The Divine Cool Breeze

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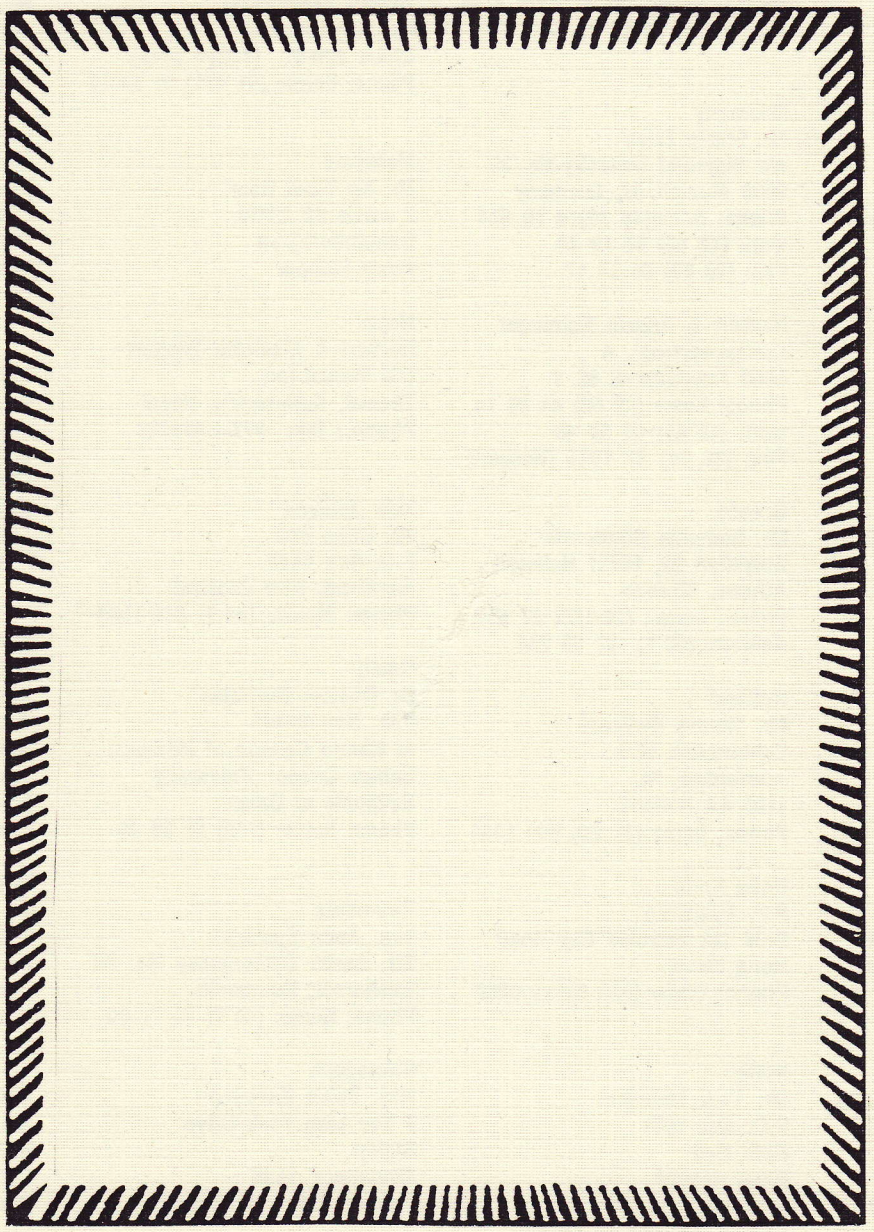
|| Aum Shri Nirmala Devi, Namoh Namah ||



"...When you are worshipping your Guru, then this master within you is also worshipped. You respect it, you glorify it, you awaken it and you manifest it."

--Shri Mataji, Shri Guru Puja, France 1990

SHRI MAHAVIRA PUJA SYNOPSIS

JUNE 16, 1990

Barcelona, Spain

"It is for the first time today that Mahavira Puja is being performed."

Mahavira's asceticism was of a very extreme nature. He was born at the time when brahminism took a very permissive, corrupt and self-indulgent form.

After the time of Shri Rama, who was Maryada Purushotama, people became extremely serious, very closed and formal. As they didn't have their realization, they always went to extremes trying to follow an incarnation. To overcome these conditionings Shri Rama was born again as Shri Krishna. By His example Shri Krishna tried to show that life was just a play - a leela. If one played about with a pure heart, nothing could go wrong.

After Shri Krishna, people became very licentious and permissive, drowning in immorality. "At that time Lord Buddha and Mahavira were born to decondition people from this kind of an extreme behaviour."

Shri Mahavira was a king who took a complete sanyasin, leaving behind his family, throne and possessions. His disciples were asked to do the same. They had to shave their heads, walk without shoes, have only three changes of clothes, eat before sunset, sleep only five hours and all the time meditate, trying to ascend. They were not to kill or eat animals because at that time, people indulged in it, becoming very aggressive.

Shri Mahavira was an incarnation of Saint Michael, who resides on Ida Nadi and looks after the whole of it, from Mooladhara to Sahasrara. As he belonged to the left side, he described hell very clearly to warn people not to do wrong things. He talked about the formless aspect of God to keep them from ritualism. With such strict rules it was hard to even be one of the candidates for self-realization.

Shri Mahavira's followers started Jainism. Jain comes from "gna" which means "to know." His rules were as strict as those of Moses. His style was afterwards taken to the extreme, as usual. Nowadays in India there is a custom to put a brahmin in a hut, put bugs in the hut and let them feed on the man until they get their fill. Then the brahmin is paid a lot of money by Jains. They are fanatical about vegetarianism and abstinence but very money oriented. They won't kill a mosquito but will harass a man to death for a few rupees. Every time an incarnation comes to bring people to the center from one extreme they fall into another. All religions look so funny because people can't stay in the center.

If Sahaja Yoga had started like Mahavira's Sanyasins, how many would have joined it? A Sanyasin had nothing to do with his wife, children, possessions. He was given little food and strict orders to follow.

A Sahaja Yogi is given realization first and has his Kundalini raised. He is welcome as he is, without requirement of prior cleansing or ritual. He is not told about hell. By self-realization alone he can become quite detached and wise. But even now it happens that there is not much detachment among Sahaja Yogis. By being married in Sahaja Yoga people get lost. They get "glued" to each other. Or like any ordinary marriage in the West they start fighting and talking about divorce.

