The Divine Cool Breeze

December 1994



Volume 8, No. 11

International Newsletter

|| Aum Shri Nirmala Devi, Namoh Namah ||



"If you do not respect your innocence, you can never be a loving person and without love, you can not know truth."

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For information about subscriptions, to send contributions, or to contact the editors:

The Divine Cool Breeze
6276 Lakewood Street
San Diego CA 92122
U.S.A.
Telephone (01-619) 546-9379
Fax (01-619) 458-0757
E-Mail DivineCool@aol.com

Shri Yogeshwara Puja Talk Synopsis

New Jersey, USA, October 2, 1994

Today we are going to worship Shri Krishna as Yogeshwara." Vishnu's first incarnation as a human being was Vamana Avatar and then He came as Shri Rama, the benevolent king. In His second incarnation He came as Shri Krishna and had to neutralize all the austerities He had put on people as Shri Rama. In His childhood faced and surpassed many problems. He went to Dwarika, which He built and became the king of Dwarika. (Now they have found out there is Dwarika.)

To understand Shri Krishna in Sahaja Yoga is much subtler than the stories that they tell you. First, He was *Leeladhara*, the one who said this is all a play. That means your mind has to become a witness of the drama and not get lost into the *maya*. At Virata stage He becomes Akbar and at that stage He is the mind, the brain, of the great primordial being. If you are a witness, you can see how the *maya* works.

"The second great quality that He had is also to put the *maya* on people. So if He is the brain, our brain should become a *sakshi*, should become a witness, witness the play. It should not take anything as something extremely serious. When you look at things as *sakshi swarupa*, as something that you are watching a drama, you may for the time being feel that you are Napoleon or you are the one who is acting. But after some time the play is over, you know it's a play."

"So to reach that state you have to become thoughtlessly aware. Because we think from our brain, and this brain goes on thinking, thinking, creating a maya and playing into maya.... When you are a realized soul you should see through the maya. Everything that I am doing or you are doing should be understood very well if you are really the reflection of Shri Krishna's brain. So in your brain there should be no worry. There should

be no stress. There should be no problem because you are just watching everything in thoughtless awareness. So when you are in thoughtless awareness, means when your brain is just in the state of witness, you understand everything that is Divine."

"Unless and until you are thoughtlessly aware, you cannot grow... and you do not know the absolute truth. Through your brain only you will know. You don't have to put your hands. You don't have to ask questions, but it's like a computer that works, it just gives you an answer. In that state, you are completely one with the Divine... and you are amazed how it has worked out. Everything, every moment is computerized with Shri Krishna."

"But at the same time He tests you, He plays His leela on you... because He's a diplomat." His style of leela is very interesting. For example, He assumes the role of Arjuna's charioteer and playing a trick on Arjuna. Arjuna said he could not fight his own relations. So Shri Krishna said that "they are already dead, whom are you killing? ... But if you now run away from the battlefield, people will call you a coward, and what will you get? But if you fight for the religion, then you will get your resurrection, moksha."

Muslims, Christians, and Hindus all feel they are fighting for *dharma*. "In Arjuna's case it was a clear-cut case that somebody was a *rakshasa* and horrible people, they were *adharmis*, so he was fighting them, it was all right. But what about other people when they say that 'We are going to die for religion'?" In Bosnia why are Muslims fighting for land when they believe in the formless God? The mistake is that they are not *dharmic*. "They may call themselves Hindu, Muslim, Christians.... They don't follow the religion. And secondly, they are killing each other only. One *adharmi* killing another

adharmi.... So the first condition is put that for dharma you have to fight. So first one should find out, 'Are we fighting for dharma?'"

"But He was even subtler. He didn't take any weapons in His hands. He was just holding the reins of the chariot because Shri Krishna is the mind in the Virat, the Great Mind. He doesn't need any weapons or such. But what He did at that time, He used His mind for a very, very profound knowledge, to explain [to] Arjuna, imagine, in the war field." He didn't make him sit down, 'Alright, you are My shishya, you sit here, I am your Guru, I'll tell you.' ... When everybody was there to fight and they were about to start the war, He starts telling very patiently to Arjuna, at that time. Now what is He doing there? He's not using any weapons." He is counseling Arjuna, telling him. "Now see His subtle brain. He introduces in the first chapter only, that you have to go higher than what you are. And then He gives him the definition of an enlightened person, a sthita pragnya.... Unless and until you become sthita pragnya, you cannot have dharma. This is the point."

"To understand Shri Krishna you have to really have a very subtle brain; otherwise you cannot understand. So He tells that you should give up this kind of a moroseness that is developed in you... and now take up the weapon in your hand and fight."

So then he asked Him about other things... 'You are here telling me that you should become *nishkriya*—that means *no work*. Your *karmas* become *akarmas*. You're talking like this, and why do You want me to kill these people? That is a *karma*....' Again see, He is a brainy fellow, you know, the brains of God. Extremely tricky. The second trick He plays on him, saying that, 'You are working, but if you are a *sthita pragnya*, then you leave all the work at the lotus feet of God,' or Him. *Sarva dharmanam paritaja mamekum sharanamvajam*.' Give up all *dharmas* and follow Me."

"Now what is His dharma? The problem is that people don't understand Him." To do your

karmas, but put them at the lotus feet of the Lord is not possible unless and until you are enlightened, sthita pragnya and have your realization. "Then, when you raise your Kundalini or anybody's Kundalini, you don't say, 'Mother, I am giving realization...' What you say is, 'It is happening.' In third person you talk.... The 'I' is lost. When that I is lost, then only you will put everything at the lotus feet of God.... So first of all you should be a sthita pragnya, means an enlightened person and whatever you do automatically goes at the lotus feet of God. Automatically. Spontaneously Sahaj."

The third subject Shri Krishna spoke about was bhakti. People asked what was the reward for doing bhakti to God. "There again He plays tricks. On one word He has made everybody dance.... He says, 'You do bhakti but it should be ananya.' Ananya means "when there is not the other, when you have become one with Me—means you are a sthita pragnya, means you are a realized soul. Just imagine, on this word if people pay attention, they will give up all this nonsense of bhakti, and will first get their connection when they become ananya, and then do the bhakti. Because Shri Krishna knew human beings very well. I think He knew them better than Christ, definitely because Christ was straightforward. He said take out your right eye, throw it away.... Same with Mohammed Saheb. Who will do that? So Shri Krishna was very clever. He said, straightforward they will not understand. So give them in such a way that they will go on doing and doing."

Many people say they are doing so much bhakti—like the Hare Ramas, who are now developing throat cancers. They don't understand why because they are saying the name of Shri Krishna. It is because they are not connected. If you want to meet President Clinton you must follow certain protocols and may not even meet him. And if you go around saying 'Clinton, Clinton, Clinton,' you'll be arrested, you have no connection." Even moreso if you want to meet the God of Gods who is the President of all the Presidents. So the *Virata*

Shakti which is described in the Koran as Akbar also plays tricks. "As a Mother, I have to warn you that nothing will work out unless and until you are a realized soul. Nothing will work out."

