

# The Divine Cool Breeze

August and September 1994



Volume 8, Nos. 7 and 8

International Newsletter

|| Aum Shri Nirmala Devi, Namoh Namah ||



**"What is needed now is to raise your awakening, to raise your spirituality, to go into a realm of complete support and surrender to the movement of this spontaneous movement of Sahaja Yoga"**

—Shri Mataji Nirmala Devi, Guru Puja, Cabella, Italy, July 24, 1994

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|| *Aum Shri Nirmala Devi, Namoh Namah* ||

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## Shri Adi Shakti Puja Talk Synopsis

Cabella, Italy, June 26, 1994

"Today you all have decided to have the puja of Adi Shakti. There is a difference between doing the puja of Kundalini Shakti or Adi Kundalini, and Adi Shakti. The difference is like this: on one side the Kundalini is reflected in you by Adi Kundalini; the second side is the power of Adi Shakti which is *paramchaitanya*. So in totality... it has two sides: one is Her power as *paramchaitanya*, and also reflection in human beings as Kundalini."

"The third work that Adi Shakti had to do was to create this whole universe." To begin with, the cosmos was created and then this special planet of Mother Earth was created. "What I have told you about Adam and Eve, we have found out was also said by John in his Gnostics book.... I always told that Christ must have told you many things, but they are not in the Bible. So if you understand that this Adi Shakti came as a serpent—the Adi Kundalini part of Her—and told Adam and Eve, especially Eve, that she should ask for the fruit of knowledge to be eaten. The reason I gave you is exactly written there—that the Mother power, the feminine power, didn't want Her children to live like animals without understanding what is the knowledge of the higher realms, not giving them chance to rise higher through their freedom, and then to higher and higher awareness. It was the concern of the Mother."

"So there were two types of worlds were created, one was the divine, another one started evolving." It looks like a tremendous task, taking billions of years, but in the modern age we are going to the moon with such a small effort and we get there so quickly. "Nobody could think that we'd ever be there. All this has happened through the human brain. Now what is the human brain after all? Human brain is not at all anywhere near the brain of the Virata nor it is used fully. Its very little bit is used by human beings by which

they have achieved this flight to the moon. Of course, there is no purpose in it. I don't know why they are doing it, but they did it."

"So the whole nature was created by Her." Whatever you see today around you is all Her work. "I was going to wear a very heavy sari and I said, 'It's very hot so I had better change to a simpler sari,' so I changed, and when I came out, I found it had become cooler. So the nature knows everything and who informs the nature is this Paramchaitanya. Paramchaitanya was never that active. It started since My birth, I should say, when Krita Yuga started. At this time you had to have your realization. That was decided by the divine collectivity, you can call it. All the Gods, Goddesses, all of them decided to put this work on somebody whom they thought to be very capable. So they said, 'We all will be with you, entirely with you, all our powers will be with you, but you take up this job now in this Kali Yuga to transform human beings.'"

"In a way, human beings are more difficult than animals because they have their own freedom and they have been given this freedom to achieve their final freedom. In their freedom, the way they behave is something very surprising—how they go completely out of control and try to do things which are so destructive. Of course, in Kali Yuga it was predicted in India but I think they could not predict what would happen in America or in the western countries where people have freedom just to destroy themselves and they are finding new methods of destroying themselves. This tendency cannot be curbed, cannot be stopped by Adi Shakti or by God Almighty because you have been given the freedom to ruin yourselves, spoil yourselves and to go to hell. That cannot be controlled by any divine power. Divine power also respects your freedom so the Divine collectivity

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thought, 'Are we going to completely ruin the creation of Adi Shakti? Are we going to completely destroy whatever She has created and then recreate something better?' This was the discussion going on, and most of them were so fed up with the human beings, especially with the western freedom, that they said, 'These people want hell and why should we give them the heavens? It's not proper.'"

"So first thing Adi Shakti did was to create a seeking in them. She created this desire to seek and so these people belonging to this culture, which was so destructive, started seeking. When the seeking started also, as usual, in the market there were many others who came forward to give answers to their seeking. They had to go cults and things and false people and all that because they had no way to know, but if they had read some books of enlightened people like Kabir, Nanak, even Gnostics, their scriptures, or anything like that, they would have understood what is the truth and where to find it and how to find it."

"It is a big step, I find, between the people who are seekers and those who are not at all seekers. They don't want to know and they can never be seekers. I can assure you that some of them will never think of seeking. They'll get possessed, they'll have diseases, they'll have earthquakes, they will have anything—they will never seek. Even if they get diseases, they will say, 'Oh, we are martyrs, we are doing great work.' Such stupidity has come into their heads that they think by doing these wrong things we are going to be saved, and this stupidity comes through the perverted brains, and this perverted brain acts when people are free to use." Why don't they see for themselves what is happening?

"So to expect that the whole world will go to heaven is absolutely not possible." They have tried all kinds of things through drugs and alcohol, even people at the helm of affairs and in the universities. "How could they think that this kind of destruction will lead them to their salvation? ... But those who are seekers are so ardently seeking that they will all have to be

given their self-realization. Now this is, of course, My job, I agree. I have come on this earth for that job. I am supposed to do it. I am trying My level best, and no incarnation has lived like I have lived for so many years, and such compassion of Mine which really makes Me live, that I feel we have to have many more Sahaja Yogis, we have to have big salvation. With that compassion and with that love, one can take to any measures, anything. I do not think those who are not seekers will achieve it."

"Now why is it some are seekers and some are not? One may say that Adi Shakti, if She has created all the human beings, all of them should have seeking. Because in freedom they have lost their way. They are seeking something else and they think they are right. They have a right to think that they are right. Even a stupid fellow, even a mad person thinks he is right. If you tell him, 'You are mad,' he will say, 'You are mad.' And this seeking, though put into them, they are not yet capable, so many of them, of achieving it in the proper way because for that one has to surrender, not one's freedom, not one's intelligence, but the ego that is developed in human beings." Some people who are possessed by negative forces want to keep the ego intact so that they can use it for their own purpose. They don't hate it or want to get rid of it.

There are many who are nowhere near seeking, who are really evil people, and they never want this world to change. "Our media is dominated by these evil people." They don't want to show anything that is good or benevolent for human beings. On one side you see such collective negativity, and on another side we find real seekers.

"There are some who we can call as half-baked and some are pseudo-seekers. If in the name of seeking they have done some sort of a sacrifice, for them they are very great. Also they get involved with people who are claiming. Because I have never claimed anything, they are not impressed by Me. I have not changed

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My dress, I live like a housewife, so they are not impressed by Me. I have not developed two horns to show something great about Myself so they won't be impressed, but... this is Mahamaya where Adi Shakti does everything like human beings do—everything. You won't be able to find out that She is divine. My family people could not find out till I started this work, none of them except for My father and mother. Nobody could find out that I had any powers even."

"Such insensitivity to Divine can be created by Mahamaya power of Adi Shakti which is very important. Otherwise you cannot judge, you cannot understand. Despite that, I have many times misjudged people because they know how to camouflage for a little while but then I discover. If the seeking is ardent and they are seeking really the truth they will find it, no doubt" because the whole creation, the whole universe, all deities and all angels are for them and are looking out for them.

"This is important that we have so many Sahaja Yogis. Nobody had so many Sahaja Yogis in their lifetime because I have to have channels, and these channels have to be very clean, have to be beautiful, innocent and benevolent. If only they surrender to this fact—that we are here as the instrument of God Almighty and that we have to give benevolence to others, I tell you at least 75 percent of work is done. But even if they have got realization like a bird comes out of the shell, some of the birds still carry a part of the egg and some of them are not even grown-up to be birds."

We have to judge and understand ourselves. "I am a very mild person.... People think I am very forgiving. I know everyone, not that I don't know, but I allow, 'All right, go ahead as far as you can go.' Experience is the only way a human being can understand, no doubt. If you tell him something he will never understand. Experience of self-realization has made you understand, but again I would say that we cannot give realization to the whole world.... They are like stones, absolutely horrible people."

"Those who are false are getting exposed and everybody is noticing that they are getting exposed. This exposure, of course, will save them from these horrible people but I don't know if they would come to Sahaja Yoga, or if they would take their realization. This I am telling you because now I too have experience of human beings and all these years I have been working, I have seen that there are people and people and people. Out of them the seekers are extremely proud of their seeking. So some of them don't want to give up their seeking." It's kind of a job or a hobby, and they have a certificate of being seekers. They will wear funny clothes, and could be recluses or aggressive. For them seeking is a lifestyle, and wherever they go is for seeking. "Every time they have argued with Me that, 'Mother, there must be some more ways.' 'Yes, maybe. I don't know of any. You can go.'"

