get you some alms.” They said, “No, we’ll come inside the house, and you have to become completely naked and then give us the alms.” Because to become naked before a man, you lose all your powers as a devoted wife, as a sati. She said, “All right, if you say so, I will do it,” and she started taking out her clothes. As soon as she touched her clothes, you see, they became small children, absolutely small children. She took out her clothes and gave them the alms. So these three small children put together made the Dattatreya, is the Guru, is the one who is innocent like a child, innocent like a child, who has no sense of sex. All these prophets belong to the category of the gurus I am talking about.”

*Guru Puja*  
*London, England - 2 December 1979*

“Dattatreya Himself never said that He was the incarnation of the Primordial Master. With all these three forces, acting through innocence, came on this earth to guide.”

*Public Program*  
*New Delhi (India) - 7 February 1981*

“In these spaces, void, are born the incarnations of the primordial master who is called as Dattatreya. Dattatreya is the innocence of Shiva of (Vibrations itne hai) of Brahmadeva and of Shri Vishnu, Brahma, Vishnu, Mahesh, the essence of these, the innocence of these is embodied in the form of Dattatreya, who is the primordial master. So these masters who are born on this Earth are innocence at its best, all integrated together. These masters have incarnated on this Earth mainly ten times, but there have been many others incarnations also, there have been repetitions just to correct themselves.”

*Shri Ganesha Puja*  
*Rahuri (India) - 7 January 1983*

“In Musalwadi, Sahastrara itself is present. Then, you will understand what a great land this is. Also, the miracles that will take place here cannot take place

anywhere else. You may not know this but this is a place full of miracles. There was Macchindernath who was born here and he was a great incarnation of Adi Guru Dattatreya. He worked very hard in this place.”

***Guru Puja***  
***Lodge Hill (UK) - 24 July 1983***

“It is stated in the Puranas that the Adi Guru Dattatreya worshipped Mother along the banks of the river Tamasa. Tamasa is the same as your Thames is, and He Himself came and worshipped here. And the Druids, those who had the manifestation of the Stonehenge and all that, are originated from that time, in this great country of Shiva, or the Spirit.”

“So people were very worshipful, left-sided people, emotional type, and they worshipped God more than that they went into Yagnyas and all that. And Dattatreya lived here and meditated on the banks of River Thames, that’s why Guru Puja here has to give us the great background for your awakening of the Guru principle.”

***Shri Devi Puja***  
***India Tour, Brahmapuri (India) - 27 December 1985***

“Datta Jayanti, means the birth of Dattatreya. And you know the story of Dattatreya, most of you know the story of Dattatreya, that Brahma, Vishnu, Mahesha tried to take a test of Adi Shakti, called Anasuya. They came to Her place and asked Her for alms. And it’s supposed to be a great privilege in India to give alms to others, to – I

mean, it's a great privilege to attend to guests, it's a great privilege to be generous, it's a great privilege to distribute things to others. It's a great privilege."

*Shri Mahalakshmi Puja  
Malines (Belgium) - 20 September 1986*

"So Dutch people are highly blessed people. They are very tall because Dattatreya is a very tall personality. And if they become conscious of their position; one day Dutch can do a lot in the realm of God's work."

*Conversation with doctors  
New Delhi (India) - 4 November 1986*

"Use Lord Dattatreya's Name (Mantra) for amoebic Dysentery."



Shri  
Raja Janaka

*500BC - Mithila, India*

*Public Program*  
*Hampstead, London (UK) - 6 June 1980*

"It's a big story about Raja Janaka, how he gave him realization. So, there was one man mentioned at that time who came to ask, "Who am I?"

*Public Program*  
*Sydney (Australia) - 3 April 1981*

"Now the emphasis that you have to be the spirit is very much reduced in the modern society. Emphasis should be that your spirit is to be achieved in this life. This is what one has to do, is the only thing one have to do, that is not there in the western society. Secondly for this you have to control your attention, don't allow your attention to spill out. I don't know if you know but I will tell you about Raja Janaka. He was father of Sita and father-in-law of Rama. And Narada went to him, another celestial being and He went to him and said, "How is it, you are a king and you move about like a king, you have everything like a king, you have gold and everything and how is it people say that you are behaving, means you are above this, above your body? How is it?" So he said, "All right, I will tell you in the evening, but just now you do me a job. You carry some milk in this pot." The pot had no brim also. So poor fellow was carrying that. The whole day he was carrying it. He said don't allow even a drop to spill. He was looking at it all the time. In the evening He got tired and said, "Now you tell Me, I've had enough of this." He said, "What did you see when you looked at the pot?" He said, "Nothing, what could I see? I was just watching this milk that it should not spill out." He said, "In the same way I

am at that stage where my attention does not spill.” That is the state you are achieving when you have Self-Realization, where the attention is completely enlightened by your spirit. It doesn’t envelope anything like that and even if it goes down it comes back as it is. My hand when it touches it doesn’t become this metal, does it? It comes out. It’s absolutely detached from it. I can touch it but I am not that. Just now I am that. I am thinking, I am worried about My children and house and this, but when I get realized I get completely detached. I am a spiritual being.”

*Seekers of Joy*  
*Rome - 10 September 1983*

“He said that, “When you live in the realm of divine power, the Brahma that looks after you.”

*Public Talk (in Marathi)*  
*Bombay (India) – 26 November 1984*

“You all might be knowing about King Janaka. Nachiketa thought that this King Janaka who has crown on his head, he has all slaves and servants, there is dance going in front of him. When he comes in our Ashram my guru touches his feet? How is it that he is so great? So his Guru said to him that he should himself go and see. Nachiketa went and stood in front of Janaka and said, “Please give me self-realization, My Guru has said that you can give self-realization, so please give me self-realization” King Janaka said, “look, if you would have



asked me whole universe I would have given but I cannot give you realization, reason being that one who doesn't know the subtle aspect of it then what is the use of giving it to such human being? The one who will understand its subtle aspect can only get deeper into it." So, the tattwa of Prapancha is 'Pr' which means the light. Until unless it is awakened within you all. You will remain in 'Pancha' and cannot enter in 'Prapancha'. When Nachiketa asked the above question to King Janaka. King Janaka asked Nachiketa to be with him. I hope you know rest of the story. So I don't have to repeat it. But at last Nachiketa understood that this man (King Janaka) has no attachments. He is not worried at all, neither he has any sticking with worldly things or what we call as world. He is like an ascetic. He will wear crown on his head of king and sleep on the ground, like a real Emperor. He doesn't need any comforts, somewhere he will sleep on soft bed...sometimes lie on the ground....like an Emperor within. He is not worried of anything, he is not caught by anything. The one who is in Prapanchan never gets effected by any comfort or any slavishness towards material. Even If you ask him to sleep by resting his head on stone, he can sleep. Ask him to eat anything, without taste. He can eat and also he can eat in parties. If you ask him tomorrow that, "What is to be done now, we have to make an asharam so how to do it?" He will tell you everything perfectly about it. He will give you details of material to be used and the quality etc... Everything. He is not stuck to anything within. This is the matter of Tattwa. You all should understand it."

***TV Interview***  
***Geneva (Switzerland) - 10 August 1989***

“So from the very beginning of Raja Janaka’s time, they respected saints.”

***Public Program***  
***Palace of Culture, Kiev (Ukraine) - 22 October 1989***

“On the Tree of life first there were only one or two flowers to become fruits. But today it’s a blossom time.”

“Eight thousand years back we have the father-in-law of Rama, Raja Janaka, who was the incarnation of Brahmadeva Master.”

***Eve of Birthday Puja***  
***Sydney (Australia) - 20 March 1990***

“So I’d better tell you a story of Janaka, which is very important. He was the one, in the beginning at the time of Shri Rama, He was the father-in-law of Shri Rama, His name was Raja Janaka. And He was a king. So all the saints used to come and bow to Him. And He was a king, He used to live like a king. So one fellow, Nachiketa asked his guru, he said, “What is this, you bow to this Raja? He has got all the wealth, He has got everything, wears all the ornaments, He has all pomp and show. Why should you, a saint like you, go and bow to Him?” He said “He’s videhi. He’s so detached, He’s videhi. He doesn’t exist in His body.” He couldn’t understand. He

said, "All right, I'll go and see Him." So he went and told Him that "I want to become self-realized, as you are." He said, "You ask Me everything; I can give you, but no self-realization." "All right, we'll see about it" he said. So one day they were having a bath. He said, "Let's go to the river, we'll have our bath." So He took this boy, they were sitting and having the bath, when some people came and told that "Your palace is burning, and everybody is running away." So He was still in meditative mood, He wouldn't listen. Then they came back again, shouted, "See now, your wife and children all are, have come out of it and they are all running away, because the whole thing is getting burned." Still He was in meditative mood, least bothered. Then they said, "Now the fire is coming this side, and what are You doing?" So Nachiketa got up and he caught hold of his clothes. He thought, "I should wear my clothes at least, they'll be burnt." He was still meditating. Then Nachiketa realized that He is videhi. That's why Sitaji is called as Vaidehi, because She is the daughter of a videhi. And that's what we have to be. "Where is our attention?" we should say. You are meditating, take it deep down into yourself. That's a meditative mood. Keep yourself there. And after meditation you just get up silently, sit for a while. I think best thing will be to have your food first and then meditate, if that is so, if you think that is proper."

*Public Program*  
*Canberra (Australia) - 13 April 1991*

"At the time of Rama, His father-in-law was Janaka; he was a great master of Sahaja Yoga, and he gave

realization to only one person called Nachiketa. He's mentioned there. Then it was all limited."

***Public Program  
New York (USA) - 16 October 1993***

"For example, Raja Janaka had a guru called Ashtvakra and if you read his Gita, you'll find how clearly he's describe about Sahaja Yoga. But that time it was only one disciple and one guru that was the parampara or that was the tradition."

***Christmas Puja  
Ganapatipule (India) - 25 December 1993***

"Now both Buddha and Mahavira were born at a time when they saw that ritualism is taking place the reality. So they said, "We'll not talk of God" - anisharwad. "We'll not talk of God. First we'll only talk about the Chaitanya." That everybody did. Even the guru of Janaka, who was Ashtaavakra, only talked about the vibrations. Even Nanaka did that."

***Shri Raja Lakshmi Puja  
New Delhi (India) - 4 December 1994***

"But now these Jains, you know, they make His statue so big, insult Him completely by showing all kinds of nonsensical private parts to the details. This is what is,

where you have no worshipping of the Goddess. Goddess is Shri Shobha, She's the One who decorates you. She's a mother. She decorates you with ornaments, She decorates you with beautiful clothes, She's your mother. She does it. Like Raja Janaka, He was the king so He had to wear ornaments, He had to wear beautiful clothes, He had to do everything. And when Nachiketa went to Him he was quite surprised that why my guru has sent him to this King who is wearing all kind of dresses and this and that and he also had a big function of dancing and this. He said, "He's not a saint so why my guru touches His feet? He's a king." Of course Raja Janaka knew what he was thinking about. He said, "Why have you come here Nachiketa?" He said, "I'm here to get my Self Realization." He said, "You can take all My kingdom but not easy to give you Self Realization." He said, "All right, whatever you say I'll do." So He put a big sword on his head and asked him to sleep. He couldn't sleep at all. Then they were having a bath, he said, "Come and have bath in the river." People came and told that there's fire and everybody is running away and Raja Janaka was in His meditative mood, He was just sitting quietly. Nachiketa got a little upset. Then they said, "The fire is coming here and all these cloths are going to be burnt." So Nachiketa ran out to save his things but still He was meditating. Then they came out and Nachiketa found that nothing that was burnt was there. It was just an illusion for people. He was amazed. Then he realized what was wrong with him, that he was doubting the Divine power itself. The one who was Janaka, who was a King was not bothered about His own powers, these are what? Because he is today, this you have to do it. Because I'm married, I have to wear

a Mangal Sutra. So this is for the parampara for the tradition style. But inside He was a saint, a very high, high level of saintliness.”