"Now for realization He has said you have to become. But He didn't say at that time how you will become, what will work it out. Because you see, sort of, if you go to college, all the knowledge is not given in first year. Something is given, then something in second year, then in third year. Now in the seventh year, now Sahaja Yoga has come to tell you everything. Totally. He is totality, but He doesn't give total knowledge. The whole knowledge of Gita is nothing but a trick that He has played with human beings who are stupid, and would never have understood Him if He had told them about Sahaja Yoga. Even today I meet many like that, of course. But so many He could not have got at that time so they didn't talk about Kundalini.... Same with other people. The kind of disciples they had... they could not tell them everything about their ascent because they were not ready, they were not of that level, their brains were not that developed."

"Now in this Kali Yuga when I am starting this work, I find the brains are overdeveloped... and so much so that overdeveloped brains become stupid, naturally. Overuse of anything makes you stupid." How can you tell such subtle knowledge to stupid people? "If I had talked like Shri Krishna it would have just been a waste of My energy and your energy. Half of you would have gone off to sleep. So I said first of all, let Me connect them to Divinity. Then they will understand because that will enlighten their brain a little bit, and they will know that there is something more than what we know. And that's how it is going to work out."

"So the subtle system of trickery of Shri Krishna has helped a lot, no doubt—that people are realizing that there's something missing in it." Even in Islam which means surrender, but surrender to whom? To mullahs

who even beat women if they don't close their shops and meditate five times a day? Naturally, Muslims become hypocritical because they are just doing things out of fear. "Whatever Mohammed Saheb has said, or Christ has said, it is only for angels, not for normal people. And where are the angels?" There are very few angels, born realized people who have come on this earth. If they are told not to do something, they will not do it. Most of them know what is right and wrong. But those who are angels are treated like lunatics. Nobody believes them.

"But Shri Krishna thought that these other people who are there were not angels. Why not trick them? Many people come and tell Me, 'We take the name of Krishna every day like this and we haven't received anything.' But the first thing Shri Krishna said, in the second chapter of the Gita, was that you have to be sthita pragya. Sthita means established, pragya means enlightened. "After that He says all these things, and that's why many people have misunderstood Gita."

"But His idea was in one life they'll understand, second life they'll misunderstand, third life they will start thinking, 'After all, what is this? First He has said you become a sthita pragnya. We have not become the sthita pragnya. So what's wrong with us?' So some introspection will start. That was His idea—idea I should say. But I've seen people who can give lectures on Gita hours together but their brains are closed completely."

Shri Krishna didn't say anything about Kundalini, so Jnaneshwara who lived in the 12th century took permission from His brother who was His Guru talk about it. That's how it was exposed a little bit. Before that there was Adi Shankaracharya in the sixth century, and before that Markandeya. They praised the Kundalini, explained that it passes through six centres, how it rises, but not about how this will happen one day in the future.

" Jnaneshwara has written a complete description of Sahaja Yogis in the poetry called

Pasaidan in which He has exactly said what will happen, how many people will get realization, and He said that you the people, who are the forests of the boon giving trees, you rise and give it to others. Then He says that you are the oceans who are giving ambrosia talks. He has described you in such a beautiful manner that you should read the translation of Pasaidan and then you will know what you are, how you have been praised by Him. And He said that you will lose other relationships and the only relationship will be these; they will be your real relations. To say all these things, to have such a vision, He must be a great incarnation Himself. So this is how, in *Jnaneshwari*, which is a commentary on Gita, He has put in the sixth chapter... how you can get your realization, about Kundalini, how it will work out. So gradually it was all unfolded and gradually people also developed their spiritual strength to understand."

"Supposing I had started Sahaja Yoga even hundred years back, I would not have even one single disciple, one single Sahaja Yogi. The reason was people were alright, they were on value system alright. Their life was very much satisfying, they were very peaceful, they were just interested in some horses, or something like that. But now you find people are so much disturbed, so much in trouble, so much in chaos in this Kali Yuga. It is the height of Kali Yuga now—so much of immorality, so much of dissatisfaction in life, that they have to now think where to go. Like a shock the future is waiting for them."

"This illusion of life starts staring at them, and then they start thinking, 'What am I doing? ... Why is it so? Why is everything in chaos?' Then the seeking starts, and with that seeking now you know what has happened—that you all have got your realization. Without the seeking it would not have been possible for Me to talk to you at all about Sahaja Yoga. It is because you are seekers I can talk to you, and it has worked out. I am very happy that it has worked out in America."

Another great quality of Shri Krishna is that He is Gojara which means His element is firmament, akash. "He penetrates into everything. He penetrates into the anu, renu, paramanu—three things, atoms. Into little atoms it goes and it shakes them. Now if you ask any scientist he'll tell you that there is isometric, symmetric vibrations, even in the atoms. Now how can this energy be existing there? Because He can penetrate into anything. And because of this, He's so penetrating that He encompasses everything. Into matter, into animals, into human beings, into realized souls, He penetrates. In the matter it is just vibrations." In the animals it is a tremendous guiding force.

"So it guides the animals and the animals keep their character. They are not like human beings. For example, a snake is a snake, and a tiger is a tiger. But human beings can be snake, tiger, leopard.... They could be anythingcombinations of so many things—because they have passed through these yonis, as they call them, species." All these permutations and combinations of the past are existing, and if somebody can take you to your subconscious, people start barking like a dog or behaving like a tiger. "But there are so many combinations they have in them, that it is very difficult to make them little straightforward. They are so much entangled. First to remove all the entanglement, and then to raise Kundalini."

"The best part of the organization is that consciousness is vertically placed." The supraconscious is on the right hand side, the subconscious is on the left hand side, and in the centre is the Sushumna, Mahalakshmi's path, "the path which leads you to the state of Virata, to the state of your brain. So now the combination of three things work out. The brain is the Virata, heart is Shiva and the liver is Brahmadeva. All these three powers are there."

"But at the time when you are realized then your brain surrenders to Shiva, to the principle of Shiva that is the spirit. Brain is surrendered, not by force or anything, but to absorb the power of the spirit, the brain gets surrendered completely to the spirit so that the spirit enlightens the brain. It is the enlightenment of the brain that gives you all this subtle understanding. It is to make your brain understand there are so many blissful happenings. People are blessed once, twice, thrice, then they are surprised, the brain starts thinking, 'How did I get this blessing? How did it happen to me? How could I get my transformation?' So slowly, slowly, they start trusting their heart means they start trusting their spirit, they start trusting their devotion, and this is how the bhakti is absolutely done without any desire, without any asking, without any obligation, just in oneness. Because the brain joins hands with the heart, we can say."

"Now also the Brahmadeva becomes surrendered." As a result your liver is surrendered to your brain and whatever you do is all enlightened work—whether you are a singer or a government servant. "As it is the brain which is enlightened, which is connected with this All-Pervading Power, whatever you are doing, whatever your ideas are, being absolutely enlightened means that you achieve them. Enlightened brain, whatever it thinks, it is thinking as well as achieving, both together. It's a thing to be understood, that an enlightened person has the power to achieve anything, but at the same time, his desires would be Divine."