"Now the main job of Adi Shakti today is to give realization to people.... All the rest is looked after, is already managed... is like a computer.... Whatever is happening is in a reflex action. I don't have to worry about these things. Like people might say that, 'Mother, I prayed to You and how is it You helped me so much?' ... At that time maybe that thought may come to Me—thought, but it's a reflex action. I really don't do anything. Actually I am *Nishkriya* (निष्क्रिया), not doing anything whatsoever, the laziest person you could think of is Me. Really, because if there is a complete organization working for Me, why should I work? ...But one thing is there: I am witnessing and when I am witnessing, that acts on the reflex. That works out the paramchaitanya because if that is the power of the Adi Shakti, then whatever I witness gets reported to that power." With electricity power, if something goes wrong, it is not reflected to that power. It finishes off. "But the other way round—that if I witness something wrong, I don't have to do anything. I am just witnessing, I am just watching. The whole thing acts through this tremendous power of paramchaitanya."

"Now this power you do not know. You know Kundalini, you know all about chakras... but

this power of paramchaitanya is in every particle, into every atom and it acts in such a manner that it directs, it pushes you, it takes you to the path of benevolence. Sometimes people say, 'Mother, I wanted to buy this shop I couldn't get it.' It is for your benevolence you didn't get. Thank God. After ten days they will come and say, 'Thank God I didn't get that.' So gradually through experience, you start understanding that we don't have to worry. If you are lost on the way, normally people get very upset, but Sahaja Yogis don't. 'Oh, very nice. Must be something here that God has brought us here.' This action slightly then changes. I would say the person who is overactive starts thinking, 'Now surrender, Islam. Surrender. Give this problem to this paramchaitanya.' And it works. Such tremendous things have happened in this world just by bandhans." Even if you find so many murders and other things happening, this is also just to express the presence of paramchaitanya. It's *krita*, it's working out... *krita* means the one which is done. Then you start realizing that this power you can achieve through your Kundalini."

"So when your Kundalini rises, that is also a reflection of Adi Shakti." We see one part of the moon and another part we don't see. "In the same way this power, when it rises within you and touches this paramchaitanya, then you become empowered by that. That's how you are Sahaja Yogis, but you are not God. The incarnations can say, 'I am God.' You are not incarnations, but none of the incarnations have ever said that they are Adi Shakti, cannot. This power of Adi Shakti which we call paramchaitanya is the power that loves you, has complete control of the nature. It understands, it thinks, it knows everything about you. It works in every angle, in every walk of your life. It is with you entirely—as if, supposing you fall into a river which is flowing fast and you cannot swim anymore.... You start flowing with it, and then you realize that flowing with it is a better thing than to try to get out of it, but just flowing with it, just enjoy all the nature around you, you don't get drowned. On the contrary, you feel you are

elevated, and you are flowing with it. Then you understand, 'What am I to do about something when it is done by paramchaitanya for me?' But credit should be given to your Kundalini which has worked it out, has put you onto that shore, has put you onto that beautiful heavenly Kingdom of God."

"Thus you understand there are two things that have happened, that first your mother, your Kundalini which is within you which is your own Mother, which has been with you throughout, has given you this birth, and then it has taken you to that power which you can use yourself. You are empowered by that. You will be amazed how this power helps." For example, if you are dealing with carpets, you know everything about them. "If this power is everywhere, one has to know everything. The connection is such. If you want to know, you can know anything."

Buddha was called *Sarvalokektashrvara* (सर्वलोकेतश्वरा), the one who sees all the lokas because His ego can be called the *parama-ego*. "*Mahatahamkara* (महताहम्कारा), knows everything, while your ego doesn't know anything. Because it doesn't know anything, you are enveloped by it. If the ego had known what is the truth, you will be... absolutely free, but you don't want to surrender your ego. You don't want to allow yourself to flow into the river as *tao*. You don't want to enjoy. You want to have your own speciality. Individuality is very different from having a kind of an ego within yourself—that I am this, I am that. So this differentiation must start.... In the light of realization, you should start seeing things."

"The first and foremost is to tell your ego to sit down. 'Keep quiet, you don't mind.'" In modern times it is a fashion to be stupid and to answer that you don't know. Ego makes a person stupid. In Marathi, if anybody starts showing off his ego, they say he is climbing on a little bush. "All this ego comes through your own so-called ideas, achievements. But what are these achievements? You don't know anything.... If you know how to surrender your ego, you will work it out."

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"The women are the power, the *shakti*, but in the West I find women are not using Adi Shakti. Firstly, they are still very much possessed by their emotions, by their ideas and things like that." Men have ego, but even women are very egoistical. For example, a western girl gets married, and very happily takes all the presents and the congratulations. After ten days she says she is confused. 'All right. You return all your ornaments.' 'No, no, then let me think.' This is not the level of a Sahaja Yogini. Sahaja Yogini is the shakti, and she has to take up challenges. 'I'll show you. I'll do it better.' On the contrary, I find them extremely dominating. I am amazed. Why should shakti dominate? If she is shakti, she'll not dominate."

"This domination business is very common and also a kind of a temperament like a nun." They dress and behave like a nun. "I am talking about Adi Shakti so I am talking about shakti. How the shakti has to come up? I was surprised that women were not spreading Sahaja Yoga. Somebody told me that leaders don't want women to spread Sahaja Yoga. I said it's wrong. If the leaders says that, it's not proper, but first of all the Sahaja Yoginis have to be real Sahaja Yoginis because so far I have seen any lady I have tried to give the position of a leader, she just finishes off. Not all, but some."

"Now the duty of a Sahaja Yogini is to develop herself through meditation, through understanding oneself and through self-esteem that I am a Sahaja Yogini. I am the one who is shakti. I am the potential of that. I am the potential myself. What do I do? Nothing.... 'Am I the potential?' This is what the Sahaja Yoginis have to decide. Otherwise they are possessed, they are day dreaming, thinking no end of themselves.... I want some nice Sahaja Yoginis to be the leaders, I really want, but as soon as they become leader they are on a horse, running so fast. So humble down."

"Unless and until there is a big space in the pitcher, what water can flow into it? Have a very large heart. Anybody comes to your

house, you don't like it, don't want to do anything for other Sahaja Yogis to look after them.... In the West women have to take up shakti into themselves, and shakti doesn't mean dominate your husband and make a fool out of him. No, it means give him powers. You are the supply of power of the whole family, and this is our family.... I am so concerned about everyone, even the little things I am bothered about. I am never satisfied that, 'I have done my job now and tonight I will go off to sleep and I'll not think of anyone.' Never.... All the time it's flowing, this power, and My concern is power that works because My concern is genuine. I am not concerned about Myself, never."

"When I see all these women doing all kinds of things to preserve themselves, I am surprised." Develop a genuine, loving, compassionate concern about others. "They never look after each other's children, they never help others.... If you don't have concern then you will not have collective mind, you will not have the collective power, and it is important that you all should try to be very collective, look after each other."

Sahaja Yoga is missing out on its shaktis. Some do not know how to smile even, and some are extremely dominating. "I have to tell you this because you are so important. But for Me, no man incarnation would have done this job." They get crucified, poisoned, or killed at a very young age. "Nobody wanted to do this work.... they got fed up.... Now it is for you people, the ladies, have to develop that patience of your Mother, that affection, that love and then you will see how your shakti will work out. I again and again always have talked about this, and at Adi Shakti point I have to say you are in your family like a shakti," and you have to be wise, sensible, patient, and you have to understand your husband and your children.

"On the contrary, they spoil their children.... You must know first what is good for their benevolence. For example, if I say the children, if they go to a school, they should not be removed, it is for their benevolence. What are

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the people going to gain out of it? So somebody says, 'No.' All right, get out. What can you do? Such attachment to your own children shows you are a powerless person." You must love, look after, enjoy, and take interest in *all* the children. "We are a joint family. We all live together, we have to share everything. This kind of insensitivity to your collective behaviour is going to also spoil your children."

"So what you are going to transmit to the whole world is this Sahaja living, and the women make the society. If Indian society is good, the credit goes to the Indian women and to their wisdom. Our men are stupid in India. They have spoiled politics, economics, everything, but society is still maintained and they are very, very still on the right path. This only comes because of the wisdom of the women. If the women are busy dressing up for hours together, thinking about their clothes... finished."

"This is a day of worshipping the Kundalini who is the Mother... and you are the mother. You must know each and every thing about your child.... In India children don't become drug addicts because all the time the mother is on their head like a hawk.... She loves but she knows where he goes." People say their children don't listen to them. It's because they are not disciplined. Even though the atmosphere and the children are very bad here, "if you are a strong mother in your love, your children will not go... but you yourself should be all right. As a mother one has to be tolerant, one has to understand, but when you have to tell them, you have to tell them. If you think you can tell them sharply or maybe in a proper way but the child should know that you love the child and that you love all the children. It is very subtle."