Sahaja Yogis don't understand they have married for Sahaja Yoga. They are still falling back into that ocean from which they came onto the boat. For example, before realization one could have been fond of watching films or football or picnics. After realization, they become crazed with that thing. If one is still attached to these things, one hasn't touched yet his depth of joy. "Once you touch that you really don't care for anything, just don't bother for anything. You are so Self-centered. You just enjoy your Selves."

"But I do not know if I should talk to you about hell. I'll frighten you. But this is the one, Mahavira's puja, I've been avoiding so far." Even his followers had to wear only one white sari, walk barefoot and get up at four o'clock! "Now in Sahaja Yoga it is the other way around. You enjoy each other's company, you enjoy music, it's all enjoyment for you. But without touching your inner enjoyment you cannot ascend. You must touch your inner enjoyment and then enjoy everything else."

There is a story about Mahavira. One day he was meditating and the dhoti He was wearing got entangled into a bush. So he had to take off half of it. Shri Krishna came disguised as a beggar to tease him. Mahavira took pity on the beggar, gave him the dhoti and went back to his house to change, covered only with some leaves. Some pseudo followers of His now take this episode as an excuse to walk around nude in the villages of India. "...I am sure you won't go to that extreme. But still you must learn to have self-discipline. Without it you can't jump into that depth where there is complete - means absolute knowledge, absolute love and absolute joy."

"Of course you need not go to Mahavira's extent because luckily I have given you realization. But still, do not go back to things you have left."

"I was sure with my experiment that people, when they get realization, gradually they will get detached." All should cooperate to achieve it. There is a need to get out of this ocean of illusion so that Sahaja Yoga won't become like any other religion. No one needs to be told what to do, but to touch the depth so that one becomes an ascetic within.

"Sahaja Yoga is the integration of all these great prophets and incarnations." For Sahaja Yoga to show results in the world the yogis have to be genuine people and understand what to do about themselves. All yogis should listen to this tape to understand why there wasn't a Mahavira Puja all these years.

"May God Bless You."

Birthday Puja Talk Synopsis
Delhi, March 30th, 1990

Shri Mataji spoke about the importance of this fourth day of Navaratri. This particular day is extremely significant because it was the day that Shri Gauri created Shri Ganesha, and on the same day Her Birthday was being celebrated. Shri Mataji reminded us that Shri Ganesha was the epitome of Purity and Holiness, and it is only after spreading and establishing purity that the rest of creation was done. To establish purity in ourselves, we need to fill our hearts with love and not anger because anger destroys purity.

Anger is our enemy and it is the enemy of the whole world. It has been the cause of wars. A show of anger is to be made only for love; for example, the destroying of Rakshasas is done by the power of the Devi's love so that they may not commit more sins.

Shri Mataji asked the Sahaja Yogis to expand their hearts and love with this pure love. She pointed out that we have risen to higher levels because we have union with Her. This power is flowing constantly through us, nourishing us, looking after us, and filling us with joy. We now need to see how much of this power of Love we can encompass in our hearts, because though we have love for Shri Mataji, we should have two other types of love in order for our love for Shri Mataji to be complete.

One type of love is for ourself. We have to increase this power of love by which we pay more attention to our vertical growth. The second is our love for others for spreading Sahaja Yoga, which is a horizontal growth. These two powers have to be balanced out. In a person who only grows outwardly, his inner power continues to diminish and he finally gets lost in his ego, because he feels he has done so much for Sahaja Yoga, feels self-important, and superior to others. This starts groups and quarrels ensue.

The truth of the matter is that we are tied to the Divine by the Mother's thread, that we must constantly be aware that we are the children of Shri Mataji, and no one is superior or inferior. The Param Chaitanya does everything and it is only when we feel we are doing something that the Param Chaitanya leaves us on our own. Further, Sahaja Yogis are a collective being, not individuals. So any groups or individualism are like a malignancy and hence must be completely avoided.

The ocean is at the lowest level and gathers all the rivers into itself, then becomes vapour and pours down as the blessing of rain on the whole world. Its humbleness is the sign of its depth and only when we become extremely loving and deep do we become large like the ocean. Anyone who feels self-important must do introspection and see, "Do I meditate? How deep am I? How many people do I love and how many are enemies?" and correct himself so that he can attain his depth.

1990 is a year when we have to take a big leap, and come out of old habits and grasp the new thing. The progress of Sahaja Yoga is about to complete twenty years. To survive, the most important thing at this stage is to ensure that we are absolutely pure and humble. Then, when we meet anyone we cannot become impure because then the purity has the power and brilliance to suck any impurity and purify others.

Some people are concerned only with their own progress, and keep to themselves, worshipping Shri Mataji while remaining cut off from others. But such people also do not progress, because we are all part and parcel of the whole, the collective Power. Hence, in order to achieve a complete balance within, we have to see to our own powers and also remain a part of the collective power.

We have two types of Shaktis within us. One attracts us to Sahaja Yoga, and the other throws us out. If people get lost it is their loss and not Sahaja Yoga's. For our benevolence we have to know that Sahaja Yoga does not need us, but we need Sahaja Yoga.

The other meaning of Yoga is Yukti. Yukti means that we are united and it also refers to the "art or skill" of that union. The first Yukti is that we have the full knowledge of it on our central nervous system, on our hands, in our fingers, the knowledge of the Kundalini. By this knowledge we can awaken the Kundalini of others, understand them and become one with them. At the same time, we come to understand Sahaja Yoga better. The intelligence of the brain also grows. That which is incomprehensible becomes easily understood.

The second skill we should have is Ananya Bhakti or absolute devotion to Shri Mataji. Then we get connected in oneness to Her so that what She thinks, we start thinking that way. Hence we should love everyone in the same way as Shri Mataji loves us, because if that feeling is not there then we are not in Ananya Bhakti. We have to be totally like Her if we are part and parcel of Her Being.

The next thing is that we say, "Mother, I have taken complete refuge in You." Then, any proposition put to us by Her, we should not even imagine refusing. Only when we do not have that sameness (Tadakari) with Shri Mataji can any opposing thought arise. Hence the next Yukti is to say from the heart, "Shri Mataji, please come in my head, please come into my heart, please come into my thoughts. Please come into each drop of my life.

Another test for our Yukti is to see whether we feel that "I am doing." Only when our union is complete do we become non-doers and start saying, "It is getting done." Then only do we have the Yukti of complete sameness with Shri Mataji.

