



☪ The Power of Life ☪

Her Holiness Shri Mataji Nirmala Devi

The Power of Life

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Selected Quotes

**“When you become absolutely one with the
desires of Your Guru, you achieve the position
of a Guru.”**

Her Holiness Shri Mataji Nirmala Devi



DEDICATION

*Dedicated to Her Holiness Shri Mataji Nirjala
Devi, the Mother of the mothers and the
Greatest Lakshmi Power of the whole universe.*

In the modern culture of mankind there are ambiguous definitions and vague beliefs about womanhood.

In one hand by giving a so-called freedom to women, they are deprived from their very right of being respected as a mother and the protecting power of family, so they are being challenged for demonstration a false manly behavior in the society, and on the other hand they are misunderstood as an instrument just for men satisfaction and child production. The mere solution for this cultural chaos could be found only between the words of our Guru who Herself is a Mother.

In the present booklet the Quotes of Shri Mataji Nirjala Devi about different aspects of a real Lakshmi are gathered. It consists of three chapters. Chapter one is about the incarnations who are the symbols of Lakshmi Tattwa. In chapter two, ideal women are portrayed by Mother, showing their essential roles in their family and their society. In chapter three, the powers of women are introduced by Mother.

Hope our pure desire of being good instruments of God almighty be fulfilled by absorbing the Nectar of Mother's advices.

Iranian Sahaja Yoga collective

Contents

Goddesses	3
Holy Ghost.....	2
Shri Mahakali.....	4
Shri Saraswati.....	4
Shri Mahalakshmi.....	5
Shri Lakshmi.....	9
Shri Gruha Lakshmi.....	12
Shri Raja Lakshmi.....	15
Shri Fatima.....	17
Shri Athena.....	20
Shri Quan Yin.....	22
Shri Durga.....	23
Shri Parvati.....	24
Shri Sita.....	25
Joan of Ark.....	28
Shri Radha.....	30
Shri Vishnumaya.....	33
Shri Mary.....	37
Womanhood	41
Mother.....	42
Wife.....	79

Sister.....	136
Daughter.....	142
Shaktis	147
Wisdom.....	148
Humility.....	166
Dignity.....	182
Generosity.....	200
Patience.....	207
Bravery.....	220
Love & Compassion.....	225
Chastity.....	240
Intelligence.....	250
Responsibility.....	256

Goddesses

Holy Ghost

Public Program

London (UK) - 28 November 1985

“In Sanskrit it is said: Yatra nari puhyante tatra ramante devta. “Where the women are worshipped, there remains the domain of the deities.” Where they are worshipped, and they have to be worshipful, not the harlots, in the brothels and the women who walk nude and show off their nudity to excite the baser self, but the ones who are worshipful, where they reside, reside the gods. So these women were suppressed and suppressed to such an extent that they did not want to talk about God as a Woman, anywhere. So Holy Ghost is something abstract, a dove. All right, it’s a dove, then what. What does it do the dove? Why is it so important that we should have blessings from the dove? Nobody explains, it’s a mystery.”

Public Program

Kiev (Ukraine) - 13 August 1992

“So there are seven centers within us placed at different places in the spinal cord and in the brain. They are responsible for our physical, mental, emotional and spiritual activity. If somehow we can correct whose centers then all our problems can be solved. But at the base of the spine there’s a triangular bone called as

sacrum. That means the Greeks knew that it is a sacred bone. So this Kundalini is a power, which is residing in that sacrum bone. This is like a primula in a seed. If it is awakened it passes through six centers and pierces through your fontanel bone area giving you the actualization of baptism. Actualization means it is a happening. Kundalini is the pure desire of God Almighty. And is reflected within us through the reflection of the Primordial Mother – the Holy Ghost. Holy Ghost is the Primordial Mother. Paul did not want to talk about women because he hated them, Saint Paul. So he said that it is the Holy Ghost is a dove. They talked about the Father, the Son and the Holy Ghost which is a dove. You have a Father and a Son. And what about the Mother? The Mother is the Primordial Mother and Greeks called this as Athena. And in India it is called as Adi Shakti. In the pagan religion they called Her as White Goddess. In every religion there is the mention of the Primordial Mother. Thomas, Saint Thomas's Gospel had described how Christ has said that, "I have another Mother". So now the proof is that we have the Kundalini in our triangular b

Shri Mahakali

Shri Mahakali Puja
San Diego (USA) - 19 June 1989

“Now we must understand the Mahakali is in totality a reflection of Adi Shakti in totality; or we can call it that Adi Shakti is in charge, she’s managing all these three powers. But Her manifestation in totality is Mahakali in the sense that it is the desire of God Almighty.”

Shri Saraswati

Shri Saraswati Puja
Vancouver (Canada) - 11 August 1990

“So one must learn how to respect the books, specially the scriptures. And She’s the One Who gives you the penetration power into these books, to know what is the truth and what is not – penetration power to understand what is written between the lines, what is the subtle meaning of the whole thing – that is the Power of Saraswati. There’s another Power She has is Vak Shakti, by which you give speech. She’s the One who gives you the power to speak. She’s the One Who gives you the

power to communicate, by speech, by your writings, by all the drama or plays you have or films you have – any kind of communications that are done through the Power of Saraswati has that intellect behind it, and that intellect comes from Her Power.”

Shri Mahalakshmi

ShriMahalakshmi Puja

Sangli (India) - 6 January 1986

“It is surprising that nobody gave us information about all these incarnations of Shri Mahalakshmi, and nobody has the deep and detailed description about this. Now the Principle of Shri Mahalakshmi is based on the Principle of Shri Lakshmi. That means the Mother of Shri Lakshmi is Shri Mahalakshmi, we should say, the Mother of Shri Lakshmi. That means when Shri Lakshmi comes to humans, Shri Lakshmi is the one with balance, a woman in the form of a Devi. She is in such a balance that She stands on a lotus. She has two lotuses in Her hand. One of the lotuses is pink, and also in that lotus is also a tenderness. The meaning of the pink lotus is such that the person who is a Lakshmi pathi, he will have Shri Lakshmi that is in the character of that person will be this pinkness; that means will have sweetness in his character.”

Shri Mahalakshmi Puja
Malines (Belgium) - 20 September 1986

“The Lakshmi came out of the sea; that is the wealth that has come out of the sea. But the wealth has to be like a Lakshmi. The Lakshmi has a motherly nature. She’s a mother. She’s a mother. She is standing on a lotus. That means She does not throw her weight anywhere. Like people go and occupy other territories and use them for their own purpose will never give them Lakshmi principle. Only thing that may happen to them is to get some money for the time being. But they say Lakshmi is chanchal; means She is all the time shifting and She shifts. Such a Lakshmi is chanchal, is shifting.

Lakshmi has got one hand which is giving, like this. Another hand She has got by which She protects people. In two hands She has got pink lotuses. The pink lotus suggests the warmth. A person who has got Lakshmi has to have warmth in his household. He must have in his heart warmth to receive people. A lotus flower receives even a horrible beetle, black beetle which has got all kinds of thorns in it and allows it to sleep overnight as a nice guest. In the corona of the lotus there is beautiful spread of the yellow color pollen on which this beetle rolls and enjoys the comfort.”

Shri Mahalakshmi puja
Sophia (Bulgaria) - 8 September 1993

“But the most important thing is to keep your Mahalakshmi principle clean and open. That is, a woman who is Mahalakshmi is a very good housewife, very good queen, Raja Lakshmi. Actually there are eight forms of Lakshmi and these eight forms of Lakshmi are to be expressed, manifested by a Sahaja yogini and the men must respect this Mahalakshmi principle within them.

First of all they have to be dharmic and the basis of dharma is respect, must develop respect and dedication. If you cannot surrender and detach, you cannot enter into Mahalakshmi channel. Either you will be money-oriented or power-oriented. So, you have to be detached from money and power, then Mahalakshmi principle starts working and you become a seeker. On every chakra Mahalakshmi gives you Her blessings, but at the Sahasrara She gives you the Collective consciousness. She makes you deft in Sahaja Yoga practice and also understanding. I have seen gradually Sahaja yogis have become very subtle and I can talk to them on a very subtle level.

I am so happy today we are here to celebrate Mahalakshmi principle at the time of Mother Mary’s birth. She passed through the greatest ordeal to see Her son being crucified but She knew what was the purpose of His crucifixion and She accepted. I can’t see a cross, if somebody is wearing a cross I said “take out cross” because the message of Christ is resurrection and not crucifixion, but perhaps the Christians, especially Paul

must have thought that he should use cross to feel, to make everybody feel guilty. This Paul has really done so much harm, that only after reading a treatise of Nag Hammadi, I found out that Thomas had to run away to India to tell the truth.

With this Mahalakshmi principle our attention should be on our virtues, and we must enjoy our generosity. We must enjoy our purity, we should enjoy our innocence and chastity even men have to do that. We should enjoy our detachments; all this is already within your reach. I've felt these people when they were dancing that they are all from Kashmir and from India and Adi Shakti incarnated first in Kashmir. I find Bulgarians very close to Indians and also Romanians. Your talent in music I've seen, and that's why you all can sing Indian music so easily. I bless you all Sahaja yogis that you develop a proper sense of balance and that you spread Sahaja Yoga all over Bulgaria, making everyone joyous and happy as you are. You have to change the world. It is a tremendous task, is the greatest event in the history of spirituality and you are the participant of that, so you have to understand that your purity is very important and your surrendering will definitely help you to ascend faster and faster."

Shri Lakshmi

*About the different Chakras and their Deities
Delhi, (India) - 22 February 1977*

“Lakshmi has got a womanly figure, a mother’s figure. She doesn’t have an actresses’ figure, you see. They show of actresses and these beauty, what you call, beauty contests are not good vibrations at all. They do not emit any vibrations. On the contrary they emit very dirty vibrations, I must say, very vulgar, very filthy. Lakshmi is a mother. She doesn’t use her body for provoking expressions. No. She’s a mother. So, a Lakshmipathi, a man who is supposed to be adorned by a Lakshmi, a rich man, should have personality of a mother. A one who is lajjasheela as we call it, who is chaste, who respects the chastity, who is loving, generous, affectionate like a mother. Mother tolerates all the nonsense of the people, of the children.

Then in her two hands she has two beautiful pink colored lotuses, two flowers of lotuses. The lotus expresses the shri. Shri means the “grace.” If I say “beauty,” immediately your eyes will go to those beauty contests. I do not mean. They are not beautiful. Beautiful is not a word which these days means provoking. No. Beauty means the complete personality that emits vibrations, which is a form or is the same as joy and ananda that we call ananda, joy, and also consciousness that is a very complicated thing. So, I would just say that is the form that emits the vibrations of joy. In Her hand are two lotus

flowers which are pink. Means such a person has to be a warm person, has to be a cozy personality, and his house should be as cozy. It should not be all polished and varnished. And if somebody comes in the house, he drops anything, flower, there, the woman starts getting angry or the man says, "Oh, you have dirtied my house. Will you please clean it?" Such a house is not a home. It has to be a home for all the people. Such a man is Lakshmi pathi. Otherwise morning till evening the fighting going on between husband and wife, "You didn't keep the house clean, you must clean this and you must sweep that." As if the cleanliness has become the main part of human life. I can understand a basic cleanliness should be there. For Indians we should not tell this because they lack that completely. They are the other extreme. Raste me chalet chalet jaha deko thook dhena ka. Of course. But another extreme also is not good that all the time the divorces are taking place because of cleanliness. So fussy that you can't live together. You develop a sort of a mania or sort of ... you become abnormal people. You suffer from the sickness of cleanliness morning till evening. Afraid, "This is to be done, otherwise it will be dirty." You think ten steps forward March that the place should not be dirty. Of course it should not be dirty, is a simple thing. But it should not be that much worked out that the home becomes a hospital. Home is a home. Children must feel it's a home. Let them play, let them spoil.

***Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981***

“Lakshmi is the Goddess, is the power within us by which you balance, lead a very balanced life by which you are satisfied. Now they have made a beautiful picture of this Lakshmi, also one should understand this power is a lady, is a Mother. And she stands on a lotus. Now these are all symbols which suggest that these symbols are carved out with such, such deep significance. She stands on a lotus. Means imagine! Who can stand on a lotus? And she is a very healthy woman, very healthy woman. And she stands on a lotus. It means that she is never putting pressure on anyone.”

***Diwali Puja
Timisoara (Romania), 25 October 1992***

“So if you have to improve those who are your neighbors or your friends or your country, first of all you have to be very mature Sahaja Yoginis. So the Lakshmi is already awakened within you. She resides in your Nabhi chakra. So with your Lakshmi awakened why should you worry about money? So then this last symbolic hand says that those who are under your protection you must look after them. That means you have to bless everyone who comes in contact with you and you have to worry about all the people who are under your control. So the Lakshmi symbol is not only for the ladies but more for the men.”

Shri Gruha Lakshmi

Diwali Talk

London (UK) - 27 October 1981

“Gruha Lakshmi is the one which is for the individual, individual wellbeing. So, we have the essence of Lakshmi and then we have, when we evolved, we started having our homes, houses, our own family, our own private life, our thing. So, we had Gruha Lakshmi.”

Nabhi Chakra

Delhi (India) - 31 January 1983

“You know that Lakshmi is shown to be a lady, and lady who is a mother. Mother doesn’t care whether you are rich or poor. If her one son is rich and another is poor, she’ll pay more attention to the poor and ask the rich to give his money to the poor also. She is not bothered. If somebody is in need, she will be the first to help the person who needs.

The Lakshmi is always giving. She doesn’t receive; She just gives. If you are really a Lakshmi pathi you don’t want to have anything from anyone. You don’t receive. If you are really rich, who can enrich you more? What can you give to a person who is fully rich?”

Eighth Day of Navaratri
Pune (India) - 18 October 1988

“Mahalakshmi looks after the brain. So, everything that you know comes through your brain and that is substantiated or I should say looked after or nourished by Mahalakshmi principle.”

Diwali Puja
Montecatini Terme (Italy) - 29 October 1989

“I’ve told you many a times, the symbol of Lakshmi was created really beautifully. And it was so that She came out of the water. Through the water She came out so clean. And She has no pride. She doesn’t assert Herself. She doesn’t put Her pressure on others. So a person who has money is not the one who is worshipping Lakshmi, who is not a Lakshmi pathi as called him, the owner of the Lakshmi. Because She stands only on a lotus. She has a big body, everything is there, but She stands on a lotus. That She takes all Her weight within Herself, She just sucks in Her weight as Shri Krishna has described. That like a tortoise sucks in his legs inside his body, in the same way we have to suck in all the weight of money, weight of your positions, weight of your so-called education, weight of some aristocratic family you are born of.