Not asking for anything to be bought for yourself is a kind of self-esteem. A Sahaja Yogini mother, wife and shakti has no demands. "The one who is a giver, what is she going to ask?" So I feel sometimes that the left side, or the women's side, in Sahaja Yoga is a

little bit going down, and they have to come up. First meditation, respect of Mother, teaching the children how to work out Sahaja Yoga, talking to them about Sahaja Yoga and not only about food, of cleanliness, of being nice to others, how to share things and telling children good stories, telling them what is dharma, talking to them, having a rapport. This is what you have to understand to make Sahaja Yoga very strong. You are the shakti of Sahaja Yoga, take it from Me, and you have to work it out that way instead of worrying about small, small things."

Our whole system of Sahaja has to be a model for others to see and understand that what we have achieved in our day to day life. Adi Shakti works in our day to day life, from the smallest things to the highest and all the time you have to learn. Whether you are a leader or not, all the time you must know what you have to know." Unless and until you develop that humble attitude that you still have to learn, ego will never go. "Because of this ego you are satisfied with yourself.... You don't know how much you are torturing others, what you are destroying... but you feel extremely happy with yourself. Such a happy-go-lucky personality sometimes is living on air."

"What have I done today for somebody else, how I have talked to somebody else, what have I given to somebody else?" I need not give you presents... but I give you presents because of My own satisfaction, and if I take presents from you it is for your own satisfaction." We have to do what we find satisfaction in. Some people only find satisfaction in whether 'my' house, 'my' husband, or 'my' child is all right. "Unless and until this 'my' shifts to another person, you are still in the realm of maya. You have to learn to think every day or to write—all of you should write diaries, 'What have I done for others? What have I said to others? What will please another person?'"

"Small, small things can make the life so beautiful and also very big things there are for you.... This whole sky can be covered by one

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leaf. If you see the leaf against the sky, the leaf shows its existence. In the same way, this whole vision of Sahaja Yoga can be completely covered by one person who stands with this great expanse.... With such a lot of Sahaja Yoga, there are people who are here, there and there, it's so remarkable that if you take their names also I just feel I am drenched into the ocean of joy. Only one person, then what about you? Why can't we do that? When Adi Shakti is with you, reflected, when all Her powers are with you, how much we can do? In this expanse of My vision I want to have more and more people who will be of some visions themselves, but not small people who just think of their children, think of food. They are not wanted, useless, they will all drop out.

"I hope you have understood where you are, what you have. What is created within you is this Kundalini which has given you all the knowledge... but there are so many, I know, they don't even know what is this chakra—going to that limit of ignorance. You have to know all these things... because this is for you,

all for you, all this knowledge, and the greatest of all is the faith, not a faith which is blind but enlightened faith that you are now one with that divine power. This should really settle you completely."

"This, I think, is one of the most important pujas... but I think to understand your own powers of Kundalini and your powers that are available to you through the working of paramchaitanya is very important. That will give you confidence, that will give you compassion, that will give you a vision, and that will make you a very great personality." What were George Washington and Abraham Lincoln? They said they were great, "but you are all having your self-realization. You have to think of the whole Universe, the whole expanse. Unless and until that brain develops in you, I am very sure the progress of Sahaja Yoga, within and without, will be less. So understand these powers are within you. You have to utilize them with humility. May God bless you."

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## Shri Adi Shakti Puja Seminar

Cabella, June 1994

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It was a hot, muggy, humid day in Milan, Italy, but lo and behold, as we meandered through the valley of Cabella Ligure, the temperature dropped at least ten degrees, and a gentle cool breeze was sweeping the vale of Shri Mataji's place in the wilderness. This is the place mentioned in John's Revelations, where the Lady in White will reside for 1,260 days. It was a Divine privilege to witness the beginning of the end of the battle with the dragon. This was Shri Adi Shakti Puja.

Shri Adi Shakti has only taken form on Earth once before, as the Divine Cow, Surabhi. This time, as H. H. Shri Mataji Nirmala Devi, She

has come with all Her powers to comfort, counsel, and redeem Her children in the last battle, and the final victory. The Golden Age is here, and the veil of Mahamaya is being raised by Her to show the Universe the climax of the Divine Play. As the veil lifts, so does the curtain fall, and our last act comes to a close. So let's get our act together. This was the feeling at Shri Adi Shakti Puja 1994.

On Friday, Shri Mataji was unavailable to everyone, yet She had Her eye on every detail of the Puja preparations. The food, entertainment, decorations and accommodations for almost 1,000 yogis from around the world were

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completely in Her Motherly attention. The host yogis for the weekend were Holland, Belgium and Spain who entertained and cared for us with a great deal of love and sweetness.

On Saturday, the collective desire to swim in the morning was expressed when a tractor came from nowhere and pushed a wall of dirt and stones across the river, creating a huge swimming pool for wading. No one was aware of the rest of the world that day, as the sun was shining, a gentle breeze blowing, and the blue skies stretching from hilltop to hilltop. Yet when one Yogi arrived from Berlin, we were surprised to find out that a massive thunderstorm full of furious lightning was raging in the surrounding region. Truly, the beautiful weather was a blessing from our Holy Mother, and truly the storm outside our little paradise foretold of the power of the event to come.

Saturday night the Queen of the Universe graced this Earth with Her Immaculate presence as the yogis were treated to a music, dance and drama presentation with Shri Mataji in attendance. The first item was presented by Spain who performed intricate percussion based on Sufi rhythms. Also, while waiting for the dancers to don their costumes, long forgotten bhajans were sung again with bhakti for our Holy Mother. The Spanish music group performed three beautiful Spanish songs that touched everyone's hearts. Four yogis from the new Canary Islands centre performed a dance with other Spaniards. Finally, the Spanish performance closed with flamenco dancing, performed the way it was originally meant to be, full of grace and devoid of sensuality.

After this, the Dutch yogis performed a dance with wooden shoes and colourful hats and costumes. Then a satirical TV news program was presented by the Belgian, Spanish and Dutch yogis that left the collective full of laughter and levity. The play had a deep meaning, as the newscaster turned out to be a seeker trapped in the maya of modern times. With the help of Shri Ganesha, the yogis, the children, and the beleaguered news anchor played masterfully by Henno finally came back

home, taking his realization shortly before the curtain fell. To celebrate his rebirth, Henno expressed his hitherto unknown talents in the musical sphere by leading a chorus in the first ever qawali sung in the English language. It was a stunning round of vocal joy which lasted over 20 minutes, culminating in a rousing finale when the entire collective danced at the Lotus Feet of Shri Adi Shakti. With the groundwork laid, the Universe did Pranam in readiness for the worship of the Goddess that was to follow.

The puja began early Sunday afternoon. Shri Mataji's talk centred on the power of the Shakti, including the role of women. (See the synopsis in this issue.) We know in our hearts that no words can express the sum of the infinite compassion, love and wisdom contained in every moment of Our Mother's patient address to Her children. Time stood still, thoughts melted away, the past and future lost all grip, and what remained was blissful awareness of our humble presence in the Kingdom of Heaven.

Even then, after all these blessings, Shri Adi Shakti, in Her endless *Anukampa* (अनुकम्पा), showered gifts of material joy upon the yogis who had participated in the weekend's festivities. Shri Mataji had handpicked each item Herself during Her tour in the Far East. All this, and much more than we will ever know, is the Ocean that is Shri Adi Shakti. Shri Mataji departed the tent in the evening, and all the yogis stayed together, enjoying the vibrations and each other.

Later that night, huge black clouds rolled in over Cabella. The whole sky was lit up for several hours with Shri Vishnumaya flashing a silent announcement of lightning with no thunder. The lightning was breathtaking, the heavens opened up and the rain bucketed down, drenching the area for the next 12 hours. The nature, the sky, every atom bending in obeisance to Her Will, the Divine's Love for Her creation was calling us to dance in the Light of Recognition.