Since we have to take a big leap, we must assess ourselves constantly by seeing, "What do I think? Do I think about others, that they are better than me, so I must learn from them? Do I see the good points or the bad points in others?" If we cannot enjoy ourselves fully, then that is due to some fault in us. When we correct this Yukti then we have only Nirananda and nothing else. On Shri Mataji's Birthday, She wants us to celebrate our birthdays too, so that we can understand these Yuktis, so that our lives can be filled with purity, wisdom, and holiness, like Shri Ganesha. The time to settle down firmly, change ourselves totally so that we are absolutely pure has come. After this change we have the blessings of life which cannot be described, for like Kabir said, "When you are completely blissful what more can you say?" All Sahaja Yogis have to come into this state.

Adi Shakti Puja Synopsis
Calcutta, April 4, 1990

Shri Mataji expressed happiness about the progress of the Calcutta Sahaja Yogis. Calcutta has many deep seekers whom the yogis should search out. The success of India lies in Calcutta. In order to accomplish this we must increase our powers and make our lives shine out in the society. FOR THIS, MEDITATION AND CONTEMPLATION ARE VERY IMPORTANT. We should meditate for a while daily, in the evening and morning. In people who do a lot of work for Sahaja Yoga, who give lectures and make others understand, the Divine Energy slowly gets depleted. So it is even more important and necessary that such people meditate every day.

We should meditate in the morning after bathing and at night before sleeping. "How would you recognize whether you were in meditation and it was all right? During meditation, you should first establish thoughtless awareness. You should keep the photo in front and light a candle. Put your feet in salt water and sit in front of it. When thoughtlessness comes, and vibrations start blowing in both hands wipe your feet and sit on the earth in meditation. After going into meditation try to know its depth. If thoughts arise, then say "Not this," or "Kshama" (I forgive). After a while you will not need to put in so much exercise. When one enjoys true meditation, one feels reluctant to leave the joyful state and get up from meditation. After meditation, the attention should not immediately go to food or the next routine matters of life.

We have seen new people who just received realisation may become caught up if they try to give realisation to others. Shri Mataji further noted that, "There is nothing like catch....it is just the indication, like a barometer--an indicator." The solution is that detachment should come. Once we achieve the detachment we can do any amount of work, work on others, cure diseases, we will not get caught up.

We are now realised souls and have reached a very high state and hence must try to understand the new seekers. We should not say anything aggressive but should try to win them with love, care, understanding, and if possible, by offering food and drink, by which they will feel we are all brothers and sisters. There is no discipline of any kind in Sahaja Yoga and people should not discipline them. "Don't do this, don't stand there," etc. The light of spirit corrects our behavior and the behavior of others. "In Sahaja Yoga you get the witnessing state -- only watch everything; do not think about it. To watch without reacting is the most joyful effort. Your mind should be placid and thoughtless like a lake.

We should understand that we are "tied by a very subtle and strong thread," and there is nothing greater than love for one another. The feeling of "mine" (my son, my house, etc.) takes us away from the Spirit. The Spirit has only a relationship with God, and works like the sap that flows through a tree which gives sap to every part and does not stick to anything. When this "mine" gets broken, we become extremely powerful and effective. The salvation of mankind can be accomplished by this power.

A new age has begun. The whole world is our concern and the responsibility of all the Sahaja Yogis is tremendous. We have to take it to every house and give this joy to everyone. If we show any laxness in this job, we will be held responsible. People who are settled should "stand up strong like a tree." And the problem here is a tendency for yogis to want "darshan" of the guru. The duty of the Guru is to give true

knowledge, not darshan. Guru means the one who gives knowledge: the all-pervading power of God which one can feel on the central nervous system.

Sahaja Yogis have to create a true "dharma," a pure inner religion without any artificiality about it, with honesty. If people follow the man-made religions then they can commit any sins, but after coming to Sahaja Yoga you yourself become dharmic and think of the benevolence of all. Christ said, "Thou shalt not have adulterous eyes." But do any Christians have non-adulterous eyes? Similarly, great saints have spoken great things but their followers carried out the opposite. Treat the new seekers with respect and care, as they are slowly coming from darkness to light. Make them gradually understand by giving them the experience. We should accept new seekers of truth wherever they come from. God can be found by those only who tread the path of truth.

This was the first Puja to THE ADI SHAKTI. All the Shaktis arise from the Adi Shakti and get absorbed back into Her. Only the Adi Shakti can do this work because She has supremacy over all the chakras. She knows the subtlest of the subtle. The Adi Shakti is of the nature of Mahamaya. "Otherwise you cannot approach Me. You will think, 'She is the Shakti, how can I go near Her, how can I touch Her Feet? How can I talk to Her?' And because of this mildness of Her form we are one today."

All the incarnations who came on this earth were a milestone on the ladder of our evolution. All had specific work to do, like the Goddess had to kill the rakshasas (demons) and save the devotees. Shri Krishna arranged this play. As it is a play, there is no need to be serious about it. Shri Krishna won over everyone with his sweetness. After Him came Mahavira and Buddha who took incarnations that were serious. In this seriousness, they spoke of oneness of the Spirit and the knowledge of the whole. Then seriousness developed and people became too serious-minded. In modern times, people have spoken very wrong things about the Kundalini. "Now the question arose how mankind should be told that there is God, there is Truth and it is in the form of the Spirit. It was necessary for the Adi Shakti to incarnate because only She could do this work."

"Man will have to grow and make others grow and it's hard work; only a Mother can do it with love, understanding and patience. It was necessary that I remain in this form of Mahamaya and you all should attain that state and not get lost in it, like a drop getting lost in the ocean. You all have to remain in that enlightened state and have to give it to others. I'll not let you get lost in it. Without sharing this joy I will not let you rest in peace. When something like this happens only then you'll recognize your responsibility. The light that you have got, you should give to others, and with full confidence. There is nothing to fear. Little children are full of confidence. They say what they think is right; they are not bothered about anyone."

A Sahaja Yogi's job is, in a way, greater than a saint's or a sage's as we have to give realization and resurrect the whole world. She also mentioned that a lot of miracle pictures are coming but these pictures should not be shown to new people because they will not believe it. If there is so much light coming from my head then why is it you people cannot see it? Why is it that only the camera records it? Because I am Mahamaya for you, but not for the camera perhaps. God has given you freedom. But these inanimate objects are not free. They move only through His will. In this freedom there should be no disturbance or flaws. I am like you. My entire behavior is like yours.