This is all nonsense which makes you a heavy person to go down very fast. And what a thing is beautiful, this lotus, Unless and until you have balance you cannot stand on a lotus. So She is so balanced. Her center of gravity is so balanced that She cannot topple down. Now She has a hand, one hand like this, one hand like this, and there are two hands which have got again the lotuses, the pink ones. Pink is Her fragrance I think is spread on the sky. And She is pink, pink because that shows that Her house, Her nature is pink. Pink is inviting, is loving. She is a very fond hostess, that She wants everybody to come in, in Her house. Cozy means where you are comfortable. It's all right, in the house, in the home if somebody comes and stays then it's little bit here and there and then doesn't matter that you put it right. But that doesn't mean the lousy house also. It should not be taken as a lousy house, but a house which is inviting. When people come in, you give them a place to sit down and make them enjoy. It's not done, in India at least. I don't know, so far we are now quite getting westernized, that anybody drops something on the carpet we'll never clean it in their presence because it's very bad manners. Carpet is not important than the guest, is it? Or if we break something, say, a glass, then we say, "Very good. It's something has gone out. Some bad thing has gone out." Or a thermometer is broken we say the same thing."

Diwali Puja
Venice (Italy) - 21 October 1990

“The another symbolic thing about Her is She’s a mother. And mother just gives, nirvajya. She doesn’t charge any interest for what she gives. She just gives. Her enjoyment is giving. I mean I always think, “What should I cook for you? If I can do this, I can buy this, I can buy this present for you.”

Shri Raja Lakshmi

Diwali Talk
London (UK) - 27 October 1981

“You know, the word Raj means the kingdom or you can say the royal, royal side of the – regality. So, when the Lakshmi is a regal Lakshmi, She is for collectivity. So, the Queen doesn’t live for herself, she lives for all the collective being. In the same way, this Raj Lakshmi is the One that is for all of us.”

Diwali Puja
London (UK) - 14 November 1982

“The second thing is, they are also Raja Lakshmis. Raja Lakshmis are the goddesses who are looking after the country. Like England has a Raja Lakshmi, too. Now, we say, we can say, the princess now is a Raja Lakshmi, she is a woman with dignity, she carries herself with that bashful sweetness and all that, she’s a Raja Lakshmi.

A Raja Lakshmi is a dignified woman. She is the one who is the glory of the country, she has to be a glorious woman. She has to be a woman with all the attributes of a queen. And that is the Raja Lakshmi: is the, is the queen, or the goddess, that is the queen; and She resides in every country; every country has a Gruha Lakshmi. And if that is insulted, then the people suffer. They will suffer in so many ways, like they will have money problems, they’ll have financial problems. He’ll have... also have problems of society, all kinds of things. Because whatever the queen does, whatever the king does, it is done by others. But especially the queen. Most of the fashions – say, in England – have come because the queen started it.

So whatever she does, she is so important and she has to have that idea in her that she’s the goddess. She has to represent that goddess which resides in every country. So that is the Raja Lakshmi. If she respects herself, nobody can be disrespectful to her. She should keep her respect and everybody will respect her.”

Shri Fatima

Darshan at Ashram

Sydney (Australia) - 25 March 1981

“The whole power was inside. She never went out. She used always that, what you call, completely covered, “burtha,” you see. She is the one who is the complete Gruha Lakshmi among all the Lakshmis. Like you can say Sita was Mahalakshmi, but she was Gruha Lakshmi; just kept Herself. Nobody knows much about Her, but She is the one who created this Shia, Shia you see. Surprising, that Seetaji is called is called as Shia in the villages and some people who do not pronounce, say Shia. So the pure Gruha Lakshmi was Fatimabi.”

The New Age has started, Houston 1981, Public Program

Houston (USA) - 6 October 1981

“Even today they don’t accept Him. They are very adamant. And the third force that he had to face was the Islam, Islamic. And the Islam pleaded down the role of a woman though Fatima Herself was the Holy Ghost, is the Mahakali power, the daughter of Mohammad. But he pleaded down just because the Islam had pleaded down he thought gradually as Protestants will grow up, he will start introducing the greatness of His Mother.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

“Now the Principle of Gruha Lakshmi has been evolved and developed by the divine, its not a human being’s creation and as you know it resides in the left Nabhi. The Gruha Lakshmi is the one that is represented in the life of Fatima who was the daughter of Mohammed Sahib. Now She is always born in a relationship to a Guru which is of Virginity, of Purity. So She comes as sister or She comes as a daughter. Now the beauty of Fatima’s life is that after the death of Mohammed Sahib, as usual, there were fanatic people who thought they can take the religion into their hands and can make it a. very fanatic thing. The attention was not paid so much towards the ascent of the person. Even Mohammed Sahib has described his son in law in many ways and he is the only one, the another incarnation of Brahmadeva who came on this earth, Ali, came on this earth. He was the incarnation of Brahmadeva and his another incarnation was Sopandeva. You can go to Pune and see the temple of Sopandeva there.

So we have Ali and his wife Fatima who incarnated on the Principle of the Left Nabhi. She stayed in her house, in her house hold and she observed what you call a kind of a Parda or naqab as they call it, to cover her face. It is a symbol that a woman who is a house wife has to save her chastity by covering her face because she was a beautiful woman and they were born in a country which was very-very violent and she would have been definitely attacked in case she had not lived in that kind of fashion.”

“But though she was in the house she was Shakti, so she allowed her sons or actually ordered them to fight those fanatics who were trying to deny the authority of her husband, and you know, Hasan and Hussain, they were killed there. It’s a very beautiful thing how the Mahalakshmi Tattwa of Sita took a form of Vishnumaya just to establish the beautiful principle of a house wife. She was very powerful, no doubt, and she knew that her children will be killed. But these people are never killed, they never die nor do they suffer. It’s a drama they had to play to show people how stupid they are.”

Diwali Puja

Chioggia, Venice (Italy) - 21 October 1990

“The last Mahalakshmi principle came as Fatima. Fatima, the Gruha Lakshmi, She stayed at home. She didn’t show off. She was not the one who went out. Stayed at home, looked after household, looked after their children and made them two great warriors. Her children and Her husband, they fought for the right, they fought for the truth. She was a Gruha Lakshmi.”

“So we have Fatima at a young age. She had these two sweet children who died in the war in Karbala. What a brave woman, the way she established the Shia system. Her husband also died, and she did all that on her own.

Living behind the purdah, living behind the walls, she managed everything. We have had many such queens in our country. There was a seventeen-year-old widow, who was the daughter-in-law of Shivaji; she fought with Aurangzeb and defeated him, in our country: Tara Bai. So many of them we had.”

Shri Athena

Shri Pallas Athena Puja
Athena (Greece) - 24 May 1989

“As I’ve told you before, ‘Athena’ means the Primordial Mother. So now, one may say that, “Why the Primordial Mother, Adi Shakti, should be on the Nabhi Chakra of the universe?” One may ask a question like that, that, “Why She’s placed on the Nabhi Chakra?” So in the material form, Athena itself lived – in the material form, I’m not saying in the formation before – in this area, to create the vibrations. So it is not only She was a Goddess but She lived in this area to create the vibrations for the Nabhi, to create the universal compassion and love and all Her qualities.

Now as you know, every aspect of the Goddess has different qualities, and as you can see that Mahakali has the aspect of comforting, and Mahasaraswati is counseling, and the Mahalakshmi has got for the redemption, for the awakening.

But the Adi Shakti's work is to unite everything, to integrate everything; and to integrate all those qualities, the Adi Shakti Herself was... in material form, came on this earth, in this part, and that's why they knew about Athena. But as it is, I don't know what are the stories they have – they must be having some mythological stories about Athena that She lived like this or whatever it was. And this is the... where She created the Devaloka. Devaloka is the area where devas existed. Like She created Indra – you have heard the name of Indra – then Varuna; all these Devaloka She created in this area, not in India. Devaloka was created on this side, and ganas and all these people were created on the side of Nepal and all those places, on the left-hand side.”

“And what is the reason for this? The Athena. So Athena is the one, Adi Shakti, and She created Ganesha here.

And the balance of the universe, or all the dharmas, is in the Nabhi Chakra, and so the people over here are very balanced.”

Shri Quan Yin

Shri Pallas Athena Puja
Athena (Greece) - 24 May 1989

“Do you know last... you have one Mother Mercy you have given Me – Quan Yin, same thing, Quan Yin. And She’s the same thing called as Mother of Mercy – and the second one was given by Gregoire recently, and you see what’s happening in China. So the effects of these Deities which existed in different countries at different times, are felt only in Kali Yuga in the best way.”

Shri Durga

Public Program

Santa Cruz (USA) - 18 October 1981

“The center of heart. Here the Jagadamba, the Mother of the Universe resides. The one Who is alone. She is alone. She does not have any male deity with Her. She is alone. She is the Mother. And She looks after the people who are struggling in this ocean of illusion. She is the one who is the protector. She incarnates. It’s said that She has incarnated 1000 times. She has incarnated many a times. Now this Jagadamba is the one who resides there at that point. And when you are a child, say about 12 years of age, She creates the antibodies in the sternum bone. And these antibodies spread into the whole body and protect you from the outer problems. Now, those people who have the problem of this, especially in ladies, comes from insecurities in life. If you’re insecure, then you get the palpitation and such women at the extreme can develop breast cancer. If you can re-establish this, breast cancer can be cured in no time.”

Shri Krishna Puja

(UK) - 19 August 1990

“Now as you know that the Heart Chakra has got twelve petals, and the Durga resides on the Heart Chakra. Now

the Durga's qualities are that She is protective of Her children, She's very gentle, very soft with Her children, and She's extremely horrifying to the satanic people, to the negative people. So in this raga I think because there are, the notes are spaced out. So either you could play it slow or you could play it fast. Nothing in between. That's why it is on a Durga's style. You see, either She is extremely gentle or She is extremely horrifying. So because She has a double function: is one to look after Her children, and another is protect Her children from the devils. So She has to be very quick about it, to fight them, and to, in every way to frighten them and to be alert about it."

Shri Parvati

Public Program

Santa Cruz (USA) - 18 October 1981

"Now, the left hand side is the Mother's thing is the Parvati, is the wife of Sadashiva, which resides there in Her form as the Mother Annapoorna or She is the one, giver of food. She gives you food. When She is in you, you find that if you cook for two people it will last for as many as who want to eat that. It's like that. This is the deity that comes when it is awakened."

Shri Sita

Public Program

Caxton Hall, London (UK) - 18 May 1981

“For example, He was sent to Ravana and He was asked by Ravana that he told Him that you cannot stay in this place, why did you come here. Actually, first He was, He went to Sita and told Her that Shri Rama had sent Me and He showed the ring and She recognized that was the ring of Her husband. And He said, Mother if you want, I can take you on my back. But She said, no already you see I am a woman who has come with another man. I don't want to have another bad name and that you will have a bad name, so I will not come. So it's alright. You can go back and tell Rama that I am alright, you as a husband, come and fight this man. Otherwise I'm not going to come. So then He was caught up and taken to Ravana.”

Puja in Adelaide

Adelaide (Australia) - 4 March 1983

“The fire doesn't burn a person who is pure, doesn't burn. The example is Sitaji. Sitaji when She was brought by Shri Rama from Ravana's place, you see, everybody said that She has lived with a Rakasha and She must be found out whether She is guilty or not. So Rama first of all He said, “All right,” He put the fire. She Herself said that, “You

put a fire, a big pyre of fire,” and She sat on that. And when the fire started burning it could not burn Her, She could not be burnt, you see, and the whole fire subsided.”

Diwali Puja

Chioggia, Venice (Italy) - 21 October 1990

“And this spiritual principle has been established within us by penances of all the deities, if you see. See, look at Sita. She was born a daughter of a great king, married in a family who was so rich. And She had to go in the jungles without even shoes and She had to starve Herself for our sake. And then with all these She suffered, without any comfort She lived and then was attacked by this horrible Ravana. She lived with him and kept Her chastity and purity and then She came out of that ordeal and She created this Mahalakshmi principle to begin with. Why did She do it? She should have [inaudible-sunken] to this Ravana and should have enjoyed. I mean, normally people would do that. Why did She suffer so much? Because She had a nobler life to lead to, for our sake. She had to do that ordeal for our sake. And She did it. So She was the first incarnation, we can say, of Mahalakshmi principle. You see Her background and from where to what She went. Sakshat Mahalakshmi had to go through all these things to show us that if you want to have the Mahalakshmi principle within you then what sort of a woman you should be.”

Shri Hanumana puja
Pune (India) - 31 March 1999

“We say that Sahaja Yoga is the work of Divine Love. It’s right, whether we know it or not, its power is innate. It is divine power. When a human being bows before someone and regards him higher, it is the expression of that divine power. But when a person is respectful to his Guru then he gets blessed with the grace and power of the Guru.

So the devotion and the power (Bhakti and Shakti) are not different things. It is one. We shall say that the right side is the source of power and the left of Bhakti. Shri Hanumana had in Him this harmony of Bhakti and Shakti. In Lanka when he went to Shri Sitaji and requested her to accompany him back, Shri Sitaji said, “You are my son, I will not come with you. My husband has to come and kill this Rakshasa. Only then I will go with him”. Shri Hanumana bowed before Shri Sitaji. He was powerful enough to bring Sitaji back to Shri Rama. But he thought that when Mother is saying like that then it’s all right. After that a big war was fought because it was needed.

Shri Rama has many special qualities. He was very powerful and a perfect archer. You might have heard about what he did in Sita Swayamvara. The same Shri Rama killed the Ravana when he came to it. Tulsidas has described his bow very very beautifully. Shri Rama was aiming at Ravana’s head with his arrow. Out of ten heads of Ravana one will fall down, but again it will assume its place. Lakshmana suggested Shri Rama to shoot an arrow in the heart of Ravana, without which he will not

die. Hit him in the heart. Shri Rama was a very humble person. Though he was very powerful yet he said to Lakshmana that Ravana has placed my Sita in his heart, therefore, I cannot hit him in the heart. Again and again when I chop off his heads, his attention will be diverted from the heart. Only then shall I shoot him in the heart. What an example of the love of a husband for his wife! Ocean of power, how he was full of love.”

Joan of Ark

Advice at yogis

Richmond Park, London (UK) - 25 June 1995

“We have to understand what we can do. When it comes to war a woman can become like Joan of Ark or if it is not, it is in peace time. She prepares for neutralizing wars, for bringing peace. She’s the one who is the creator of peace. She’s such a powerful thing because that is the real power. Not in doing some sort of a work like men and competing with them. But a deeper potential that you have. Use it for creating a very compassionate and beautiful place. In the field of peace, of global peace and bringing this compassion into action. It’s possible because you are all Sahaja Yogis. Husbands also must respect their wives. Very important. Where women are not respected, calamities come in – like Bangladesh. See

Bangladesh is full of calamities because they don't respect their women. Pakistan is full of calamities, now there are wars are going on, this is going on, because they don't respect their women. What about Saudi Arabia, always in threat of wars. What about Iran. All these countries where women are not respected they are in trouble. But women also must respect themselves, not like the women in the west the way they throw themselves at the men. Why should you try to attract men all the time? Why should you try to be all the time dressed up that they should run after you? Why should you run after men, they should run after you? See this one is a culture which really debases women to I don't know to what level. They are not prostitutes!! So we should have our own self-respect. I have told you of 3000 women who committed suicide in India because Muslims were going to invade so they burned themselves suddenly, just to protect their chastity. So the power of the woman is compassion but her vehicle or we can say the one that works out is her chastity. We should respect our body, respect our husbands, respect our children, respect everyone. That's important. It's very important, very complimentary, men and women are complimentary. Just like I always say that say, for the west though they have done very well in the Science field, the blacks are very complimentary because how can they win their rugby's if they don't have the blacks, what about losing – all these things are complimentary."