# The 108 Names of Shri Mataji Nirmala Devi

Read at the Adi Shakti Puja 1994

You are Mary, Fatima, Kwan Yin, Athena and Matreya. *Salutations to You again and again.* 1

You laid the foundation stone of the New Jerusalem in Lambeth Vale. *Salutations to You again and again.* 2

You protect the Earth by the bandhans of Your countless trips around the world. *Salutations to You again and again.* 3

You are the Primordial Mother who came to save humanity. *Salutations to You again and again.* 4

You incarnated on this Earth to give a meaning to the Creation. *Salutations to You again and again.* 5

Your hands and feet are the source of the four rivers of Paradise. *Salutations to You again and again.* 6

You are the Holy Spirit promised by Jesus Christ. *Salutations to You again and again.* 7

By Your grace Satya Yuga is established on this Earth. *Salutations to You again and again.* 8

You are the Pneuma, the Holy Ghost, the Shekhina, the Tao and Assas. *Salutations to You again and again.* 9

You grant Salvation by awakening of the Kundalini. *Salutations to You again and again.* 10

Verily, You are the only Incarnation who ever had the power to grant en-masse Self-Realization. *Salutations to You again and again.* 11

You give the second birth prophesized by all the Scriptures. *Salutations to You again and again.* 12

You are the comforter, the counsellor and the redeemer. *Salutations to You again and again.* 13

You opened the Primordial Sahasrara of the Virata on the Fifth of May 1970. *Salutations to You again and again.* 14

You are the bridge between science and spirituality. *Salutations to You again and again.* 15

You draw the seekers out of Kali Yuga. *Salutations to You again and again.* 16

You give the key to the Kingdom of God. *Salutations to You again and again.* 17

You are the Advent of the Last Judgement. *Salutations to You again and again.* 18

Mahatma Gandhi used to call You Nepali. *Salutations to You again and again.* 19

You inaugurate the reign of the Mehedi, of Christ in all His glory. *Salutations to You again and again.* 20

You save the world from the wrath of the Father. *Salutations to You again and again.* 21

In all Your actions, You fight the demonic forces. *Salutations to You again and again.* 22

You are the manifestation of Divine Love. *Salutations to You again and again.* 23

You work endlessly for the redemption of the seekers. *Salutations to You again and again.* 24

You are the incarnation of the Primordial Kundalini. *Salutations to You again and again.* 25

The nagas enjoy to rest in the cool vibrations of Your feet. *Salutations to You again and again.* 26

You are our Lady of Eternity. *Salutations to You again and again.* 27

You are the golden river of time. *Salutations to You again and again.* 28

You are beyond the reach of time. *Salutations to You again and again.* 29

Only the simple and innocent people can approach You. *Salutations to You again and again.* 30

You love those who are simple and innocent. *Salutations to You again and again.* 31

You can be understood only by Your children. *Salutations to You again and again.* 32

The saintly are Your family. *Salutations to You again and again.* 33

You have achieved the union of the East with the West. *Salutations to You again and again.* 34

You bring about the era in which the saints are respected. *Salutations to You again and again.* 35

You free Your children from evil forces. *Salutations to You again and again.* 36

You make the hands speak. *Salutations to You again and again.* 37

You are the benevolent Mother. *Salutations to You again and again.* 38

Your nature is compassion. *Salutations to You again and again.* 39

You make saints out of seekers. *Salutations to You again and again.* 40

You reside in the heart of the infinite. *Salutations to You again and again.* 41

You build the New Jerusalem. *Salutations to You again and again.* 42

You vibrate the clouds to drench the world with Brahmachaitanya. *Salutations to You again and again.* 43

You bring forth Kiama, the resurrection described by Mohammed. *Salutations to You again and again.* 44

You are endowed with supreme majesty. *Salutations to You again and again.* 45

You radiate humility and power. *Salutations to You again and again.* 46

You have been recognized by the great rishis of the Himalayas. *Salutations to You again and again.* 47

You destroy all the sins. *Salutations to You again and again.* 48

You are the water of life which quenches those who are thirsty. *Salutations to You again and again.* 49

Your Revelation is full of gentleness. *Salutations to You again and again.* 50

You illuminate the pure hearts. *Salutations to You again and again.* 51

You gave birth to a new race of human beings. *Salutations to You again and again.* 52

You are the artist transforming the banality of everyday life into a wonderful universe. *Salutations to You again and again.* 53

You were born immaculate, nirmala. *Salutations to You again and again.* 54

You are the supreme and absolute incarnation. *Salutations to You again and again.* 55

You reveal Yourself to all who really desire it. *Salutations to You again and again.* 56

You grant the Gurupada to Your disciples. *Salutations to You again and again.* 57

You founded the Pure Universal Religion. *Salutations to You again and again.* 58

You put new life in the roots of the tree. *Salutations to You again and again.* 59

You gave a chance to all of mankind. *Salutations to You again and again.* 60

You grant a new consciousness to humanity. *Salutations to You again and again.* 61

Your Holy Feet rest on our Sahasrara. *Salutations to You again and again.* 62

You put n end to the Iron Curtain. *Salutations to You again and again.* 63

You were announced by all the prophets. *Salutations to You again and again.* 64

You are the Incarnation worshipped in Her lifetime. *Salutations to You again and again.* 65

You denounce boldly all falsehoods. *Salutations to You again and again.* 66

You devoted Yourself to the emancipation of mankind. *Salutations to You again and again.* 67

You reveal the essence of all religions. *Salutations to You again and again.* 68

You travel all over the five continents without respite. *Salutations to You again and again.* 69

You fulfill Your children's desires. *Salutations to You again and again.* 70

You denounce the demons incarnated as fake gurus. *Salutations to You again and again.* 71

You are the Truth and You express Truth. *Salutations to You again and again.* 72

You fill our cups with nectar. *Salutations to You again and again.* 73

You restore the lost innocence. *Salutations to You again and again.* 74

You reveal the Holy Grail in us. *Salutations to You again and again.* 75

Your humour dispels darkness from the human hearts. *Salutations to You again and again.* 76

Your advent was prophesized by Bhrgu Muni. *Salutations to You again and again.* 77

You cure the incurable diseases. *Salutations to You again and again.* 78

You often visit the Sahaja Yogis in their dreams. *Salutations to You again and again.* 79

You are the infinite manifested in finite form. *Salutations to You again and again.* 80

You radiate Joy and Love. *Salutations to You again and again.* 81

You create lotuses out of stones. *Salutations to You again and again.* 82

You prepare us to meet our Father. *Salutations to You again and again.* 83

You listen and never get weary. *Salutations to You again and again.* 84



Your words are mantras. *Salutations to You again and again.* 85

You accept Sahaja Yogis as cells in Your Body. *Salutations to You again and again.* 86

You are the greatest capitalist and the greatest communist. *Salutations to You again and again.* 87

You are the Primordial Mother worshipped by all traditions. *Salutations to You again and again.* 88

Whatever may be our state, You only see the Spirit in us. *Salutations to You again and again.* 89

You descend from the royal lineage of the Shalivahanas. *Salutations to You again and again.* 90

You were born in the country of the saints. *Salutations to You again and again.* 91

You have moved silently in the highest diplomatic circles. *Salutations to You again and again.* 92

You grant many miracles to Your children. *Salutations to You again and again.* 93

You are the Gnosis. *Salutations to You again and again.* 94

Your heart melts away all concepts. *Salutations to You again and again.* 95

You enlighten and sparkle the petals of consciousness. *Salutations to You again and again.* 96

You are the hue and the fragrance of flowers. *Salutations to You again and again.* 97

Your photographs are living. *Salutations to You again and again.* 98

You generously give countless presents to Your children. *Salutations to You again and again.* 99

To listen and advise from twilight to dawn. *Salutations to You again and again.* 100

You are at the same time our Mother and our Guru. *Salutations to You again and again.* 101

You grant Your disciples the power to give Realization. *Salutations to You again and again.* 102

You are the Mirror. *Salutations to You again and again.* 103

You save thousands and thousands of seekers from drugs, self-destruction and despair. *Salutations to You again and again.* 104

You create many new techniques to purify the seekers' chakras. *Salutations to You again and again.* 105

You fought and freed the land of Kundalini. *Salutations to You again and again.* 106

You bring the Ultimate Revelation. *Salutations to You again and again.* 107

You are the Ocean of Brahman which has taken the form of a sublime cloud. *Salutations to You again and again.* 108



## Guru Puja Talk Synopsis

Cabella, Italy, July 24, 1994

"Today you all have gathered here to worship Me as your Guru. I must say that I lack many qualities that a guru should have, in the sense I cannot be strict with you, I cannot be stern with you, and I really don't know how to punish you for doing wrong things. This may be because normally the gurus have problems with their disciples, who are mostly not realized souls.... The gurus find it difficult to communicate or talk to them about the subtle problems that they have. I know of many gurus, even in modern times, who've been really very, very strict, and also they told Me that they have achieved their realization by working very hard and by suffering under the strictness of the gurus. Sometimes I was really filled with great compassion for such disciples who... had gurus who were really realized souls and they never had their realization."

A gentleman from Kolhapur said, 'You hardly took two minutes to give me realization, Mother. What is this? How You have been so gracious to me.' "So I didn't know what to answer him. I didn't want to talk against his guru because I know he is a realized soul. Actually most of these gurus and incarnations were very helpless with human beings. Perhaps they didn't have such beautiful disciples as I have. Perhaps at this time, all the good people who were seeking divinity are born, and they are here as Sahaja Yogis. I never had to work very hard on them. Of course, once in a while, we do get a person who tries... to create problems. But modern times are so special, I think, that it's very easy to give realization to people."

Moses made laws to correct decadence among the Jews. These laws, called *shariat*, were very strict. Then the Muslims started to use them. Even now, the punishments are terrible, and most of the pressure of these laws falls on the women. Even in the Bible, Christ has said that

"all those Ten Commandments are nothing. You have to go beyond them. And He says, 'If your one eye is mischievous, is committing sin, take it out. What's the use of the whole body getting contaminated by that? Or if your one arm is doing something that is wrong, you better remove it. Because of one arm the whole body will suffer. It is said that you should not be adulterous, but I would say that you should not have eyes in which for any woman you have desire.'" Anyone who does this has committed a great sin.