Shri Mataji's Address to the Ladies At Athens

June 24, 1990

It is known all over the world that the Greek women have the worst ego, like the Spanish. But there is worse, the American women are worse. The behaviour of the women has a lot to do with the wars. During these periods the women had to look after their family on their own and they got used to a manly lifestyle. What is the use for the husband to come back if the lady is still standing there with a sword in her hand?

Men and women are absolutely equal. They are equal like a chariot which is moving on its two wheels. Women are the wheel of the left side and men are the wheel of the right side. Also when people get married they are "stuck" together. Then the chariot cannot move. So everybody has to understand his role.

For instance, if suddenly you tried to smell through your eyes, would you be able to smell? So it is very important for the women to understand their position in Sahaja Yoga. One of the essential qualities of a woman is her motherly quality. This quality must be developed.

In India the society is first class and the credit goes to the women. The society is first class, not the political or economical system. But even there it is possible for a woman to get a high position in society, as we had, for example, Indira Gandhi. But first of all the motherly quality has to be there; otherwise one becomes like Margaret Thatcher. What is the use then of having a woman? Then a man can do the job. Only after developing the motherly quality can a woman do these sorts of things, to give it another dimension.

Women who talk too much are very boring. Men don't like it. Politics and economics are by nature done by men.

In India the women are used to working very hard. They are trained from very childhood to become good women and householders. Here the women cannot bear so much. In India they can go on working and working. They learn to cook for so many people. Like in Shudy Champs, there is an Indian lady who is cooking for so many people, and she told me, "Shri Mataji, in the West the women think they do a lot, but they don't do it." Here they just cannot do it. From too much thinking one gets exhausted.

Husband and wife should not quarrel. When the husband comes home, the wife should know how to handle the husband. Shri Mataji is a very good example how She treats Mr. C.P. First of all, he is entirely depending on Her food. She cooks so well, that wherever he might be, he will go home to eat the food that She has cooked. Secondly, he is depending on Her on the choice of his suits. Each time he buys a suit by himself, everybody will tell him that he looks funny. So that is one thing the ladies have to learn, how to look after the husband and how to keep the household. And not to add oil to the fire when he comes home. If you really have to quarrel, then at least it should not be done in front of the children, then go into the sleeping room. But what is the need to quarrel?

One day Shri Mataji bought two nice little cups, for which She only paid one rupee. So She offered them to some friends and Mr. C.P. was really shocked that She had offered something apparently so cheap. Next time he went to visit them in their house, he saw that they had especially put up a shelf and kept them there nicely. So when he came back home the only thing he said was, "They are as mad as You are." And then he gave up.

One day Shri Mataji went to the market, and there She saw a fellow who was wounded, so She took him home. Immediately Her husband and brother started criticising. "Why did you bring him here? You should hand him over to the police, he might be a thief after all." But Shri Mataji just said, "Let me cure him and look after him, he will be all right." So She looked after him for a few days. Then one night, the fellow escaped. He took all of Sir C.P.'s and Shri Mataji's brother's things but not the tiniest thing belonging to Shri Mataji. So Shri Mataji said, "Now you can go to the police."

So, with love we can win everybody over. More of love and understanding is needed. All the incarnations before Shri Mataji did not live for very long, like the crucifixion of Christ. It is for the first time that an incarnation lived for so long and only a mother could do this job because a lot of patience is needed.

A bit of strictness is all right for a man, like men would check the vibrations and see which chakra is catching, but the women have to be much more spiritual. Of course, it is more the job of men to go out and have programs, but the women are the ones who have to look after the people. That is a very important job, to prepare some tea, cook some food for the people and make them feel at home.

Sometimes men have to be treated like children and they forget very easily. One day Sir C.P. came home and was shocked, as the dining room had been repainted and he did not like the colour. So Shri Mataji said, "Just leave it for tonight as we have a dinner party, and tomorrow we shall change it again." So the guests arrived and they all liked the colour and said how beautiful it was looking. So the next day Sir C.P. said, "Just leave it like this."

The children imbibe all the fine things from their mother, like for instance, the way they dress. So the ladies have to wear nice, dignified clothes. The children will pick it up from the mother. To be a woman does not mean all this make-up. After marriage men do not see these things any more, they then see the inner qualities. You get married as you get a child. You just accept the other person. In India the husbands don't see that the women are too fat, they just don't see it. Nobody feels like this. What is the need for a woman to attract every man? Are you prostitutes or what?

Materialism really ruins us and ruins our children. All those people who have got money will first of all spoil their children. In India by tradition children have to learn many things. They have to help in the house, otherwise no food. Even in Shri Mataji's house they had to help and cleaned the pots with their little hands.

When the women do not understand their proper position in the society, then the society goes off and the Mooladhara goes off. Not much is needed, but little bit of adjustment in our attitude.

Sir C. P. Srivastava

On Monday, 9th July 1990 on behalf of Her Majesty's Government, Mr. C. P. Srivastava was given the highest possible distinction and awarded an honorary knighthood, making him a KCMG, Knight Commander of the Most Honourable Order of St. Michael and St. George. The honour was conferred upon him at a dinner hosted by Mr. Cecil Parkinson, the Secretary of State for Transport, when a special message was read from Her Majesty the Queen. Shri Mataji accompanied Sir C. P. to the dinner, as did their two daughters who had flown over from India especially for this most happy occasion.

The Secretary of State made a speech honouring Sir C. P. in the most heartfelt terms and announced that he found himself in the presence of a living legend. He paid homage to all the great work Sir C. P. had done in the realm of maritime affairs during his lifetime, and also to the fact that Sir C. P. has been honoured by more than 31 nations.

This honorary knighthood is the highest possible honour that Her Majesty the Queen and the British Government can bestow upon a visitor to their shores. Moreover, special permission was granted by the President of India for an Indian diplomat in these very special circumstances to accept such an honour from a nation outside India. Sir C. P. is probably the first Indian since independence to be the recipient of this highest honour from the British.

Sahaja Yogis of the UK and the world are overjoyed at this news. We remember that Saint Michael is Shri Bhairava, and Saint George, the patron saint of England, who slew the dragon, is again Shri Bhairava Himself. We never forget the gratitude which we all owe to Mr. Srivastava and the tremendous affection and respect in which we hold him. We are so happy that he has been gracious enough to accept this gesture of recognition which has been so properly bestowed upon him. We are very proud and offer him our heartfelt good wishes.

The following evening at the Shaw Theatre in the heart of London Shri Mataji and Sir C. P. and their daughters attended a concert given by Baba Mama and the Nagpur musicians, which was dedicated in honour of Sir C. P. Shri Mataji and Sir C. P. were also accompanied by a party of their oldest personal friends. The musicians as ever performed to ebullient and joyous perfection. Baba Mama from the stage reminiscing throughout about the family's early days, telling stories and anecdotes, and the musicians singing each family member's favourite bhajans.