*Shri Mahalakshmi Puja  
Moscow (Russia) - 16 July 1996*

“As you saw Raja Janaka, he was a king, and still he was so detached that all the sages used to go and touch the feet of Raja Janaka. So there was a fellow called Nachiketa, he asked his master: “Why do you touch his feet? He is a king.” So the master said: “Alright, you go and meet him, now.” So what he saw was that Janaka had all the luxuries of life, he was living in the palace, and in the procession there were thousands and thousands of people who were throwing pearls on him. So Nachiketa thought he should get one pearl at least. Next day he went to Raja Janaka and asked him: “Give me self-realisation.” So Raja Janaka said: “I can give you all my kingdom but not self-realisation. Very difficult. Because you are possessed by the idea of money. Such a person cannot get realisation.” He said: “Alright. I will live here till I get realisation.”

Next day Raja Janaka took him for a bath in the river and he was enjoying the bath. And people came and told him that there is a fire in his palace. But Raja Janaka was meditating. He didn't bother. Then they said that the people who are in the palace have run away. Then he says that the, somebody said that now the fire is coming here. Still Raja Janaka was meditating. But Nachiketa ran out, because his clothes were outside, so ran out to save his (clothes). And still Raja Janaka was not bothered. So

when he came out he told him: “Nachiketa, this is all Mahamaya. This is how you are tested. If you are money-oriented, you cannot get self-realisation.” She is the one who is testing. All the greedy people, all the people for money’s sake do all kinds of things – as you have here mafias, you see – will be all punished. In any case they are not happy people, satisfied people.”

*Guru Puja*  
*Cabella Ligure (Italy) - 21 July 2002*

“We have had some great gurus on this land one of them was Raja Janaka. He was a ruler of a country and a very well known (Gruda?), still though he was good and generous and everything but at the same time he was a great Monarch, a great king of those days, very much known for his impartiality for his statesmanship and all kinds of beautiful things he did for his subjects, that is there in the (Sarva Janaka?) He could not get disturbed with anything and people never understood why the greatest and greatest of saints would bow before him, what was so great. Though he was king he was living so lavishly and he had so many ornaments and conveyances and all that, because nothing was above him, he was so detached, he had everything but he was so detached. That is a very good example of a person who had mastered his left side and now who was a king Raja Janaka.”

# Shri Abraham

*2000 BC - Mesopotamia and Palestine*



*Guru Puja*  
*London, England - 2 December 1979*

“Abraham never said that He was the incarnation, though He was the incarnation of Primordial Master.”

*Mooladhara and Swadisthana*  
*Sydney (Australia) - 25 March 1981*

“Abraham said the same thing that drinks are not good.”

*Shri Pallas Athena Puja*  
*Greece - 24 May 1989*

“Abraham had problems of talking to people who were really very, very ignorant. In the first circumstances when Abraham had problems then the people were absolutely good-for-nothing, absolutely good for nothing, so He didn't know what to do with them. So only, you can see it, in the time of Abraham that His own lifestyle... I mean, that was just a system when the family was building up and the relationships were building up, and He tried to work it on that level.”

*Shri Krishna Puja*  
*UK - 19 August 1990*

“Even you'll be surprised that Abraham or Moses did not talk of spirituality. They talked of God, but not of spirituality.”

***Shri Mahakali Puja***  
***St Denis, Paris (France) - 11 July 1993***

“You know Abraham had a son. One son he had after a long time. And God asked him that he should sacrifice his son. His wife said also was feeling terrible that he has to sacrifice his son. So he went down to the place where the child was to be sacrificed. He made a fire, everything and was about to put the child on that pyre of fire when the voice came. This is Mahakali that you don’t have to sacrifice your child.”



# Shri Moses

*1200BC - Egypt and Palestine*

*Guru Puja*  
*London, England - 2 December 1979*

“Moses never said that... though they knew He was great, He had overpowered Nature, but He never said that He was the incarnation.”

*Public program*  
*London, England - 21 April 1980*

“When you say Moses crossed the river, this was the happening of Void being crossed by the Primordial Master.”

*Mooladhara and Swadisthana*  
*Sydney (Australia) - 25 March 1981*

“If you read Moses, Moses has clearly said that these are strong drinks, very clearly, I don’t know if people read that and they should be avoided. I don’t if the Jews do that. They should not be taken, he has very clearly said it. Abraham said the same thing that drinks are not good.”

*Talk to yogis*  
*Delhi, (India) - 22 February 1982*

“In the Bible it was said, when Moses who brought the Ten Commandments, that “Thou shall not worship anything that is re-created out of the things that are created by the sky or the Mother Earth.” This is a very

important point. What are the things that are created by the Mother Earth and by the sky? Instead of going into this, people just said that better not worship statues. It cannot be reproduced and worshipped said by, of course all those who follow that like even Islam follows the same Torat is followed by the Jews and followed also by the Christians. All these five books of the Old Testament, the Ten Commandments are common for all these three.”

***Birthday Puja***

***Chelsham Road Ashram, London (UK) - 21 March 1982***

“Now, do you know, Moses was buried in Kashmir. Nobody will know that, but I know, that He was buried in Kashmir. Moses was reborn to teach the Jews that ‘Baba, we are all human beings, there is nothing like you few people and they few people. They’re all one in the eyes of God.’ So this is what it is. Now, if you tell somebody that Moses died in India, they’ll kill Me. But it is a fact! And I can tell you exactly where He died. It is described. All the words that are used in the Bible that Nebu and all these places where He’s buried, is the place there, in Kashmir.”

***Public Program***

***Brighton (UK) - 14 May 1982***

“This knowledge is not unknown to us, actually. Is all been described from the time of Moses? Like He says, “The tree of fire.” Now what is the tree of fire? Nobody knows, they just say there was tree of fire. But if you see the

Kundalini completely enlightened, if you can see it really looks like a tree of fire.”

***Public Program  
Brighton (UK) - 15 May 1982***

“When Moses was on this earth, that time it was too early to talk of Self-Realization, about Spirit. As the tree was growing, the tree of life, he talked about the tree of life, tree of [...] about Kundalini he did talk. But, he more talked about the sustenance, about the maintenance of the balance, of the being. He was more particular on that point, because that was the time where people had to learn to be in a balance. He didn't talk of baptism, for example, Jews don't believe in baptism. But he did say that somebody is going to come, Maseeha, and He is going to give you the Spirit. He is going to give you the Realization. But, Jews as you know, denied Christ, they didn't believe in Him and that's how Christ was crucified. Several years have passed that this Moses was there and that it was promised that somebody is going to come who will suffer for you, once and for all. And all your sufferings He will take. Such a great personality was that of Christ.”

***Public Program  
Birmingham (UK) - 9 July 1982***

“When Moses came on this earth, when the desperation was different, that they wanted to get out of slavery, it was a different style of understanding they had, how to organize a society on a particular pattern so you achieve

the maximum amount of efficiency, out of that society. And it was an emergency... it was a very touch and go position for the Jews at that time.”

***Public Program***  
***Lewes (UK) - 25 May 1983***

“You might say Moses didn’t talk about it because Moses first wanted people to balance. You see, that was the stage for them to develop a balance in life. So he talked about balancing.”

***Guru Puja***  
***Lodge Hill (UK) - 24 July 1983***

“At the time of Moses, it was worked out, and all the rules and regulations were created for realized souls. But as I read in one of the books – was very good, because, if I had said this, people would not have believed – that it had to be changed.”

***Public Program Day 3***  
***Vienna (Austria) - 6 September 1983***

“In India we have many places which, we say, are created by the Mother Earth; we call it as Swayambhu. It’s written in the Bible in the Ten Commandments that whatever is created by Mother Earth or by the sky should not be reproduced and should not be worshipped. But the first part we forget; what is produced by the Mother Earth?



Because only after Realization you will know what is produced by Mother Earth, which is Divine; the Mother Earth Herself has produced things which have produced vibrations. So the attention becomes a full machine of discretion.”

*Advice given at C.G. Jung Society’s Hall  
New York (USA) - 16 September 1983*

“When Moses came down he found these people in such a big mess and such a big hell, that he had to make a very, very strict law to pull them out of that hell, and that’s why he gave such strict laws. Actually if you have read the books of the Essenes, I was surprised that many people who have read it showed it to me, that they really, clearly said that the laws were not so strong, but Moses had to make them so strong because people were absolutely hellish and they were going down so rapidly that he made those laws. But surprisingly, they are more followed by the Muslims and imposed on them.”

“Moses crossing the bridge, you see this is significant here. This is the void, we call it the void, but Zen for them void is different. So we cross this. In the same way Moses crossed, through the bridging he did it and this bridging takes place when the Kundalini rises from that triangular bone, and crosses over, then the first bridging takes place.”

***Public Program***  
***Chiswick Town Hall, London (UK) -10 July 1984***

“Moses came to establish the void, as we say here, in the center.”

***Public Program***  
***San Diego (USA) - 29 May 1985***

“Moses talked of Ten Commandments He said: “If you are a human being, you better keep your ten valences intact.”

***Public Program on William Blake’s Birthday***  
***London - 28 November 1985***

“Blake brought forth for us to show that Christ was a person who brought a new message over Moses. Of course Moses was needed at the time when Jews had to come up, that was the time they needed it and He brought these shariat laws; it was Moses who started but Muslims are following them.”

“That Moses came on this earth to lay down the code of conduct, morality, the moral thing.”

*Shri Pallas Athena Puja*  
*Greece - 24 May 1989*

“So He did not argue, He did not say why you should do it, didn’t give any explanation. “You do it!” Like that. Because He thought that these people are so ignorant that you cannot leave it to their freedom that you understand this or that you see the point; He could not do that way. So He just said, “All right. These are the laws, these are the things and you have to follow. If you don’t follow then you will be killed, your hands will be cut, this will happen, that will happen.” Because the people were of that type. ”

“At the time of Moses people evolved much more. They evolved. But still very ignorant. So they evolved to this point that He did not have to talk the things that Abraham talked. So He talked to them about getting out of Egypt, taking their freedom, getting out from there and going to a place of more tranquility. But when they did that, He found these people on the way, when He went to get the Ten Commandments, when He came back, what He finds... [TALKS ASIDE] So the people who were at the time of Moses, when He had gone to get the Ten Commandments, started indulging into very, very immoral character, extremely immoral character. They were very immoral and were doing such horrible things that nobody can believe that anybody who tried to escape from the Egyptians were worse than the Egyptians themselves. So He gave this Shariat to them, to change.”

***Shri Mahavira Puja***  
***Barcelona (Spain) - 17 June 1990***

“Moses also did the same. He didn’t say that you should not eat meat but He said that if anybody is found with another woman he should be killed. The Muslims as they follow Shariat is made by Moses for the Jews because they had become so self-indulgent. The Sharia that is followed by Muslims is made by Moses for the Jews because when He brought those Ten Commandments He found the Jews were indulging into all kinds of nonsensical things. But Jews very nicely put it on the shelf and the Muslims took to it.”

***Shri Vishnu puja***  
***Paris (France) - 13 July 1994***

“Now Shariat was meant for... for irmaia what you say in English? – Jeremiah. In Jeremiah... Jeremiah has written that when Moses came – Adi Guru – He came with the message of Ten Commandments from the hill of Tur, He found these Jews going into complete decadent society, which we see today around ourselves. And He was so angry, that He said that: “For you, these are the punishments.” But this was Moses, gave to Jews, at that time. Not for today.”

***Shri Adi Shakti Puja***  
***Cabella Ligure (Italy) - 25 May 1997***

“Moses went to the sea and the Mother Earth came up for them to walk through. If all the Jews had walked, it

would not have worked out, but it was Moses and his saintliness that the Mother Earth herself came up and helped. In the same way when Rama was building a big bridge between Lanka and India, the Mother Earth came up as a bridge.”

# Shri Zoroaster

*1000 BC - Persia*

*Public Program*  
*Los Angeles (USA) - 24 September 1996*

“How can you talk of spirituality when you have this mentality towards spirituality? How much did you pay to Christ, again? How much did you pay to Krishna, or how much did you pay to Zoroaster, or to Moses? Anybody who talks of spirituality cannot be purchased, and this is what one has to understand. While even Dalai Lama, he came here, and people are just giving him money. What does he do with that money? Do you find out? He is buying gold. What is the interest of a person who is spiritual in gold? What is the interest? But people don't think, I think the ego is satisfied, “Oh, I can give money to such and such person.” If somebody begs they like it. I don't understand how can you blindly follow all such things. I don't want to talk about religions anymore because you know already the situation. Only thing I have to say is that all religions which were based on reality, on truth, on spirituality are today are nothing but money-oriented, also power-oriented, and now find, sex-oriented. It's a horrible thing to be done in the name of God Almighty.”