"Like the other day, we had very few people... so all the Sahaja Yogis were extremely unhappy, as if somebody has died in their family, even worse than that. Why? Because this was their own work which they could not understand why this enlightened mind of theirs could not produce the result.... This shows what identification there is for the spiritual work, or Divine work and their own lives. To them this is the most important thing. I mean, everybody's not like that, of course. For some people something else is more important. They may use Sahaja Yoga for their own well being or anything. But those who just think of Sahaja Yoga, that's again the brain which is enlightened, they achieve it. But it should not have any selfish motive behind it. It should not have any hatred behind it, or anything, or for some sort of a publicity or something. But if it is just thinking about the Sahaja Yoga work, it will be achieved. One should never feel frustrated."

"God is with you, He is your shepherd, and this is what happens when you become a surrendered lamb under the guide of this shepherd. Then as a result of this brain becoming enlightened you start having faith in yourself. Nirvikalpa... the brain becomes doubtless. It is the brain that thinks, is the brain that doubts, is the brain that creates all conditioning, is the brain that creates ego. One instrument doing all this nonsense. Hatred it will create, it will justify nonsense, it will criticize others, it will hate others, it will make fun of others. That is not the quality of Shri Krishna because He is the collective. That's why He never said you are a sinner, or anything like that. He didn't criticize anyone. After all, I have to criticize, He did not. Now if there was Kamsa, alright, kill him, finished, Jarasandha, kill him. Any rakshasa, Narakasura, kill him. Finished, no argument, nothing, I have no time for this now, so finish him. Straightforward. What is the use of criticizing anyone? Just kill them. That was His straightforward thing. But by killing them, they again come back in this Kali Yuga."

"So the best thing is to detach people from these rakshasas.... One way could be that I put it in your brains that this is a rakshas, but they won't believe it. So what happens, when you go to them you get all the kinks in your head. You start getting pins and needles on your fingertips. This is all the activity of brain, that it acts on your nerves. And you can feel it.... In My presence, the brain acts. Because as I told you, he penetrates into anything.... You have seen people who are possessed... come to Me, they shake.... Who acts on these people who are possessed, who makes all these gestures, is the brain. In the brain they have got these problems, and Shri Krishna makes them shake. It's the tremors that they feel, the pins and needles that they feel, the heat that they feel. All this is central nervous system, run by brain."

"After enlightenment, the brain is absolutely at peace with itself. It doesn't react as it used to react. Like I've seen people here so speedy, so nervous, so upset... jittery, irritable. I was reading the life of Mao. I was surprised, his personal physician has said he was absolutely like a tyrant, and he used to keep up the faces very well.... This Mao, who obviously looked to be a very great reformer... was a hypocrite. How will you know somebody is a hypocrite or not with your brain? Only if you are enlightened."

"So if Shri Krishna penetrates into your brain then you become an enlightened person, sthita pragnya, and you become knowledgeable. You know everything, whatever is necessary... for you to know. Otherwise people waste their energies... but a sthita pragya does not. He's concentrated onto his own knowledge, onto the Divine understanding. He works really like a computer, and such an efficient computer.... Only the people who are enlightened, their nervous system is so charged that they can feel what is wrong, what is right, they can feel the divinity, they can make out who are incarnations and who were not. You don't know what has happened to your nervous system; a new dimension has come which is manifesting. And this is also the blessings of Shri Krishna because He is collectiveness within us. In the form of collectivity He works. Unless and until this America I put right, Shri Krishna is not going to leave My throat, I tell you."

"As America is the place of Shri Krishna's auspiciousness, so one has to understand what Shri Krishna's auspiciousness is. They said He had 16,000 wives. These were His powers... and to work out His incarnation He wanted them, so they came on this earth as princesses... and He married them... because, you see, with a man, whatever may be his age, if he has 16,000 women around him, people will never

understand that He is Yogeshwara. Men have this problem. Not the women so much because women become mothers.... Nobody can challenge My character because I am a Mother. But the fatherhood can be challenged. So He married them. Then this essence of the five elements He married as five wives."

"But His real sense of morality is seen in the case of Draupadi. You know the story of Mahabharata, when She was brought in the court and Duryodhana asked Dushasana to take out Her saris. She was holding Her sari by Her teeth. At that time, Tulsidasa has written what happened. She called Krishna and She could only say 'Kri.'" She couldn't say 'Shna' because then it would fall down. When She said 'Kri-shna' there was a big sound in Dwarika where Shri Krishna was. Immediately He came on the Garuda with shanka, chakra, gada, padma, His four weapons. "For His own sister He came all the way to save Her chastity. To Him, the chastity of His sister was of the greatest importance... And this fellow got tired pulling out Her saris. I think He must have borrowed saris from Me because I have too many saris! One after another, one after another, he made a pile of saris. He got tired. He could not make Her nude. The chastity of Draupadi was of such a height, and how Shri Krishna tried to save it is remarkable."

"So this Yogeshwara is Shri Krishna, is also a Dhanwantari, means the Doctor of doctors. He's the one who cures you because it's all the brain and the vibrations which flow on the nervous system. So He cures people through His brain. Now how? Supposing somebody is having a problem, say, on his heart. So as soon as he puts hands to My photograph, immediately he gets problem on his left finger here. The brain is working. So in your brain, My vibrations go, of Shri Krishna, and they start sending these messages because I am also Shri Krishna. So this computer acts and immediately you know what's wrong with that person. He's a heart patient. You don't have to do any diagnosis... Immediately you know." The principle of Shri Krishna in the brain of the Virata does this. "Now you are convinced about it, you know that it works, it acts like this, it happens like that, and how it communicates through you."

"So this computer of Mine communicates. Now in a computer if you go, you can just press the button... you then get the result. Here it is not like that. It is the brain automatically gives the result immediately, through the other person. And also the same brain tells you what is to be done to such and such person, how to work it out. The same brain is emitting vibrations and those vibrations are flowing through this brain and they are the ones who tell you what's wrong with this person. So all this work of penetration is done by Shri Krishna, no doubt. He takes these vibrations, puts into another brain and then that brain, that central nervous system, starts working and then you get the result, but instantaneously. It's not so much time it takes in the way I've described it. It just works immediately. As soon as they put their hand before Me, immediately. So how important it is for us to look after our brain, for Sahaja Yogis."

"I don't know in this America how far this brain is safe because you open any television, you look outside on the street, look out for the some advertisements, then you hear this music, it breaks your brain completely. Whole atmosphere is anti-Shri Krishna. No purity of understanding, no sense of morality. The way they make pictures, horrible violence, immoral scenes, all sorts of things, all created here in the land of Shri Krishna, the One who through His waves can completely purify, because He's Yogeshwara... absolutely detached. He cannot get attached to anything. Only the brain makes you attached." Here on any road there are shops everywhere so the attention goes there and in that attention the brain gets involved completely and wants to have many things.

"So the detachment from the matter is only possible if you know generosity. But many people are in Sahaja Yoga, but they are not." Real generosity is if you like my sari, you can

have it. "If you have a generous, detached temperament then you can never get involved with matter." And whatever matter you are involved with, it gives very great joy to another person, if you do it with detached love. "By detached love you know what to give to whom, what will make people happy.... In love only, you know these things.... But this detachment has to be full and complete. Then only you really get people attached to you, otherwise you cannot. If you are not detached you cannot get that complete love for another person because if you are doing something, say for money, or if you are doing something for lust, or for greed, or for some sort of a position, it has no meaning."