A speech was made in honour of Sir C. P. and both Sir C. P. and Shri Mataji made speeches in reply. At the close of the evening Sir C. P. was presented with a large framed photograph of Shri Mataji, the much loved one which shows Her seated on the ground in India with the beautiful rays of light coming down upon Her. At that moment the whole theatre erupted with joyful applause.

Since that day England has been enjoying day after day of warm summer weather, in contrast to the cold and windy weeks beforehand.

First Programmes In Poland

The first two programmes in Warsaw, Poland took place on Monday and Tuesday, the 28th and 29th of May 1990. On Monday the Swiss leader spoke to about 400 people for one hour in Polish, his mother language. After realisation, he spent time with the "harder cases", people who were arguing and questioning. The ladies were working on people and raising their Kundalinis until 10 pm. Such beautiful people - quiet, humble, sensitive, queuing patiently for hours, already trying to feel the vibrations on others. On Tuesday about 500 people came and the programme lasted again until 10 pm. The follow-ups, which are twice a week, are attended by about 200 people. During the weekend, we meet in a public park where we shoe beat, meditate and work on each other openly. During the third follow-up, after some questions and confrontations, it was very firmly announced that Sahaja Yoga is the only way to reach God and that Shri Mataji is the incarnation of the Holy Ghost.

Tuesday, all of us deeply desired in our hearts that Shri Mataji come to Poland. The day after, the Sahaja Yogis tried with difficulty to reach Switzerland. The central post of Warsaw had only a very, very old telephone system allowing communication only after 6 hours of waiting. With the help of bandhans we immediately were connected and were very moved to hear that Shri Mataji had decided to come to Poland in July. What a joy there was the next Friday when the Polish people were told the great news. After the programme, many went to Shri Mataji's picture and spoke with Her, thanking Her for coming. In Poland they have a tremendous devotion for the Virgin Mary. It is really moving and opens the heart.

On Saturday, they bought Shri Mataji a big bunch of red roses and lilacs to express their gratitude and love. These flowers were taken to Austria for Mother's arrival in Vienna on Monday the 18th of June. The flowers were put in vibrated water and were still very beautiful when they were offered to Shri Mataji. Mother was very pleased and spoke about the qualities of the heart that the people of the east have. She asked also: "What will the Pope do now?"

We thank You, Shri Mataji, for giving us so many new brothers and sisters who will help us to transform this world into the Kingdom of God Almighty. This experience has given us who have been in Poland a strong sense of the powers of Mother within us. We realized that when we go as Mother's instruments to bring realization to others, Her Presence is always felt. During the entire three weeks we spent together, there was no tension between us, only a strong feeling of love and joy.

The latest news from Warsaw is that 2500 people attended each program given by Shri Mataji, and the second program was filmed extensively by Polish TV. In Hungary there will be a press conference without Shri Mataji on July 17. On Saturday, July 21, Shri Mataji will arrive in Budapest airport. Public programmes will be held on Sunday and Monday in a hall near the Danube River. On Tuesday, July 24, Shri Mataji departs for Sofia.

Shri Mataji's Visit to Spain

Shri Mataji arrived in Madrid on Thursday, June 14th. In the evening there was a public program at the Hotel Velazquez in the heart of central Madrid. About 300 people attended the program. Mother arrived at about 8:15 and She gave a very strong talk. She said that She had been coming to Madrid for about fourteen years and that there are only very few Sahaja Yogis; that of all the fourteen countries in Sahaja Yoga in Europe, Madrid is the most difficult city. She said many people come year after year just to see Her, but then they don't want to take up the practice of Sahaja Yoga. She spoke of the false gurus in Spain, that when she had lunch with the Queen of Spain, the Queen told her all about the 14 year old boy who is a false guru that everybody knows about, who has thousands of followers. She asked, "Why isn't Sahaja Yoga like that?"

After giving realization, Shri Mataji urged the seekers to come to see the Sahaja Yogis at the follow-up meetings, learn how to practice Sahaja Yoga and get these powers for themselves. As Shri Mataji was leaving the program, She commented, "I think this time they've really understood."

At the airport the next morning on Her way to Barcelona, Shri Mataji said that Sahaja Yoga will grow more easily in other cities and towns in Spain, and that its base is spreading. There are now Sahaja Yogis who have started giving public programmes for the first time this year in the Canary Islands, in Mallorca and various cities in Andalusia (southern Spain).

The Ambassador of Thailand, who is the father of a French Sahaja Yogini, came to Mother's public program in Madrid and also came to meet Her at the airport. Mother invited him to the Mahavira Puja in Barcelona and said that if one Sahaja Yogi goes to Thailand, She will go there to start Sahaja Yoga!

In Barcelona two public programs were given in a large theater in downtown Barcelona. On the first night Mother spoke about similar themes as those in Madrid. She also spoke about Christ, and how so many representations of Him are completely untrue to who He was. He was a strong man who did so much work in four years, not an emaciated figure who looked as if He had tuberculosis. "Why do people remember Him in this way?" She asked. She also denounced "Saint" Paul as a fanatic. On the second night, after the Puja, the vibrations were very strong at the program. Mother was incredibly sweet with the seekers, saying that She loved them all very much. She said that the real seekers had returned this night, and She stayed until late, spending time with each one who wanted to see Her.

The puja place was called Ca'n Bosc (House of the Woods) and was located one hour north of Barcelona in the mountains, and fifteen minutes from the sea. The winding road leading up to it was rich in vegetation. It seemed like the perfect setting for a Mahavira Puja, but Maha Maya began playing Her role. After several days of heavy rain in the area of Ca'n Bosc before Mother's arrival to Spain, the ground was soaked and seemed too wet for an outdoor puja. In Madrid Mother thought it was a good idea to look for an indoor place in the nearby town. When Mother arrived in Barcelona the day before the puja, the skies were crystal clear and sunny, and Mother commented

that it was good weather for a puja outside. But that afternoon it began pouring again only in the Ca'n Bosc area, so it was decided based on Mother's advice in Madrid, to have the puja in a theatre in the nearby town, and preparations to move everything were begun. The day of the puja was clear and sunny, and when Mother arrived, she asked why the Puja wasn't outside.