Shri Radha

The Value of Marriage
Dollis Hill (England) – 8 March 1980

“This balance has been created long time back-a very long time back. Say, even when Radha-Krishna existed, Radha was the power and Krishna was the one who was expressing it. It's as you say, the potential and the kinetic. People only know about Krishna, but Radha was the power. When He had to kill Kamsa HE) had to ask Radha to do it. It was She who did everything. She had to dance and He pressed Her feet and He said now You must be tired. Why did She dance? Because without Her dancing thing could not work out. So it is so interdependent, it is so interdependent, as you cannot have only a wick and you cannot have only the light. You cannot have these two things separately. If you can understand that then this balance is completely harmonious, it is between God and His Power: absolutely One-you cannot imagine how it is One!-with God and His Power. His Power, His desire is the same as God, there's no difference at all.”

***Third Public Program
Melbourne (Australia) - 17 March 1985***

“In the same way they have corrupted Christ’s name, Yeshu in Jesus, actually some people called him Jesu. This is the name given to him by Shri Radhaji, the one who was the power of Shri Krishna. She is the one who gave him this name because she was very much indebted to the foster mother of Shri Krishna who was Yeshoda that’s why she called him Yeshu. Yeshu is the word in Hebrew language and we call Yeshoda as Yeshu, also some people in our what you call the country language, call her the same thing as Yeshu. You know that Y’s and J’s are brought together like “Yugoslavia”, they call it as Yugoslavia. So his name Yeshu comes from that and that’s how He was created as a special one, in the Devi Mahatmayam [Shri Mataji may mean Bhagavat] it is said that Krishna has said that you will become this support of the universe.”

***Diwali Puja
Chioggia, Venice (Italy) - 21 October 1990***

“Then who came afterwards than Her, is Radha. Radha came, Ra-dh’. Ra is energy, dha is the one who has sustained, is Radha. If you see Her life, all Her life She worked out our Kundalini. Raasa. Full of sweetness, full of beautiful generosity, She danced and danced and danced. Her feet used to pain when Shri Krishna used to

rub them. And She didn't go with Shri Krishna. When He became the king She said, "You go, that's all right. I'm not. I have to still work out Mahalakshmi principle among the gopas and gopis." She stayed back in a small place. But how much surrendered She was to Shri Krishna, how much surrendered She was to the work of Virata. That She knew, "I have to work out the Virata's work." And She stayed back. There are so many beautiful stories about Her. So the second penance of the Mahalakshmi we know in Radha."

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Shri Krishna Puja
Cabella Ligure (Italy) - 1 September 1991

“So She’s Alladha Dayani. She’s the one who’s the giver of Allahda. And so, with Her powers, She could work out, this Alladha to all the people with whom He was connected.

So all the gop and gopis who were with Him, had to do Rasa. Ra is “energy”. Sa means “with”. To dance with the energy that is Radhaji. He use to just play the flute and She used to dance. The energy used to pass through Her hands to all the other people and the Kundalini would be awakened.”

Shri Vishnumaya

Shri Vishnumaya Puja
Wimbledon, London (UK) - 1 September 1985

“Vishnumaya is the power of a sister in a family. So the female is the power, and the male is the kinetic power which asserts the powers of these three powers which surround him. So when the male power comes in, all these powers become helpful acting associates with that power.

Now Vishnumaya’s power is very important to understand, because Mother power is to protect your

innocence, because that is the most important thing. To protect your innocence is the Mother's power. Now, Vishnumaya's power is to protect your chastity. You don't understand sometimes what is chastity and what is innocence. Innocence is a power which is not acted upon. Like we have electricity in our house, the electricity exists like innocence exists within us; but enactment of that is done through chastity. A person can say, "I did this very innocently" – no, he cannot. Because whatever you do if it is innocent, cannot be harmful to your character, to your innocence or to your righteousness."

Shri Krishna Puja
Saffron Walden (England) - 14 August 1989

"Now Vishnumaya is the potential power in the, say, in the clouds, is a potential one. But what She does is to scream, shout and show Her existence, that She exists."

Shri Saraswati Puja
Vancouver (Canada) - 11 August 1990

"Sahaja Yoga is so important, and if we do not assert ourselves fully to Sahaja Yoga, Vishnumaya is going to take another form which may burn all your forest, may burn everything. Now you must know that lightning

represents all the five elements in it – it has sound, it has light, it is in the ether, it acts in the ether. Also it has got what you called the water in it, and when the water goes into friction, which is the Mother earth, so all these things act through Her.

“The Canada as such I feel is the Hamsa Chakra of the Vishuddhi, but the power of Saraswati becomes Mahasaraswati when it is manifested by the Mahabrahmadeva which is called as Hiranyagarbha. For that She has to cross through the Hamsa. She crosses through Hamsa and becomes the Vishnumaya Shakti. I mean She is the Vishnumaya Shakti. So Saraswati becomes the Vishnumaya. She crosses at two points – one at Hamsa and another at Vishuddhi – so She is the Sister of Shri Krishna. So Saraswati was born as the Sister of Shri Krishna, and when Krishna’s mama name whose was, uncle was Kamsa, he came to kill Her, She just rose into the sky and became the lightning, and She declared the coming of Shri Krishna, that He is already there existing.”

Shri Krishna Puja
Cabella Ligure (Italy) - 1 September 1991

“Draupadi was actually Vishnumaya,”

Shri Vishnumaya Puja
Ashram Everbeek (Belgium) - 4 July 1992

“First we should know who is Vishnumaya. It’s very important to know because in the Devi Mahatmayam She is only described as the Incarnation of the Goddess, She is called as Vishnumaya. But let’s see who is She, after all, this Vishnumaya is who? So Vishnumaya is the Kali, We can say, and is the daughter of Mahakali. She came on this earth and killed many, many devils and many rakshasas to save the saints from their aggression and She always acts in that manner to kill all the negativity of the world. She is very quick at it, I should say, and She knows where is the negativity and She tries to burn that negativity as fast as possible.

Now the origin is like this that this Vishnumaya was the daughter of Mahakali who was created by Mahakali Herself to fight these demons, but also She was given special weapons to do this work. But at the time of Shri Krishna She was born as the sister of Shri Krishna, and instead of Shri Krishna being killed by Her uncle, as you know the story is, She was exchanged, She was actually the daughter of Yeshoda, exchanged for Shri Krishna. And this girl, little girl was killed by the uncle of Shri

Krishna, who became the lightning in the sky and announced that "Shri Krishna has already incarnated, and your destiny is in His hands and He is going to kill you," She told Kamsa. So this is the Vishnumaya."

Shri Mary

*Vishuddhi and Agnya Chakras, Public Program
Sydney (Australia) - 31 March 1981*

"Christ's mother was a lady who lived like a potent energy for Christ. Except for Him, nobody knew. That's why at the cross He says, "Behold the Mother." That's so important."

*Diwali Talk,
London (UK) - 27 October 1981*

"So She has arisen out of the sea, so She is Miriam, you can call Her. She is Marie, She is Marie. That's why Christ's Mother's name was Mary because She came out of the sea. People, I don't know if they think about it – why She was called Mary of all the things. Why this name Mary? Now, this power which came out of the sea,

because the whole thing, the seeking started in the sea first of all, as you know.

It had to be in the sea because first the animals were born in the sea only. Becomes, when She comes out of the sea, becomes a Raja Lakshmi and a Gruha Lakshmi.”

Dedication through meditation
Cheltenham (England) - 31 July 1982

“What will you say when Christ was crucified for his Mother? She was Mahalakshmi herself – so powerful. She made her son sacrifice his life, suffer like a human being. It was too much, to make your son sacrifice, when you have all the powers in your hand to finish everyone there. But it was a very delicate job to create this Agnya Chakra. What does that mean? Does that mean that He lacked something in his devotion? On the contrary, she was so sure of him, of his devotion, that she could ask him to do that.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

“As you know, in the time of Christ, though Mary was Mahalakshmi-’s incarnation, had to be very-very potential personality and Christ did not want anybody to know what she was.”

Shri Hanumana Puja
Frankfurt (Germany) - 31 August 1990

“So Maria has to do quite a lot with Hanumana all Her life. That means Maria is the Mahalakshmi. Mahalakshmi being the Sita, Sita, then Radha, Hanumana has to be there to serve Her.”

Public Program
Bucharest (Romania) - 16 October 1990

"Christ's Mother, they called Her just a woman. But if you do not put blinkers, in the scriptures She's described as the Adi Shakti, as the Primordial Mother."

Diwali Puja
Chioggia, Venice (Italy) - 21 October 1990

"Then the third one came as the Mother of Christ. She gave Her child to be crucified. When we just introspect ourselves, how much we are attached like hawks on our children. If anybody says anything to the children, people don't like it. I've got reports from Switzerland that if anybody says anything to the children, the parents don't like it. No, nobody should say anything to their children. Here She gives Her child to be crucified for the emancipation of humanity. I can't even look at the cross. While we are so much attached to our children, what are we teaching them? Are we teaching them any sacrifices? Are we teaching them any sharing?"

Are we teaching them any tolerance? Are we teaching them forgiveness? On the contrary, if anybody says anything to the child we don't like it, leave alone crucifixion, leave alone even little punishment. The child has now become the biggest ordeal for Sahaja yogis.”

Christmas Puja
Ganapatipule (India) - 25 December 1992

“So the another quality of Ganesha, is shown in Christ's life, is a devotion to Mother. In that book the, Mary is telling them about knowledge, but this Paul objects to it, and she says that this is what you have to achieve. Buthe doesn't want to, he is arguing with her. But then Thomas said that what Christ has said on the Cross 'Behold the Mother'. She is the Mother of Christ and how dare he insult her. But just the opposite, Paul never respected women, so he appointed, I mean he called her as just a woman. No respect for Mahalakshmi, no respect.”

Womanhood

Mother

Spirits of the dead

Bombay (India) - 22 December 1976

“Then the mothers, some of the mothers who are so much involved and selfish and self-centered, only love their own children. They said, “He is the only son I have. She is the only daughter I have.” So what is that mean? Why are you so misidentified? How many times you have been born in this world? How many children you have had before? Why are you so much involved into it, so much misidentified? That does not mean that you kick your children. Either they will kick their children or they will be absolutely downtrodden by the children. This is the extreme type of temperament. Normal people who love their children, love other children also, live in a normal way – normal, pious married life, don’t run after other men and don’t run after other women.”

Public Program

New Delhi (India) - 7 February 1981

“You see now, you talk of indiscipline, indiscipline everywhere. I remember, when I was young, we could not do even a thing without asking our mother. If we had our father we wanted to, he’d say, “Did you ask your mother? Go and ask your mother” In the family, in the house she

was the Gruhalakshmi, she was given all the keys all the money, not a single pie was spent without asking her. But these days, the woman have become so either very miserly or so extra wagon that men do not know what to do with them. It was both ways, women have to be wise, they are the axis the Dhuri of the society, that's only possible when they are realized, suddenly I find very rebellious woman become so, so beautiful."

Diwali Talk

London (UK) - 27 October 1981

"That is the job of a Lakshmi. The mother has to protect her children. Whatever may be the wrong with the children but she has to protect her children against all the rest of the people.

Of course, not in wrong things. I mean, she should not tell, I mean... always, I have to tell the other side of it because you might say that "My child has gone and beaten somebody else." So that's not good, that is not protection. What I'm saying if the children are under any peril or any trouble, it is the Lakshmi who has to protect. This is a job of the Gruha Lakshmi."

*Public Program
Rome (Italy) - 29 April 1982*

“Today only somebody asked Me, ‘Mother, what do you think if the women want to work as the men, and what is the need to work like that?’ Actually, in the affluent country there is no need for women to work, I mean to earn money. Whether you work or not you get your money, but building up of children is the most important thing”

*Public Program, Heart, Vishuddhi, Agnya, Sahasrara
Derby (UK) - 11 July 1982*

“The dignity of a mother must be respected. I’m sure you all must have respected your mothers very much. But now as mothers I don’t know if you will be respected. Once this is established, that a mother itself is the highest position a woman can reach and she is to be respected, all the priorities will change among women also.”

“Why, why, why should we make ourselves so cheap? We are mothers and we should be proud of our motherhood. Motherhood is the highest thing a woman can achieve. I mean, I have achieved it, because I am a Mother for thousands. And I think that is the greatest thing that can happen to a woman is to be a mother. And Mother and a Guru, you can imagine My plight? It’s much

worse that you have to tell your children something to be done, and you love them so much that you don't want to say that, then you have to play some little sweet tricks with them to bring them round.”

Public Program

Delhi (India), 1 February 1983

“This Chakra is ruined in women when they lose their only child; because their motherhood is finished, they feel. And that is the worst thing that can happen to a woman, if she's a woman. But if she's not a woman, she doesn't feel much, and she just behaves in a very manly way. And that's what I've seen in the West, that women really don't much care when their children die. But it is because they are not women. If you are a woman you definitely feel for your children and their death. But after some time, such a woman comes back again and she accepts the life as it is, for the sake of her husband, or may be if she has more relations or other children. She becomes extremely powerful as a reaction to what has happened to her. That's only possible if your center of Heart is all right. Such women do not grudge, do not complain, are extremely serene, and can bear up lots of things. They are extremely tolerant and can go to any extent to help their children, but they are never spoiling their children. They never spoil their children, because they understand spoiling is much worse than beating the child. They never spoil the children, nor ever pamper them, and never get dominated by their children. They know, “I have to guide

the child and have to look after the child.” So they look after all the ideals and righteousness and the virtues of the child. And if he tries to get out of it, they go all out to win him over back to virtue and to better life. But those people, those women, who do not care for actual growth of the child, may just avoid it and escape it.”

Sickness and its cure

Jangpura, New Delhi (India) - 9 February 1983

“Especially women who are very-very flirtatious type and who think they are very beautiful, and also they are having a very active life,-can become completely barren.”

Shri Shivaratri Puja

Sahaja Yoga Temple, Delhi (India) - 11 February 1983

“If your mother is not all right, you must just get after her and see that she is put right. That’s very important, mother has to be all right. If she’s not all right, then you tell her, “I’m not going to eat food from your hand”, finished. You get your vibrations, all right. You tell her that “You better take to realization otherwise I will not have anything to do with you. I’ll just see, talk to you and go away.” Show that detachment to her. Be strong. You must cure your mother. Very important because mother is a part of Sahaja Yoga, it’s very important. But many people

I have seen just do not know how to resist. You must protest; go on protesting one after another because that's the greatest thing you are doing for your mother. What else can you give it to her? Anything you give the whole world has no meaning except correcting your mother for the better life, an eternal life, life of God."