In Sahaja Yoga many people come to make money, to get cured, or for other reasons. "If you are detached, then only Sahaja Yoga will spread. As long as there are attachments you should know you are not yet a Sahaja Yogi. I am not saying that you should take out your eye or cut your hands, I didn't say that, to that extent. But what I'm saying, you should introspect and see how much am I attached to this, or to that, and why am I so much attached? What does it matter? Always as a result of attachment, you'll always find disappointments. I have seen parents who have doted on their child, loved their child, this and that. Children mostly go astray. But if you have a detached love for your child, you do nice things for the child." At the same time you know when to say no to the child. "But detachment is even wider than that."

"Some people are very fond of food so to say that 'you be detached from food' is very difficult for them. Especially at a certain age, I think they are very fond of good food... but as you grow in Sahaja Yoga you will find automatically it will happen. All your fussy nature about food will drop away. That is another sign that you are absolutely detached about food.... Thinking about food is just spoiling your brain.... What's the use? You have already eaten, finished, now done. Now why are you thinking about that? ... Whatever

is there you have to eat.... For example, today they asked Me, 'Mother, will you have a hot dog?' ... 'Alright, I am an American, give Me.' But when you know something will not do good to your teeth or something, you should not eat. For example, beef is very bad for the teeth, very bad. That's why you people lose your teeth very fast."

"But one should not be attached to an idea. That's even subtler attachments. That has really killed this world with so many problems of fanaticism, racialism, I don't know what. Now here, see the contradictions people have. They go to the sea to get darker, and they have racialism... then why do you hate the people who are dark? Such a contradiction because the brain is not in balance.... You have another conditioning that there are different castes and according to the caste you should go in India. How can there be any caste when everybody has the spirit in their heart? ... All those great saints who have lived on this earth... have stood against this nonsense of discrimination that comes from brain.... So to think yourself to be higher than others, to think that you are more beautiful than others, others are ugly, all this is the brain which takes you to ego, and the ego is the one who befools you completely all the time. That's the job of Shri Krishna."

"This ego makes you a monkey and you start thinking you are great... but you are not, because if you are, you won't think. Whatever you are, you don't think about it. You don't think, 'I am a human being.' Do you say that, or do you say, 'I have no tails?' Do you boast of that? Whatever you are not, then you boast.... Then Shri Krishna plays a part through the maya and He gives a big lesson to that person. It happens. So never think that you are something great, or you have achieved this in life, and achieved that in life, and that you are something, a big johnny. It's nothing but the ego that has moved on here and giving you these ideas from the ego."

If you are conditioned, it is impossible to tell you anything. "Americans are most vulnerable

to such a thing. You start any nonsense, immediately the Americans are the first to jump to it. Immediately. Drugs you start, you start some sort of a fancy dress. It will start in Paris, but will be sold in America. Immediately they are on the lookout. Something new, it might be a monkey trick but they will do it. I don't know why Americans who are the residents of Shri Krishna's land have no discretion at all, what to accept, what not to accept. They are the worst, they are worse than children even. There's no maturity of any kind: 'What's wrong?'"

Discretion, which is at the Hamsa centre and is ruled by Vishuddhi, is sometimes completely blocked. One lady boasted about giving alcohol to her children. Later when her children were all drinking, the house caught fire and they all died. "You are stupid fools because you are organizing a nice way to go to hell, and you are all going to go to hell. This is what it is to be told to them: 'If you go on like this, what will happen to you?' Accumulating everything that will destroy them, doing everything that will destroy. 'If you take that, then in two minutes you go off.' I said, 'To where? To hell or what?' Anything that is destructive, I don't know why the Americans should accept it, when they have Shri Krishna as their Lord."

"It is to be understood by Sahaja Yogis also that you have to really transform yourself to such an extent that whatever is destructive should be given up. First of all, I find some men and ladies with such long faces. How can you be? You are living in the country of Leeladhara. He's the one who made everybody dance, and He's the one who has played Raasa—Ra is energy and sa means with. Radha... the one who sustains energy, the one who did the mental energy, enlightened, and to sustain it, how can you people take to adharma, to immorality, and to destruction? I just can't understand."

"I don't know what are His plans very well, but He has to really save people of America from all kinds of nonsense they do morning till evening. There's nobody who is sensible in the politics, nobody who has a good character at very high positions.... You cannot get one man whom you can say he's alright, and he will do good to our nation. Criticizing others—they are very good. Like we had this plague, it's nothing much, a little bit came out, they have published it all over this media. They have stopped all our ships, stopped all our airplanes, made such a fuss, put us into so much trouble. But what about your AIDS, which you are giving prasad everywhere?"

"It's very surprising that with your brain enlightened by Shri Krishna, how could people accept, even mentally, a person like Freud?... And now you are all ruined.... Now they are breaking families. And all the logical conclusions they reach is just the opposite of Shri Krishna." Simpson killed his wife and now they are coming out with big theories that psychologically he killed her because he was married to her so you should not marry. "What a conclusion! Tomorrow they will say that people are killing each other so allow them to have weapons in their hand. Now they want to allow them to have some drugs also, allow them to have homosexuality... because I think these people in charge of affairs do not want anybody to live, think that let them fight among themselves, do what they like, we should have our own seats. The way they are not worried about the immorality and all the destructive forces that are acting on American

children, American youth and American people—not bothered about people."

"So tonight we are praising Shri Krishna who is Yogeshwara. He eats, but He does not eat; He sleeps, but He does not sleep; He has wives, but He has no wife. Like this is the Yogeshwara.... You are yogis and He is your Ishwara, so you have to try to be like Him. Let your brain be enlightened by His blessings and you will become that great personality that encompasses everything, that sees everything, that gives you discretion, that makes you understand what's wrong. And you feel enthusiastic about changing this America with all your effort, with all their mind because that's the most important thing you have to do."

"As it is He's a Kubera, He's the Lord of wealth and he has given you such a lot of wealth all around. You see, just very near New York you should have such beautiful places. In every way, you are blessed. You have money, you have everything, you have brains, everything is there—what is lacking is wisdom." Suppose you have a car, keys, engine, brake, but you don't know how to drive. What will happen? "So as Sahaja Yogis from America you have a very, very, very special responsibility.... Today we'll be saying these 108 names which have come from Pune all the way. That we'll have first and then a little puja of the Devi. May God bless you."