# Shri Lao-tse

*6th century BC - China*



*About the different Chakras and their Deities  
Delhi (India) - 22 February 1977*

“The void described by the Zen system of religion.”

*Public Program  
Temple Fusterie, Geneva (Switzerland) - 23 August 1982*

“Lao Tse ... said that you are to be reborn.”

*Public Program  
Lewes (UK) - 25 May 1983*

“Lao-tse has said the same thing ... that you have to become realized soul.”

*Shri Buddha puja  
Brighton (UK) - 26 May 1983*

“Another was the Lao-tse style who did not talk of God and of Buddha, but of Tao itself: the energy or we can say about the Adi Shakti. So these two good things came out of him. While they searched back of the history of China and they found out the Adi Shakti lived many years back there as Quan Yin. And that's how Quan Yin was established as a Goddess for many Buddhist.”

***Public Program  
Ilford (England) - 8 July 1984***

“As Lao-tse said, somebody told Me this saying about Lao-tse, another great incarnation of the primordial master, that when a wise sees the way, he respects it and says this is the way. That’s the sign of a wise man and a mediocre who is half way this way and that way when he sees the way he waits for others to go into it, and when the stupid sees the way he laughs. But when the wise sees the stupid in himself he laughs. So that power of wisdom starts shining through you, you become a wise, righteous, virtuous man. And such a balance you develop.”

***Second Public Program  
Munich (Germany) - 9 May 1985***

“Lao-tse never went to any college.”

***Birthday Felicitations  
New Delhi (India) - 21 March 1995***

“Tao, the one religion that they follow in China is nothing but Sahaja Yoga. Tao is Kundalini. Zen is nothing but Sahaja; Zoroaster, everyone. But this exclusiveness has brought this problem and they are fighting among each other.”

***Fourth World Conference on Women  
Beijing (China) - 13 September 1995***

“Lao-tse in China has very beautifully described TAO, meaning the Kundalini.”

***Public Program  
Beijing (China) - 13 September 1995***

“Of course you believe in humanism; but there was another great, great philosopher who was called as Lao-Tse, of a very high spirituality like a great incarnation of a Master. What He has written about, described about Yangtze River is very interesting, because I went through the Yangtze River Myself. And He calls it Tao. Tao. Is actually He is talking about Kundalini. He was a poet, so whatever He has described is rather subtle. And maybe they must have thought that it's better to understand other people than Tao written by Lao-Tse. But all over the world you will find it is Tao which people respect very much, and they like to always interpret the meaning of the word “Tao.” Now the greatest thing about this is that you become a universal being. Like a drop becomes the ocean. Lao-Tse has described this. In ways He has described, and I'm sure that you all will achieve it and you'll grow into it and you'll enjoy yourself.”

*Christmas Puja*  
*Ganapatipule, India - 25 December 1999*

“Among Buddhists also there has been a Veditama, Lao- Tse, and many others, who have talked about seeking, seeking the truth.”



Shri  
Confucius

(Kong-Zi)

*551- 479 BC - China*

***Second Public Program***

***Vienna (Austria) - 7 May 1985***

“You have to feel the humanism of Confucius within you.”

***Guru Puja***

***Shudy Camp (UK) - 12 July 1987***

“Confucius started humanism.”

***Talk in transit to Canberra***

***Sydney Airport - 11 February 1992***

“We had Confucius there. They follow more Confucius now, our Confucius who has talked about general well-being and all that.”

***Fourth World Conference on Women***

***Beijing (China) - 13 September 1995***

“Confucius has taught the humanity how we can improve our relations with other human beings.”

# Shri Socrates

*469-399 BC - Athens, Greece*



*Sahasrara Puja*  
*Laxenburg, Vienna (Austria) - 5 May 1985*

“You cannot describe because such a person cannot be described. You cannot say why Socrates agreed to take the poison. Why Christ agreed to get crucified. That’s beyond human comprehension.”

“You cannot say why Socrates agreed to take the poison. Why Christ agreed to get crucified. That’s beyond human comprehension. That’s how you behave beyond human comprehension and you are not to take certificates from human beings. Your certificates come from God Almighty and not from these human beings who are at a lower level. It would be like a dog writing about human beings.”

*Second Public Program*  
*Munich (Germany) - 9 May 1985*

“Socrates did not go to any college.”

*Public Program*  
*Memorial Hall, Sheffield (UK) - 20 September 1985*

“In Sahaja Yoga we will have the politics of Socrates, of giving and of not taking. But we have to have that race raised into that personality that global personality.”

“According to the time they had to talk. When they talked say, about the flowers, say they talked that they are Gods, like Socrates talked about Gods, like Confucius talked about Gods. When they talked we have to please our gods we started doubting. What god’s he’s talking about? Whatever they saw we could not see, all right. Then they thought no use talking about gods.”

*Shri Pallas Athena Puja*  
*Greece - 24 May 1989*

“Now unfortunately after Socrates, who came here in such a condition when people were really, absolutely ignorant, in the complete darkness of ignorance, they could not understand Him, they could not understand Socrates at all and so like any other Primordial Master was treated by the people who were surrounding Him, He was also very much ill-treated and nobody listened to Him. But of course, as you know, He was Primordial Master and His wisdom is well-known, and He created out of Him disciples, but none of them could go anywhere near His wisdom, and they started their own theories, own styles, and that’s how we find the accent from philosophy that was Socrates’ aim, gradually came into political and then into economic side.

So the attention was moved from philosophy to economics today, not towards the philosophy which was established by Socrates.”

“If you tell somebody, “Don’t do like this”, even reason it out like Socrates did, He is the master of logic, you can

call Him; the whole logic system comes from Him, He's a master of logic."

"Before that, at Socrates' time, I think, He was the only wise man going around. There was nobody else, seems to Me, had any wisdom. Even His disciples, you see, like Plato – he went off his head, then Aristotle went off his head. Both of them, really, tried to have their own arbitrary additions which were all absolutely. But He talked absolutely... Socrates talked absolutely about gods and everything, and talked so openly."

"Now then you see how gradually, at the time of Socrates people had evolved, they were a much better people so He could talk to them about something of wisdom, of honesty, of righteousness, of peace. Of so many things He talked, and He could talk because people were worthy of that. Otherwise He could have said, "Alright. You do this, you do that, you do that." But see the difference, also in the circumstances, how what has happened"

"We can say Socrates was the one Primordial Master, after Abraham and Moses, who really made it very clear-cut understanding about spirituality."

***Public Program***  
***Athens, Greece - 25 May 1989***

“Socrates also has talked about the gods which reside within us. And the knowledge about it was existent long time back. But there were two types of seeking going on alongside – two types of seeking. One was the devotion on the left hand side, and on the right hand side was the, we can say the intellectual. And devotion came to people because they felt there is something beyond this human life which thought of the creator – being there. And that we call as bhakti – is the devotion.”

***Press Conference***  
***Sofia (Bulgaria) - 25 July 1990***

“You see, the political ideas were started by great people like Socrates started it. Yes. And Socrates said that for the benevolence, the king has to be benevolent king. But his disciples, like Aristotle really spoilt it. Still, the politics was philosophy oriented and then, now it has become nothing but economics. Now, economics itself you understand better in Sahaja Yoga.”

***Shri Mahalakshmi Puja***  
***Kolhapur (Maharashtra-India) - 21 December 1990***

“From Socrates onwards, nobody has talked much about a woman except Athena. Greek Goddesses were just like human beings so that also gets ruled out.”

*Shri Vishnumaya Puja*  
*Ashram Everbeek (Belgium) - 4 July 1992*

"I don't know if you have read him or not, but I think he is one of the great writers of those days. And the other day only I was comparing both of them and I said, "Look at this man, he is absolutely different from Aristotle, absolutely, two ends of the thing we can say, and how is it that he never read Aristotle? He was such a learned man, he never read Aristotle." Then I just felt it's a Russian mind, and Russian mind is extremely introspective and this introspection was missing in Mr Aristotle, was taking out everything out of his head, the yarn, and putting people on the other line altogether of this politics. Plato was even in a way worse than him, but this one is another. So Socrates was finished and Aristotle became everything. But because I have been judging both of them on their merits."

# Shri Mohammad

*570-632 AD - Mecca, Arabia*

*About the different Chakras and their Deities  
Delhi, (India) - 22 February 1977*

“They are the same people. There are ten of them born like that. They are the same people born again and again. And they are the people ... if you accept them in only one incarnation, they are not going to accept it. You have to accept them in all their incarnations. I’ll give an example. There was a doctor who was suffering from the cancer of stomach, Muslim. He met Me in London, and when I told him that you have to worship Dattatreya, he got a shock of his life.

He said, “You mean to say I must give up my religion.”

I said, “Your religion is in imbalance.” He was the same as Mohammed Sahib. Actually Dattatreya incarnated as Mohammed Sahib.

He said, “I cannot do that. I only believe in Mohammed Sahib.”

I said, “All right, I cannot cure your cancer because cancer is because of imbalance. It’s too much activity on one side.” Over-activity of the sympathetic nervous system causes cancer. You write it down today, and you can verify it. And that’s why when people say I’ve cured cancer, I have. No doubt. Not only Me, but even this doctor who is here he has cured cancer. Cancer is only curable through the balance of Sahaja Yoga. Otherwise it’s not possible. Take it from Me.

So the imbalance of this man, he would not listen. But cancer is a great thing that way. He had to come back, “All right Mother, I accept.”

I said, “All right. Now will you pray to Dattatreya?” A Muslim has to become a Hindu and a Hindu has to become a Muslim. A Sikh has to become a Muslim and a Muslim has to become a Sikh. How can you divide God into so many ways? This division is like the atom being

split. You are splitting. You are finding all ways and methods of splitting each other. And what you are gathering is the volcanic force of destruction within yourself.”

***Public Program***

***Caxton Hall, London, England - 6 August 1979***

“See, when Mohammed Sahib taught people how to do namas they all used to laugh at it. What He taught was nothing but the Kundalini rising. He just taught the Kundalini rising. And by Kundalini rising He wanted people to get realization, but they all went wrong because there was nobody Self-realized to do all that job except for Him or His son-in-law, his daughter or His grandsons. The rest were all good for nothing people perhaps or maybe they declined after sometime. And the whole system of namas became just what you call a formal stuff and nobody knows why, what it is like. But they are just doing it because they are told; nobody laughs at it now. When it was genuine everybody laughed at it. ”

***Shri Mahalakshmi Shakti Puja***

***Delhi (India) - 2 February 1980***

“Now Mohammad Saheb has told us the methods how to get rid of these horrible gurus. You have to write the name of the guru and beat him with shoes. That's the only way you can cure.”

***Public Program***

***Delhi (India) - 7 February 1981***

“Now Mohammad Saab religiously avoided talking about



that. He only said, "If this stone can be so godly, why not human beings be?" But he did not explained much as it is whatever he tried to explain the people were so insensitive so cruel that they tried to kill him many a times, they to give him poison, ultimately he died in a very, very bad state, they tortured his life, they were lunatic people, they used to live in tribes a. very tribal by nature. And they [unclear] he tried his level best to propagate that there is God and God is above all and I am the messenger of God, but they would not listen to him. "

"Actually Musalman means the person who is realized and Peer is a person whose realization is established so much so that he said that those who have become Musalman should be buried and not burnt, because he thought they are all realized souls, but realization finished off with his son in law and his daughter, after that he had two sons who were great souls who are really the reincarnations of Lov and Kush."