First Public Program

Melbourne (Australia) - 8 March 1983

"Q: Why is the Kundalini identified as the female form?
Shri Mataji: Because it is the Power of God, and God is regarded as He, and the Kundalini as the Mother. He as the Father, and the Holy Ghost as the Mother. She's the Holy Ghost, so because He's the Father, we have to have a lady with Him so we call Her the Mother and one should not feel bad about it, men should not feel bad at all because you all had a mother. You could not have come on this earth without a mother. You just can't help it, that's how the nature is. You have to accept the fact. Mother is a surety isn't it?"

“In a society where even a mother’s love is challenged one would feel extremely insecure in a thing like that. If a mother has to love the child she has to think, “I hope there is no bad feeling in my mind.” In America it happened. There was a little boy of eight years, just a little boy of eight years and her [Shri Mataji may mean "his"] mother said that he has started taking lot of drugs and things and these drugs have created a problem for this little boy of eight years, can you imagine?

So I couldn’t bear it, I just took the boy to My heart and I kissed him, he said, “Mother, this is never done to me by my mother.” So I asked the lady, “Why didn’t you do this to your child? He’s only eight years of age, doesn’t he love your care, and your expression of your love?” So she said, “Mother I feel guilty.” I said, “How?” “Freud has said...” Freud was a perverted useless fellow. He died of cancer, look at his life. These psychologists when they come in contact with other people who are suffering from pathological troubles, they are pathological cases, and when they deal with pathological cases, they don’t know how to protect them. Jung has said about it. Then they catch those diseases among themselves and they start generalizing this for everyone. They have generalized. It’s an absurd thing. In Rome there was a girl who came to Me she said, “Ah psychologists, horrid, horrid, horrid.” I said, “What happened?” “They’re telling me I have bad eyes towards my father. I felt like beating them.” Is all absurd things, you see to create – this is antichrist, to

create a feeling of enmity, that everything is perverted, polluted. It's so pure."

*Mother Earth and Mahalakshmi Puja
Surbiton Ashram (England) - 21 August 1983*

"No use competing with men in their stupidity, the amount of stupidity has been created for us quite sufficiently. The whole world is today, is expressing that nonsense that they have – the competition, the aggression, the oppression. So the other side of the woman, which was called as the dominated-one, the dark side, the oppressed, all that has to express itself in a different way. The whole mode, the style, has to change. See now in Christianity one should understand; why Christianity, even Judaism, any religion, even Hinduism and all that – but it's more in Christianity, 'surprisingly' – they just had no place for Mary. And Muslims even crowned it by 'completely' cancelling Fatima. And on top of that, you will see that among Christians, I think that ordination, or what you call that, is not given to the ladies, to women, while Christ was not born of a man. But that 'does not' in any way mean that you compete with men in their foolish enterprises by which they have practically brought this world to such a ruinous state."

“So today we have to understand that it is the time for the ‘Motherly’ qualities to develop. Even a man, when he becomes motherly only, becomes a great man. Like Christ, when he had compassion, he was called as a saint. So the quality of a woman as a Mother-Goddess is always as a Mother – and She is the power most important to ignite Sahaja Yoga. Now how She ignites, I’ll tell you. I give an analogy, but analogy should not be carried too far – as wise Sahaja Yogis you should not carry it too far. Say there is a zero, it has no meaning. In the same way God Almighty has no meaning till you put some sort of one or two before it. It’s a zero. It ‘has’ an existence but it has no capacity or a power to express itself. So it’s a zero. Like that we should say the masculine growth is a zero.”

“So the women of the West must understand that the nonsensical ideas they have taken from men must be ‘completely’ discarded, they have to become ‘women’. Those women who just are talking like men, can ‘never’ help in Sahaja Yoga. They have to be like this Mother Earth who allows you to do what you like with Her. now in you, the Motherhood must take over than the Fatherhood. Motherhood towards yourself. The attitude should be like a Mother towards the child. How her attention is towards the child? You can see in every day-to-day life how we behave.”

“We have to rise in a way that we move in such a way that it is not in a pendulum way but in a spiral way. And to move spirally, you have to use another kind of force. Whatever you have used so far has to be endowed with another kind of force and that’s the ‘feminine’ qualities of women. But where are the feminine women? They dress up like women, they will try to be feminine and all that. That’s not the way. From inside, from the heart. A feminine heart Christ showed that in His life – He forgave. Only a woman can forgive, man cannot, because he is aggressive. How can he forgive? Krishna never forgave anyone.

But to be ‘Motherly’. Not to be fatherly, but to be Motherly. ‘That kindness’, ‘that gentleness’ should be in your behavior towards each other. Of course this force also corrects, sometimes also gets angry also. Mother also has to get angry sometimes, especially with people who never get alright with their behavior, She has to be shouting, punishing, and sometimes She also destroys! It’s alright. But that is sometimes, not all the time. So just now one has to accept that to be like the Mother Earth they have to be forbearing – ‘Dhara’. She is the sustenance of ‘everything’. She takes everything, the vibrations are sucked in. And now for the ‘first’ time after realization, you can give Her back what you have got it, from Her. You can give vibrations to Her trees that are created, you can make them beautiful. You can transform a flower into a more beautiful flowers. Now whatever you have to give what you have got from the Mother Earth you can give because ‘your’ Mother Earth is awakened within you now. So you return Her back everything that you got

from Her and give it to others. 'Generosity' the greatness of heart, nobility, forgiveness, love, affection, bearing 'everything' for love." And for the Mother, to save her child, she'll 'starve' herself, she'll do 'everything' to save her child – complete dedication, she has for her child. That's a real Mother – I mean the kind of mothers you see these days, neither they are mothers nor women. But what I am saying, that's the real image of a mother, and you have an image before you. So, this is what one has to develop now, whether you are men or women; as Sahaja Yogis you must develop a new consciousness of affection, love and compassion. Getting angry, getting into a temper, shouting at people – this is not going to help you much.

But also femininity, at a lower level, without realization could be very, very small hearted, chicken hearted, could be all the time worried about her own child. That's what one has to change – is to be; have love and affection for 'every' Sahaja Yogi, for 'every person'."

"That's Mothers job. Not out of fear, but out of 'sheer' love. Like even if it is cold and buttons are open, you can button up a person. Little- little things, you know. Women have very little sweet things which they do, which make men very happy. But women have lost now that sense. Not the fighting, but thinking what sweet thing you can do. And also, sometimes, teasing is alright. Sometimes tickling is alright. But a kind of – you see, "rapport" between each other; even the feeling, that we can do that. It's a master's

job. The one who is a master can do it, those who are not, will not do like this. They'll again come back to hurt."

"Sometimes even small thing like: early in the morning you get up, you find the another person is sleeping on one side, his blanket on the third side and his pillow on the fourth side. So you just put his head on the pillow and cover him with the blanket."

*Advice given at C.G. Jung Society's Hall. American Tour,
New York (USA) - 16 September 1983*

"The woman is the mother; she's in a way higher than man, I think. She's the mother she has to nourish. She's here for nourishment. So the new awareness has to be that of nourishment, of compassion and love. For example, in the olden days, for us Napoleon was a vintage hero, and now if you call any Frenchman a Napoleon he'll hit you back, he can't stand it, because according to him, he was very egoistical. So who is the hero today? Somebody like King, like Mahatma Gandhi, somebody who is the manifestation of the womanly qualities, of the Mother's qualities of compassion, love, of nourishment of this Mother Earth."

Guru Puja
Leysin (Switzerland) - 14 July 1984

“I bow to all the Sahaja Yogis of the world. It is very heartening to see so many of you assembled here to do the Guru Puja. To worship your Guru in person is regarded as the highest blessing. But in My case it is a very different combination that I am your Mother and your Guru. So you can understand how Shri Ganesha worshipped his Mother. You all are created in the same image of Shri Ganesha who worshipped His Mother and then He became the Adi Guru, the first Guru. He is the primordial essence of mastery. Only the Mother can make the child a master.

And the Motherhood in any Guru – whether male or female – can only make the disciple a Guru. So, first you have to become the prophets and develop that motherhood within yourself, then you can make others also prophets.”

Raksha Bandhan and maryadas
Hounslow, London (UK) - 11 August 1984

“So the relationship between the father and children, mother and children, is important. Actually the mother should look after the child much more. And the child must respect. Father should never scold the mother in the presence of the child. That’s one thing one must understand, that if the father starts scolding the mother in the presence of the child, the child will have no respect for the mother. But the respect must be maintained, because if the wife respects the husband, then the child will know how to respect her and the husband too. So the whole thing is built up like that. Is a kind of a pattern for children to follow. One should not try to dominate the husband, at least in the presence of children. That’s very wrong. Because then the children learn that trick and they start dominating you. So it flows from you to children. So try to see that if you have to do anything then you do it yourself. And respect the husband and in a way that is very obvious to the child that the father is respected by mother. And they are just like monkeys. The way you behave, they behave. So you allow them to behave in a particular manner, they will behave that way. But if you put a good pattern of behavior, they will imbibe it. The other day I was thinking, how Indian children are so obedient, so sensible. They will never ask for it. “I want this, I want that.” They never manipulate. What happens? What happens, how do they do it? The reason is, I think, the good pattern in the house. Everybody knows whom to respect, how to respect, how to behave.”

Birthday Puja
Melbourne (Australia) - 17 March 1985

“Then the children, you see, suffer, because that’s the job of a gardener, beautiful things that are born, to be looked after with that kindness. But you over-indulge into your children in the beginning. A mother is like a gardener, she has to prune also; she has to cut also, so the growth is all right.

If you child is spoilt you’re no good a mother, useless you are. But you groom your husband not your children, just the other way round, because ego is towards your husband all the time grooming. “Sit here, go there, what’s this?” Money business, “Give me all the money, I keep all the money,” everything. Now one may say that the law is such. If the law is stupid, the Sahaja Yoginis should not take to such a law. That law has ruined you all, I tell you. Because this is such an important part of life, it is such an important area of life that it should not have suffered.

Where affection, love, kindness, all that is required is missing, then you become people without any meaning. Life is aimless. You don’t know what to do, that’s why the children commit suicide. And then the love should be such that they should be pruned, for that you must have wisdom, which also one does not develop, because if you run after your Mooladhara Chakra how can you have wisdom? Here men have befooled you completely. Completely they have befooled you, take it from Me. You must keep your wisdom intact. And not only that they have befooled you, but they themselves have stooped

down to befool you. So they have their devious methods, they are not straightforward.”

*Interview: Shri Mataji Talks about Her Early Life
Vienna (Austria) - 8 July 1986*

“On the other day a lady asked me about the women and I told her that a woman’s power as a mother is very great. She felt hurt about it. I didn’t mean that you should be just a mother. What I am saying, she is a mother; then she is compassionate, she is kind, she is not aggressive like man. That is a very big quality. That is a very big power in a woman. That is what I was suggesting that and that is what we have to understand, not to compete

So, see we have to understand that life has to be enjoyable. Life’s to be a blessing, not to be a misery. We create our own miseries by these false ideas, by our own confictions we have in our mind, mental projections we have in our mind, or our own obstinacy – whatever it is. All these things can be cured if you take to Sahaja Yoga because you become a balanced person, level-headed, wise person. And you become a witness. The whole thing becomes like a show, like a drama, and you become fearless and you start seeing the whole thing like a drama, and this is what a human being has to achieve.”

Shri Vishnumaya Puja
New York (USA) - 9 August 1987

“You see a child, you see a girl who is innocent. What interests her is her little dolly. She’s a mother, out and out. If she’s properly brought up, from very childhood she’s a mother. And motherhood is the epitome of womanhood. There are some Sahaja yogis also who are so stupid they don’t want to have children after marriage. They should get out of Sahaja Yoga, immediately. We have not done all this to have people here who cannot produce children. If they can, they should. The reason is there are so many great souls who want to be born. These are the great fruits which are going to be prospering on the tree of your family life. And if you do not want to have any children, then what are you doing here? So the Vishnumaya’s main thing is that a woman has to be a mother. Then that motherhood gives her that special capacity to shine.”

Now it starts with the Left Vishuddhi, the AIDS goes to the Center Heart. The Center Heart is challenged. The motherhood is lost. That’s how the antibodies become weak. Once they are attacked, they become weak, they cannot fight the disease and that’s how the person who gets AIDS has to face things in such a manner that it has no antibodies, so he becomes allergic to everything and he dies. To fight the AIDS, the sisters’ and brothers’ relations must be established so that sisters can look out for men, the way they are behaving, and they should look out for sisters, the way they are behaving. In this whole satanic movement I find the men become physically

attacked and women become mentally attacked. And it's such an attack that women are difficult to get out of it. First of all, we have to decide what is our goal – is to become the spirit, and not a sex point. This maya has changed your goals completely. It's going to make you into worms or I don't know what else. Actually, this is what the Americans have to understand: where are they going? Everybody thinks that Americans are half-mad if not full-mad. Any American coming into any organization, "Oh, beware, American." Americans may not know about it. They never consider an American as a completely sane person. What is the reason? Because of this queer, weird, stupid ideas they have. But I heard that here the people claim that we have a fundamental right to be stupid and mad."

*Talk after Ekadesha Rudra puja
Shudy Camps (England) - 19 June 1988*

"But innately, a women's attitude in India is different, that she has to establish the dharma in her family. She has to establish the beauty of God in her family. She has to give all that is good to her children, all righteousness. She has to be humble. She has not to raise her voice. If she raises her voice, then she spoils her children: she teaches them how to raise the voice. She has to, in a way, obey her husband because children should obey her. It works; the society is much better there than it is here. So this new, also, a movement of women's lib and all that, is a sign of

that secret work that is going on. Because women are left-sided, they are sly. They work it out very cleverly and cunningly.”

*Conversation with yogis
Aurangabad (India) - 7 December 1988*

“Also you have seen that in the west abortion is very common thing that happens to women. May be because of bad Mooladhara or may be by left Swadisthana. Whatever it is, we don’t have to bother about the past or about reason why it is so? So if you take your vibrations on the left hand side, then you clear out your Mooladhara in such a manner that the problems of Mooladhara are solved. That is very important for all of us.”

*Public Program
Paris (France) - 11 July 1989*

“Then you have the Chakra of the heart. This is the center, which gives us sense of security. When our sense of security disturbed we get problems of our lungs, and women get a breast cancer. The establishment of security gives you a great sense of personality.

In the west as we see, all the time men and women are insecure about each other. The woman thinks that now today my husband has gone out, I don’t know if he’ll come

back or not. And the man thinks I'm going to go home, maybe the wife will be missing. The children are always worried that God knows when they will divorce and will have five fathers and six mothers. And this sense of insecurity creates problems in the society. And especially very, very dangerous for children. That's how children leave their families, get out and lead a very insecure life."

Public Program

Porchester Hall, London (UK) - 1 August 1989

"Then the third disease which is even more dangerous than this, is the disease which we call as blood cancer. Blood cancer is caused only to people who think too much. It can even be to the children if the mother is very meticulous, particular about her carpets or her house, everything you know and even a rat doesn't enter that house. But she is very careful that all her things are properly done, her sink doesn't have even so much of, little bit of a spot left in it. All the time, thinking, planning, thinking, planning. This affects the child and the child also can get blood cancer. Blood cancer you get it because your spleen is the speedometer- is the one which gives you the rhythm of life, rhythm of life. Now when we are hectic people, all the time under shock, then this goes out of order."