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The Names of Shri Yogeshwara

Read at Shri Yogeshwara Puja 1994

- 1. Shri Maha Yogi श्री महा योगी Great yogi
- 2. Shri Yogadhamah श्री योगधामः Own place of the yoga
- 3. Shri Yoga Shikaraarudheshwarah श्री योग शिकरारुधेश्वरः The Lord of those at the peak of yoga
- 4. Shri Yogagnyah श्री योगज्ञः Knowledgeable about yoga
- 5. Shri Yogagnyaana Pradaayakah श्री योगज्ञान प्रदायकः The bestower of knowledge of yoga
- 6. Shri Yogadah श्री योगदः The bestower of yoga
- 7. Shri Yogaanandah श्री योगानंद The joy of yoga
- 8. Shri Yogasthah श्री योगस्थः Resides in the yoga
- 9. Shri Yogaananda Pradaayakah श्री योगानंद प्रदायकः Bestower of the joy of yoga
- 10. Shri Yogeshwarah श्री योगेश्वः The Lord of yoga

- 11. Shri Yoginaamwarah श्री योगीनाम्बरः Foremost among yogis
- 12. Shri Bhaktiyoga Pradaayakah श्री भक्तीयोग प्रदायकः Bestower of the yoga of bhakti
- 13. Shri Gnyaana Yoga Pradaayakah श्री ज्ञान योग प्रदायकः Bestower of the yoga of knowledge
- 14. Shri Karma Yoga Pradaayakah श्री कर्म योग प्रदायकः Bestower of the yoga of action
- 15. Shri Sarva Yoga Samaanvitah श्री सर्वयोग समान्वितः Encompasses all forms of yoga
- 16. Shri Yogaatmakah श्री योगात्मकः The spirit of yoga
- 17. Shri Yogaadhaarah श्री योगाधाराः The support of yoga
- 18. Shri Yoga Vidaam Netah श्री योग विदाम् नेत: The guide to those who are experts in yoga
- 19. Shri Swayambhuh श्री स्वयंभूः Self-born



- 20. Shri Anadinidhanah श्री अनादिनिधनः Unborn and unending
- 21. Shri Aprameyah श्री अप्रमेयः Beyond any concept
- 22. Shri Shodasha Sahastra Shakti Dhaarakah श्री शोडष सहस्त्र शक्ती धारकः Wields 16,000 powers
- 23. Shri Praanah श्री प्राणः The life force
- 24. Shri Praanadah श्री प्राणदः The bestower of the life force
- 25. Shri Praana Nilayah श्री प्राण निलयः Resides in the life force
- 26. Shri Praana Jeevanah श्री प्राण जीवनः The life in the life force
- 27. Shri Tatwah श्री तत्वः The primordial principle
- 28. Shri Tatwamartha Pradaayakah श्री तत्वमर्थ प्रदायकः The bestower of the true knowledge of the primordial principle
- 29. Shri Shaashwatah श्री शाश्वतः The eternal one
- 30. Shri Sanaatanah श्री सनातनः The ever-existing one
- 31. Shri Purooshah श्री पुरूश: The primordial being

- 32. Shri Avyayah श्री अन्ययः The undiminishing one
- 33. Shri Sarva Saakshih श्री सर्व साक्षी The witness to all
- 34. Shri Kshetragnyah श्री क्षेत्राज्ञः The spirit in the material world
- 35. Shri Aksharah श्री अक्षरः The eternal one
- 36. Shri Sat श्री सत् The truth
- 37. Shri Satya Dharma Paraayanah श्री सत्य धर्म परायण: Dedicated to the dharma of truth
- 38. Shri Dharmagup श्री धर्मगुप् The protector of dharma
- 39. Shri Dharmaadhaarah श्री धर्माधाराः Sustains the dharma
- 40. Shri Dharmi श्री धर्मी The embodiment of dharma
- 41. Shri Dharma Rakshakah প্রী धर्म रक्षैक: Protects the dharma
- 42. Shri Dharma Paravartakah श्री धर्म प्रवर्तकः Promotes the dharma
- 43. Shri Dharma Sansthaapakah श्री धर्म संस्थापकः Establishes the dharma

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- 44. Shri Virah श्री वीर The valiant
- 45. Shri Amit Vikramah श्री अमित विक्रमः Valiant beyond reckoning
- 46. Shri Vivekah श्री विवेकः Discretion
- 47. Shri Raakshasaari श्री राक्षसारी Enemy of demons
- 48. Shri Dandadaayin श्री दंडदायिन् Punishes the wicked
- 49. Shri Aparaamjitah श्री अपराजितः Undefeated
- 50. Shri Niyantah श्री नियंतः The one who regulates
- 51. Shri Aniyamah श्री अनियमः Beyond regulations
- 52. Shri Vishuddhi Chakra Nilayah श्री विशुद्धी चक्र ` निलयः One who resides in Vishuddhi Chakra
- 53. Shri Siddhah श्री सिद्धः Ever ready
- 54. Shri Siddhidaayakah श्री सिद्धिदायकः Bestower of success
- 55. Shri Saakshi Swaroopatwa Daayakah श्री साक्षी स्वरूपत्व दायकः Bestower of the witness state

- 56. Shri Narakaasuraantakah श्री नरकासुरांतकः Killer of demon Narakaasura
- 57. Shri Krishnah श्री कृष्णः Lord Shri Krishna
- 58. Shri Aakaasha Tatwa Swaamin श्री आकाश तत्व स्वामिन् Master of the ether element
- 59. Shri Janeshwarah श्री जनेश्वरः The Lord of masses
- 60. Shri Samashti Priyah श्री समष्टि प्रियः Loves collectivity
- 61. Shri Samashtinivaasah श्री समष्टि निवासः Lives with collectivity
- 62. Shri Samashti Vardhakah श्री समष्टि वर्धकः Promotes collectivity
- 63. Shri Samashti Naathah श्री समष्टि नाथः The master of collectivity
- 64. Shri Samashti Taarakah श्री समष्टी तारकाः The saviour of collectivity
- 65. Shri Samashti Rakshakah श्री समष्टी रक्षकः The protector of collectivity
- 66. Shri Viraatah श्री विराटः The all-pervading one



- 67. Shri Sarvah श्री सर्वः The sum total
- 68. Shri Sharvah श्री शर्वः The aggregate of all
- 69. Shri Shivah श्री शिव: The auspicious
- 70. Shri Sthaanu श्री स्थानु The steadfast one
- 71. Shri Shrinivasah श्री श्रीनिवासः Resides in auspiciousness
- 72. Shri Shreeshah শ্লী প্ৰীহা: The Lord of auspiciousness
- 73. Shri Shreenidhih श्री श्रीनिधिः The totality of auspiciousness
- 74. Shri Shreevibhaavanah श्री श्रीविभावनः Bestower of auspiciousness
- 75. Shri Shreedarah श्री श्रीधरः Sustains auspiciousness
- 76. Shri Shreekarah श्री श्रीकर: Who does the auspicious
- 77. Shri Shreemaan श्री श्रीमान् Wields the auspiciousness
- 78. Shri Shreemataam Warah श्री श्रीमतांबरः Foremost among those whose minds are auspicious

- 79. Shri Lokatrayaashrayah श्री लोकत्रयाश्रयः The refuge of the three worlds
- 80. Shri Ekah श्री एक: Alone
- 81. Shri Anaikah श्री अनैकः Many
- 82. Shri Sumedhah श्री सुमेधः Of scintillating intellect
- 83. Shri Medhajah श्री मेधजः Bestows the intellect
- 84. Shri Satyamedhah श्री सत्यमेधः The intellect of truth
- 85. Shri Subuddhi Daayakah श्री सुबुद्धिदायकः Bestower of wisdom
- 86. Shri Mahaanidhih श्री महानिधिः The great asylum of all
- 87. Shri Kumudah श्री कुमुदः Brings joy on the earth
- 88. Shri Parjanyah श्री पर्जन्यः One who showers the plenty
- 89. Shri Paavanonalah श्री पावनोनलः Pacifier
- 90. Shri Amurtih श्री अमूर्तिः Formless