"Another thing He has said, that if somebody slaps you on one face, you should turn another cheek towards that person.... It's a very subtle thing. And the last of all which was very, very good was that you should be righteous.... In early age when I read it, I thought, 'Where can you find such people who can be called anywhere near Christ's description?' It was inconceivable at that time."

India is one place where people are dharmic due to their genes, and also because of the traditions they are brought up with. "In My time in South India and Maharashtra, we were a very dharmic family and it was a very dharmic atmosphere. Still, these things that Christ has described were not there. For example, anger was regarded as a great asset. People used to boast, 'I am very angry with that person.' ... Of course, I don't think in India anybody can say, 'I hate you,' because is regarded something sinful and stupid, because to hate somebody is being adharmic. But of course they did say so many things that were not at all permissible by the laws of Christ."

When Mohammed-Sahib came, the Arabs had already adopted *shariat*. He accepted it because He felt it might help work things out. "But it is so inhuman and has no balance because only the women have to suffer, nothing to men. If

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a woman did adultery, then she was punished, but not the man. Even in... India, if a woman who is married does adultery, such a woman has to be punished, but if the married man does adultery, there is no punishment. All these things, I know, cannot be forced on anyone. Whatever Christ must have said, He must have said in His own meditative mood. He was surrounded by people who tried to kill Him, and they killed Him ultimately." At that time, people were extremely cruel and hot-tempered. "So how can He say that if somebody slaps you on one cheek, you turn another cheek to that person?"

"Krishna, of course, said it very clearly, that '*Krodha vijaya disamoha*,' ... anger is the worst sin, according to Him. Only from anger everything comes out. But He didn't say how the anger comes... that the source of anger was your liver, and also your upbringing. These two things give you horrible anger. Unless and until you witness yourself, your realization has no meaning. You should separate yourself from yourself and see for yourself what is really wrong with you. Now supposing somebody is a very hot-tempered person, instead of taking pride in it, or using that temper to control others, he should try to control himself. How? First is the *krodha*. Anybody who wants to be a saint should know that anger, this *krodha*, should have no place."

"You first of all witness yourself, how you behave. For example, I would say, artificially you become angry... and stand before the mirror. See your face, how you look like. You'll be surprised, looks like a face of a monkey or a tiger, or I don't know what animal you must have been in last life. And then you are amazed that you are still carrying the traces of that previous life that was whatever was the animal. Then the second thing would be, take out the anger upon yourself.... In Sahaja Yoga, we write down our own names and beat it."

"But it should be that if you get angry with yourself, then you will see that you have won over your anger. Because angry people only

torture others, they don't torture themselves. Of course, sometimes... later on they feel 'I should not have done this,' they develop a left Vishuddhi. But mainly, if you start getting angry with yourself, 'Why should I have done this? Why did I do this? Why should I get tempted to this?' you'll be surprised your temper will go down. And also, physically you should see you have a liver problem. With that you just face yourself and tell that, 'I am going to get rid of this liver problem. How dare it become my enemy and stop my ascent in spirituality?'"

"First the witness state has to be developed. For a Sahaja Yogi, it is very important to develop a witness state. But normally what happens—that Sahaja Yogis develop a witness state for others. Now you know in Sahaja Yoga, the door is open to everyone." Some mad people, some funny people, and some very bad charactered people also walk in. "Are you worried about people who have problems, who are no good, for whom you cannot say that they'll be Sahaja Yogis, or you are enjoying the people who have got Sahaja Yoga? This temper... can go into your head and can make you mad, and we have some mad people in Sahaja Yoga. We have still, but they have become so mad that now they are no more angry, they are no more troublesome. They are just mad, that's all. For such people, you shouldn't worry. There's no need to witness others. Witness yourself."

"And I sometimes feel that anger comes through too much austerity, too much of extreme nature, also. Some Sahaja Yogis are extremely austere, austere about everything. It's maddening. In Sahaja Yoga, everything is Sahaj, is spontaneous. You are not to be austere. You should not be particular. Now I said it's... better not to wear a black sari.... Then it doesn't become a sentence from Brahma. Supposing then somebody is wearing a black sari and coming, you will all run away from that person.... You are gurus yourself. Why should you be afraid of any kind of person who comes?"

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"Another side of temper is fear. A man who is hot-tempered always has fear because he sees himself in others, he sees that another person also must be having the same kind of temper, and he'll attack. So he's always on the protective. In a Sahaj manner, what we do is to live without fear. It's said that wages of sin is fear. But I would say wages of anger." People who were very aggressive, and countries which have invaded other countries become extremely frightened. "So whatever aggression we do boomerangs on us and we become very frightened about everything."

"In Sahaj you witness yourself as a separate identity. All your past is finished, gone, you are not bothered and you remain in a state which is fearless. This state has to be achieved through Sahaja Yoga—very easy. Once you know that you are protected, you will have no fear, and as you will have no fear, you will not have also temper. It works vice versa sometimes... A very aggressive person will be described by a psychologist as a man of insecurity, but it's not true.... If another person feels insecure with that person, that means this man is not insecure, but he is over-secured. If you tell him that, then only he will improve. But if you say, 'You have insecurity,' then he thinks, 'Even if I kill somebody is alright because my condition is pitiable.' Such arguments work out in such a manner that you become convinced about yourself. But if you see, as a witness... 'Have I been able to conquer myself?'"

"Sahaja Yoga is not to conquer others or to control others, but to conquer yourself. If you have not done that, you can be self-certified—I have been a Sahaja Yogi, I have been so great.—that makes no difference. Have you completely transformed yourself... and now, in your presence, do people feel secured? If they feel insecure, then something wrong with you, or if you feel insecure, also there is something wrong with you. Now this excuse to give that 'Mother, I am insecured,' then you are not a Sahaja Yogi, as simple as that. Giving explanation like that shows you are not even a Sahaja Yogi."

"So now to become the guru, first of all, you should have a great sense of forgiveness... like Buddha's." Once a man came and insulted Buddha. Then someone told the man who Buddha was, and this man repented. He went to Lord Buddha the next day, apologized, and asked for forgiveness. Lord Buddha asked, 'When did you say this to Me?' 'Yesterday.' He said, 'Yesterday is finished now. What is there to forgive?' "That is one of the greatest qualities Sahaja Yogis should have."

"To call yourself a guru you must also have maturity," and not be childish, giggling inappropriately. "Very common, with Sahaja Yogis, I have seen, specially ladies, they laugh at things where they should never laugh.... Shows complete immaturity."

"Another thing I have seen is in small, small things, especially in money matters, it's very funny.... Turkish people, our Sahaja Yogis, have no money. Everything was stolen away from them. I said, 'Alright, you send some shirts here, and we'll sell those shirts, and extra money you can take it,'" because they wouldn't accept an outright gift of money. So they sent the shirts and set a price, but many yogis complained that they were too expensive. "Then I said, 'Alright, collect money from everyone, \$22 each without giving any shirt, finished. For Turkey.' But a false guru takes money from you, you don't mind. Sahaja Yoga is free, of course, no doubt... but you have to contribute. How are we to run this Sahaja Yoga? There's no sense of donation in you at all. For a guru, one must know how to donate." Terra-cotta was brought from India to help those people. Then some Belgian women were telling everybody it is expensive. "If they don't want to buy, they need not buy. Others were willing to buy but these women were telling that these things are expensive. Where do you contribute for Sahaja Yoga?"

"This attachment to money can never be good for a guru. I have no attachment at all. If you ask anyone, they'll tell you. Even My husband will tell that—that from inside I am absolutely detached.... I won't say like Christ that you'll

all go to hell, but you won't rise much higher. You have come for your spiritual ascent. I don't say you go to Himalayas, stand in the cold, stand on your heads, nothing of the kind. But another defect they call in Me is that I never tell them that you must contribute. It is to be done with pleasure, with happiness, that you can contribute something to Sahaja Yoga. In any case, whether you give it or not, I'll have to contribute for Turkey, no doubt. I'll do that. Now this kind of a thing, as a market is there, 'It's very expensive, this is cheap,' is just an excuse because I know you can never contribute even \$20 for anything... but if the free presents are given, it's very much acceptable, and nobody sees how expensive it is."

"So now I would say that on money matters, a guru has to be absolutely detached and giving and generous. You'll enjoy your generosity but the problem is you are not generous at all. You think Sahaja Yoga is another marketplace where you have come... They ask Me that, 'Mother, please we need some chiffon skirts and blouses for the summer.' You stitch them for them, bring all the way, nobody wants to buy. It's all lying there.... So I'm going to tell you that as long as all these things are exhausted, I am not going to ask any country to send anything here for sale. To believe that you are Sahaja Yogis, you are sadly mistaken.... You'll go to hairdressers... but for Sahaja Yoga, you have no money. Today, as everybody has said, 'Mother, you should be little stern, you must tell,' I am telling you this. Your progress will be very slow."