The puja setting was created as a forest scene, which is where Mahavira lived. On the stage there were two painted murals representing two moments in the life of Mahavira in the forest, surrounded by reproductions of wild animals, many plants, and big palm tree leaves. The puja talk is summarized at the beginning of this issue of the Divine Cool Breeze.

After the Puja a fine porcelain statue, hand carved by Iladro, representing a young flower girl at a flower stand was offered as the international present. From Spain, the Devi was offered a large tapestry made by the Sahaja Yogis, representing Maha Laxmi, Maha Kali, and Maha Saraswati. In the tapestry, the negativity related to Spain was being destroyed. Maha Saraswati was destroying a "torero," a bullfighter, representing ego and arrogance, and Maha Kali was destroying the Catholic Church, representing the superego and suffering. (Shri Mataji commented at an earlier time that Spain and Portugal are suffering from the left Vishuddhi due to the karma of the conquistadores who massacred tens of thousands of natives in South America during the conquest of the New World.) Another present offered to Mother was a white wool shawl, hand embroidered with lovely flower patterns by the Spanish Sahaja Yoginis. Shri Mataji was very pleased and put it on immediately! The puja present given to each Sahaja Yogi from their Spanish brothers and sisters was a small booklet with a picture of a painting of Mahavira and a short history of Mahavira's life, with a photograph of Shri Mataji as Shri Buddha from last year's puja in Spain inside.

On Sunday morning Shri Mataji received all the Spanish Sahaja Yogis (about 50) to give us a direct talk about Sahaja Yoga in Spain. Mother was interested in knowing about how Sahaja Yoga was developing in Andalusia (southern Spain) and Mallorca. She said it was very difficult in the south of Spain because there was a lot of black magic and superstition there. In Mallorca, Shri Mataji said, it will work out, that the islanders' hearts will open. Many Nazis fled there after the war, and we need to get to the next generation, their children.

She asked to have Her Feet washed, and She gave all the centers this vibrated water to sprinkle all over to cleanse the country. Then Mother said that the main problem in Spain is that the women need to develop their Laxmi principle and stop dominating their husbands. "Men are such simple things," Mother said, and women have the power, not to dominate men or to argue with them but to take care of them with the power of Love. In this way, the vibrations go directly inside, to their stomachs. Women must be decent and respectful, Mother stressed. Mother said that with this attitude and behaviour, more new Sahaja Yogis will be established and then an ashram could be started. She said the reason why Sahaja Yoga is working so well in Austria is that the Laxmi principle is so well established. When She finished Her talk, Mother gave us all Her blessings and lots of presents for all the Sahaja Yogis and Yoginis: pens, ties, and colored cotton t-shirts for the men; necklaces, bangles and many-colored cotton blouses and dresses for the ladies. Maha Laxmi was joyfully filling the whole room with Her gifts and Her blessings!

Mother was to leave at three o'clock that afternoon for Austria, but some airplane ticket maya changed the plan. When calling to confirm Her tickets, it was discovered that they had been cancelled by computer error the same day they were booked. There was only one flight to Vienna that day and it was full. After many phone calls and a trip to the airport Mother said it was best to go on the next plane at eight o'clock the next morning. Later She said She needed time to rest.

The following morning, Mother spent a little time in the airport before Her flight, sitting with the Sahaja Yogis, and talking to them both individually and collectively. It is incredible to see how in every moment She is caring for us, working on us, She works so very hard for us. As She said to us before, "We are such lucky Sahaja Yogis."

This week, following the Mahavira Puja, introductory follow-up programs have started in Barcelona and Madrid. Twenty-five to thirty different people have come every night in Barcelona, with real interest in beginning Sahaja Yoga. In Madrid two follow-up meetings were planned, but so many people showed up (over 60) that two more introductory follow up meetings were scheduled. May Mother's love, through us, illuminate their hearts and minds and may they recognize Her as the Queen of the Universe, the Great Goddess!

Shri Mataji in Austria and Greece

We would like to inform you about Shri Mataji's recent visit in Austria and Greece. In Austria we had two programs which brought us about 1000 seekers each. At the first program Mother worked on the newcomers till one o'clock in the morning. The second program brought us a bit fewer but the quality of these people seemed to be of a much higher level than the day before. The program was influenced a lot by the Kundalini Puja which Mother allowed us to perform right before the program. In the Puja speech Mother explained a lot about Herself, a thing which She had never done before in that way, as She mentioned afterwards.

After Austria, Mother went to Greece, where She blessed this country with two public programs which were attended by approximately 1300 seekers altogether. A Puja to Mahalaxmi was performed in a huge house on the island of Hydra surrounded by the Aegeeian sea. Only about 50 yogis, including the children from Rome ashram, were there to absorb the vibrations of the Mahalaxmi Puja in the Nabhi of the universe. The Puja started about 11 o'clock in the evening and lasted until 2 o'clock in the morning the 24th of June.

The whole time when Mother was in Greece She worked intensely on the Nabhi and gave a lot of speeches on the Laxmi Tattwa. Mother went shopping almost every day and gave realization to at least one quarter of the shopowners in the wellknown shopping region of Plaka in Athens. There She bought lots of presents showing us always how to save money though buying high quality. She also bought most of the national and international presents for Ganesha Puja and Diwali Puja. Looking at everything which She had bought, we experienced the joy that matter can emit if vibrations are put inside.

GURU PUJA SEMINAR

July 1990, Avignon, France

After the drive down through France on a beautiful hot Friday afternoon, the Guru Puja began for many of us when several hundred Sahaja Yogis assembled in the airport in Marseille to welcome our Divine Mother prior to worshipping Her as the Guru of all gurus. Shri Mataji's flight was late, which gave us time to renew old friendships and start making new ones. When the flight from London finally arrived, there were so many of us that Shri Mataji simply walked right through the crowd to where a chair had been set up for Her just outside the concourse building. Here She was able to sit comfortably as we went up to Her one by one to offer a flower and bow before Her lotus feet.

After Shri Mataji had finally received everyone's flowers and departed, we all climbed back into our coaches and cars for the hour's drive to Avignon, where we were accommodated in two marquees and a number of smaller tents on a camp site to the north-west of this beautiful old city. It was midnight, and we were all preparing to have dinner and turn in for the night when it was announced that Shri Mataji would be arriving in a few minutes for bhajans. And an epic night it was as the Goddess blessed us by Her presence until the grey light of dawn started to filter through the roof of the "pendal". It was a whole festival packed into a few hours, with bhajans from various groups including Nirmal Sangeet Sarita just back from our Mother's triumphant tour of Russia, and Sharon Harris singing modern Sahaja folk songs so beautifully. All the while Shri Mataji was seated on the stage mounted in the pendal, with a map of the world as backdrop with lights marking out the different places our Divine Mother has visited on Her travels and where Sahaja Yoga has taken root. It was a revelation to us to see quite how many places there were.