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- 91. Shri Anuh श्री अण्: Minutest one
- 92. Shri Brihat श्री बृहत् Gigantic
- 93. Shri Sookshmah श्री सूक्ष्मः Subtle
- 94. Shri Sthoolah श्री स्थूल: Gross
- 95. Shri Gunaateetah श्री गुनातीतः Beyond the three gunas
- 96. Shri Kaalaa Teetah श्री कालातीतः Beyond time
- 97. Shri Sarvatomukhah श्री सर्वतोमुखः Omni-faced
- 98. Shri Sarvagnyah श्री सर्वज्ञ Omniscient
- 99. Shri America Deshe Nivaasa Krutah श्री अमेरिका देशे निवास कृतः Resides in the country of America
- 100. Shri America Janaar Chitah श्री अमेरिका जनार्चितः Worshipped by Americans
- 101. Shri Sahaja Yoga Pravartakah श्री सहजयोग प्रवर्तकः Promotes Sahaja Yoga
- 102. Shri Sahaja Yoga Prachaarakah श्री सहजयोग प्रचारकः Propagates Sahaja Yoga

- 103. Shri Sahaja Yoga Rakshakah श्री सहजयोग रक्षकः Protects Sahaja Yoga
- 104. Shri Sahaja Yogi Priyah श्री सहजयोगी प्रियः Loved by Sahaja yogis
- 105. Shri Sahaja Yogi Poojitah श्री सहजयोगी पूजितः Worshipped by Sahaja yogis
- 106. Shri Sahaja Yoga Shatroo Naashanah श्री सहजयोग शत्रू नाशनः Destroyer of the enemies of Sahaja Yoga
- 107. Shri Sahaja Yoga Gnyaana Pradaayakah श्री सहजयोग ज्ञान प्रदायकः Bestower of the knowledge of Sahaja Yoga
- 108. Shri Adishakti Priyah श्री आदिशक्ति प्रियः Loved by Shri Adi Shakti
- 109. Shri Dhanwantari श्री धन्वन्तरी Doctor of all doctors
- 110. Shri Kubera श्री कुबेर Source of all wealth
- 111. Shri Leelaadhaaraa श्री लीलाधारा Support of the play
- 112. Shri Mohini श्री मोहीनी The one who tempted the Asuras
- 113. Shri Prathur Rajadoot श्री प्र`थुर् राजाधूत् The Royal Ambassador of God



Shri Ganesha Puja Talk Synopsis

Moscow, Russia, September 9, 1994

"Today we are going to worship Shri Ganesha." Shri Ganesha resides on the Mooladhara Chakra, not on Mooladhara. In the Mooladhara is placed the Kundalini. She is Gauri, the Mother of Shri Ganesha.

Yesterday there was a drama about how Shri Ganesha got the head of an elephant. "All these things have happened in another world. There are many worlds, of which we know of this world. It is a question of our awareness. Now we are at a human awareness and we have risen to a higher awareness, which is called as the fourth dimension. Without Shri Ganesha, it's not possible. He is the symbol of innocence within us. This innocence never gets destroyed because it is eternal. But it may happen that it will get covered with some clouds, by our mistakes that we commit. But once you get your realization, your innocence is re-established, manifests and you become innocent, your attention becomes innocent!"

It is impossible to follow any religion if you do not have enlightenment. In the Bible it is written that if your right eye commits sins, which means it goes against Shri Ganesh, you take it away, "or if your right hand does anything wrong against Shri Ganesha, then cut it out. Just imagine, if Christians were really practising Christianity, they all would have been without hands, without eyes!" Christ was very strict for men, but not as strict for women. Then Mohammed Sahab made very strict rules for women also. "In this case, He said that you should hurt the woman or hit the woman or should try to restrict the woman—that is on the husband. But to do so, the husband himself has to be an innocent person. If he himself committed such mistakes, then what right has he got to become strict with his wife or with his sister?"

"When Moses brought the Ten Commandments, He found that the Jews were having a decadent society, as they have now. Nowadays we have this decadent society in Americaeverywhere! There are no morals and nobody talks of morality. I feel that Sahaj is the only way where human beings can become innocent. Because Jews were given what you call the Shariyat where it was that if you are a thief then cut your hand, cut your nose.... It was very serious! I saw that it is impossible to follow them because they are too pure, too important. If you are Christians, you can't have two eyes, you can't have your hands! And if you are Muslims, your wives and your daughters and your sisters are always in danger. And if you are a Jew, then all kinds of punishments are written for them. On the contrary, only the saints have been punished, all the good people are punished. Because there are so many people who are extremely aggressive and sinful, and they also do not know that there's something wrong with them—very much against the dharma, against the religion."

"With Sahaj only you get the light of the spirit. Shri Ganesha is the spirit within us and He incarnated on this earth as our Lord Jesus Christ. But all kinds of things have been done against such great people and they made separate religions. None of these books have separated themselves from each other. For example, Mohammed Sahab has described about Moses, Abraham, Christ, Mother of Christ. So He never established another religion. He was talking about all the religions woven together in one. But we have now people who do not believe that all the religions are born out of one tree of spirituality. They are not only fighting with others but among themselves. In the name of God, they are killing so many people."

"Innocence is the source of love. Like small children, when you see them sweetly dancing, you feel such tremendous love for them. When you see a little baby, a very sweet baby, smiling at you, you feel tremendous love for

that child. If you do not respect your innocence, you can never be a loving person and without love, you can not know truth. Only thing is that we feel rather sometimes awkward, sometimes frightened to love the innocent people. The innocent are the most harmless people. I do not like parents to beat their children at all." They are in innocence, so if they do something you must be really kind to them and understand them. "Nowadays in Russia also there are many children who are born realized. Because you all are now enlightened and there are so many great saints who want to be born. But you have to be innocent yourself. The countries where children are not respected, children don't want to be born. There is a minus growth in those countries. But in a country like India, where there is so much love for children, they want to take birth, though there is poverty."

"Children don't understand money and material things. They understand love. If you don't have love in your heart, Shri Ganesha can not shine within you. Now the difference between a mother and a mother who is very angry with the children is this: a mother who loves her child enjoys every thing she has to do for her child, while the mother who doesn't love the child feels that she is doing too much, she can't do it, it's too much. If you ask her, 'What's the matter?' she will say, 'I have to wash this, I have to clean this, I have to look after this child.' All kinds of stories. But a mother who is enlightened will love doing all that and enjoy it. She will have respect for her children and she will make them respectable. There is no need to be harsh with your children. Children are very sensitive and intelligent. Maybe among thousands, you might find one child who is not so good. But later on they pick up things from elders, especially from parents and the atmosphere and they start becoming troublesome. That doesn't mean that you should not control or restrict your children and train them. The best way is to be yourself innocent and dharmic."