“When your motherhood is challenged, you develop breast cancer.

Supposing a man is a flirt and his wife is worried, she might get a breast cancer, because her motherhood is challenged and her sense of security is very disturbed. As a result of that, she gets this problem.”

Shri Ganesha Puja

Les Diablerets (Switzerland) - 8 August 1989

“So one thing is to be – talk to your own children, as Shri Ganesha himself does, that “respect your Mother.” Your Mother means your Holy Mother and your own mother. That is very important. If the father doesn’t make the child respect the mother, the child can never be all right. Because the authority comes from the father no doubt, but mother must be respected. But for that it is very important that mother must respect the father. So in the presence of children, if you start fighting with each other, misbehaving, and talking in a manner that is not proper, also will have a very bad effect on the Ganesha Tattwa of the child.”

Sahaja Yoga – The Essential Medicine
1990's

“Even the mothers who are extremely planning type and thinking type give that disease to their children and children are born with diabetes.”

Shri Mahalakshmi Puja
Auckland (Australia) - 12 March 1990

“To be a mother itself is a very big thing. Why God has given you the motherhood? Because God thinks you are like the Mother Earth, that you look after, nourish the child, nourish the family, do all these things. Don't try to follow the methods of men, like smoking, drinking, behaving like them.”

Guru Puja
Avignon (France), 8 July 1990

"Now, in your case your Guru is a Mother, a woman, so it has to be among women that the development of their Guru qualities have to be very well manifested. But it's just the way it is not. For them, they are still the mothers or they are the wives or they are Sahaja Yoginis. But they don't realize that you are also the Gurus.

Because your Mother is a Guru, because She's a woman and you have to be also of that quality, that people should say, "Look at this woman, she's such a Guru." But still, as I hear from the different leaders that the ladies are absolutely still very much far away and are very few who can be called as real Sahaja Yoginis. It's a sad thing to hear. Because if you still keep to all these mundane things of womanhood and the drawbacks of womanhood, which has come out of domination maybe, because of always they were shown to be something lower, especially in the Christian religion, they were never regarded as something holy. They have this kind of a diffidence in them that they don't understand, that dharma can be established more by women than by men. And the Guru's work is to establish the dharma – in the society, in the family, in relationships. All these Gurus, which are representing all these great symbols here, have done nothing but have established dharma. But first of all, before establishing the dharma, we should watch ourselves, "Have we got dharma within ourselves or not?" First of all, the quality of a person who has dharma is that he listens to others, he obeys. And this is something has gone wrong with the western women, I think, that they have forgotten how to listen to others, how to obey others. That's why their children also don't obey them. Obedience, if you do not have, nobody's going to obey you. First, you must learn to obey."

Raksha Bandhan
Los Angeles - (USA), 7 August 1990

"I mean, I know, now say I have My two daughters, now they have their husbands, they might fight with each other sometimes, whatever it is. But left to themselves, I cannot think it is possible that any other man can attract their attention, on a wrong way. They'll be free with anyone, talk to everyone, they cannot! But I have never told a word about sex or anything. I mean I feel shy even to say this word to them. How is it they have got this innately built in within themselves, because the society, the Indian society is such that brothers', sisters' relations are beautiful."

Talk on Children at Girvins Ashram
Arzier (Switzerland) - 21 September 1990

"If you do not allow others to correct your children, their ego will never break, and that is the reason why in these countries? Western countries? People are so ego-oriented. They have not grown out of it. They have not grown out of it. First of all, they never want to be corrected, never, even at this age. If My mother was living she would have corrected Me and I would never have felt bad? Anybody, anyone of our friends or anybody? Because I know that it's for My benevolence why are they doing it."

“The wives of leaders also should know that they are the mothers and they have to have an extremely sweet and a humble nature and they should tolerate lot of nonsense; not only that, but always try to suit their husbands.”

*Navaratri Puja, “The deities are watching you”
Arzier, Geneva (Switzerland) - 23 September 1990*

“We would say My mother was a very strict person, extremely strict. But she was extremely loving also – extremely loving, extremely strict, just like Jagadamba. I mean, she would make us cook food, even the handle how you hold she would tell us, “This is not the angle, this is not the way, you do this way. Why are you standing like this, where is your attention?” And no questions were to be asked.

All that disciplining and all that thing which came to us in our childhood is today helpful to us. And they were extremely loving, they were for our benevolence, whatever they did were for our benevolence. But I think, especially in Switzerland I always felt that the mothers are uneducated, and they're extremely jealous of their daughters also. Our mothers, My mother was very well-educated, but her mother was not. But she was a wise woman. She had her sense of responsibility, she knows she was a mother and she has to behave herself, she has not to be childish and stupid.

So because that love was not given to these ladies, they are still ego-oriented. They're still babies, they're not yet grown up. Still they cannot see the other person's point of view, and they become extremely obstinate, "No, this is true."

"Apparently, you must understand, it is the authority coming from the top. Like I always will say, "I am not God, Sadashiva is God." Gregoire was quite shocked when I told him first this thing. But I am God also. Without Me what is He? I am His Power; He's powerless. But let Him be God, good! Because if you have to blame someone, you blame Him, He's God. But I have to work hard to keep Him pleased.

Otherwise, you know, He doesn't care for anyone, He'll just destroy; that's all He knows. He'll destroy you, anybody tries to play any tricks with Me He'll destroy you so badly that for lives together you cannot become a human being. He's like that, terrible fellow. He's the one who has done all these things, you know.

So, we have to grow. We have to grow as wise women, as women who are like the Mother Earth, as I told you. And when you ask Me that "Mother, You work so hard and You look so fresh" – because I enjoy it. It's like a music to Me. Doing work is a music to Me, cooking is a music to Me, everything is a music to Me. Do you get tired of music? On the contrary, you feel fresh. And when I kill demons, as you must have seen there, I get more enlightened, more light comes into Me. It's the other way round."

*Press Conference
Bucharest (Romania) - 17 October 1990*

"Even now, they have very funny ways. I Myself I was in a Christian religion so I know all of them. Even this Madam Theresa, this lady Mother Theresa, you know, she collected money from Indians, got some stables and put people from the streets there, converted them, they would die. That's all. And that's how she gets a Peace Prize, because she's converting, because, you see, the Christian nations, they gave her a Peace Prize because she's making these dying people Christians. What's the use? And no one dares to speak about it. There's nobody can speak about these things. And she's such a hot-tempered woman. She got her heart attack so many times. It's the fact, I'm telling you the truth."

*Diwali Puja
Venice (Italy) - 21 October 1990*

"So we must understand. Are we allowing our children to grow big? Are they generous? Are they saints? Are they beautiful? How do they talk to others? Are they confident?" Tomorrow they are going to be the leaders of Sahaja yogis. Like Shivaji's mother, like Jija Mata, how she made the son great! It's the mother who makes the children great. And if she wants all the time to sort of a, grab-the-child and the child-to-grab-the-mother, then it is suicidal, suicidal for you and suicidal for the children. What have we done about our children?

Is duty of every Sahaja yogi to see that their children grow, grow as great people, greater than you? They have to look after the world. If you spend time with your children, see that you mold them, you nourish them with love and tell them that they should give love to others. That they should behave in such a manner that everybody should feel that love through them. Otherwise they will become devils like Ravana. Ravana was a realized soul and spoiled by his mother, became a devil. If you don't want your children to be devil, first of all understand that they are not your children, they are My children under your trust. And you are not to make your children dwarfish and smalls. This is a new temptation I find in Sahaja Yoga people are developing. So be careful. I wanted to warn you because we have to make our children like lights. Light burns for others, not for itself."

Shri Mahalakshmi Puja

Kolhapur (Maharashtra-India) - 21 December 1990

"The mother Earth has got the mind, she produces these "Vigrahas" (swayambhu forms) and deities. Nobody will believe that this Mother Earth thinks, and produces these things. Logically, you can say that a tree has a certain height, the fruits have a certain shape, colors, etc. Who changes all these seasons? That is the one which is a lady, she thinks, decides and works out everything. This concept is doubly denied in the West. First, they cannot

accept a Goddess. Woman has no part. From Socrates onwards, nobody has talked much about a woman except Athena. Greek Goddesses were just like human beings so that also gets ruled out. When Christianity came, the Christians saw to it that there should be no mention of the Mother. Despite that they worshipped the Mother of Christ like a Goddess. Though in the Bible she is addressed as a woman in a very derogatory style.”

“Because religion was organized and in an organized religion, you can put whatever you like the way you want and it was such a big mistake. By that people developed lots of ego and things against women. And also the first sin, they call the Original Sin, was blamed on woman. They really ill-treated women, and had no respect for them. So the women changed their role and instead of becoming Mothers or goddesses, they tried to become something like actresses in the West. But you can understand that without the power, there is no sense in anything. This is the power of love. This is the power of Truth. Once you get that power you should humble down and know that this power is within us, which has given us all this knowledge and this ability to raise the Kundalini. All this is because of energy within us, the Shakti within us, without that we are nothing and that too is the Mother who does everything.”

*Public Program
Florence (Italy) – 23 April 1992*

“Mona Lisa is a famous painting, Mona Lisa: she was a very fat woman! Is all the craze of the entrepreneurs you are playing into? They are making a fool out of everyone. Also, a divine personality needs water to protect these centers, the chakras. If you want to become actors or actresses then it’s different (laughs), but for a divine person you don’t worry about your body much. Say, now, I’m sixty-eight, I’ll be sixty-nine years of age, and I’m every day travelling.”

*Talk after Mahavira Puja
Perth (Australia) - 28 March 1991*

“So I said, “All right, now you do one thing. They are already spoiled, but take one foot-rule, ruler, and keep it and say that ‘If you misbehave, this is the thing.’ And once or twice just do a little bit like that.”

Indian women don’t thrash so much, you see, we don’t beat. I mean, I have slapped My daughter once, one daughter, elder one and younger one twice in their lifetime. We don’t believe in thrashing, but you see they’re afraid of our eyes, even they know what we want, what is good.”

*Public Program
Canberra (Australia) - 13 April 1991*

"If a woman also is diabetic, her child can get it as an inheritance. Now this diabetes comes to you as a result because you think too much and you neglect, the pancreas is neglected."

*Final Talk and Departure
Sydney (Australia) - 19 April 1991*

"And the men have to know that they have to respect their women. In the presence of their children specially, they must really respect. If you're angry you can do what you like in the bedrooms. In the presence of your children you should behave yourself."

*Hamsa Puja
New York (USA) - 28 April 1991*

"Look at your Mother. She's a woman. She knows so much. They don't know anything as to how Kundalini passes through these centers, what it does, what She is capable of. But the Kundalini itself is the feminine Power. She knows each and everything about you, about your child. Many mothers don't know if the child is taking

drugs, or is behaving which way. Except for spoiling or beating, there's nothing in between. With discretion, the mothers can make these special children into something. That is My vision about them. But with their indiscretion they can ruin these children completely. This is so important, that our Hamsa should be all right, that we should be able to create a beautiful home, a peaceful home – not only for our family, but for all the other Sahaja Yogis who come to our house.”

Shri Adi Kundalini Puja
Weilburg (Germany) - 11 August 1991

“Supposing — I mean, I don't know about modern mothers, but normally, if I would go and say to My mother, “Teach Me how to be angry,” she will say, “You go and cut Your nose.” If I tell her that, “Tell Me how to tell lies,” she'll say, “Go and cut Your tongue.” If I say, “Tell Me how to see bad things in others,” she will say, “Take out Your eyes it's better.” All these ideas that we harbor within ourselves make a very big problem for Kundalini to enter into your attention.”

*Public Program
Prague (Czech Republic) - 17 August 1991*

“In the Bible there is the God Almighty as the Father God, and we have the Son God. And the Trinity, the third one is the Holy Ghost. But how can you have Father and the Son, and no Mother? The women are called as “second citizen” because they say that She was not on the table of the twelve apostles, who were having the Last Supper. But then how do you have Paul there, who was not sitting on the supper table also? But people could feel the Mother of Christ as a Goddess, so they called her as a Madonna. And I can’t understand, those who do not want Her as the Goddess go and worship Her as Black Madonna in Poland.”

*Diwali Puja
Temesoara (Romania) - 25 October 1992*

“So you are the Goddess of the family, you have the Shakti and you have to be very careful. Moreover you are Sahaja Yoginis so you shouldn’t allow your Sahasrara to be touched by anyone and your power comes from your chastity. Thousands of women in India committed suicide because they didn’t want any man to touch their body. Now you are in Sahaj culture and in Sahaj culture we have to behave in a very dignified mature manner. When you are small girls you are also Goddesses, that time you

are innocent, then you get married, it's a very big thing that you are a married woman is very auspicious.

Then after marriage you have children, is even greater honor for you because you are mothers. We are not actresses, we are mothers and you should be proud of being a mother and you should be proud of your children.

Then you become grandmothers, I think this is a very great achievement and you should feel very proud of your age that you are a grandmother. If you will go on struggling for looking young you'll look very old. You see your Mother is seventy years of age and I don't look my age, that's what they say. I have never bothered about my looks, I have no time, I have so many children and I am very proud of my age also. With age you grow, you mature, you are wiser, then you have all the assets of your personality. If you really respect your age people will come to you for advice, help, and then you can spread Sahaja Yoga. There are so many complications with these entrepreneurs the way they try to exploit women.

On a Diwali day I don't want to talk about that so I'll try to tell you about the Lakshmi, the symbol of Lakshmi. Shri Lakshmi is the symbol of the completeness of womanhood, she brings wealth, prosperity, auspiciousness, she brings in understanding, generosity, peace and joy, she is the giver of all the blessings. The symbol of Lakshmi is that she stands on the lotus which is pink in color. Pink color is the warmth of her Motherhood. In India even a small girl is called as Mother. So in the various aspects of Lakshmi, the symbol is that first she is a very warm person, also in one hand she has

the lotus which is also pink in color, that also suggestive of her warmth.”

*75th Birthday Felicitation Program
Delhi (India), 20 March 1998*

“As a Mother, Mother wants to give everything to Sahaja yogis. This greatest joy for a Mother is to see Her son or daughter grow up like Her. I, I have a great vision of life. And I see the picture of that here today. I was a ordinary housewife without much money. You know My interest in money is zero. I don’t understand even the bank and the somebody has to sign a cheque for Me. My husband has to count My money, I am so bad. But still I’ve never had problem. Never had problem because it is the greed in man, terrible greed in man that creates problems. But if he learns how to be satisfied, automatically the greed drops out and you feel absolutely comfortable.”

Sahasrara Puja
Cabella Ligure (Italy) - 10 May 1998

“Mother’s position is different. She’ll go on struggling and fighting for Her child. She’ll fight it out to the last to see that the child gets all the benefits and this patience and this love and this forgiveness is innately built-in in the Mother, because Her attitude is very different, not any achievement, not any big name or what you call a sort of an award or anything. It is just She does it because She is a Mother and that is what is the sign of any mother: if she is a real mother, at least for her own children, she will go all out, she will work out everything for day in day out and to save the child from disaster. But Sahaja Yoga is a much bigger family and for that you really had to be worked out through the Mother’s principle. You cannot take any other principle.