Next day began with breakfast after three hours of incredibly deep sleep, and continued through a relaxed day spent meeting one another, in meditation and foot-soaking in the Rhone River which flows past the camp site, and visits to Avignon. Towards the end of the afternoon we gathered in the puja pendal for a collective meditation, at the end of which we heard about Shri Mataji's recent tour in Russia, including some of the emotions and vibrations they had felt in Leningrad, looking out onto thousands upon thousands of seekers gathered at the Lotus Feet of Adi Shakti, hands outstretched.

After dinner all twelve or thirteen hundred of us assembled in the pendal and a music program began with a recital by Nirmal Sangeet Sarita, in which Dhakde Guruji (violin) and Nasir Khan (sitar), accompanied by Sandesh Popatkar on tabla, gave the world premiere of a new raga which Babamama had conceived while on tour with them. The raga is a mixture of Mal Kauns (C Eb F Ab Bb C) and Chandra Kauns (C Eb F Ab B C) with both the natural and komal (flat) Ni, the natural being played more in an ascending melody and the flat more when descending. Shri Mataji honoured their creation by giving the new raga a name, Chaitanya Purnima (Full of Vibrations).

By now it was shortly after midnight and the highlight of the concert was about to begin with the young sitarist Nishat Khan, by now an old friend of the Sahaja Yogis since his appearances at Easter and Sahasrara Pujas this year. First of all he played Rag

Pooriya, and then the beautiful pentatonic Rag Durga (C D F G A C), bringing out its dual nature, as a very tender and motherly music and a very strong and fierce evocation of the Divine Mother with all Her weapons on the tiger, battling the evil forces to protect Her devotees. Finally, after the audience rose to its feet for prolonged applause and Shri Mataji had praised him for the greatness of his art and notably for his humility, he asked to be allowed another five minutes to conclude his concert in the proper manner, with Rag Bhairavi. In fact he held us spellbound for nearly another hour until his raga came to a quiet and meditative end. Shri Mataji commented that by absorbing the vibrations of the music in thoughtless awareness we absorbed better than when She spoke to us. Particularly if She has something hard to say to us our egos tend to react.

The Guru Puja began on Sunday afternoon. Shri Mataji sat on the stage in front of Her house, Pratisthan, reproduced faithfully in a huge painting. Before the Puja She spoke particularly to the women about how they must overcome certain western characteristics. For instance, women tend to chat a great deal about unimportant and petty things, but are incapable of standing up and talking about Sahaja Yoga. Shri Mataji also talked about food and our attachment to it. We should completely lose our sense of taste, She said, and be contented with whatever food we have to eat, and not be attached to ice cream, pasta, or other dishes.

At the end of the Puja many presents were offered to Shri Mataji, all the national and international presents being of ivory, with ancient and beautiful deities, boats, buildings, and animals in all forms. The price of ivory has recently dropped very sharply on world markets as demand has suddenly, somehow, vanished.

Shri Mother left the Puja quite early as She was taking a flight the next morning to London, and a hundred or so of the Sahaja Yogis were able to see Her off at the airport, where we sat on the floor around Mother as She took Her seat on a bench in the concourse of Lyon airport, drank tea, and chatted to some local Sahaja Yogis. Her early departure was necessary to be in Buckingham Palace later that day as Her husband, Mr. C.P. Srivastava, was to receive Britain's highest honour from Queen Elizabeth in recognition of his services while stationed in London as Secretary General of the International Maritime Organisation.

An Astrologer's View

The following fascinating article was written by an astrologer in Switzerland.[1] The revolutionary leader and the guru may be Mikhail Gorbachev and Shri Mataji Nirmala Devi. We shall soon see...

...The astrologers brandish their compasses to draw the astrological chart of the 90s, and they also predict great changes. If everything is moving so quickly, if scandals break out everywhere, if the wheel of evolution is turning so fast, even in the East, and if the wind blows in great revolutionary gusts over the planet, it is because the planets pass through turbulent sky as well. For the astrologer, the heavenly bodies which move through the cosmos have an influence on the microcosm, the human being. As it was said in days of old, "the infinitely large and the infinitely small have the same structure and obey the same laws." Astrology is the study of this hierarchy, these laws which affect the world and the individual, of these cycles which turn within and succeed one another.

The background of the cosmic picture is the cycle of 26,000 years, cut into slices of 2160 years; twelve "ages," each relating to one sign of the zodiac. Humanity progresses with the turning of this giant wheel. Right now we are about to leave the mystical age of the Fish, which started with Christianity, and to enter, between the years 2000 and 2050, the luminous age of the waterbearer. This will be the end of all mystical doctrines, dogmatic ideologies and religions, and superstitions. Truth will be shown, proven, and manifested in the life of men. But to adapt ourselves to the fabulous and brotherly vibrations of the Age of Aquarius, we have to die to the old ideas, dogmas, and outdated concepts.

It is a period of transition, fascinating, but implying deep upheaval on both the individual and the collective level. The mutation which began during the 1980s will culminate during the 90s, and will be consolidated by the end of the century. For many years the astrologers have predicted the beginning of a new age.

What exactly is happening in the skies to prefigure such changes? The great event is the conjunction of three slow, "heavy" planets. For the first time since time immemorial, Uranus, "the revolutionary," Neptune, "the idealist," and Saturn, the "ambitious" are meeting within the sign of Capricorn. These three planets move so slowly that they very rarely come together. Whereas the Moon circles the Zodiac every 29 days or so, and the Sun every year, Saturn, Uranus and Neptune take respectively 29, 84, and 164 years. The moment of their meeting, so rare, is given added importance by its taking place under the sign of Capricorn, one of the four cardinal signs of the Zodiac, a serious, ambitious, materialistic and powerful sign like Saturn, by which it is governed.

Neptune: mystical aspiration, ideals, the need for the Absolute, and for Perfection in and through love, the irrepressible feeling of unity between living beings, the search for communion with God. And again, mad utopias, escape into illusion, and the dissipation of the Self into the floods.

[1]Translation of article in Femina, March 1990, by Christian Kirsner, an astrologer from Lausanne, Switzerland.

Uranus: human spontaneity and originality, unpredictable, action without warning, overturning old habits, disturbing those in power and their ideas, fomenting revolution.