"Ganesha is the basis of morality. Moral behaviour, when it is lost in a society, that

society becomes destroyed. Whatever may be the economic advantages they have or they advantages or political have financial advantages, but they get destroyed from within. For example, take the case of America, which is supposed to be an affluent country, which is doubtful to Me... because they are indebted. But what is happening? Small children of 12 years are killing and selling drugs. In some other countries in the West, so many children are killed by their parents. Every country which is affluent has some sort of a specialty of immorality. They are absolutely violent people, arrogant and egoistical."

"Innocence, first of all, absolutely dissolves the ego, and when you talk to children, they make such sweet comments, such intelligent comments, that you are amazed.... They are extremely affectionate and extremely kind." One day at the airport, one child was making some motions with his hands. "So I said, 'What are you doing?' He said, 'I am trying to tie up these people. They are all off their heads.' ... So children see also the game, the whole drama. They are very innocent and so it is the easiest thing to give them good manners."

In the famous story of Shri Ganesha, the parents, the Father especially, said he would give a present to the one who goes round the Mother Earth. "Shri Ganesha thought, 'Look at this Kartikeya. He can go faster because He is going on this peacock which is a bird which can fly. What about Me? I am just going on a little rat!' But as He is the source of all wisdom, in His wisdom He thought, 'My Mother is greater than this Mother Earth.' So He went three times round His Mother and He got the present."

"A person who is innocent is extremely humble. He doesn't try to show off. He doesn't know how to show off. For example, Shri Ganesha has a little rat as His conveyance. But if you see people who are show-offs, they buy cars beyond their means with big loans, just to show off that they are rich. This is a disease of people who are not innocent and people take

advantage of this very much in the world. Like in the West, they have designers and they put their stamp as designers and one has to pay a lot for that.... It is very much in the West, not so much in Russia, but it will come. And the entrepreneurs take full advantage of it. That way, I must say, Indians are very, very wise—not all, but most of them. And because they believe in Shri Ganesha, they would not waste their money for showing off. So thus the entrepreneurs take full advantage of people who try to show off."

"An innocent person is not bothered about his own body, about any fashions or about any additions to his body—like people wear things just to show off. I am just telling you because all this nonsense is coming to your country. I hope you people will understand that the greatest quality of beauty of personality is innocence. When the innocence is lost, people play into the hands of these designers who make funny clothes. They make clothes for women which expose their body, and the more it exposes, the more it is expensive. And despite all the cold, they try to wear clothes which are very scanty and you can't even look at them! But they think no end of themselves. And all our films in the West are so horrible now that you just don't want to see. If they make some films about children which are innocent, I tell you they can earn a lot of money."

"The foundation of dharma is Shri Ganesha. If you see children, they don't know how to tell lies—very difficult. They say things sometimes which might be embarrassing.... Innocent persons minimize the judgment of others and criticism of others because they don't see things which normally a person who is immoral can see or who is not innocent can see. I remember My own grand daughter once saw a lady in a swimming dress. It was a picture so she said, 'Hey, you go and dress up properly; otherwise my Grandma will be angry with you.'"

"So when you see all these small little children talking, the way they behave, the way they are

innocent, you really enjoy because innocence is the source of love and it is the source of joy. Because, if you do not have love, you cannot enjoy anything and you start criticizing and judging and wasting your energy on nonsensical things. Like the other day, I was listening to some good music and the gentleman was singing with his hands, a little bit more of action. But he had closed his eyes and the music was wonderful. I really got lost into it. But there were some ladies who said what clothes he was wearing, how he was putting his hands, all these superficial things they were seeing, not the essence."

"But innocence takes to the essence and the essence is love. Thus we have to understand that the quality of Ganesha, we must all imbibe within ourselves. His quality of innocence, which is already there within us, has to be manifested. Like, I was with one Sahaja Yogi in his house, and we had a meeting there, about 25 people. And the meeting was over, I thought, he had said that I will have My dinner there, so I just waited for all of them to go away. This gentleman was in the kitchen when they all went away. He came back and he said, 'Mother, what have You done? Why have they gone? I have cooked for all of them.' And tears came into his eyes. I was so much overwhelmed by his generosity, by his kindness. When the generosity is done innocently, you are not even aware of what you are doing. You just enjoy your generosity and you don't bother to see what is the reaction of the other person."

In the Shastras there is a story about Shri Rama who met an old lady from a tribal area who had only two teeth left. She offered Him some plums and very innocently said she had tested them all with her teeth, and had thrown away those which were sour because He didn't like sour ones. Normally in India, people don't eat anything which has been touched by another mouth. So Shri Rama said, 'Oh, I see you have done this work, so please may I have all these?'" But His brother Lakshmana was very angry, saying the lady had no manners. Shri Rama said he had never eaten such fruits in

His life. He shared them with His Wife, Sita, who also enjoyed them. Finally Lakshmana also wanted to eat them so Shri Rama requested the old lady to also give some to him.

"Even Shri Krishna, whenever He used to go to the capital of Hastinapura, would not live with the kings there, Duryodhana, but with Vidura, who was the son of a maid servant because Vidura was an enlightened man and He used to respect Vidura much more than anybody else."

"But sometimes a mistake we commit, that we get too much attached to innocent children, give them too much importance. Innocence is like a river flowing, but if you try to stagnate it, then the children get spoiled. They must be respected but one should not try to make them look like something very exceptional. They are all just the same. They have certain various facets but I have seen that children are just the same. Mostly they never get bored. If you are innocent you will never get bored. You see beauty all the time, and even if you are alone, you enjoy yourself. It is only the grown ups get bored.... Now supposing you are in the airport and it's late, the plane is late, all the others, all the older people will be very upset. But children will start playing with something that is in the airport, anything, a railing is there or steps are there, they will go up and down, enjoy themselves. They don't want to make life miserable by just bringing everything to some meticulous definition."

"Only by innocence you can transcend your limited ideas. I have seen parents who are extremely racist, their children take to other people in no time. An innocent person is like that. He just can carry on with any type of person, without even thinking what sort of a colour he has, what sort of a face he has, or what sort of hair he has done. These things do not matter. These are superficial, but children do not bother about superficial things, they just want to see the heart of a person. If the person is loving, whatever may be the race, religion, anything, children will jump."

"An innocent person cannot be aggressive, and if aggression is there, that is also very loving aggression. Like a child will come and say, 'Why don't you give my clothes to this boy?' and if you say, 'Oh, God! I paid so much money and you want to give it to this boy?' so he will say, 'Alright! Next time again you buy for me, but let me give this to this boy.' Innocently. Innocent children do not have a sense of possession. Also they do not hesitate to share their things if they are innocent. But if they are brought up in a way that... all the time it is put into their head that 'this is yours,' then they start becoming possessive of their things. The best thing to enjoy is to live with children and to be like them and to enjoy them. This is how our innocence gets nourishment."

"In Sahaja Yoga, I have seen, people become really very innocent. Shri Ganesha who is on the back side of your head also, who is Maha Ganesha here, starts acting on the eyes. The lust and greed from the eyes just drop out because you become innocent in your attention. So you don't have to take out your eyes, as Christ has said, nor you have to cut your hand because you really become moral. I don't know how many of you know that all of you have become saints."