"Secondly, you have to introspect to find out what have you done for Sahaja Yoga? How many people you have given realization? You have powers. These gurus never had powers, though they were realized souls. You have powers to give realization.... And once you start doing that, you get about ten or twenty people from somewhere, you become great masters and you start talking about your great mastery, and that you know everything, that you are the guru, you are the Adi Shakti.... As soon as you reach the Agnya level, you get this

into your heads. So many, of course, have done so much for Sahaja Yoga, otherwise it would not have been possible to see this today."

"For all those who have not done anything, I must tell you that you are just standing at the same steps. Your Kundalini has risen but you have done nothing to give it to others.... There are many I know who don't want to give because they think we'll catch, don't want to look after others because they think they'll get egos. This is not the way to be in Sahaja Yoga. You have to do something which is very important to spread Sahaja Yoga. We are talking of global peace, of global transformation, and what are we doing for it? First, improve your quality, and that improvement can only come through sincere, honest introspection and also witnessing yourself every moment, how you behave."

"From My very childhood I was like a grandmother. I would not tolerate any nonsense.... This maturity has to come in. To talk cheaply is alright. Some people have that habit; they are no Sahaja Yogis, but the ones who follow them and talk like that shows that they have no maturity.... Wherever there are matured people, they definitely transform others.... This may be exceptional, may be very few like that.... why I am pointing it out to you, that when you find somebody like that, then please try not to listen to or follow such a person. But such a person is extremely forward type and everybody becomes sort of a follower of such a useless Sahaja Yogi, so-called. So we have to mature. Now how do we mature?... We mature by meditation, by *Nirvicharita*. You have to be in thoughtless awareness to grow.... You should practice this thoughtless awareness." For example, if you are walking somewhere and see a beautiful tree, a divine creation, you should become thoughtless.

"In thoughtless awareness, Sahaj works—otherwise it does not work. You plan everything, you do everything, it won't work out. If you leave it to Sahaj, it will work out.

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But that never means that you should be lazy about it, or also unsystematic. No. You have to be extremely alert because if you are not alert, you will not see how the Sahaj is helping you." If you agree to meet someone at a particular time and you are late, you should be alert and give a bandhan so that you'll meet the person somehow. "But normally you should not be late. If you just give a bandhan and say, 'I must be there at eleven o'clock,' you'll be there. Sahaj will help you. But you even forget to give bandhans, you even forget to raise your Kundalini, you even forget to give vibrations."

"So to mature, first of all you should know you are now Sahaja Yogis, and that you can control the whole situation if you are one with this all-pervading power. It's very simple. It was very hot, everybody was saying it's very hot. Within fifteen minutes I made it cooler. I say I made it. I, but it's not I. My connection with this all-pervading power has done the job. But the connection has to be sincere, strong, honest, and all the time in your mind you should know that you are connected. This situation is very simple to achieve, this state where you all the time feel I am one with the Divine. Because you are not alert, you don't want to see the miracles of this great power which you are in connection. You are busy with other things. Your attention is somewhere else. You're looking at other things, and then suddenly you say, 'Mother, how is it I am such a Sahaja Yogi, I could not do this and that?'"

"What's going on there? Even when I am speaking, I see people are busy with something else."

"Mature through your meditation in *Nirvicharita*.... Unless and until you enlarge the state of thoughtless awareness, you cannot mature because only in the present you can mature, and present is thoughtless awareness." People expect all kinds of miracles and help from Sahaja Yoga, but they never think what help they are giving or what they are achieving. So at the Agnya, again, you people have to be extremely, extremely careful."

"Now this is for men. If you have not crossed your Agnya, and you start spreading Sahaja Yoga, then you can become really a funny person, not a Sahaja Yogi. This leadership business is a myth, and this myth must be seen as a myth. Whether you are leader or not leader makes no difference, but the maturity has to come."

"Now I am telling all this because I have to decided not to punish anybody in this lifetime—so that you see for yourself.... I know you very well, all of you, somehow, but I want you to realize yourself, 'What are we doing wrong?' ... and don't judge Sahaja Yoga on what merits you get out of it. If you are not getting merits, there's something wrong with you. If you can really understand this, then you will become subtler and subtler and all your gross attachments will become absolutely negligible. You may have concern, but you won't have attachment. From inside, this complete detachment has to come in, and that can come, as I told you, getting rid of your anger, first. Secondly, getting rid of attachments to material things by generosity. It's nice to give something to somebody. You enjoy your generosity.... Then you realize that your love, your compassion has now started flowing to others."

"I have seen you all love Me and you do want always to give Me presents... but this love must spread to everybody else." You must know what others need, and express your love by giving to them or to their children. "You people, through introspection, will definitely become generous, and this generosity will start flowing. I've known people who have lots of money... but not one single *pai* they'll give to Sahaja Yoga.... This sense of generosity comes when you understand what is your purpose of life... just to fulfill yourself with Sahaja Yoga or to be able to do something about it without feeling that you have done something." Christ has said—but where do you find this—that your left hand should not know what your right hand has given, "should never trumpet, 'I, I, I, I, I.' ... To achieve that, you have to have

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realization, no doubt." Read the fifth chapter of Matthew, and "you'll be surprised that how this religion in the name of Christ has gone on the other side of it."

"Now people want to be gurus because they think you have powers, that you can overpower others, you can say whatever you like to others, you can torture anyone you feel like. That has been before." Gurus have been very cruel to their disciples. One gentleman, Swami Jagannath, came and said, 'My guru has told me that Adi Shakti is going to come.' "He said, 'Mother, should he come to You, or You will go to him?' ... The gurus don't leave their places.... They call it *takhya*.... Everybody must come to him. I said, 'I am the Mother, I will go and meet him.' So I met him and... I said, 'What's the matter with you? Why don't you open his Agnya? He's in so much pain.' He said, 'Why should I open his Agnya?' I said, 'You are the guru.' ... 'So what! My guru never opened my Agnya! I had to fight my ego all the time and that's how I have got everything all right.' ... So I turned his Agnya and opened it; he was very happy. He said, 'You are a Mother, You do what You like. We are not going to do this. If You don't make them work hard for their realization... they will never be alright.' ... But you know, he came at My feet... and he said that... She is the Adi Shakti; you must praise Her."

"So I felt that the behaviour of that guru was very surprising.... Why don't they tell them directly that, 'See, this is wrong with you, and this is how you should be.' But the gurus say that if you tell them like that, they'll never listen.... So the whole attitude towards the disciple is not of compassion. There are, of course, other gurus also who take a terrible test of their disciples.... They will test the person and then only give realization, and out of thousands, to one only. That is how we have got so many false gurus also, because they were all discarded by these realized souls."

"Now at this juncture, when we have people who are seeking who are going to these gurus... even, real gurus, they do not get their

realization.... They have big, big ashrams, and things like that. They cannot give realization. While you can.... If you put little light in a lamp, and it is just giving light to itself, nothing else, supposing. Now you have to give light to others. You have powers. You can do it. You can really change people, you can cure them, but you will not. You will bring all these sick people to Me, 'Mother, You cure.' Even for realization, I have seen, they bring people to Me. What is the need?"

"Now why is it that you people cannot do it? Firstly, you may not be matured enough. But even if you are mature, you are not assuming your own powers. You don't believe in it. Humility is alright, but you must know what power it is.... Whatever position you have, you should try to do with humility—means through compassion. The maturity is this—that you should know that you have these powers, you should know how to preserve these powers, you should know how to grow in peace, and then, when you meet people, you should assume, inside." It makes no difference if you are a clerk, a dishwasher, or anything. "But once you are a Sahaja Yogi, you are a Sahaja Yogi. Then you must show your dignity and not thrive on your weaknesses. You are much better than all these realized souls who have achieved their realization in thousands of years because you have so many powers. But their self-confidence and assumption is not with you. Some people say, 'We are afraid of ego.' How can you have ego? It's finished now. Even if you do some mistakes, doesn't matter."

"Because of no self-confidence, you become austere in Sahaja Yoga. If you are self-confident, then why should you be austere? It all goes together. First you must mature, with that you must have self-confidence, and without fear you should spread Sahaja Yoga. Some have fear about themselves, and some have fear about others. Also it comes from your conditionings, from your upbringing."

"So today's Guru Puja is, in a way, very important because everybody said, 'Mother, you should be stern, you must tell them.' I

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said, 'All right, I'll tell them.' But in no way to put you down... but to tell you what you can achieve, to tell you how far you can go. You, so many, are more than sufficient to transform at least ten globes... but you are still involved in yourself, worried about yourself, only your children, your husband, this, that. Doesn't work out. As much as you want to grow, this power can give you that power. But problem that lies with us is that we don't know ourselves, and we don't want to know ourselves."