***Public Program  
Sydney (Australia) - 3 April 1981***

"I was once going in Kashmir driving through some very remote corner and suddenly I felt tremendous vibrations in My head and I asked the driver "Is there any temple here or something?" because in Kashmir there are many temples which are vibrated. So many things come out of the Mother Earth, as it said in the Ten Commandments that "Thou shalt not worship anything that is created by Mother Earth, reproduced and worshipped." There are many in Kashmir like that. So, I asked him and he said "No there is no temple, and no Hindus live in this area. I

said still I could feel tremendous vibrations so My husband told Me that “All right, let’s go the way She says.” So, we followed about three miles and we reached a colony of people who were Muslims living there. When we asked, “Is there any temple here?” they said, “No, there is one great mosque.” “What mosque is that?” “Hazrat Iqbal.” That means one hair of Hazrat Mohammad Saheb is there. And even now you take His name, the vibrations start flowing. How can I deny it? He was the truth. Spirit will not deny. It is the first to recognize all these real things. It is the spirit that gives you the truth, which integrates all that is truth and throws away that is untruth. That’s why you must get your spirit.”

*Talk to yogis*  
*Paris (France) - 20 June 1981*

“We can say the Muslims now, Mohammed Sahib has very plainly said that Muslims people should not drink. He said “no intoxication should be taken”, but first they started smoking they said he never said don’t smoke. There was no smoke at that time, He didn’t know that human beings are going to develop smoke after him, and He also did not know that there will be something like LSD and bhang and all this nonsense. Otherwise, He would have said that “you should not have bhang, you should not have charas, you should not have this, you should not have that because that is poison, that it spoils your awareness, you become this, your society will be spoilt” but He didn’t think that human beings wouldn’t use their wisdom.”

*Public Program  
Cambridge (UK) - 3 July 1981*

“Of course, Mohammed plays a big part in Sahaja Yoga. I mean for us he is absolutely the primordial master. For us he’s so great. I mean for us he’s not just a Muslim or anything. He for us he’s a universal being. For us he’s very great. You see? So Mohammed is, where is Mohammed in you? Just tell Me? Where is he? Where does he exist? You do not know! Where is Christ? No (now?) that’s the problem. You must know where is Mohammed, which part of ours that Mohammed has enshrined. Which part of ours he has enlightened. Is very necessary for you young people to know it.”

“No it is not so! If it was why is His second coming needed? You see this is how they do it you see. Supposing I said, with disgust I’ll say: “This is the last time I am coming to Cambridge. But maybe I may again feel like coming.” You see we see some we see Christ as a separate entity. That’s why you think like that. For example when you enter in the room you enter the whole body with your eyes with nose with ears – with all the aspects that you are. Supposing you are a professor or a lawyer whatever it is; all that is within you isn’t it? All the aspects you enter in. So whatever you do you do the whole, that moment, that part. Now I don’t know how can you say that Christ, I cannot put Him as separate. Supposing this hand is eating the food alright? And this is wiping the thing. Now which is the ultimate? Like the whole evolution has to come up to this stage where you become human beings, you have to enter into the Kingdom of God and those who deny it are to be

destroyed by Christ. Will you call Him the last? You see, it's – the whole play is like that. Nobody is more important or less important in this body. Even a pin pricks you, you feel the hurt the whole body."

"Mohammed Sahib has clearly said that he was a prophet; he accepted all of them, he said Moses, how can he be so small? He cannot be. He's like an ocean isn't he? An ocean touches all the shores of the world it doesn't stick onto one person. We are the people who put him into one little glass, it's mine it's mine. Like the flowers that grow on the real tree we can just pick and say: "this is my flower, this is my flower" – fight and make them ugly. No, no! They are great! And we have some very good disciples from Islam and I am sure you will one day."

"When Mohammed Sahib came He came with all His powers. But that was the time when they had to come a particular type of work. For example today I have come. If I have come like Them, I have come to give you awakening. That's My job. And that's what I'm doing. I am not going to tell you 'don't' like Moses came out with Ten Commandments. Of course I will establish that within you later on. But I'm not going to tell you that. That's why some people don't understand why Christ didn't talk against alcoholism. Because He came at this point, at the ego point. Mohammed Sahib came at that point."

***Public Program***  
***Norwich (UK) - 4 July 1981***

“I mean Mohammed Saheb has described it as Ruh – R-U-H – Ruh. It’s cool breeze, in every scripture.”

***Shri Krishna Puja***  
***Brighton (UK) - 12 July 1981***

“But anything anybody says anything against Mohammad, I will stand up and I will really be angry and furious. If they say against me, as I am today I may not so much because they don’t know about the other person. So you have to understand that you have to be united.”

***Public Program***  
***Birmingham (UK) - 14 August 1981***

“Mohammed has very clearly said that you are to become a peer; you have to be born again. I mean namas is one of the very good ways of raising the kundalini, if you are using the Sahaja Yoga method. Means you get your realization and then you do namas. You’ll be amazed. Everything has a meaning only when it is a living thing. Otherwise it’s dummy.”

***Diwali Puja***  
***London (UK) - 1 November 1981***

“Now at the time of Mohammed Sahib a big question arose, because there were very few men and many,

many ladies of all age groups. And they didn't know what to do, how to save these girls because so many men died in the war. So then they asked, "What to do now at this juncture in a position, when such a catastrophe is there and so many women are there, and very, very few men?" Then He said, "All right, you can marry four or five wives and you can marry in any age group."

Because if you have to live with dharma, means marriage, means collective sanction, not without marriage.

So He said, "All right, you can even marry five times, but you must marry, without marriage you cannot live."

And that is why He was particular that every person should be married and should have no relationship without marriage, was sin. Instead of that now Muslims think that it is there right to marry five persons. I mean, when the men are more and women are less. Is a wrong thing. You have to find out the solution. And at that time the relationship between even the sisters and brothers had to delimit, because there was a big problem.

So He said, "All right, the children born of the same parents cannot marry, but cousins could marry," that time. Now that time is changed, all right, it's not that time. We are not on war, there is nothing happening like that. There is no such problem. So let us develop now our pure relationship of brothers and sisters. Actually, first time when we had this Diwali function, I asked people to find one sister for yourself. Every gentleman must have one sister, to find out one. And then that is the day, I said, let us start this way that next time when we meet on another day called as Rakhi Purnima, that you tie the rakhi in the hand, the same brothers and sisters."

***Public Program***  
***Brighton (UK) - 15 May 1982***

“Even Mohammed accepted Christ as a very great soul and He has said that you must wait for the day of resurrection. But who is talking of Day of Resurrection? Among Muslims, nobody talks of that, they only talk of the day of doom.”

***Public Program***  
***Reading (England) - 22 June 1982***

“Arabs could not accept Mohammed at all. And they have not yet accepted him the way they are crucifying him every day. He could not tell people about it but he did promise that it will happen to you.”

***Public Program***  
***Derby (UK) - 11 July 1982***

“See about Islam because Mohammed Sahib and Nanaka Sahib are the same, same persons, He said the same thing. Moses said the same thing, ask the Jews, what are they doing? He said, “Strong drinks, alcohols, all must be avoided.” At the time of Mohammed Sahib there were no cigarettes, so He didn’t say about cigarettes so Moslems say, “Oh, cigarettes are all right, doesn’t matter.”

“So He said, “All right, marry five [women].” But He, Himself, you see, was surprised that at that time people are so sensitive, they would not marry young girls, the old men would not marry young girls. They said, “How can we marry these young girls?” you see.

So He said, “No, all right, I’ll marry one, because where will these young girls go, there are no young men left, so what to do?” But these days, if you ask an old man of eighty years, he would be very willing to marry a girl of eighteen years. Stupid old fool I call him, because he doesn’t understand. He doesn’t understand that this girl is not going to respect him as a husband and he cannot enjoy the life of a husband. He’s a grandfather, or call it a great grandfather, he should behave like a great grandfather; that’s an ideal relationship he should have with a young girl.”

***First Public Program  
Gent (Belgium) - 19 September 1982***

“He himself has said that there will be a resurrection time when the hands will speak and who is going to do that job. That means somebody has to come and do the job of resurrection. If you yourself believe that by doing this kind of a circus of namas they are just going to take off to heaven, they are sadly mistaken.”

“Christ had to talk of the ascent, while Mohammed had to talk about the establishment of the balance, but by no means creating any difference between the two.”

***Fourth Public Program  
Vienna (Austria) - 30 September 1982***

“The greatest of greatest Commandment is, “Thou shalt not kill”. And then how do you explain this Christian militia in the name of Christ killing so many helpless people?



Innocent small children, women, for no crime of theirs. In the name of God, in the name of Christ, in the name of Mohammed, these people are just using their sadism. Where is the word that is said as love and compassion of God? Mohammed has talked of, Rahmat, all the time of Rahmat, he calls God Rahim. Rahmat means compassion, Rahim means the embodiment of compassion.”

***Public Program  
Delhi (India) - 29 January 1983***

“Mohammed Sahib was very modern when He said that in Namas, everybody before God is one. You all have to come down to centers, settle with it, understand Sahaja Yoga. You can find that only in collectivity you will grow. But if you are separated, you will not grow. And this is one thing is what Shri Krishna played the Raas.”

***Public Program on the Vishuddhi Chakra  
Delhi (India) - 2 February 1983***

“For other people of Arabistan Mohammed was their Omkara.”

“Is a very modern stuff has started that they want to wear scanty dresses. This is all anti God in both ways. Firstly it is nonsensical to show off your body. That’s why Mohammed Sahib said – you see He has worked so much on vishuddhi chakra – that women should cover their body. Is a very good thing I sometimes think.”

“On the contrary like I told you the Muslims were, it was said not to drink, they started having poems written by Umar Khayyam to challenge Mohammad Sahib.”

“Now the problem came in that one has to integrate and Mohammed Sahib knew that a day will come when this integration problem will start and he talked a lot about Sahaja Yoga in the sense he said when the resurrection time will come. He talked more about resurrection than about doom time, most surprising thing is. About Kyama he spoke very little. He spoke really about the resurrection time, because that was the problem. The problem that they face they talk about. When Mohammed Sahib started teaching people to do Namas people used to laugh at him. What is he doing? Why does he want us to put hands like this? Why does he want us to sit down or put our hands on the knees? Now you understand as Sahaja Yogis what it means that he wanted us to improve our nabhis first, our dharma first. All this movement was to jerk out the Kundalini, but without realization being there Namas would not work out. You may break your knees you may do what you like.”

“It’s always all the music was in the praise of God. And that’s why Mohammed Sahib said that all the music should be in the praise of God and should not be. When the advent of this thing like Umar Khayyam. Who is he? He’s anti-God absolutely anti-God man. Horrible. But people appreciate him very much, Umar Khayyam what a poetry it is. They appreciate – why? Because the disintegrated part of their heart likes Umar Khayyam when he sings: ‘Oh we should drink here. What is there

in this life? We don't know what is going to be there.' Because Mohammed Sahib has said not to drink, he must sing such a song. As I told you that just by thinking you can't drive your car, you have to use your hands. You have to use your hands with full knowledge as to where you are, what you are and what would these vibrations mean. You have to use your hands. Now when you start using your hands for all practical purposes other people might start thinking: 'these people have gone mad. They are using their hands.' But the same way they thought when Mohammed Sahib taught them to use their hands. They all laughed at Him but now nobody is ashamed of it, nobody laughs at it but they are doing all mechanically – not the way He has said. Is a very modern stuff has started that they want to wear scanty dresses. This is all anti God in both ways. Firstly it is nonsensical to show off your body. That's why Mohammed Sahib said – you see He has worked so much on vishuddhi chakra – that women should cover their body. Is a very good thing I sometimes think."

***Third Public Program  
Melbourne - 10 March 1983***

"When Mohammed Sahib talked of Akbar he talked of Shri Krishna. This is the finger [Shri Mataji shows both index fingers] which represents this center and He said, "Put these into your ears and say 'Allah hu Akbar' you get in connection with the Virata."

***Shri Ekadesha Rudra Puja  
Faggeto Lario, Como (Italy) - 16 September 1984***

“As Mohammad Sahib has said that you have to beat the Shaitan, means the Satan, with shoes; but that has to be done not mechanically but from your heart.”

***Second Public Program  
Melbourne (Australia) - 15 March 1985***

“Everyone has been talking about truth; since long we have been hearing that we have to find out the truth, and there has been an evolutionary process even in our spiritual seeking. As you must have seen how gradually we are built up and how the divine personalities came on this earth to give us a new awareness, a new dimension, a new understanding of ourselves within. All this evolved slowly one after another, outside as well as inside; but what we see outside is something frightens people. They see a person like Khomeini, they see a person like Idi Amin, then Gaddafi – they’re quite shocked. They think these fundamentalists are there, they can’t understand how these people can carry on with that kind of a fundamental idea in their head – that they are the best and they have a right to proclaim as if Mohammed Sahib was in their pocket.”