Now, this has to work out as a mother has to work out. So, in your own way, when you are doing Sahaja Yoga, there also you have to be a mother. More the mother’s quality than the father’s quality, that there is no ambition, there’s no competition, there is no jealousies, nothing. Just you want your children to come up and to grow into their spirituality. So this quality is very helpful and that really helps every Sahaja Yogi to be patient, to be kind, to be humble.”

Shri Krishna Puja
Cabella Ligure (Italy) - 16 August 1998

“Now for a mother, say for example, she’ll boast of how many men are running after her. Or she would think she’s a great actress. I don’t know what they think of themselves. And the way they talk about themselves is something surprising. If she is a mother, she has to be a good mother and she has to look like a mother, but they’re so much engrossed, or they are so much standing on the basis that they have to be extremely attractive, they have to be the queens or I don’t know what, what a position they want to have.”

Diwali puja
Novi Ligure (Italy) - 25 October 1998

“But in India, these places, a woman must be properly combed her hair. She should not look like a hippie going around, you know. Because we have many people who still believe in a kind of “hippie-ism”, and they wear their hair dressed like that.

Now, women play a very big part in the society, as I told you. Whatever way she wears, whatever way she goes about. Also the children pick up much more from the mother than from the father. Sometimes could be much more from the father also, but actually all the refined things are picked up from the mother. So, it is more for

the ladies to understand how they dress up, how they live.”

Wife

Spirits of the dead
Bombay (India) - 22 December 1976

“This is only you are playing into the satanic forces. Nothing else. But these, I tell you, these supra-conscious people are teaching you all this. Then there are people of extreme nature, women specially, who are patiprata, you see, they are also nonsensical people because you see they think they love their husband, the whole God must fall after them. Of course patiprata is a powerful personality. But she has to be a realized person, otherwise she is not realized and she is all the time making the husband, you see, a noose around his head, all the time and using God for it. It’s absurd! She must allow all the freedom to the man. To man to understand the complete play of life. These women also when they die, you see, they are afraid that their husband might marry somebody else or whatever it is. They sit on the husband’s head only.”

*Seminar at Dollis Hill ashram
London (UK) - 28 May 1979*

“It begins with the direction of spiritual evolution and goes on with many stories from Indian about ‘dedicated women’, Satis and Yatis, Mandodari, Gandhari (Kaurava’s mother), Anasuya, Padmini, Nur Jahan.

Though the devoted women are regarded even higher than Yatis, you know, Satis are higher than Yatis. Uh, Satis are called as, uh, in Sanskrit name is Uchchadas they are much higher than the Yatis so their achievements were much more in dimension because what they have used their bhakti also, because they were dedicated to their husbands. One of them you can give is Ravana’s wife is taken for example, Ravana’s wife. She was so powerful, such a powerful woman She was. Of course She was Mahakali Herself so that should give Her [...] Mahakali She was Herself, but She was a Sati [as She came] So She had the Sahaja Asana. She had the Sahaja power, but there are many Satis who achieved Sati power. And this [...] lady, you see this Sati, Mandodari She was Ravana’s wife. Now when She married him she had to marry though She was Mahakali.

So, as a Sati you have to obey the orders of your husband, you see. She said: “alright, I will take back.” You see.

Before your husband has taken the food you are not supposed to eat your food, that’s why Indian women will never eat it. Because this gives them power, you see. To be a dedicated wife means power. So they do not mind, even if their husbands are bad, even if they are

Rakshasas, they're anything : they will be dedicated to their husbands. They'll love their husband so that they keep their own powers and by that they save their husbands' also."

*Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981*

"This is a very important aspect of our modern life that we have to understand. What is the relationship of husband and wife is. Husband is like, say, a gentleman who is definitely is to be respected by the wife, but if she does not respect the husband she cannot get respect from her children. But the husband has to be a respectable man, that's very important. If the man is not respectable he cannot be respected easily. But the more is the woman has to be very respectable."

"If she does not give him her respect, you can handle any kind of man if you are clever enough. Drunkards, all sorts that come around, because after all they are human beings, they are not bad people, but because of mishandling they just get out and the domination of men is just a myth. See, they cannot dominate."

“But they are potent, while the kinetics are these people like here is the electricity. All right, so we say, “Very good lamp and electricity and all that, but from where does it come?” The source is somewhere quietly sending the source and enjoying itself by giving that source. In the same way this is a very important center. Why I say is because today I went to Melbourne and all the time this finger was burning up to this point. So that means there is something wrong with men and women, as far as their family-life is concerned. They are all very upset I felt. The husband is upset and the women. Maybe the laws may be against men, maybe here, I don't know, but in America I found a husband and wife-relationship is very queer.”

“First of all, why there should be a law, I don't understand, between husband and wife. I just don't understand. I mean we don't have such laws in India. But everybody cares for the wife, because she is the nearest and the dearest person they have. Who else to depend if the woman is dedicated and devoted to her husband, do you think he would run after any other woman? He has to come back to her. He'll be so fed up with these women who just live for money or anything, and he has to come back.”

The Value of Marriage
Dollis Hill (England) - 8 March 1980

“Marriage means, wife who is a part and parcel of your being, a wife on whom you can depend; she's your mother, she's your sister, she's your child, she's everything; you share all your feelings with your wife; so it is important that the wife should be such that she should understand that this is the need of a marriage.”

“Now in Sahaja Yoga, as you have seen, all of you have problems either of the left, or of the right, now when these marriages will take place, mostly spontaneously it will happen, by Nature's Plan itself, that you will marry a person who is a complementary personality to you. Because supposing you are a left-sided person, and if you have a person who has a left side which is very strong, it will compensate, and that's how you will make a good marriage.”

“But in human beings you are disintegrated people, your desire is different, your thinking is different, your asking is different, everything is so disintegrated. That's why marriages are absolutely disintegrated. The complete integration is the intermingling. If the wife has to work, one need not worry; if the man has to work it does not worry, as long as there is complete understanding of integration, of balance, within you. Of course women are responsible -the grace of the family, she has to be

gracious, it doesn't look nice for a woman to behave like a man. Because man need not be that gracious as a woman is, he's after all a man, so it's alright in his behavior-he need not be atrocious-but I mean sometimes if he swears sometimes, doesn't matter in a way for a man. But for a woman it does because she is a gracious thing.”

Knots of the Three Channels

Caxton Hall, London (UK) - 2 October 1978

“For an example, of auspiciousness. For example, now you are a wife in a family, you are a husband in a family; now how you treat your wife. Do you treat her like a goddess of the family, do you? Do you treat your husband as a man who brings God into family? You see this auspiciousness is the way, how you feel about, is the auspiciousness.”

Public program

Delhi (India) - 9 february1981

“But the men must understand now that they have to respect women. If they do not respect their women, then the daughters that they have, will be coming out like that and they'll show such results that you'll be shocked. One

day they may even slap their father on the face. It is quite possible all such things can happen in this country also.”

“Now, what I am saying if you think that you love your husband and that’s why you are angry that he should have nothing to do with other women. Why should you put him in the jail? Why should you trouble him and torture him?”

Darshan at Ashram

Sydney (Australia) - 25 March 1981

“You have to develop your womanhood within yourself, of being a little more on the shy side, or we can say which are receding, that’s a receding type of thing. See I am your Mother, I am very dynamic otherwise, but you see how I behave, I am very receding type, before my husband or before other men who are not Sahaja Yogis, I just don’t say anything, they don’t know what I am. It’s a trick I know. But you should also understand that other men or other people should find you to be very sweet, good woman, not interested in nonsensical things, but dignified.

And then the men have a great responsibility also they must respect only such women. Actually, the mistake lies with men much more than with women.

To begin with I find that men respected first of all women who were frivolous, it’s their mistake, I will not blame

woman for that. When we went to Bombay in 1953 or 54, at that time all the girls who were educated were of my age, quite young. Where we used to meet at parties this, and that, and we were simple, very simple. We used to dress up in an very simple manner, never tried to put up any pretensions, no funny dresses, nothing. They never took to smoking, drinking or anything. For about 3 or 4 years. I found very good relationships with the husband's wives."

*Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981*

"And in that case the women also then take up with the men, they compete what's wrong, they start copying men, and in so doing so, when they compete with each other, then what happens, that this family life gets disturbed. Household is dissatisfied, her ego is not satisfied. In olden times the man used to go in the jungle, and get all the wood cut, bring it home, and give it to the wife and wife used to cook. There was no problem because there was barter system. He could see her working in the household.

Now the husband earns the money and the woman spends. I mean that also requires some work, isn't it to spend the money. But to man it looks like, that I'm the earning member and she's the spender. So she said all right, I will also earn. But in this too much of competition, too much of competition like this, between the two, what

happens, the family suffers, the children suffer and such a person will have problem with the wife, the wife will have problem with the It's an important thing. Because you are like the flowers which have to produce a fruit. That's what nature wants. Nature wants that you are there to produce the fruit that is your children. That's why you are men and women. That's the basics.

That's why so many divorces are taking place and problems are there, the women ask for their rights, they go beyond their limits, they became dominating here, the men become dominating. That's not the way we are going to solve it.

And it is always so for example, I had a girl who came to Me and she was a private secretary, and she told Me: 'Mother you say this, but I've seen that all these men come and flirt with their private secretaries.' So I said: 'All right, maybe so, but what does that matter.'

You see that shows that's something wrong with the man, he doesn't understand, he's off his head, he cannot enjoy his wife and he's running after other things. It's like having something in your house and you are looking at other things you see. Now these two wheels, as I said, are very important to God, because so many great people want to take birth on this earth.

So many great souls want to take birth on this earth, and if we behave in such a manner, that all the time this chariot is this way going up and that way going up, I can tell you no child would be willing to be born in this place who are great people. Only the people who are of the worst type will be born, they'll be hooligans, they'll be horrible people with a horrid nature and they'll spoil the

whole atmosphere of the countries where husband wife have, do not have good relationship. The children will be such hooligans and such horrible things that you'll be surprised that at the age of eight years and five years they'll be committing murders and doing all kinds of such thing that you'll be shocked.

'I hate you' is a way of expressing something that is I feel, is very wrong for the family system. It shocks children. Children look upon you as ideals."

Public Program

New Delhi (India) - 7 February 1981

"If the woman decides to be bad, there's no end to miseries that should not be done. So, please make it a short circuit and let us understand that for Sahaja yogi it is important to respect the wife. So, that there is discipline, still I must give all my respect to the Indian women, despite all these things, despite the, all the men have changed their dresses, all the men have become English, Indian women have still kept their dresses and their discipline. Our men still think, they are great English people, but our Indian women are not willing to accept that situation.

when there is realization, a woman becomes a complete woman and a man becomes a complete man and a complete man we have before us is Shri Rama, how he loved his wife, in separation and in meeting, how he loved and how they despite all their love, how they suffered "

Public Program
Delhi (India) - 9 February 1981

“So we have to realize that husband and wife relationship is extremely important for sahaja yogis. You are the complements of each other. If the relationship is not all right, sahaja yoga does not work out. It is not that a woman becomes so dominant but it is the compliment, the love between the two, the beauty of love, and the understanding. You need not even smile at your husband, you need not even, when he is going, you see in England I’ve seen or anywhere else I’ve seen, people will be all the time kissing each other and doing all kinds of gestures to show that they love... The show is not important, but from the heart, you must feel that oneness with your husband and that love for him and the husband must feel that love and it’s the only relationship, it’s the only, believe Me which is most beautiful.”

Darshan at Ashram
Sydney (Australia) - 25 March 1981

“So you leave them alone, but if you just handle them the way they should be handled, like children, you see, then they are very good, excellent. So, the trouble is the handling of men is very important. Even if a man is told how to behave, it won’t happen, because it is you who really controls him. It is not he who can control himself. It is you control him. He doesn’t control you at all, in a way... but it should be done in such a way that he doesn’t feel it.

If he feels it he will go on drinking, will take drugs, naturally, a man who takes to alcohol is mostly a man who is dominated by his wife or a man who is very soft outside. Say to a everyone, he's very nice, "Hello, how are you?" He goes home and boxes his wife.

But you must understand he has to do it, he has to box someone because that's there in their nature to box people, so they have to box someone. Either they will box others or they'll box their wives. So the second part is better that they come home. You can have a pillow puffed up and make a fun out of it, like a little child who comes home, he gets angry with his mother, he goes on hitting her, "Oh! Why did you do it? Why did you do it?" Like that. Alright, because they think they have a right to do it. But once you deny that right, then they go mad, then they take to alcoholism. They go to so many thing. Most of the men take to all these vices only because the wife doesn't give them that satisfaction and love. It is you who control the men, not that they control you. It's very simple to handle men, very simple. There are some tricks to be played of course, but a woman is quite tricky, she knows how to do it; but it should be done sweetly, so sweetly, suggestive of your love, suggestive of you love."

“Now as I have told you in yesterday’s lecture, that a wife should not dictate to the husband. There is also the head, is the man, head, not the heart, and the head depends on the heart. If the heart stops, the head goes off. So it is a mutual dependence. But people see the manifestation of the head, not of the heart. This is a very powerful personality, she is potent inside, but she is kind, she is loving, she is giving.”

“So this is also very important, which is a very important point in this country and other countries of this kind, where the women are getting liberated. I don’t know if they know what they want. Cannot be happy without men. Men cannot be happy without women. There will be nonsensical things going on, it’s all perversion, this nonsense. But that’s nothing, these are adjustments ad-hock on day to day basis. There is no joy giving.

The main thing is that you must behave like a woman. It’s nice to be a woman to dress up like a women, seem to be fond of children like a woman. Sweet like a women. It’s very nice to be like that. And men should be like men you see, and now if women do not become like women, then what happens, the Nabhi chakra goes out then the sense that they are responsible. So the men also get very bad Nabhis. They became speedy. The woman will determine the speed of the man. If the women are speedy, what will happen to men.

The speedometer is speedy, what will happen to the man. ...And the women never hurries up. See they may have a watch, just for a decoration. They have such little, little watches, the husband will be there “What are you doing? Why don’t you get out its very late? Why don’t you get ready?” Like that, the man shouting at the woman. The woman says alright I’m just coming, just coming. But if the woman is the other way. “What you haven’t got awe have to go”. Finished. Either the husband becomes a woman or there is a big clash. It’s only possible when we remain what we are. And the spirit of a woman and the spirit of a man is just the same. But manifested through a, say there’s a lamp which has a blue color and a lamp which has a red color. So the color is different. You’ll have to have two colors. How can you do with one color only at least minimum two colors there should be there. Isn’t it, that why the permutations and combinations took place with these three gunas, that are within us. And all sorts of human beings were created.

*Finding the Truth, Public Program
Norwich (UK) - 4 July 1981*

“In India a married life and a married woman is the most respected thing, is the most respected, and she has to wear nine marks because she is so respected. She is like a Goddess. I mean, she is regarded as the Goddess of the family.