"Today's Guru Puja should give you the state of guru. If you want, it can work out. The All-Pervading Divine Power of Love is absolutely working it out. More than you, the Divine wants this world to change, wants to transform the whole universe. Now you are the instruments, and if you try to cheat yourself, who can stop it? Just to enjoy music, or to enjoy the company, or belonging to some club... or at the most, to seek the security of your children and family.... It will never satisfy you. It will only satisfy you when you will become the lights to give it to others, to work for others.... You have these powers by which you can introspect yourself, you can witness yourself and you can surrender because mentally now you are convinced about Sahaja Yoga. Emotionally you are convinced that Sahaja Yoga has given you such sense of love and compassion. Physically you are convinced that Sahaja Yoga has given you good health and confidence about your health. Now spiritually you should be convinced... that you are really spiritual people selected by the Divine, that your last lives have been of great seeking. That's why you are born now, and you are getting all these blessings."

"So assume. Assumption of your personality is important. You must meditate. You should go into thoughtless awareness, and all the time keep your attention alert. That is very important.... When something will come, how we have to react—all these things come to you when you are alert and aware of this All-Pervading Power all the time, every moment. I don't worry at all, never."

"So thoughtless awareness is the first beautiful state you have to achieve. That will give you peace, and a witness state to enjoy the drama of life, to enjoy the different varieties of people while you will be growing within yourself. For a Sahaja Yogi it is important not to see the faults of others, but your own faults, and correct them. I get so many letters regarding some lady or some leader.... I am surprised. I will change the leader as soon as I'll find something wrong. I've always done—who is not suitable, who is in problem... but the way you put your attention to the leader is, perhaps, the jealousy part. If the leader says, 'Something wrong with you,' you should thank him. Who is there to tell you?"

"I am very proud of you, I am very happy. Never such disciples existed for any guru... but when I see that you people don't realize what you have achieved, and you don't want to work it out, then I think of the parable of Christ, that some seeds fell on the rock. All your affection, all your love, I know it is impossible to express what I feel about it. But you don't know why you got realization, why you are here, what is your specialty, what you have to get... and that is what you have to know. I don't say, like Christ, that 'Take out one eye.' .... Nothing of the kind.... Your body should be intact. Nothing is to be taken out. We need this body, but in a subtle way, what He was saying, that whatever part of your body is doing wrong, you should try to negate it, in a subtle way. In the same way, in Sahaja Yoga also, if there is jealousy, try to find out why you are jealous, why are you against the leader. The leader says a word to somebody, they immediately write to Me. Why is he a leader if he has not to tell anything?"

"Today, I think for the first time, I have been able to tell something to you which I was hesitating always, that let it be, just now they are still little babies, it's all right. But now, after this, you have to grow in every way. I just can't understand. Those who got realization without the power of raising the Kundalini are doing such a lot of work, and while you all have this power to raise the Kundalini, to cure

people, and also to talk about Sahaja Yoga, you are so sensible. Still where is your attention? I don't understand."

"Today's lecture should not really, in any way, hurt you because I don't want to hurt you at all. Whatever is the situation, I accept, but if you don't want to accept that situation, what you should do, I have told. This will definitely, suddenly raise your spiritual height.... It's very important to see for yourself what's wrong. After all, you are all seekers of truth for ages, and now you have come, you have found the truth. So try to identify yourself with truth... and with reality." Then your Sahasrara is absolutely open. "No problem. Truth is in your Sahasrara. And when the truth comes in, you are surprised that truth is love and love is truth. Pure love. It's very, very joy-giving, and all the *niranandas* you want to have, you can have if you understand this simple equation—that absolute truth is absolute love."

"I have no expectations. I must tell you, I am over-satisfied. As far as I am concerned, I think I have done My job. But now this has to be taken over, you have to be responsible, you have to work it out. I was so happy. This time, every place I went to, all the leaders said that 'Mother, You need not travel now. We'll take the responsibility. We'll work it out.' But all of you must support your leaders and do something about it. Sometimes leaders... can't understand why people are having their own ideas about everything. You must go all out. For example, in our country, when we wanted to remove the slavery, everyone joined together to achieve it. While

there are people who are trying to cut down the leaders, put them down, make fun of them, form groups. Is this the way we are going to work it out?... You should all go all out to do what the leader is telling you. If something is wrong with the leader, I'll talk to him, then I'll put him right. I promise you. But you don't try to find faults. As it is, all the leaders ask Me before doing something... because the complaints are that you people don't listen to them."

"Yesterday, you saw he was playing sitar... His own father was his guru and he used to beat him... but with such desire to learn something, to be something that they didn't mind anything.... Do what you like... but make me a good artist. In the same way is Sahaja Yoga because... Sahaja Yoga is not a military thing. It's just plain, simple, Mother's love. And of course every mother wants her child to be great, to have all her powers.... How she does it, how she works it out is her own problem. But how you take it and how you use it is your own problem."



"I always bow to you people who have got realization because I think so many saints were never there on this earth. But the saintliness has to be complete. Without that, you cannot help even your family, leave alone your country, and no question of the whole world. So what is needed now is to raise your awakening, to raise your spirituality, to go into a realm of complete support and surrender to the movement of this spontaneous movement of Sahaja Yoga. May God bless you all."

"In short, you must worship yourself."

## Guru Puja Seminar Cabella, July 1994

On Friday the square started to fill up with cars and people. The castle is the focus of the gathering during the weekend, and as people arrive, they make their way up the steep road to the castle and its surroundings, which is where two of the sleeping pendals are located. What strikes the visitor is the contrast between the constant activity which is going on (and at its peak this weekend there were probably some 2,000 Yogis from around the world here), and the overriding air of calm that pervades the whole village. The merchants themselves become more shiny faced as the weekend rolls on, and some of them even make the effort to come to the music program on the Friday and/or Saturday.

Information about the weekend program seems to arrive so gently as to be unnoticeable... somewhere as if on the wings of the collective consciousness, you know that the evening music program will begin "about 8 or 9 o'clock" and you adjust your rhythm accordingly. Somehow, no matter where you are, you become aware that dinner is being served up at the pendal. There are no signs, no meetings, no orders, just calm. We enter Cabella, and we enter a timeless bubble, wherein all of our needs are catered for. All we have to do is relax and let the flow take us to our Spirit.

The Friday evening program was Baba Mama with the legendary Nirmal Sangit Sarita. Bhajans at their finest. Clap, clap for all your worth... you must contribute to the vibrations, you must release this joy from inside yourself. The end of the program came with astonishing rapidity and yet it was nearly 4 o'clock in the morning. Shri Mataji talked to us at the end, explaining that Jupiter represents the Void, and that the impacts by the Shoemaker-Levy comet represent a sort of cosmic conflict which is very significant for Sahaja Yoga and for the world: dharma will triumph against adharma. The impacts symbolized the conversion of negativity into positive force in the universe. She explained that the Guru tattwa was very strong and that the negativity would have no effect. Initially, in the

astronomy world, it was thought that the comet would have some lasting impact on Jupiter, but the comet, like negativity when confronted with a strong Guru tattwa, was inconsequential.

On Friday, the full moon was spectacular. Shri Mataji later explained that it was the most auspicious full moon in 1,500 years.

After Shri Mataji left, we went to our respective sleeping quarters. The men stayed at an ex-farm owned by Shri Mataji that is 20 minutes up into the mountains near a very small village called Daglio. The panoramic view is reminiscent of the majesty of the Himalayas in all their glory. Villages are dotted around, perched precariously on impossible slopes, church tower clocks chime their uncoordinated message from village to village. This is without doubt heaven on earth, and you cannot avoid going into meditation as you look out at the view.

On Saturday morning, we wind our way down the mountain, across rutted road and flood crushed bridges until we reach home, Cabella Ligure. Many make their pilgrimage to the river, which is now only three feet deep in the middle. Mountain clear and cool, she feeds us physically and spiritually for hours upon end.

The Saturday evening program was to start around 7.00 pm and Nishat Khan was to play on sitar. By this time, the village was just about full, and the new larger pendal was almost packed to capacity. The Italians were the hosts and so we were treated to some delightful dance, music and a moving play on Shri Shivaji and Shri Ram Das as a prelude to the main entertainment of the evening. We sometimes take for granted how international Sahaja Yoga is, but watching a beautiful little dance by three Iranian Yoginis brought home how lucky we are, and just how wide our reach is becoming.

Nishat Khan was in inspired form playing in front of Shri Mataji, and managed to continue playing for a solid four hours. Shri Mataji took pity on him at the end of the performance and brought him down off stage to examine and

treat his poor fingers. When Shri Mataji left the pendal, it was nearly five in the morning.

Puja day dawns. As little talk as possible, just a serene sense of ceremony guiding us through the preparations of the day, including a bath and meditation in the river. Cabella becomes very colourful as the Yoginis wear saris in homage. It is at this time that you can sense the majesty of the ancient times when Yagnya and chariot were staple components of a treasured civilization. Even the villagers have started to voice their approval of the beauty and dignity of the day.