"As Ganesha was created, you are also created as innocent saints. Try to respect your innocence. That will make you feel young and happy. In India, in Maharashtra, we have eight swayambhu Ganeshas, and I have seen the people of Maharashtra are quite innocent. Somehow it's a very ancient country and in that area especially Shri Ganesha worshipped, so people have become very innocent." There is a ten day Shri Ganesha festival which is going on now, in which Shri Ganeshas are made out of clay and later on put in the sea or a river. But as this Coca Cola culture has also come to India, in the presence of Shri Ganesha they were singing horrible, vulgar songs and drinking in His presence. These were all public Shri Ganeshas, you see. So I warned them in two lectures, that, 'Don't do this because if Shri Ganesha gets angry, you will get earthquakes.' They would not believe Me! So third year, these people in a village in quite a big place went to the Ganesha visarjan, means where they put Ganesha in the water and came back, and they were all drunk and they were dancing in the night. And suddenly this great earthquake came in and all of them were buried except for Sahaja Yogis. And the Sahaja Yoga centre which was there was not at all hit by earthquake. And there was a big gap round the centre. So the people ran towards the centre, that they can be saved. But they all fell in that big gap and died."

"So on the other side the innocence is very powerful. Anybody who tries to molest or to destroy somebody's innocence is ultimately very badly punished by Shri Ganesha. Those people who people who do not worship Ganesha in their heart can become right sided or can become left sided. If they become right sided, they get all kinds of diseases which are more physical, and if they become left sided then they get diseases which are psychosomatic which are incurable."

"We have had some horrible people in our country who preached that through Mooladhar chakra, through sex, you can raise the Kundalini, and they become tantrikas. People who were tantrikas did all kinds of horrible things in the temples, they put erotic insults to Shri Ganesha. They are all now being destroyed. So one should never try to challenge a person who is innocent, who has the blessings of Shri Ganesha. Only through enlightenment, one can awaken Shri Ganesha within yourself. May God bless you all."

Reports from Around the World

Shri Ganesha Puja Seminar Moscow, Russia, September 1994

There were so many yogis at the airport to greet Shri Mataji that they covered the entire bottom floor of the terminal and continued very far outside. The bhajans sung in anticipation of Her arrival pierced the air with great beauty., and overwhelmed all other sounds in the airport. Everyone brought beautiful flowers, yet there were so many people that it was impossible to give them directly to Shri Mataji. We all spontaneously passed them over our heads, creating waves of roses pouring forward to some point in the distance which we could not see. It was so crowded that many people may not have seen Shri Mataji, or only saw Her hand wave above the heads of many yogis—but it was enough.

It is a great and unusual experience to attend a puja with Shri Mataji in Russia. We all stayed in a large indoor soccer stadium which had been used during the Olympics. There were about 3,000 yogis, mostly Russian, but also some Westerners

and Eastern Europeans. The second night there was a fantastic music program for Shri Mataji and all the yogis, with wonderful Russian folk songs and bhajans, plus the artistry of many Russian folk dance performances. There was also a beautiful play about Shri Ganesha's creation and how, when the Kundalini is awakened, He and the Adi Shakti touch and transform each chakra and their associated qualities in our life. The public program in Moscow was attended by about 5,000 or 6,000 people.

In Saint Petersburg, there was an all day medical conference, with doctors from Russia and other countries reporting about the relationship between Sahaja Yoga and medical science. The visiting foreign yogis went on a tour of the city that included the Hermitage Museum and the former Winter Palace of the Czars, with powerful architecture and an incredible art collection. That night at the public program, a Christian fundamentalist ran up on stage and proclaimed that Jesus was the only way. Then he started to leave as some yogis ran on stage to escort him away. After that, Shri Mataji commented that in the time

of Moses, the people only talked about Abraham, and in the time of Christ, the people only talked about Moses. She said, "Now I am here and they only talk about Christ." The entire audience erupted in applause.

It was very moving to see Shri Mataji leave St. Petersburg for Tagliatti the next day. The airport was again packed and the yogis stood outside on the observation deck to wave goodbye. The plane took an unexpected turn and taxied the long way around to take off, passing right by the yogis.

-Jack Klette, Moscow

Shri Mataji's Visit to Greece November 1994

In the afternoon of November 15, 1994, the Greek collective received our Holy Mother in Athens. She had come from Turkey via Tunisia and looked very fresh, not at all tired. The collective was invited to the leader's house where Shri Mataji stayed for the whole five days of Her visit. We had the chance to see Her almost every day and She talked to us about many things. She was very maternal and very sweet, and seemed very accessible, quite different from Her aspect in India and in pujas. During Her stay there were entertainment programs by the Sahaja Yogis with music, drama, traditional dances and bhajans, shopping, and a public program.

Shri Mataji was very pleased with Her visit to Tunisia, where the government had invited Her to conduct a seminar about Sahaja Yoga. She said that the Tunisians are very nice people and more open than people in other Muslim countries. She also talked about Turkey and said that there were two sorts of people: non-fundamentalists and fundamentalists who cause all the trouble.

Concerning Greece, She talked a lot about mythology. All the Deities lived in Greece which was the *Devaloka*, but they went away when people brought them down to the human level. Shri Mataji said it's up to the Sahaja Yogis now to bring back the Deities to their seats. Shri Mataji enjoyed very much the bhajans sung by the collective and accompanied by classical instruments (in the collective now there are six professional classical musicians). Shri Mataji mentioned that art is not appreciated properly in Greece and it is art that brings subtlety into the

society. Without it, society becomes gross and materialistic. She didn't see any journalists this time and said about the politicians and journalists that they don't know how to sing, they can't dance—they are useless people.

She emphasized that Greek Sahaja Yogis should become fully involved in Sahaja Yoga practice, meditation, and the spreading of Sahaja Yoga. She announced that Greece will have the opportunity to participate for the first time in the organization of an international puja for Sahasrara Day, along with Austria and Germany, so that the Nabhi goes to the Sahasrara.

Shri Mataji's talk at the public program was quite a revelation. She was upset with the Greek Orthodox Church. They had sent reporters to film Her speech but She sent them away. She said She wouldn't mind if they were independent, but that they would use it for their own purposes. She said that the Orthodox and Catholic Churches have nothing to do with Christ's teachings or the example of His life. He was very dharmic and also very strict. According to Him, if someone does something wrong with his right hand, that hand must be cut off. If a man looks at a woman twice, his eyes must be taken out. But Shri Mataji said She is travelling in a lot of Christian countries and hasn't seen people without eyes or with cut-off hands.

Shri Mataji praised the White Order of the Russian Orthodox Church because they have been able to tell the difference between Sahaja Yoga and all the cults. No false guru is allowed in Russia but She was officially invited into the country. She also revealed to the Greek seekers the story of Adam and Eve and the role of the serpent in the creation. She told them that Athena was an incarnation of the Adi Shakti and that this is explained clearly in the Indian Puranas. She was very surprised to see that the Greeks have forgotten their traditions and Gods, while Indians know about them so well. It was a relatively small program, but the follow-up programs have been quite good.

During the last evening program, Shri Mataji asked us to work a lot on our Agnya. She said, "Love should flow from your Agnya." We all hope to rise to Her expectations.

—Evi Hickling, Greece