That is how we maintain our family system. It is so important. Now you realize it that the house wife is a deity. There is a center for it within us. That doesn't mean that men are in any way less. I mean, the men are the kinetic energy and the women are the potential energy. I mean we have no fight with them.”

Diwali Talk

London (UK) - 27 October 1981

“And, the Goddess of the Gruha Lakshmi is, we can say, that the deity of the Gruha – of the house – is a Gruha Lakshmi. Now, this deity must become one with the housewife. Then the blessings of the Lakshmi essence is of well-being comes to you. If she is not the Goddess, you will always suffer. You will always have problems; you will always have all kinds of untold miseries. It is Her blessings which brings you solace, peace and redemption.

Housewife is the one who is a dedicated wife even placed higher than Yatis. Yatis are the highest evolved you can say, Avadhutas, are the highest evolved seers. And, a dedicated wife has got more powers than even a Yati, it is said so. So this peace is only possible if the housewives realize their importance, bear it upon themselves, are forgiving and are redeeming the family life. They have to redeem the family life, and where this gets spoilt the whole system goes out.”

“In Sahaja Yoga we should understand. You have to look after your wife, her needs, everything. You have to give her due respect. You are never to insult her in the presence of others. It’s absolutely forbidden. But the women also should know how to respect their husband, not to be provocative and use all their cunning against their husband. You see, I have seen people sit down and plan out how they will insult their husband, use what means.

This is absurd, you have to love your husband. You have to really love him and forgive him like you would forgive your own child in the same way. But the husband also... it’s a very mutual thing. I cannot just tell something to the women and not to the men. It’s absolutely essential that men must respect their women as Goddesses – as Goddesses. But women have to behave like Goddesses. They behave like street women then a competition starts. The man behaves like a street man and the woman behaves like a street woman. Then they behave like Soho people and then they behave like... I mean, it goes on – competition.”

Marriage is Joy Giving
London (UK) - 29 November 1981

“You are complimentary to each other. You decorate each other. Never talk ill of your husbands and never talk ill of your wives. This is the key of having an exclusive married life. If you start talking of each other to others, that exclusiveness, that trust is finished. So you have to trust each other. The trust in God, children imbibe when they start learning from their parents how they trust each other. So you are the nest where the tomorrow’s great children are to be born, to be established and to grow as great saints.”

Ego and Humility
London (UK) - 7 June 1982

“See, you cannot see the other side of it. You think power means you sit on somebody’s head, then, “I am very powerful.” Like a woman, if she can make her husband dance to her tune, then she thinks, “Oh, I am the most powerful woman ever living.” Is the other way round, that the woman is so loving that husband can’t do without her, that sort of a power? She’s so sweet that the husband cannot manage without her.

That sort of a power is, should be the power of a prophet and these things are very much deeply put into us. So face it up and take it out. The whole value system is upside down. I tell you the whole value system is upside

down. See My life, own life. As a wife of such and such and such I am expected to go into diamond shops, buy diamonds, wear, become a big lady with heels like that and walk with a neck like that and do all sorts. I mean, this is the normal thing. It's expected. And shout at the chauffeur, and shout at the servants and shout at everyone and behave in that manner. I mean, that's what it is, the power is. You see, that's how the woman express their husbands' positions."

Talk to Yogis

Vienna (Austria) - 27 September 1982

"Only sometimes I find a conflict between family people. Your priority should be sahaja yoga, sahaja yoga, sahaja yoga. Say a husband may not be equally interested in sahaja yoga and the wife is pulled down. She should show that her interest is sahaja yoga nothing else and he will come. She should not give way to him. And if he is so that he wants to get into sahaja yoga and she objects. She has no business to do that under any divine law she has no business to do that. If she tries that, husband need not listen to her at all he should go full ahead. Because ultimately he is an important part of sahaja yoga. And he should not in any way make the importance less. So she should go ahead with what she wants. If he is a sahaja yogi he should not bother about anything. His family will be blessed, everybody will be blessed, if he is there."

*3rd Public Program
Urania, Vienna (Austria) - 28 September 1982*

“The another attack comes from the medical profession, I think sometimes. I Myself have done medicine, but I was amazed to see that some of the pills that women take have male hormones in it. If you make the women like men, then what is the sense in having men and women as such? One can’t understand (Shri Mataji laughing) a military of only men sitting round here without any women to bring some sweetness. And how can these women produce children and look after their children? It is a very confused state in which we are as it is, on top of that, these people are adding coal to the fire.”

*Diwali Puja
London (UK) - 14 November 1982*

“To keep the balance it is her duty, it is not the duty of the other people in the family. It is she who keeps ...she doesn’t give up at any costof course, if he’s a wolf all right, he can go to the forest. She’s not bothered. But if the men run after dirty women and cheap and street women, then the same housewives can take to that. So that is very important, that they must be respected, because they are Gruha Lakshmis. That is one thing.”

Nabhi Chakra
Delhi (India) - 31 January 1983

“The job of a woman is to be a Gruha Lakshmi. To have ideals before the family, ideals before husband, ideals before the children. The house should be ideal, should be a warm house where everybody’s welcome. The wife’s job is to keep her Nabhi all right, the Nabhi of the children all right and the Nabhi of the husband and Nabhi of all the people who come to her house. She has to lead a life of auspiciousness, of kindness, of religious nature. She has to be a soft-natured woman. But this is all missing, only thing she is worried with, how to please the husbands. Because that’s one of the big jobs for her.”

Shivaratri Puja
Sahaja Yoga Temple, Delhi (India) - 11 February 1983

“The wife can also do the same with the husband. Gradually showing indifference in a way that he understands that it doesn’t bring love. That’s how women corrected men long time back. Nowadays, of course women, if you give them something, they get pleased. Even if there is a keep, as long as they are giving diamonds to the wife she is quite pleased with the keep. Still in India it’s not accepted. But I have seen in the west nobody minds, if the husband has ten keeps doesn’t matter as long as he is giving you the money, all right, nobody minds it. That’s very funny.”

“Then your wife – wife is a very dangerous situation. If your wife is negative, she will go on putting into your head things which will work out at an odd time and you will be amazed how you slipped out these things and how you said these things. Why should you have done it, why did you do this? But the wife is to be told that, “You have to behave yourself, you have to get all right, nothing doing. And there is no compromise. You be in another room, I will be in another room. You should get well. I am not going to help.” Because that is even much more dangerous because you know if the woman is catching then there are very serious diseases you develop with the Mooladhara problem. So you have to be strict with your wife. You should make her. You should tell her, “I’ll not eat any food with your hands. I’ll have nothing to do, I’ll not talk to you, I’ll just come and sleep in another room and go away. You better not touch my clothes. If you don’t listen to me then I have nothing to do with you – I’m your husband. Whatever dharma I follow you have to follow me, if you don’t want to listen to me, then I have nothing to do with you.”

The wife can also do the same with the husband. Gradually showing indifference in a way that he understands that it doesn’t bring love. That’s how women corrected men long time back.”

Birthday Puja, "Overcoming the Six Enemies"

Sydney (Australia) - 21 March 1983

"It is more for women I would say, that they should not join hands with other men who talk against your husbands, or who teach you against your husbands.

So the competition between women and men must be stopped. Women must have their own place and men must have their own place. And women must know that men are their hands. If you are the shakti, they are the machines. And do not kill your machines by shouting at them, by screaming at them, and by putting them down, making them diffident. You will have no place. We have to encourage them to do God's work. You have to support them, look after them, because they are the machines, they are the hands and you are the power."

Mother Earth and Mahalakshmi Puja

Surbiton Ashram (England) - 21 August 1983

"So on both sides, of men and women, we have to understand that if you are a man, and if you are a dominating man, it's alright. But if you are a woman and if you are dominating, then it's a difficult thing for Sahaja Yoga to cure you, because you have lost your quality of being a woman. At least you have to be a woman to begin with. If you are not even a woman, then what can you do with these third persons who are neither man nor woman? Now the men, when they are dominating, they

have to understand, that they have to be 'compassionate'. They have to be 'kind', they have to be 'considerate', but 'never' subservient, never subservient. This is, one should understand, that you should not be subservient. Now the women, what do they have to be is to be 'great', 'large', 'receptive'. Receiving and nourishing all that."

Shri Ganesha puja
Tivoli (Italy) - 11 September 1983

"I have seen among some Muslims, a habit, that they are more attached to their daughters than to their wives. Funny thing. It is absurd. They pay more importance to the daughters than to the wife -it is something very absurd, it is not good. It's again perversion. Or the women, they love their son more than their husband. It is absurd. And once it starts working like that, it can go to any absurd limit, which is not in the 'maryadas' in the boundaries of Sahaja Yoga. There has to be very healthy relationship. Friendship, but not attachment which looks funny and absurd. So nothing absurd should be done. Nothing overly should be done. Because there will be remorse and unnecessary heart burning for nothing at all, it is useless."

Shri Ganesha Puja
Vancouver (Canada) - 6 October 1983

“But actually what has happened is your laws, your laws are very funny, the laws are such that if a man marries a woman then he is in for trouble because he loses half of his money with the first wife, then half of it with the second, then half of it with the third. By the time he is third time married he is just broke you see, this is the law. I have seen women very rich, very well-off and the husbands absolutely poppers. Same lady marrying one husband looking like a poper absolutely has no money so this is one of the law which is very very I think imbalanced and creates a problem between husband and wife quite a lot, because the whole thing becomes money oriented... Secondly this is one of the reasons why men don't want to marry women, because there is no equality of sharing and that is why, one of the reasons why, they thought it is better to have a man as a companion or a spouse.”

Diwali Puja, “Becoming the ideals”
Hampstead, London (UK) - 6 November 1983

“Women must understand they are women and men must understand they are men. Also relationship to yourself is very important. Women should not try to be men – we cannot, and men should not try to be women. Is wrong. Because basically they are different people. They are born differently.

What is the difference? A man is more meticulous, he knows more about machines, details about it. A woman will see the pattern. Woman will listen to the tune more, man will be seeing to the instruments. That's the nature God has created you. After all somebody has to see this and somebody has to see that, both are beautiful. Nobody is higher or lower, but enjoy yourself as being a woman, enjoy yourself as being a man. But man does not mean that you aggress women thinking stupidly that you are higher than woman in evolution. Or women dominating men thinking that by dominating them they can put them right. They have never put them right by that. They have gone absolutely cabbages, men have become cabbages. Wherever women dominate, men become cabbages. They have not put them right."

*Diwali Puja, "Becoming the ideals". "Temple of all faiths",
Hampstead, London (UK) - 6 November 1983*

"A wife who says that: "All right you save all the money," teaches the children to be selfish and teaches the husband to be selfish, to save all the money in the bank and not to be charitable is not a Lakshmi. She's the One who teaches you how to be charitable, how to give to others. A woman who is very particular about her money and bank balances is not a Lakshmi at all. She has to spend. She's there to spend. Man has to preserve his money but the woman has to spend. He has to earn for

she has to spend, but rightly, spend it rightly, not only for herself but for the family, but for the husband. She thinks: “What should I buy for my husband, for my children, for other Sahaja Yogis, for other people?” – all her job. The husband earns and gives it to her and she does that. It’s a very sweet distribution I think.”

Address to Leaders

Melbourne (Australia) - 18 March 1985

“Better teach them how to manage this. But we have experienced now your wife should not be in charge. No woman should be in charge. If you want an assistance take another gentleman but not any woman whatsoever. While I think they don’t understand. If they go in administration they go off their heads. So best is to have another assistant, if you want somebody, ask your leader here or someone and then arrange. Have somebody to assist you.”

Sahasrara Puja

Alpe Motta (Italy) - 4 May 1986

“I think it’s so great to have been born as a woman myself, because I can enjoy the heart, the emotions. The emotions of my love, the working and the play of my love. It’s so great that no incarnation can enjoy that as I can.

So the women should not feel degraded if they have to look after the heart, but they are in a higher, in a way, in a higher aspect. You can do without thinking but you cannot do without the heart. So the ladies should not argue with their husbands if they are leaders, and also one should not argue otherwise. Because I have seen that if the women are very argumentative the men become deaf. They just don't listen to what women are talking. If they are very aggressive then the men become absolutely shut up. So in relationship with each other you must behave in a natural way that you are a man and you are a woman. You should become more a woman and more a man and then you will see the fun. Imagine in this world if there were only men or only women, what would have happened?"

Talk to yogis

Mechelen (Belgium) - 21 September 1986

"But for this, the women of the households have to understand, have to mature and not to bother their husbands with nonsensical things. And they should try to nourish their husbands and encourage their husbands. Like the Mother Earth nourishes the tree. With this kind of an attitude I'm sure we'll have peace, justice and prosperity in these two countries. Also men must respect women who are respectable. In Sanskrit it is said, [SANSKRIT], meaning where the women are respectable and respected, there reside the Deities. Means the

women should be respectable, they should not lead a life of a unrespectable character. Understanding this vision, I'm sure you will realize your great powers and your great position.

So there is no domination, on each other, but to realize that we are like two wheels of a chariot. And that the two wheels are equal but not similar. For example the right cannot be fitted to the left and left cannot be fitted to the right. They are equal, if they are not equal then there will be no movement, they'll just go round and round, fighting. But they are also not similar, so if the left starts coming to the right it will never fit into it absolutely. Nature has made us with two legs, not with one leg. So we cannot change our legs like that. But there could be horrid husbands and horrid wives, could be, and only in the religion of Vishwa Nirmala Dharma, only in this religion now we have idea that under such circumstances they should divorce. Only in this religion. That's an advancement, or a degeneration, I don't know."

*Day before Vishnumaya Puja
New York (USA) - 8 August 1987*

"How you treat others, how you behave towards others, how you live neatly, clean ways and things – that's what children learn. Greatest thing, more than precepts, are practices. Here the husband, wife will quarrel in the presence of children, beat each other. Can you imagine? I've seen that. I mean if you see any film these days, it's

the quarrel between husband and wife – put this way, that way, that way, this way, this way, that way. That’s all, get fed up with it. No respect, no love, no affection. Or some sort of a destruction. Then the children, themselves, don’t want to see any picture.”

*During the Diwali puja, “Meaning of the 9 Lakshmi”
Lago di Como (Italy) - 25 October 1987*

“Gruha Lakshmi. Gruha Lakshmi is the deity of the family, the one who’s the deity of the family. Now, any housewife need not be Gruha Lakshmi. She can be a shoe. She can be a horrid thing. The deity of the household – if She resides in you, then you are Gruha Lakshmi, otherwise you are not.”

*Talk after Ekadesha Rudra puja
Shudy Camps (England) - 19 June 1988*

“First of all you have to be an excellent wife. And not a dominating wife, pushing yourself forward all the time....Because it’s easy for bhoots to get the women than the men. Is true. When you go too much towards the right, you immediately get caught up on the left because you move like a swing, because naturally you are the left-sided thing, and then the bhoots catch you much more than they catch other people.”