***Mahamaya Shakti Seminar  
Birmingham (UK) - 20 April 1985***

“If they are Muslims, also you can tell them that Mohammad Sahib talked about Assas, talked about you

have to be a Wali – you have to become a Realized soul. He talked that at the time of resurrection your hands will speak. So He talked of the future. How do you stop it at Mohammad? He talked of the future, throughout He talked of the future.”

“And the miracles are created through its Power, before was through the Deities themselves. Like it worked on the Deities. Mohammed Sahib hit a stone and got water out of it, same with Moses, the way He created way for the people to cross over. All these miracles are done through Mahamaya Power.”

*About Creation, Problems Of Americans  
Los Angeles (USA) - 28 May 1985*

“I mean, if the people are not very clear in the heart because of the ego, you see it covers the heart, you see, and there is no surrender. That’s why Mohamed Sahab talked about surrender only. Islam means surrender. You must surrender this time; surrender your ego. What can you understand through your ego? Nothing, in such a small little thing. And then you play games with yourself, with Sahaja Yoga, with this, that.”

*Public Program  
San Diego (USA) - 29 May 1985*

“Now it’s a happening that has to take place, the awakening of the Kundalini. Traditionally it was accepted that the Holy Ghost has to give you your second birth. In

the Bible it is called as the 'tree of life' or 'tree of fire' and is said that: "I will appear before you like tongues of flame" and that's how these chakras look like. In the Koran it is called as Assas, the Kundalini, and is said, I mean Mohamed Sahib talked more about Resurrection than about the doomsday. But to them the doomsday is much more important; you can frighten people and make them fanatics. Resurrection part everybody has tried to forget; better forget the Resurrection part.

So He has very clearly said that: "At the time of Resurrection your hands will speak." If He was the last why did He talk of the future? Every one of them has talked that you have to have your Self Realization, your second birth to understand the Divine."

*Guru Puja*  
*Paris (France) - 29 June 1985*

"You know I have all the powers to correct you. Don't take liberties with Me anymore. I'm telling you, I'm warning you. Try to understand you're facing someone who has all the powers. You know that, know well within yourself. It's not even like Mohammed. Mohammed just talked. He never gave realization. He warned. None of them. None of them. But after seeing, none of them have photographs as you have seen of Mine. Have they? What more proof do you want to know what I am? Now behave yourself, I'm warning you. Mahamaya, the other side of it is horrible, be careful."

***Public Program***  
***Memorial Hall, Sheffield (UK) - 20 September 1985***

“Even Mohammed Sahib was given poison”

“You have to use your left and right hand because as Mohamed Sahib has said that at the time of resurrection your hands will speak, in the sense that you get your collective consciousness and your fingertips become enlightened. So as all the doctors will also say that we have a sympathetic nervous system acting on our fingertips.”

***Public Program***  
***Mumbai (India) - 20 January 1986***

“In the name of religion we insult God Himself. When they say “Allah-O-Akbar”, they mean Virat, means Shri Krishna Itself. If you come to Sahaja yoga, you will know that they are all related to each other. That Mohammed Sahib was nothing (but) a maha medha. He was the Dattatreya Himself. This is the medha, and He is settled down there. I know He was given poison and He was tortured. And the same thing – when we do it by saying that Mohammed was wrong. He was not wrong. Who was wrong? Are the Muslims. Who was wrong? Is the Hindus. Who was wrong? Are the Christians. They are all against all these prophets, all these great incarnations and bringing bad name to them.”

*Speech after the Sahasrara puja  
Madesimo, Alpe Motta (Italy) - 4 May 1986*

“You must also understand that now, the Mohammed has gone to the mountains; now the mountains have to come to the, to Mohammed.”

*Guru Puja  
Shudy Camp (UK) - 12 July 1987*

“Mohammad Saheb said let us not worship God as an idol.”

*Navami, ninth night of Navaratri  
Pune (India) - 19 October 1988*

“So to get rid of this ego, we have a very simple method which Mohammed Saheb has suggested, which works very well, which is that you just have to take a shoe and beat yourself nicely every time to get rid of ego.”

*Makeshwarashiva  
Ganapatipule (India) - 27 December 1990*

“Even in the Bible, in the, it is said that whatever is created by Mother Earth or by sky should not be reproduced by human beings and be worshipped. For example, even in Mecca, we have got Makeshwarashiva; in our puranas, he’s described as Makeshwarashiva



itself. That's why in Mecca we have a stone which was respected by Mohamad Sahib, you see, this subtle point should be seen; that it was a svayambhu one and it is a Makeshwarashiva itself was there. So He was respected. And every stone is not created by the Mother Earth; because the Mother Earth whatever it creates has got a coefficients which Mohamad Sahib, being an incarnation of Adi Guru or the Primordial Master could see and said that, "This is the stone, is to be kept here and go round that stone," but didn't explain much about it. As it is, He was tortured by people. They were all people who wouldn't understand Him."

*Shri Buddha Puja, "You must become desireless"  
Deinze (Belgium) - 4 August 1991*

"Like Mohammed Sahib also said ... He talked of nirakar."

*Talk in transit to Canberra  
Sydney Airport - 11 February 1992*

"I mean now here I find Mohammed decrying anyone. He said: 'You have to believe in everyone'. Only these people are saying, that He was the last. He went to this limit to say that: 'I am not Divine. I follow the Divine laws but I am not Divine.' May be just He wanted people to follow. Surprising I was really surprised that, if Koran is teaching such great things, the Muslims are just on the other side of it and they admit, that Islam should not be confused with Muslims. In the same way we can say that Christianity should not be confused with Christians. What

about Judaism? Same thing. I mean nowhere in that religion taught, to be like this the way they are behaving. They are following Hitler, out and out. The one who killed them, tortured them, they are becoming just like them.

So what to say about these human beings as, under the name of God, under the name of religion, behaving like this. The reason they have given many: 'Because of this and because of that.' So, this aspect, that they are saying that: 'Because the people didn't read Koran properly, they didn't understand properly, they should have been educated properly.' It will take thousand years to educate every Muslim about it. And if they think that by teaching through their Book, it will be imbibed, it's not possible. Everybody reads Bible everybody reads Koran, but nothing goes inside just reading reading reading. So their idea is that if they read and analyze, I mean you have to have big universities for that, it could be taught to people and, still then not necessary, that they would imbibe."

*Conversation with yogis about current events and  
international politics*

*Canberra ashram (Australia) - 12 February 1992*

"I was reading about Islam, 'Faces of Islam' I was really amazed. It's all Sahaja Yoga what Mohammed Sahib has preached, all Sahaja Yoga. Only thing, He did not very much, I mean He was born on the void level so naturally tried to establish the religion, and the framework of religion, how people should be and all that. Which we have in Sahaja Yoga also same thing. But it's not forced on us. It's not forced, it's a thing that is, absolutely innate.

Because we like it we do it. We love it and we enjoy it that's why we do it, this is the difference. But the intellectuals in Islam are very sensible I must say much better than Christians. Because they are admitting that there's lot of deviation. Never confuse Muslims with Islam. And, whatever Mohammed Sahib has contributed is really very precious because, he has said that, first of all, He has to make a framework, which He admitted. He has to make a framework. That means a, kind of a, framework of thought and behavior. But without, giving realization if you make a framework it doesn't work. It doesn't work. It drops out. Everybody has made the same type of framework."

***Mahashivaratri Puja***

***Glenrock Lagoon, Newcastle (Australia) - 29 February 1992***

"Mohammed came and talked of very nice things, I must tell you. He never made it a rigid religion, never. It was very flexible, and He said, "You must get the knowledge." So according to them, knowledge was to read the book and to interpret it and to be an intellectual."

***Talk to Sahaja yogis***

***Malaysia - 15 March 1992***

"Some people criticize Islam saying that there is no talk of ascent, it's wrong, there is all the time talk of ascent, to know but that doesn't mean that you go to the university and learn about Islam and books, no, it means to know on your central nervous system. But this is the point they

missed out. How can it be Mohamad Sahib could not say about this, it's impossible. Also he said, "Those who came before me are all right," and these people are saying that he put a seal, seal means it's just a, what you call, a stamp, that he was a mahaguru, that's all. But that doesn't mean that he cannot come back. If he had said that, then he again said there is a resurrection time; resurrection time means Kiyama and all these again should be observed till Kiyama and after that you become knowledgeable. Even he had said there you'll meet guls and gulis, guls means beautiful men and beautiful women that you meet. But they won't have this lust and greed, it's the point, which we're good at. But nobody has said all these things, all nonsense they have preached."

***Birthday Felicitation Program***  
***Siri Fort Auditorium, Delhi (India) - 22 March 1992***

"Mohammed Sahib, Nanak Sahib – they all talked about the formless Divinity, reason being the same."

"If you read also about Islam, it's one of the best religions, is so beautiful, is so good. But nobody has understood what Mohammed Sahib has said: that you have to know it. Now the 'know' word comes from the word 'gna' – as in Sanskrit – means to know – 'gna'. Early Christians were called Gnostics – because they knew. 'Knew' means to know on your central nervous system. Not to know mentally, but to know on your central nervous system."

*Easter Puja*  
*Magliano Sabina, Rome (Italy) - 19 April 1992*

“It has happened also with Mohammed Sahib. Firstly, that Mohammed Sahib has said that there will be a Resurrection time. That means He talked of the future. So how can it be that He was the last? If He was last then how are you going to have the Resurrection? But the Seal of Prophet, doesn’t mean that it’s sealed now, no prophet can come down. It means seal, means a kind of a brand you can call it, and He was Adi Guru so He called Himself, “I am the Seal.” He didn’t say that, “I have sealed,” but crooked people take advantage of these little, little words and start using them for their own purposes because they are very self-centered.”

“Mohammed Sahib talked of surrender. I said surrender yourself to your Self. If your Self is the Spirit, why not surrender yourself to your Self. But make that Self shine. Just become one with that light. Whole life should be a light, light of love, light of Divinity, light of beauty. So you have to work out through introspection, you have got all these powers within yourself. So many powers you have. Of course, depending on Mother is nice thing but now you grow, you have to grow. You have to grow and take up the responsibility without feeling responsible.”

***Public Talk***

***Paris Gaveau, France - 24 July 1992***

“While Mohammed Sahib has talked so much about Mary, not even in the Bible they have not talked, they have just called Her a woman.”

***Public Program***

***Budapest (Hungary) - 28 July 1992***

“Even Mohamed Saab has said that paradise lies at the feet of the Mother.”

***Public Program***

***Geneva (Switzerland) - 24 August 1992***

“So, even Koran was not written by Mohamed Sahib. For forty years it was remembered by his friends in their brains and afterwards they couldn’t, again, they couldn’t put it down because they did not know how to write. So they told their children to write it down, after forty years. Still Mohammed Sahib was a great incarnation.”

***Shri Krishna Puja***

***Cabella Ligure (Italy) - 15 August 1993***

“If you read even Koran, in the Koran, Mohammed Sahib has all the time said about rahmat, means compassion. But you don’t find it anywhere. He has not said about

shariat, He has not said of many things which are being practiced by Muslims, just on their own. He never said that women should cover their face or cover their heads, but it is practiced and not practiced but vengeance. So what it shows to us is this, that whatever is preached, just the opposite of that people try to do. And when such things happen, the dharma goes down.”

***Public Program at United Nations Meeting  
New York (USA) - 4 October 1993***

“Even in Quran, I think Abu Bakkar has taken something from the Bible as far as this resurrection part is concerned. Mohammed Saab did write about resurrection, but this part that you’ll all come out of the graves, Mohammed Saab could not have written. And it is also coming from Jews that you’ll come out of graves, I just don’t know from where they got this idea. They cannot accept the Immaculate Conception which we accept – not only accept, it’s a fact. Even Mohammed Saab has said, very clearly, “Respect the chastity of Mary”. He has paid much more respect to Christ’s mother than Paul.”