Saturn causes evolution, growth, maturity. It symbolises the father who limits, commands, watches over, and finally brings each one face to face with himself to make him aware, to anchor himself in his own reality, though often at the price of painful renunciation.

Without Neptune, Uranus would only bring about violence and coups d'etat. Without Uranus, Neptune would be lost in dreams and visions. And without Saturn, these two rather megalomaniac planets would accomplish nothing. Saturn gives them the force to make concrete their socio-revolutionary ideas (events in Eastern Europe, the war against the drug mafia in Latin America), and brings the seal of permanence to their actions; fires them with ambition and the taste for power, and incites them to harden their positions even to the point of fanaticism. When Saturn caught up with Uranus at the end of 1988, this influence was at its peak, bringing the resurgence of the extreme right, Nazism, and religious and political fanaticism in its wake. In 1989 Saturn caught up with Neptune and brought form to the latter's idealist dreams. The revolution is under way, as we shall see shortly.

The greatest moment will take place between 1991 and 1994, with the conjunction of Uranus and Neptune, which only takes place once every 172 years (the last time was in 1820 in Sagittarius). This aspect, which will last three good years, can be compared to the decisive meeting, in the sign of Capricorn, of a revolutionary leader and a guru, both determined to change the world. Saturn, as always, plays the arbiter, until at the end of the year when it leaves the sign of the goat to settle for a while in the calmer skies of Aquarius, leaving its powers to this friend and ally, Capricorn. It is the time for humanity to turn and change, to lay the foundations for a new type of society.

Will the new world be beautiful or ugly? No doubt, both; for if we are to rebuild we first have very much to demolish. This has been the job for some time already of the fourth "heavy" planet Pluto, whose astrological aspects do nothing to soften the glorious but highly charged heavens.

Like the other three heavy planets, Pluto is living an exceptional moment of its history. Repository of all the experiences of humanity and symbol of the unconscious forces and primitive instincts, Pluto has never been so close to the Earth nor has ever moved so quickly through the skies (still taking 240 years to make a revolution about the Sun, however, staying on average twenty years in each sign). It is no coincidence if it hurries, not fearing to stress the whole humanity. It has much to do. The heavens have burdened it with performing a great spring cleaning, which it has been performing since 1984 in the mysterious and occult sign of Scorpio, receptacle of human memories. We should emphasise that this cleansing is inward, of the psyche. Probing the abysses of the collective unconscious with its laser, Pluto awakens the old demons to exorcise them better, and in this purification brings to the surface the mud of the primeval depths. This most powerful of planets is possessed of an atomic force, capable of transmutation as well as of disintegration. Well employed, this energy serves man, purifying him; otherwise it returns against him. Did not the AIDS epidemic appear under the influence of Pluto in Scorpio, sign of life, death and rebirth? Crises, suffering, depression, and violence; these are the price of regeneration.

Pluto will leave Scorpio in 1996 to enter the fire sign of Sagitarius, symbol of the superior spirit, metaphysical abstraction, fundamental research, and new ideas. The three other planets will also move on, leaving the serenity of Capricorn one after the other for the friendlier sign of Aquarius; Saturn in 1991, and Uranus in 1996. But we shall have to wait until the beginning of 1999 for Neptune in its turn to join them. Then only will humanity realise what it has gained from the period of turbulence, as it enters the Age of Aquarius.

Predictions....

1990: start of the conjunction of Uranus and Neptune in Capricorn. The revolution in the service of humanity, and a period of political utopia. Until June, an opposition with Jupitor blackens the picture; revolutions, sedition, counter-revolutions. The black Moon, in conjunction with Pluto in Scorpio, sign of metamorphosis doesn't help; earthquakes, inundations, tempests, epidemics, aerial catastrophes and heightened pollution; but also the ecological movement growing and leading to a full awareness of the dangers facing the world.

1991-1994: The Neptune-Uranus conjunction at its height. This exceptional aspect profoundly modifies Eastern and Western societies on the political, economical, social, and religious levels. It gives a boost to the new Europe.

In 1991, Saturn leaves Capricorn for Aquarius, organising and structuring the great human movements brought about by Uranus and Neptune, changing the rules of the democratic game, setting limits to countries' behavior which must not be overstepped, and obliging the member states of the EEC to rise above their outdated nationalisms to enter into the construction of a new and different world.

In 1994-95, Saturn moves into Pisces, creating a bulwark against the floods which will ensue. As Lenin said, one cannot make a good omelette without breaking a few eggs... Saturn helps to digest the revolution intelligently.

Around the end of 1995, or the beginning of 1996, Uranus in its turn leaves Capricorn. Having sown the seeds of turmoil which have shaken Europe and the world, it enters its own sign, Aquarius, sign of communication, liberty, brotherhood. At home, Uranus accelerates the revolution taking place. It is the end of the dictatorships of the left, the right, and the centre.

In 1995, Pluto leaves Scorpio to enter Saggitarius. The danger is over.

1998-1999: Neptune in its turn enters the sign of Aquarius, with the emergence of the new consciousness and a new spiritual order.

Shri Mataji's Itinerary

(Subject to Change)

July 29 - Aug 2	India
August 3	London
August 4	Shudy Camps
August 5 - 7	Los Angeles
August 8 - 9	San Diego
August 10	Vancouver
August 11	Vancouver, Shri Saraswati Puja, Public Program
August 12	Toronto
August 13 - 14	Toronto, Public Program
August 15	Cincinnati
August 16	Cincinnati, Public Program
August 17 - 18	London
August 19	London, Shri Krishna Puja
August 20	London
August 21 - 22	Shudy Camps
August 23	Munich, Public Program
August 24	Austria
August 25	Austria
August 26	Austria, Ganesha Puja
August 27 - 28	Austria, Public Programs
August 29	Switzerland
August 30 - 31	Switzerland, Public Programs
September 1	Frankfurt
September 2 - 3	Frankfurt, Public Programs
September 4	Holland
September 5	Holland, Public Program
September 6	Belgium Puja
September 7	Belgium, Public Program
September 8 - 12	Paris
September 13	London
September 14	London, Public Program
September 15 - 19	Shudy Camps
September 20 - 22	Switzerland
September 23	Switzerland, Navaratri Puja
September 24	London
September 25 - 30	Shudy Camps
October 1 - 10	Shudy Camps
October 11 - 17	Istanbul
October 18 - 20	Milan
October 21	Milan, Diwali Puja
October 22	London
October 23 - 26	Shudy Camps
October 27 - 31	India