We assembled in the pendal. Sir C.P. arrived to present some gifts, and gave a very touching speech, saying "I am only an apprentice Sahaja Yogi." We all rushed to our feet to applaud our respect and love for this Scion of total dharma.

Shri Mataji arrived around 9 o'clock in the evening. Her speech left the 2,000 or so attendees completely and utterly silent with Attention. The Guru talked to Her children with such power and authority that we were unable to move a muscle. The dharma of a Sahaja Yogi, the generosity of a Yogi, how we should become the witness and combine concern with detachment. These are all topics that have been covered before, but this time we had the feeling that something extra was happening. The Guru was telling us something. Could we hear it?

The Puja ended with a slide show which matched the mood-power and authority, after which Shri Mataji left. We retired to sleep almost where we stood in the pendal at 5:30 in the morning. We all returned home in the vibrations of the power and the compassion of the Guru.

## Reports from Around the World

### USA

Philadelphia was the venue for a radio program in early June that was a groundbreaking event for Sahaja Yoga. The radio station, WTMR 800 AM is a fundamentalist Christian station, full of screaming preachers and fainting followers. This did not deter the collective enthusiasm for the event. For two solid hours, Sahaja Yoga cruised the airwaves. The commentator and producer of the "Tri-State Forum" was completely enthralled with the yogis' moving description of the beauty and depth of Sahaja Yoga—so much so that he didn't run any of his commercial breaks, but instead went into the next vibrant testimony, with many stunning comments of his own. His show was literally taken over by the Divine! The yogis witnessed such a transformation in this sweet, humble man that hopes are high for him to take to Sahaja Yoga.

The main portion of the show consisted of testimonies from Sahaja Yogis from all over the Mother Earth. Sahaja Yogis from Hong Kong, Canada, and Switzerland called from their respective countries. Also, Italy, Romania, Russia and India were represented, as well as several

yogis from across the United States. The vibrations from such collective attention cannot be described in words, but it must be said that when the last caller calmly said, "You see, Shri Mataji has this tremendous capacity for love," everyone present, including the engineer who had never even heard of Sahaja Yoga, was fully drenched in the Ocean of Love.

Listeners called in during the show to voice their support. Since the show, a steady stream of people have been coming to local meetings. Although most have come from some other avenue, the vibrational effect from the show cannot be denied. When Shri Mataji was told of this event, She stressed the value of using the media to spread Sahaja Yoga, especially in America.

### Yuva Shaktis

The full name is *Nirmal Shakti Yuva Sangha* (NSYS): *Nirmal* means pure, *Shakti* means energy, *Yuva* means youth, and *Sangha* means collective or group. *Nirmal Shakti Yuva Sangha* was founded by Shri Mataji seven years ago in Pune and since then has become established throughout India.

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This year has seen the growth of *Yuva Shaktis* in Europe since a seminar in Ganapatipule last December, and an international seminar in Belgium. The beginning of Yuva Shakti in England was marked by a national seminar over the long Shri Krishna Puja weekend in Shudy Camps and then Ealing.

## **Holland**

On Saturday, 30 July Shri Mataji arrived in the afternoon in the Amsterdam ashram. The temperature was somewhere between 30 and 35 Celsius, so it was good fortune that Shri Mataji came in a car with air conditioning from Belgium, our second half. Shri Mataji said that She would do something about the heat. After a month of hot weather, it started raining in Amsterdam, cooling down the atmosphere.

In the evening a Public Program was held in a hotel in the centre of Amsterdam. About 700 new seekers and 150 yogis from Belgium, Germany, France, and UK filled the hall, in spite of a 'poster war' in Amsterdam. Two competing groups were continually covering over each others' posters.

Shri Mataji said that Truth cannot be read from books. At the entrance of the hotel She was halted by people selling the Gita, continuously repeating 'Hari Rama, Hari Rama.' Shri Mataji compared this concentration on books with having a headache and reading a recipe that says, 'Take aspirin,' and then repeating these words to oneself. This will only give you more headache!

Shri Mataji said She felt that women in the West have a disadvantage compared to women in India. They are less appreciated and respected. This might well stem from Christianity. 'Mr. Paul' hated women and considered them inferior. Here women have to expose their bodies to be attractive to men and to keep their attention. If you would ask that from an Indian woman she would slap your face! A woman protects her chastity, it is her power! At this point, a proud looking lady left the hall. Some had left already during the bhajans played by the Belgian band. Also after Shri Mataji arrived, several people were triggered to leave all of a sudden.

Shri Mataji said that the Koran has suffered distortion by the work of its editor. In fact all

religions are either power or money oriented. Christ did not understand people, in the sense that he did not visualize how they would use His Work for their goals. Gyaneshwara was the first Saint who revealed in script in the 12th century the benevolent and divine work of the Kundalini. Still only one or two received their moksha. "You here will get it all," Shri Mataji said. It is your birthright and you deserve it. All those who stood on their head in the cold of the Himalayas probably did not deserve it.

"The basis of a culture is morality," She told us the next evening. Without this, there is no need for a culture. I wondered about my fellow countrymen. In the middle of the heat of their lives, outside unusual tropical temperatures which generate a lot of extra superficial behaviour in our small country and then all of a sudden the vastness and coolness of Shri Mataji Nirmala Devi. For quite a few the opposition with their regular lives was too much and they left. But of those that stayed almost everyone felt the Divine Cool Breeze and they received their self-realization, to the delight of Shri Mataji.

The next evening's program on Sunday was meant for the Surinam/Hindustan/Indian community of Amsterdam. It was held in a small hall in a public Garden. Plane trees and crying of exotic birds. Though only 40 to 50 of them came amidst about 150 yogis, it was a very satisfying evening. Shri Mataji spoke in Hindi. Later She complimented these immigrants on keeping their Indian roots intact enough to be able to understand Her after so many generations far away from India. Though we understood little, we felt at home—as if we were in India. For self-realization they were asked to just stretch out their hands to Our Holy Mother and feel the cool vibrations. We felt a special brotherhood with these fellow countrymen who are so much nearer Truth, by culture, than we from the West. Still we were allowed to show them the existence of Shri Mataji Nirmala Devi. We gave them the songbooks so they could read along as we sang bhajans at the close of the evening.

The press coverage was very successful for this event: many announcements on a local radio station and a 20-minute video announcement on the local TV station, repeated 9 times, practically free of charge. There was a very good interview with Shri Mataji on the National Hindu Radio. In

the end the reporter asked, "Shri Mataji, who are you...?" All this was broadcast the Monday afterwards, and Shri Mataji listened in the ashram with us to Her own interview on the radio! National Indian TV also reported on the Sunday Public Program, with an interview afterwards in the ashram. This was to be broadcast in October.

### Sweden

The first public programs were held in Stockholm on August 18, 20 and 21 by a group of Sahaja Yogis from France and Finland. At each program there were 30-40 people, including many who showed up at every program. They were people of many different nationalities—apart from Swedes there were people of Finnish, Danish, Indian, Hungarian, and South American origin. Many are great seekers with their heart open to Shri Mataji. A Sahaja Yogi from France spoke in quite a straightforward way about Shri Mataji and almost everybody wanted Shri Mataji's picture, which they also received.

We really felt we had Shri Mataji's loving attention with us all the time. On the following Monday, August 22 we had a follow-up with some 25 people, thus forming the Swedish Sahaja group. Since then the group has met every second weekend with the guidance of yogis from Finland and France. In the near future, there will be a weekend seminar to be held perhaps outside of Stockholm. The Finns have also invited the Swedes to visit the Helsinki ashram and addresses have been exchanged. Now the group also meets in each others' homes for meditation so everything is working out wonderfully.

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—Katy Hertell, Finland

## India Tour Itinerary

### November

Mo-Sa	21-26	Bombay (private visit)
Su	27	Delhi Public Program
Mo	28	Gurgaon Public Program
Tu	29	Faridabad Public Program
We	30	Noida Public Program

### December

Sa	3	Book release of Sir C.P. Srivastava
Su	4	Puja, Delhi
Mo	5	Chandigarh Public Program
Tu	6	Yamuna Nagar Public Program
We	7	Puja, Haryana
Th	8	Dehradun Public Program
Fr	9	Delhi

### December, continued

Sa	10	Jaipur Public Program
Su	11	Jaipur Music and Puja
Mo	12	Chittorgarh
Tu	13	Mt. Abu
We	14	Dwarika
Th	15	Gir Forest
Fr	16	Ahmedabad, Vishala Dinner
Sa	17	Chorwad
Su	18	Somnath
Mo	19	Ahmedabad Public Program
Tu	20	Pune. Lunch at Pratishtan, Public Program
We	21	Kolhapur
Th-Th	22-29	Ganapatipule
Fr	30	Kalwe
Sa	31	Puja, Bombay/Kalwe