***Public Program  
Toronto (Canada) - 5 October 1993***

“He said positively I am not divine. How can it be? He just told because if you say you’re divine, everybody will jump on you. That’s what the human beings are like.”

*Christmas Puja  
Ganapatipule (India) - 25 December 1993*

“Mohammed-sahib in Koran says, nobody should challenge the chastity of the Holy Mother, of Christ’s Mother. He has respected. Why there’s no respect shown to Mother Mary in the Bible? No respect.”

*Shri Vishnu puja  
Paris (France) - 13 July 1994*

“But the Muslims are using that left and right among themselves. And they have become so quarrelsome that they are fighting among themselves, and I think they’ll kill each other and finish off. There is no dharma of love; there is no dharma of compassion. The one who is not a Muslim is to be killed somehow, and the one who is a Muslim is also killed, because any Muslim cannot change his religion, he cannot. If he is a Muslim, he’s a Muslim. He has to die as a Muslim. If he tries to do anything else, he’ll be killed. If he runs away from the Islam, he’ll be killed. It’s a prison. It’s a prison, and in that prison, one has to live. You are not to question anything; you are not to ask for anything. The other day I was watching the Hajj, and there was one fellow from Sudan. He was really like Hitler, talking like Hitler, and I asked someone to translate it – the Arabic. And he was just pouring poison. He was calling everyone as heathens: “They have no truth with them, we have the truth.” What sort of a truth you have?



What are you... what good are you doing anywhere? What truth you have got? And he said all these nonsensical things that 'we should kill all those who don't have the truth,' this, that. And I was looking at it. And a question came to Me – he is saying all these things in My presence, I don't know what's going to happen to all these people. And second day, there was a stampede of thirty thousand people, who had gone for Hajj. So these stupid people in charge of religion will kill all the Muslims this how, finish them off, and think that we have achieved a lot."

*Guru Puja*

*Cabella Ligure (Italy) - 24 July 1994*

"shariat" was taken over by the Muslims and, even now, the punishments according to so-called Koran are so hard that you can't believe it and most of the pressure of all the dharmic laws are on the women."

*Public Program*

*Los Angeles (USA) - 29 September 1994*

"It's none of their mistakes, after all, they are human beings and these laws and regulations are for saints. If the saints do anything wrong, then they should be punished. Not for ordinary human beings, it's too much."

***Public Program***  
***Tunis (Tunisia) - 11 November 1994***

“So, one must understand that we have to become, first of all, angels, so that we can follow these great people are Muslims or Christians or Hindus or even Jews, they are all normal human beings.”

***Public Program***  
***Sydney (Australia) - 21 February 1995***

“Then you take to, say, Mohammad Sahib’s teaching. He just thought that Christ was so strict with men; why not try with women also. And He said, of course apart from other things, that women if they have a bad eye on some other man than her husband, then she should be buried in the Mother Earth half way and should be stoned. I mean, just imagine. I was thinking about American women. What would happen to them if this kind of thing going on, because the divorce laws are so good for them that they are divorcing all the time their husbands and doing all kinds of things. They don’t know that this is what, is according to Islam. And the Sharia that they talk of also was given by Moses to the decadent society of Jews when he came all the way and brought those Ten Commandments. He saw these people so decadent that He thought it’s better to give a very, very, strict laws to them to save them. So He said, “You cut their hands if they do any thieving,” all kinds of horrible things. It’s all in Jeremiah if you read that. It’s in the Bible. It’s written by Jeremiah, what Moses told the Jews. I think the Jews

didn't like all that so they gave it up and Mohammed Sahib took it over that this should be allowed, only among Islamic people. It's terrible, and all this when you see, you find that we have to first arrive at a point where we understand them, where we can follow them and for that you have to have your self-knowledge. You must know yourself. Christ has said, "Know thyself."

*Birthday Puja*  
*Delhi (India) - 20 March 1995*

"It is very difficult to be a Christian, I tell you, because this is an impossible situation. For that, we can say that it, this was for angels, must be, for the fallen angels that you take out your eye and cut your hand. And then Mohammed Sahib has said, he thought that why only the men are handled by Christ. So he says no no, not that you cut it, but let others cut your hand and take out your eyes. And for women it is so- that they should be buried in the Mother Earth half way and should be stoned."

*Shri Krishna Puja*  
*Cabella Ligure (Italy) - 20 August 1995*

"Same with Mohammed Sahib, he never wrote the book. If he had himself written the book it would have been very different but somebody else in the 5th calipher, who was a very cruel and a bad man, who wrote it. The same thing has happened with bible."

*Christmas puja*  
*Ganapatipule (India) - 25 December 1995*

“Specially Muhammed-sahib has talked about Abraham. He’s talked about Moses. He’s talked about Christ and His Mother much more than in the Bible respected Her. And he said there has been more than one lakhwalis, means realized souls before, but still Muslims are some sort of a unique people because they call themselves Muslims. Whether they drink, doesn’t matter, whether they womanise doesn’t matter, they kill people doesn’t matter. They’re running after few things, which are forbidden, to them, but still they are Muslims. ”

“There are lots of truths in Koran I find left over by this Muawiya and also in the Bible. Koran was never written by Muhammed-sahib. He never knew how to read and write. It’s a fact. For forty years it was not written. There was a fellow called Muawiya, something like that, who killed Hasrat Ali [???], his sons. He was the second caliphate. The first one died very early. Then he killed the third one also. Then he killed the fourth one, just to himself become the caliphate and the liver of this fourth caliphate was eaten by the mother of this horrible fellow, who hated women. So he puts it down in the Koran, all the things against women and people accept it because it’s in the Koran.”

***Public Program  
Bucharest (Romania) - 1 July 1996***

“Somebody asked Me, a newspaper lady once, “what is the proof that it is the Judgment time?” I said that “you can see from...” You must have seen the photographs, miraculous photographs. There were never cameras before. So, Mohammad Sahib said, “Don’t make My picture.” And Christ’s pictures are, sometimes He looks like a Catholic Roman or He looks sometimes like somebody from France or somebody from England, depending on the artist.”

***Shri Ganesha Puja  
Cabella Ligure (Italy) - 15 September 1996***

“Same in the Islam. Whatever was taught in the Islam is taken on the other side. It cannot be in any way where Mohammed Sahib was only insisting on morality. Any kind of immoral behavior He didn’t want to have. He did say, at that time, you can marry more women because there were more women, but He never said you become prostitutes, you lead a life of sin. That was just a Samayachar, that was only that time, that was the problem, He said, “All right.” For example, divorce was not allowed at that time, but in Sahaja Yoga we do allow divorce. But I have seen that without divorce they can’t live, I mean, just an impossible situation because also women sometimes are extremely cruel and men sometimes are extremely peevish.”

***Public Program  
Los Angeles (USA) - 24 September 1996***

“Even Mohammed Sahib has said, “Those who do not know themselves cannot know God.”

“Quran was written after forty years the death of Mohammed Sahib, forty years. How can you remember this Quran for forty years? He did not know how to read and write. And His friends also did not know. So His friends’ grandchildren was used by another horrible fellow called Moawaia and he wrote the Quran.”

***Shri Adi Shakti Puja  
Cabella Ligure (Italy) - 25 May 1997***

“Why did Mohammed Sahib ask people to worship a stone – he didn’t believe in stones, he was against all kinds of idol worship, then why did he say this black stone, which is there, has to be worshipped – for that people have to go there. What was the reason? Because he could feel the vibrations, he could feel that it’s a *Swayambu* – so he said it. So all the Moslems like mad are going there, by going there nobody has improved, I have not seen anybody improve by going to Mecca. It’s just a kind of a ritual they think if they go there when they will die tomorrow they will tell God see now we have a certificate, we have been to Mecca.”

“Mohammed Sahib never gave realization to anybody.”

***Public Program  
Istanbul (Turkey) - 26 April 1999***

“Also you develop another dimension in your awareness which is called as collective consciousness. So what you do, you can feel another person on your fingertips. You can feel yourself also on your fingertips. That is what Mohamed had said, that at the time of Resurrection [...] your hands will speak and give *shahadat* against you. They will tell you what is wrong with you, your fingers will tell you what is wrong with you, with your body, with you mind, everything you can know on your fingertips.”

***Shri Ganesha Puja  
Cabella Ligure (Italy) - 25 September 1999***

“That’s why Mohammad Saheb has said, don’t do any worship of any idol because these idols have been created by human beings who are not authorized to do that. They are not Swayambhus. They are not created by the mother earth but are copied by people who are just wanting to make money out of them.”

***Birthday Felicitations (English part)  
Delhi (India) - 22 March 2000***

“I said that Mecca is Meccashwara Shiva written down in our books.”

***Public Program***  
***Istanbul (Turkey) - 25 April 2001***

“In the Kuran you see how Muhammed Sahab has described that he went to seventh heaven on a white horse. He was a poet and the whole thing was so poetic. The white horse was this Kundalini. The more you know about Kundalini you will see how poetically he has described all these seven heavens.... So, unless and until you are a self-realized soul... as he has said ‘know thy self’ ... unless and until you know yourself you cannot understand any of these scriptures.”

***Navaratri Puja***  
***Delphi (Greece) - 21 October 2001***

“The first cruelty was to the women. Women were treated with such contempt, and absolutely no respect of any kind was given to them. This itself shows that there was no one to control them. It’s not written in Koran, it’s not described by Mohammed Saab. He says “God is merciful; He is peace-giving”. Whatever he did was absolutely divine, no doubt. But some of these people, the way they took to satanic forces, people started misunderstanding Islam. ‘Islam’ means ‘to surrender’. Those who are surrendered are you people. Surrendered means those who have given up all their lust, greed and all these enemies, and are above normal people. Another thing, it was very interesting to note that Mohammed Saab had said that “At the time of resurrection, your hands would speak”. That he clearly



said. Naturally, because it was written in a language which was all poetic, people can, if they want to, they can twist it. But Mohammed Saab never, never could have said.”

*Christmas Puja  
Ganapatipule (India) - 25 December 2001*

“There are two important things in the life of Mohammed Sahib. The first one is called as Meraj which is nothing but the awakening of the Kundalini, absolutely clearly. And the second one He has talked about is jihad. Jihad means killing your bad things, killing your bad nature, killing all the shad-ripu within you. It doesn't mean that you become a Muslim and kill yourself. It's the stupidest thing to do! Did you become Musalman just to kill yourself and commit suicide? Calling it as a ritual, they are saying that by this you'll go to jannat, into the heavens. How can you know? As Muslims, they are not religious, not at all. And then by killing these sinful people, how will you go to the heavens where you will have enjoyment of jannat? There's no reasoning! But all these mollahanas, first of all have finished their education. They do not educate themselves, at all. So they have no idea in this world where are they standing, what is their position. Some few are educated, but they are also lost with the idea of having power on these people. It's such a shameful thing to do in the name of God and in the name of Spirituality.”

*Easter Puja  
Istanbul (Turkey) - 21 April 2002*

“It is very unfortunate that She was not respected, especially in the Islamic world. Because of that, the women in the Islamic culture have no place. My experience is very sad about them. We have started an organization for the rehabilitation of women who are destitutes and all of them who have applied are Muslim ladies – very sad. While Muhammad-sahib has said that ‘you must look after your mother’, despite that, all these women – some of them have eight children, ten children – have come to this destitute home. Of course, we have to give them place. We have to look after them because we don’t believe in all these small type of ideas about religion. Most important is ‘human’ religion. This is the only solution – is to give them Self Realization, which is the Realization was called as meraj in the Koran. It’s called as meraj. But they have said that nobody can get meraj. Muhammad-sahib got it, but nobody else – like they have banned people from getting Self Realization, which is not true. All human beings can get Self Realization. Whether they are from Africa, England, America, India, anywhere. They all can get their meraj. One should understand that no human being is created in this world to fight, to fight each other. Even the animals don’t fight. Why should human beings fight – that, too, in the name of religion.”

*Guru Puja*  
*Cabella Ligure (Italy) - 21 July 2002*

“Mohammed himself was finished, then also his daughter and grandchildren were finished, his son in law finished and after finishing them they started another horrible thing called sunis, now the suna religion is not near the truth at all, it is some sort of an aggressive and very cruel nature and that started spreading everywhere. The real Islam religion of Mohammed was not that. Those people that killed him started becoming Islam. So, this is also a very wrong thing, a man who was so great and so much spirituality was not respected and someone who killed him is now accepted. It can happen anything but the worst which has happened is in the Islamisc world, which is very dangerous and you see that in the name of God how many bad things they are doing. So try to understand that it's not the fate of reality of Mohammed that it has happened not the fate of reality, but as an eye opener for all of us to see that the truth is always challenged by our truth, we must stand by the truth whatever may happen, a day will come when people will realise that this was wrong thing they were doing all these nonsical kind of things.”

# Shri Guru Nanak

*1469-1539 AD - Punjab, India*

***How realization should be allowed to develop  
UK - 15 October 1979***

“Moreover, they are surrounded by people who have not felt the vibrations. They do not know this area, they have never seen it. As Guru Nanak has called it, it is Allakha. They have not seen it, they don’t know about it, they don’t know there is a power of God that exists, which understands, coordinates, cooperates with you, which is working in the collective being, which makes aware, you aware of that collective being and of others also. This Allakha, or we can call it Aparoksha, which is not seen by any one, which no one knows about.”

***Guru Nanak’s Birthday Puja  
Hampstead Temple, London (UK) - 23 November 1980***

“Is a great thing we are worshipping today – Guru Nanaka, that’s Me.”

“We are thinking of a great prophet, who on this Earth came to establish good relationships between Hindus and Muslims... When Nanaka came in, He saw that Hindus and Muslims were fighting, so He started His theme with Kabira, saying that Ram and Rahim are both the same, and how can you differentiate between the two? All their theme was like this, of integration of these two main religions which existed in India.”

“Then, Nanaka once put his hand on a rock and water started coming out of that. People were amazed how it

started, and that's why it is called as Punja-sahib. 'Punja' means 'the hand'. 'Punja' means the 'five fingers', you see, like this."

"Nanaka was saying about Sahaja Yoga."

"Best was used by Nanaka: He said, "Let all the Sikhs do some seva." They have to, as a punishment they have to do some seva. So, what is a seva when there is a group? Somebody has to sit down. Even one guru, very big guru, had to clean the shoes of all the people who came for the program. He was given polish, brush and everything – very recently he was punished to clean the shoes of the people who came round. As Guru Nanaka he has prohibited, absolutely prohibited anything that intoxicates you, your awareness, because they knew that it will harm you very much. It does harm you. You lose the chances of your realization very much. It is true that it is injurious. One thing as alcoholism, I'm saying."

### ***Public Program***

***Caxton Hall, London (UK) - 24 November 1980***

"In many places Nanak Sahib has proved that He was Mohammed. Once, He was lying down, and His feet were towards Mecca. So people said, 'How can you put your feet towards Mecca?' He had Muslim disciples and also Hindu disciples. He said, 'All right, whichever way you say, I'll put my feet'. He turned round His feet, they said, 'Still you are towards Mecca'. He went round and round and round, still they saw Him facing Mecca, and they

could not understand how it was that He was facing – His feet were towards Mecca. That Mecca was at His Lotus Feet. Same with Mohammed.”

***Public Program  
Delhi (India) - 5 February 1981***

“Guru Nanaka came on this earth to tell people that you should not find on this basis of Hindu and Muslims. Because He realized as Mohammed Sahib that He had done a mistake to tell people that all human beings are just the same and one should not, force things in this manner. Actually the whole thing gets perverted as soon as the disciples take the place of the Gurus. Thus we had the middle path built in by the Gurus in the centre of our being as called as the void. Nanaka came and talked of nirakara. Like that they were trying to bring the people closer to reality by telling them: ‘Now forget this, now take to this, forget this, take to this.’ Somehow that by giving up things they might be able to reach the reality.”

***Public Program  
Delhi (India) - 6 February 1981***

“I must say Kabir das and Guru Nanaka and Adi Shankaracharya and all these people talked of kundalini.”

***Public Program***  
***Delhi (India) - 7 February 1981***

“As I told you yesterday that Mohammad Saab and Nanaka are both the same personalities of Dattatreya. The instance is given, in the life of Guru Nanaka, when he was sleeping people told him that your feet are towards Mecca, Kaaba towards Kaaba he said, alright I'll remove my feet and put wherever you say, then they put his feet towards the other side and again they found that his feet were facing towards Kaaba then he said tell me the place where there is no Kaaba I'll put my feet, but they couldn't arrange it at all, because wherever he placed his feet it was such a Maya that always they found that the feet were towards Kaaba. Now Kaaba is a place where you have a beautiful Shivlinga, which is called as Mekkaeshwar Shiva in our puranas, from ancient times it is mentioned that, there is a pinda which is absolutely Vibrating and which is there. ”

“Then came, you know Nanaka who preached that there should be no enmity between Hindus and Muslims, he preached that, because he saw the Muslims behaving in such a manner, they were such fanatics and they had become so funny that he could not understand how is it? These are the people whom I have made Muslims and what are they doing here?”



***Christ and Forgiveness, Public Program***  
***Caxton Hall (UK) - 11 May 1981***

“Guru Nanaka you can say, is the one who wrote a scripture.”

“Even Kabira has clearly written about the Ida, Pingala, Sushumna. Nanaka has written, all these people have written about it. In the Bible also it is described that, “I will appear before you like tongues of flames,” what are these ‘tongues of flames’ – are nothing but centers.”

***Public Program***  
***Brighton (UK) - 11 July 1981***

“Nanak Saab himself has said that unless and until you know yourself, you will not get rid of your delusion and illusions about life.”

***Public Program***  
***Paris (France) - 11 September 1981***

“Don’t run after falsehood. Ask for the Reality, and the Reality is that the Spirit resides within your heart. You don’t have to travel for that. Guru Nanaka has said, “O, mad man, where are you traveling? It is in your heart. You just wait. It will work out. Balance yourself. Lead a balanced life. Don’t go to extremes.”

*Talk to yogis*  
*Delhi (India) - 22 February 1982*

“Guru Nanak was not a human being. He was not only a Paigambar but he was the reincarnation of Adi Guru, the Primordial Master, He was a divine personality.”

“He also has said that it is the Primordial Mother who has created the Universe.”

*Guru Nanak's Birthday*  
*Nirmala Palace, London (UK) - 1 November 1982*

“Today is the famous, great, full moon, called as Sharada Indu. Sharada Indu – that’s the name of the Goddess also, Sharada Indu. The moon on the autumn season. This is the biggest moon, and – of course not in England – but in India that day the moon is giving the greatest light, see? And it’s such a great thing that Guru Nanaka was born on such a date. As you know in India, people celebrate birthdays according to the dates of the moon, called as stithi, not as the dates we have here according to the sun. They follow... And this great personality was born in Punjab where people were unaware of God’s ways. He was always bothered about the Dharma in all his lives, because as you know He was the Primal Master, and the Primal Master is always placed in looking after our Void, in sustaining us, and giving us a model of an ideal master. And He always took birth either in the most difficult places like hills and dales and mountains, or they took places which are even more difficult things, among people who were horrid, and who needed their help.

“And as that time there was a King who was very anxious to convert people to Islamic religion by giving them money. Many were taking to Islam. As a result the Hindus started hating the Muslims and a big hatred developed among Muslims and Hindus. That’s how in those circumstances where there was a quarrel going on between the followers of Mohammad and followers of Hinduism, Mohammad Himself took His birth on this earth, though He had decided not to take any more births, He thought that it will solve the problem. Though this incarnation is such that it never dies, even if they leave the body, they are always around. And they are the ones who perform lots of miracles when any other incarnation comes on this earth. They help support, guide and... seekers to go to the incarnations. So, to celebrate his birthday, on such a date is also a myth because he never died. He is eternally living. They never grow and they never die. But His birth is important, because symbolically He came on this earth not to propagate any particular type of the void as Mohammad did, or say Moses did, David, Moses and then before that Abraham, Lao Tse, or Socrates, which followed into a religion. But He came to create amenity [sic], amity we can say, to create understanding, to create unity between religions. This was a very big step for Sahaja Yoga. After that as you know, He was born again, God knows where, no one knows where He was born, but He appeared as Shirdi Sai Nath. He too said the same thing, that to talk ill of any religion is a sin.”

“Nanaka was born twelve o’clock in the night.”

“You have to become the full moon, like Guru Nanak. How much did Guru Nanak earn? You should find out. How did he live his life? There is nothing to bother about money, because more money is not needed.”

“So today is such a great day of Guru Nanaka’s birthday, and we have to see his own life, how he spent his own life, how he lived and in what conditions he managed. So the first thing is to look after disciplining yourself, feeling responsible for Sahaj Yoga.”

“Nanaka, you know definitely. People were sitting there and they asked him for the water and he put his hand on a rock and the water started pouring down. That’s why it is called “Panjab,” – “Panja,” five – and the five rivers exist there too. It is said about all of them that they had powers over elements.”

“And even the Gurus, like Guru Nanak and all these people, have been married and have been leading a normal married life.”

*Sickness and its cure*  
*Jangpura, Delhi (India) - 9 February 1983*

“But much worse when you say about Me or think about Me. If there is even a thought coming, see that it goes. Because Guru Nanaka is a person within you, but he did not give you realization. He and Me are one, there is no difference at all. But what He feels when He has become Me and given you realization. You do not want to recognize Me, then alright- He is the one who will be angry, not Me”

*Seekers of Joy*  
*Rome (Italy) - 10 September 1983*

“Like another great personality in India, Guru Nanaka. He says that, “Unless and until you know yourself, unless and until there is self-knowledge – your confusion cannot disappear”. But those who follow Guru Nanak, go on reading the book that He has described of the poems of realized souls, to read. They go on saying that, “Unless and until you know yourself, you cannot get out of the confusion,” they go on remembering it by heart, saying for hours together, like this. But this is not the way, because if somebody gives you a prescription saying that, “You should take this medicine”, and if you just go on remembering, “I should take this medicine. I should take this medicine,” how will you treat yourself? So by reading too much you condition yourself and form an ism. And you get identified with that knowledge. And once you are identified with that knowledge, so-called, you do not get to the point what is described.”

*Public Program*  
*Hampstead Town Hall, London (UK) - 1 November 1983*

“And Nanaka himself always talked about Satguru, you see, because he found out that people used to talk about guru like Swami Ramdass and all those talk of guru. But then he thought that it's better to call Satguru and guru as two things. Satguru is the one who has got realization, and the one who calls himself as guru without realization talks big, ‘I, you, I'll give you this and I'll give you that’,

and just makes a big organization out of that, is not a guru. So that is what it is, a person has to be a realized soul, and he must know all the details about how to do it."

***Public Talk (in Marathi). Dr Antonio De Silva High School  
Dadar, Bombay (India) - 26 November 1984***

"Namdeva has written one poetry and same has been added in Guru Grantha Sahib (Holy Scripture of Sikh Religion) by Guru Nanaka. It is very beautiful. I would like to certainly describe it to you. It is written in that poetry; "The Kite (Zmeu) is flying above in sky and one child is holding its string. He is laughing, talking and moving to and fro but his attention is on Zmeu". In another paragraph it says; "Many women are going on street with pitchers on their head filled with the water from river and they are talking and joking, talking about their home etc. but their whole attention is on the pitcher (Cana) that the water should not get spilled". Same way there is one more description about the mother; "One mother has child on her lap and she is doing all the work of house and kitchen, she does all the job in the house...sometimes bends down sometimes runs here and there....but her attention is on the child that he should not fall down" Same way is with the saints and yogis. They know to do all kind of work. They do all kind of work but their attention is always on their spirit. These all saints were like you people, living with their family, wife and children. After having all that they have one specialty and you all should understand that specialty by coming in that Tattwa. What is that specialty? It is Sahaja Yoga!"

***Public Program***  
***San Diego (USA) - 29 May 1985***

“When Mohamed Saheb came, they were not smoking, they did not know what smoking was. So he said: “All right, don’t drink”, but He didn’t say: “Don’t smoke”, because they were not smoking. But when they started smoking He had to come back again as Nanaka, to say that: “Don’t smoke”. So now the people who take drugs say that: “Nanaka never said ‘Don’t take drugs’”. This is the trouble with the human mind: they want to find out loopholes by which they can justify their adherence to these prophets, as well as their existence as people who are doing wrong to themselves.”

***Public Program***  
***Memorial Hall, Sheffield (UK) - 20 September 1985***

“Nanaka has said ... you can only get Samadhi through Sahaja.”

***Public Program on William Blake's Birthday  
London (UK) - 28 November 1985***

"His birthday was in this month, Guru Nanaka's birthday in this month, Mohammed Sahib's birthday on this month, all these great people were born on this month. Now, this month also we celebrated the Diwali. Such a great month is this one and in this month those who are born have to be great people."

***Public Program  
Mumbai (India) - 20 January 1986***

"All the great masters like Guru Nanaka and many others have said, "The one who makes you meet the Divine is the real guru." So let us cut out all of them because I don't want to discuss them."

***Public Program at Balboa Park  
San Diego (USA) - 22 July 1988***

"After that came Guru Nanaka also, you know that. What has happened to Sikhs, where they have gone? "Sikh" means the person who has learnt, learnt the Divine laws. If I say you have to follow the Divine laws, how? You are not connected, you don't know what are the Divine laws are. Just follow: "We want to follow Divine laws."



***Shri Pallas Athena Puja***  
***Greece - 24 May 1989***

“Then came Nanaka; He was not killed but nobody bothered about Him, and the people who really follow Him are just in the opposite direction. Supposing He was saying, “Come this way”; so they are going in that way.”

***Public Program***  
***Hilton hotel, Sydney (Australia) - 17 March 1990***

“When you go to any guru, first of all see the disciples, how they are, how they behave, what powers they have got. Then you accept. That’s the sign of a satguru. Nanaka has said clearly. Guru Nanak was such an enlightened soul and he said that “The one who meets you meet God is the satguru.” Everybody is not a guru.”

***Public Program***  
***Miami (USA) - 3 June 1990***

“See, it was asked to Guru Nanaka and he said, “Sahib mili hain so hi sat guru.” Meaning: the one who makes you meet the Divine is the only one who is the SatGuru. Who is the Guru. Otherwise all the rest are useless. Then he has categorized them as agurus, kugurus, he has categorized them, but the one who is a SatGuru, the one who is the real Guru is the one who makes you meet God. Makes you meet this Divine power.”

*Navaratri Puja**Arzier, Geneva (Switzerland) - 23 September 1990*

“As Guru Nanaka has said, that a little boy is playing with his kite, the kite is going all over and he’s talking to his friends, joking, this thing, but see the attention is on the kite. There’s a lady who is cleaning her house with a little child on her waist, and she’s cleaning the house and brooming it. She’s doing everything, but her attention is on her child. Then there are ladies in India, as you know, they have three, four pitchers filled water and they walk with both the hands like this. They know how to balance it. They’re talking to each other, laughing, making fun, pulling legs; but the attention is on the pitchers. My attention is always on your kundalini. You cannot play tricks in Sahaja Yoga, take it from Me. Anybody who tries to play any trick will be very badly punished. So please be very, very careful not to be dishonest, and not to play tricks in Sahaja Yoga.”

*Public Program**Madras (India) - 6 December 1991*

“We have Nanaka. He talked of khalis, Nanaka talked of khalis. Khalis means pure, nirmal. Sahaja yogis are nirmal. If somebody misuses anything, it is shown clearly; and a saint cannot be like this. Khalis people cannot be like this, cannot have violence.”

***Mahashivaratri Puja***

***Glenrock Lagoon, Newcastle (Australia) - 29 February 1992***

“Granth Sahib was written by Guru Nanaka. At that time they were not there and all ten gurus were not of the same level. These gurus became later on, till the time of Guru Nanaka they were not there. He edited it. So that means Granth Sahib was not written by Nanak Sahib, might have been edited by him.”

***Talk to Sahaja yogis***

***Malaysia - 15 March 1992***

“sadarjis – means following the path of Guru Nanaka.”

***Public Program***

***Bucharest (Romania) - 21 July 1992***

“When Namadeva went to Punjab, Guru Nanak sahib respected him. Not only that, but he told him that you write now in Punjabi language also. I have seen such a big book written by Namadeva. Can you imagine? He included all the great saint of Maharashtra in his Grant Sahib because he knew that these are realised souls — they’re higher souls — but the Sikhs are only reading it and nothing goes into their heads. What can we do?”

***Shri Krishna Puja***  
***Cabella Ligure (Italy) - 20 August 1995***

“And then we have people; like Nanaka, who has written, not himself so much as he has compiled all the great literature of the realized souls.”

***Anniversary of Guru Nanak Birthday***  
***Noida House (India) - 23 November 1999***

“So today I thought of the pains of Guru Nanaka. How much he tolerated! His wife was not cooperative at all. What people have made of his achievements? These people are misusing Lord Christ, Mohammad Sahib and, above all, Guru Nanaka because he was the last incarnation. Shirdi Sainath incarnated after him.”

“Guru Nanaka always talked of Sahaja Yoga. Everything else, he said, is just showing off. About religion he said that observing fasts, going on pilgrimage, etc., are just meant to show off. Now you have to discover the power that is within you and establish it. Guru Nanaka kept on repeating the same thing again and again. He never talked of rituals: But when Guru Teg- Bahadur came, war with Mohammadan Rulers was being fought. So he prescribed Kada (iron bangle), sword (kripan) to keep them in the state of preparedness. But Guru Nanaka always talked of the spirit. He explained it very clearly, but no one heeded what he wrote. They will just put a finger on the couplet and read it out. Could we understand him this way? If we go through his writings properly and

absorb it, then the whole Shabad-Jalam, in which most of the people are caught, will come to an end. See the condition of Sikhs!"

"Guru Nanaka gave realization to only two of his disciples. One Guru giving realization to only two of his disciples! What could be the effect on the society? So people started worshipping him at external level. Guru Nanaka said that I am prophet of Mohammedans and Guru of Hindus. Until one is realized one cannot understand this."

"No one knows what he actually said. People have made Chandigarh, Guru Nanaka talked of Chandi. He talked of my incarnation on the earth. He explained everything. But no one cares for it."

"Guru Nanaka said know thyself."

***Public Program  
Delhi (India) - 17 April 2000***

"Guru Nanaka has said "sahaja samadhi lago" [you go into Samadhi spontaneously]. He has said clearly, you get it sahaj, spontaneous, but people should understand that all these rituals and all these adambars [showing off] of no value which they themselves had denounced."

Shri  
Sai Nath

*1838-1918 AD - Shirdi, India*

***Public Program***  
***Caxton Hall, London (UK) - 30 May 1979***

“Shirdi Sai Nath in Shirdi that force came in for a short time, and then He disappeared. Nobody knows how He came there, He lived there and He died.”

***Public Program***  
***Delhi (India) - 7 February 1981***

“The last of them came as Shirdi Sai Nath, he was the one who had said very clearly, in Marathi he had said it, that to speak ill of any other religion is sin, is sin, nothing can be more powerful than that. There are many people who worship Sai Nath, many people, but they drink, he was against drinking.”

***Shri Rama's birthday, Rama Navami***  
***Chelsham Road, London (UK) - 2 April 1982***

“There's a story of Sai Nath where a snake charmer was pgiven a lot of money just to kill Shri Sai Nath. Because in the night Sai Nath used to suddenly go up to his own swing he had made about twenty feet above the ground. God knows, nobody knew how he used to get up there, but they would find him sleeping there. So the snake was taken by this snake charmer and he put the snake on to Sai Nath. And Sai Nath talked to him and He said, “Oh God, you've come here to meet me after such a long time. What is your job?” Snake said, “This horrible snake charmer has asked me to bite you so I've come to tell you

to be careful about these people.” The snake charmer was looking with amazement that he was talking to him! Sai Nath said, “Alright, you go now.” These are age-old snakes you see. So the snake went and bit the snake charmer. But then He came down and He sucked his poison and threw it away. “Because, after all,” He said, “the snake is angry with you because you tried such a trick.” So He sucked it. That’s compassion. And He sucked his venom out and the fellow was completely changed and he said, “Now I’m going to announce it to all the people that these Brahmins wanted to kill Shri Sai Nath.” And why? Why were they so frightened of this man? He used to live outside the village. They were frightened of Him because they were doing all wrong things in the name of God so they were all frightened that they’d be exposed.”

*Shri Durga Puja*  
*Vienna (Austria) - 26 September 1982*

“You take a simple person, a very simple person like, say, Sai Nath, who was, to look at, very simple, but what tremendous ocean of knowledge he had. Who was not educated or anything. Nobody knows where He was born, what happened, from where He came and where He lived, and how He came up to that age. No one knows about His background.”

*Public Program*  
*Pune (India) - 26 December 1982*

“Sai Nath, who was recently here, who has suffered so much on account that they called him a Muslim. So, for a



Muslim also there is no caste or formal religion left. You'll be amazed."

***Public Program on the Vishuddhi Chakra  
Delhi (India) - 2 February 1983***

"Sai Nath who was the last incarnation of the Guru Principle. He was a Muslim. But all His disciples are Hindus. They are not Muslims. Muslims don't accept him even as God. Not only that, but there is one place called Hazimallang, where a Saint died who was a Muslim. But he told that 'only the Brahmins, means the realised souls, must worship me.' And so they had to appoint some Brahmin – which they did not understand – the word 'Brahmins.' They are Hindus who are worshipping a Muslim peer. So the idea, that once you become the peer, once you become a realised soul, then he has no religion. He is beyond religion, He 'becomes' the religion. Then there is no binding for him, because a drop has gone to the ocean. Now he has become the ocean. So for the ocean, there is no limitation. And because he has crossed his limitations, he is 'above' all these things. And that is what we believe in. That if he is a peer. If he is a realised soul, then he is a realised soul."

***Public Program  
Sydney (Australia) - 15 March 1990***

"In India there were many great saints. Adi-Nath, from that nathpanthis they were called as. Their job was just to give awakening to people."

*Navaratri Puja*  
*Arzier, Geneva (Switzerland) - 23 September 1990*

“Saints like Sai Nath smoked all the tobacco of Maharashtra, but still they are smoking. Like Shiva drank the whole of the poison, because He’s the giver of life.”

*About Creation, Problems Of Americans*  
*Los Angeles (USA) - 28 May 1985*

“Sai Nath, you see, was a, you know about Sai Nath in Shirdhi, but he took a photograph of Sai Baba, one photographer, and his all folds were there, and on the fold My face came, completely, with My round thing, and face, eyes, everything; complete face came on it.”

*Guru Puja*  
*Cabella Ligure (Italy) - 4 July 1993*

“Sai Nath had no disciple.”

*Shri Shiva puja*  
*Delhi (India) - 14 February 1999*

“Similarly you might have heard that Sai Nath smoked tobacco, because in Maharashtra most of the people are addicted to take tobacco, so Sai Nath thought that why

not consume the whole tobacco of Maharashtra? But people have taken it the other way. They say Sai Nath used to smoke Chillum so why not we? Shri Sai Nath wanted them to get rid of this bad habit and that's why he wanted to finish up the whole tobacco."

*Anniversary of Guru Nanak Birthday  
Noida House (India) - 23 November 1999*

"Sai Nath was against all the rituals and conditioning because these are misleading. After awakening, things change of course. Realized people become knowledgeable. Without realization it is not possible. So Sai Nath did not organize. We have not organized too. We have no organization. People automatically get organized after awakening, the way different organs of the body are organized. So without any organization everything is going on immaculately in Sahaja Yoga."



"Now I have given at least eleven lectures on Guru tattwa, all right? So you can take tapes from them, you can read it and you will enjoy it very well. Here the Guru tattwa is expressed in the Void, there, where the ten Gurus actually incarnated basically and they reincarnated. Say we can start from Adi Nath, then we can come to other ones like Nanaka, Janaka. Janaka was much earlier, then we can say Abraham, Moses. All these were Guru tattwa, Socrates, all these were Guru tattwa people, the people who came as Prophets; the ones who came on this earth to teach us balance, to teach us **The Code of Life**. That was also important part, but that was forgot. Why? Why the code, why the religion? Religion is for the ascent, to build you up."

*Her Holiness Shri Mataji Nirmala Devi*