“In the marriage of Sahaja Yoga, you have given a promise to Me, that you’ll work for Sahaja Yoga and you’ll help your husband in doing Sahaja Yoga. You’ll help your husband when he’s looking after other Sahaja Yogis. And you’ll look after other Sahaja Yogis who come to your house. You’ll make your house a Sahaja Yoga center, receive the people in your house and will always try to enhance the collectivity. Under these promises you are married. You are the one who can show that. It is easy for a woman to be short-sighted, conceited and mean. It takes time for man to be that. But with all these possibilities, even if you have another possibility of men to dominate, then you are neither here nor there. You have no sex, then. I mean, I don’t know what even to call them then. You better name it, a person who is neither woman nor a man. Let us be women and be proud of it. That’s how we can make a very good world for everyone. So, now, coming to the major problems of the world.”

“First thing you must learn to cook well. Don’t allow men to do any work in the household. Never. Never allow your husband to do any work in the household. They will just entirely depend on you. Make the best food. Be an expert cook. The husband will be back home. I’m giving you the tricks of the trade. Try to understand your husband like a witness. Sometimes he gets angry for nothing at all and all that. Be a witness to that. He is another child you have. It’s a grown up child and you have to look after a grown up child. Be kind and attentive. It is very surprising that

you all have not yet learnt those tricks. Perhaps your mothers never told you.”

“But the ladies of Sahaja Yoga have to work it out. They have to see that they give that power to their men. If I find any husband weak, I know it’s the wife who is a nagger or who is a dominating person, or who thinks no end of herself. And if I see a man so powerful, I know there’s a woman behind him. It’s just like electricity and a light and a lamp. If the electricity is flowing alright, the lamp is burning. Absolutely that. But if you are identified with these stupid vain women, then you are lost. You’ll be finished. If you know what I am, if you know what I am saying, and if you try to follow what you have to do, then you will immediately see that Mother is trying to strengthen our roots. Because you are the roots of the trees. You have to give all the nourishment. You have to be motherly, sisterly towards all the other Sahaja Yogis. Not to quarrel, to fight, to say hard things. That’s not the job of a woman. Not to argue but be quiet and watch out. Even if they are catching on certain chakras, you can cleanse them very well as wives. You can work it out secretly. You can do it. Because the problem, though it looks so dangerous, and so destructive and shocking, the keys are in the hands of the women of today. They can just solve the problem like that if they decide and understand their glory and their value, and do not make themselves cheap, hankering after cheap popularity.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

“And the woman who behaves like this, in this manner and if she ill-treats her husband, will get asthma or a very serious type of cirrhosis, could be brain damage, could be paralysis, could be complete dehydration of the body because left nabhi is so important. If the left nabhi is made hectic, as you know by your running about and by jumping about and by being hectic, then left nabhi becomes hectic and you develop blood cancer. I have always seen that the women who are thin, their husbands as jittery, why? Because the wife is all the time making him run up and down. Do this, do that, you didn’t bring this thing for me. I had asked you to bring the Coca Cola you didn’t bring, you didn’t do that, as if he is the sinner all the time. And the man becomes Jumpy all the time, Jumpy. He gets something for the jumping and she gets something for her torturing. There is no love, there is no joy, there is no happiness. This so called figure madness, which is now subsiding. Thank God. It’s coming from America. This figure madness makes you funny.”

“All right, but this woman, the housewife, has to know that she is not docile. She is obedient to her own righteousness, to her own virtues, to her own qualities. If the husband is stupid, alright, he is stupid like a child, finished. But the husband has to know that he must respect, otherwise he is a lost case. He is finished, he is good for nothing. First thing is that he must see that the

woman in the household is respected as a Gruha Lakshmi. Then the blessings flow. But in no way he should insult her or be unkind to her and raise his voice or say things to her. But the wife has to be the one who is to be respected. I have so many times said, your wife is dominating, give her two slaps on the face, of course. No doubt, she has not to be dominating, she has to remove the dominating forces of others. She is the source of peace, she is the source of joy and she is the peace maker. If she is the one who creates problems, then you can slap her nicely, bring her to her shape, it's alright. So this Gruha Lakshmi Tattwa is mutual, it doesn't depend only on the wife or husband but both of them. So once if you are making your wife suffer, your left Nabhi can never improve; or if you are a bad wife your left Nabhi cannot improve."

"Women have to be settled down women. They have to be Grahas this, that is, one who settles in the household, said to be satisfied within the household. If she is all the time running about, she doesn't want to stay in the house then she is not the housewife, but she is a maid servant. There is a saying that there was a lady who was a maid servant, and then she was made a housewife but she couldn't stop her running about because she was a maid servant. She doesn't settle in the household. Now for whom is the household, is not only for herself, No, not for her husband, No, not for her children but for others to welcome.

Like this Mother Earth has spread all these beautiful things for you, to come and sit and enjoy. ...Gruha Lakshmi Tattwa in Sahaja Yoga is very important. Those people who have got problems after coming to Sahaja Yoga, most of them have neglected their Gruha Lakshmi principle because Gruha Lakshmi if it goes out, then center heart catches. Those women who have tried such tricks, should give up immediately because this is very undignified; nobody respects such a woman. It's a very true with the leaders' wives and the leaders. The leader's wife or the leadership is a minimal of a minimal of a minimal of a so called position; most insignificant. What you got is much higher than this. If you ask a saint to become a king. He will say, What? you want to put the ocean into a cup? Is the minimal of minimal. Is the lowest of lowest."

"Those who think their life is service are another stupid people. Their life is enjoyment, not service. But that service itself is enjoyment. But if you just keep to service. Oh, I am sacrificing, this is my tapasya, finished. Then you end up like a tapasvi, like a bean stalk thing, which can be used for a cross. So, in Sahaja Yoga it is enjoyment but unless and until you have that essence of enjoyment into everything, it cannot be an enjoyment. If you take out the essence from the cane sugar or what you call the sugar cane bamboo, then what is left? In the same way, all the so called service and tapasya and all that has not sweetness; finished. All this is sweetness and that is generated by women. But they are very strict.

Don't spoil this. Keep this nice, keep that nice. The husband comes home like as if he is a criminal. He has to be like a bull in a china shop. He has to be. It's a good thing in a way. Is nice, how he doesn't know anything; is even better for you. But to make him all the time slave, do this, you didn't do this for me, do that for me, is not the job of a housewife."

"Every wife of a leader has to cook and learn cooking. It is compulsory now. They have to cook and with heart. They should be able to cook and give with love to others. That's the minimum of Annapurnas, and the husband shouldn't find faults with them. In the beginning they might make mistakes, encourage them. Encourage their qualities, encourage their goodness; encourage their niceness. Also I have seen, some very good ladies who were taking very active life in Sahaja Yoga. After marriage they are lost. Husbands are also supposed to be Sahaja Yogis; lost. Sometimes they appear, sometimes if I am there they come, otherwise they are not there... That means there is something wrong with the husbands because before marriage they were better. So how much it is important, a Gruha Lakshmi Principle with in us, for us to be together, to us to grow together."

"The way the housewife decorates the house. She soothes down every one, makes them feel happy. Then she is looking after everyone. Everybody knows she is standing there. Imagine, like a modern style would be,

you call some people for birthday cake of your child and you cut the cake first because you are the housewife. How will it look? It is that ridiculous, I tell you. The way the house wife always puts forward before everybody else. They have to be on the back because you have to look after. Look after all of them, and this is what a Raga is. It caters to all your angularities. Supposing a person is very upset and worried, comes from office, puts on a Raga. Soothes-you down. It makes you settle down like people come home for five days, live like I don't know, what to call, not even hotels, and live in a tent like thing and the sixth day they are out at the sea or they go and stay in a hotel. Nobody wants to stay in the house because there is no Gruha Lakshmi Principle between the two. But Raga needs sitting down, settling down. Unless and until you settle down, you cannot enjoy Raga. Imagine somebody listening to a raga when he is a jumpy. So, one has to settle down and that settling down is what is the work of a woman who is a housewife, and the man has to act, is to settle down. As I have told you many a times how your left nabhi goes out in modern times, much more, and many children are also born of the women who are hectic. Normally in India before, you see, the husband used to get up, have his bath, all the time his wife is not with him. She is cooking for him. She is looking after his children. All the time sticking on to husband also is a sign of boredom. Husband gets bored, wife gets bored. Then they have a divorce. So she must have other interests like looking after the children, house hold, Sahaja Yoga, things like that. Then he comes from the bath, he sits on the ground, in India. Now we are sitting on the tables, all

right, at least sit on the tables, not on the table, but on the chair. Then she doesn't tell him at this time why did you do like this or this lady was quarrelling or I met another lady she was telling me you were this and you were that. No, she said let him eat his food. That's why in India if husband has to show his temper he doesn't eat his food in the house or he will wash his underclothes himself. That is how, they show their temper.

So then she fans the husband slowly and tells him good things, you see, today you know-why, my son got up and he said I love my father very much. He said! Really! Yes, yes. He said, he said so, and husband knows she is telling lies also, but you see all nice things. You see, and I think your mother is much better now. I think I'll go and look after your mother, and your sister is coming. So I think you are buying a Sari for her. All such nice – nice thing she will talk to him. So he eats his food nicely then he goes washes his hands and goes in a bullock cart, not in a car where there is a jam, always. Alright, now the bullock cart is over, the fan is over. You have to be very fast. Life is fast now. In this fast thing, as I have told you, that on the periphery of the wheel you have the speed but at the axis it is not. So the Sahaja Yogis have to be at the axis, and so the husband and the wife, the left and the right side of a chariot have to be on the axis and the left is left and the right is right. Now the women always take more time to get ready. Not me. I take less than my husband, much less than him. So, that is their habit. Forget it. Now women have their own habits. They are women. Women will remain women, men will remain men. Man must see their watches ten times. Women

might see it once or may be their watches are lost or out of order if they are real women. They are not jumpy like men, they are different. But they are women and you are men, and God has made men and women. If it was to make a unisex, He would have made unisex, He did not."

Eighth Day of Navaratri
Pune (India) - 18 October 1988

"One has to realize that the man is the kinetic thing. I mean the male Avataras are the kinetic side. The potential energy is the female energy. So, even when Krishna has to kill Kansa, He had to ask Radha to help him. So, is the Shakti. Without the Shakti they have nonexistence. It's like without a light the lamp has no existence. So these are main forms, but behind them are the Shaktis, which have performed all these acts."

Public Program
Porchester Hall, London (UK) - 1 August 1989

"Supposing a man is a flirt and his wife is worried, she might get a breast cancer, because her motherhood is challenged and her sense of security is very disturbed. As a result of that, she gets this problem. Now if you are a bad husband, you can get asthma. Or if your wife is a shrew, you might get asthma."

“For a woman and a man I agree, they are equal no doubt. But they are like two wheels of a chariot which has some distance but they are not similar. And no use fighting with each other – when you can’t live without each other why should you fight? And the children are on the streets. Every child I find 18 years of age is out of the house. I mean here the little children are killed – why. In India, I cannot think of such a thing. The reason, though they are very poor, the reason is they know what is love. And that is what I feel that the society has to little bit take to Sahaja Yoga.”

Farewell Talk

Shudy Camps (England) - 3 December 1989

“Don’t try to be men. A man cannot marry a man. Of course, in these days (Laughter– but we are not like that. You have to be ladies and you have to be gentlemen and that’s how the marriages take place.”

Informal Talk to Sahaja Yogis

Perth (Australia) - 1 March 1990

“Nice to be a woman I sometimes think because poor man have to please so many people in this world and a woman has to just please the husband, finished. It’s a simpler job.”

Shri Mahalakshmi Puja
Auckland (Australia), 12 March 1990

“So in Sahaj culture one must understand that women have to be women and men have to be men. But men must learn to respect the women as housewives... respect them very much. If they do not respect their women then also they will retaliate, they will get rebellion and there is all this women’s rebellion that has started. Is the mistake of men not the women so much, because they have challenge their personality so much that now they have started behaving like this. So in Sahaja Yoga we respect the women, we allow them their own freedom, we trust them and we treat them equal. They have to be equal. They may not be similar but they are equal. The both the wheels have to be equal otherwise wheel, one is smaller, one is bigger, then the chariot will never move forward, it will go round and round and round. So that is to be understood, that’s very much important nowadays in the West because I find slowly the derailment is towards hell. All these thoughts are going to take people to nowhere because nobody takes the responsibility of molding a moral, creating moral values for children. You have to give proper breeding.”

“But I don’t know what to answer to such letters that: “My husband has run away with another woman this thing, that thing”. It’s not important, you have been married so many times in life before. So what does it matter if he runs away, let him run away, what to do. You are a Sahaja Yogi, how many women or how many men have become Sahaja Yogis in this world? So you are so exceptional. And such exceptional people should not bother about mundane things and useless things. They should know their responsibility. It is you who will be responsible for the emancipation of all the New Zealanders. And this you must understand. You should not try to put your esteem down. Try to come up and work it out.”

Guru Puja
Avignon (France), 8 July 1990

“So the sense of shame you must learn from Indians. They never, husband and wife, never sit together in India, is regarded as bad manners and it should be with you also. That even in the Puja, even in anything they are sitting in the public, what is the need to show your relationship in the public? It’s only in the private. This is one of the things one if you start understanding, there will be a proper adjustment. Men should be with men in the public, women should be with the women together.”

*Press Conference
Sofia (Bulgaria) - 25 July 1990*

“For women specially, thin women are very poor thing, irritated and sometimes very dominating, because they have no stored energy within them. So, one should not be thin or fat, but could be plump.”

*Raksha Bandhan
Los Angeles (USA) - 7 August 1990*

“Now if fidelity is between husband and wife in the real sense of the word, again we come to reality, real sense of the word, then the man and women should become free like birds. They know.”

*Navaratri Puja, “The deities are watching you”
Arzier, Geneva (Switzerland) - 23 September 1990*

“Now let us face it, today you have had this Puja of Adi Shakti, is a dangerous one because this is like a mirror where you will have to see yourself clearly, face yourself. To dominate your husband is a stupid nonsense, because you don’t know how to handle your husband, that’s why. I would say Indian women dominate their husbands, all right, in a way: the husbands can’t do

without their wives, can't do without their wives. They don't know even how to pack their things, they don't know how to even make tea, they don't know how to boil an egg, they don't know anything. They don't know even how to lock the house, open ... even open the wardrobe, how to spread a bed. They don't know anything whatsoever that is practical.

I mean, I would say that My husband would always come and ask Me, "Is this tie all right?" I mean, this is since long. Now he knows I'm Adi Shakti, but before also! He used to come and ask, "Is it all right?" "No, no, it's no good." "All right." He would change."

Public Program

Melbourne (Australia) - 12 April 1991

"Especially the women develop what you call as the breast cancer. Mostly these women are insecure: maybe their husbands are not good, or they feel that the husband may leave them alone or something like that. There are certain insecurities that are built in. They might be quite frightened people, personalities. I have seen most of the air-hostesses have this Center Heart catching, because they are afraid they may miss the plane or I don't know, they have to be on the job and run and do. Mostly these time-bound jobs cause you a trouble here of the Center Heart, and this Center Heart is very important, because for women especially they have to be secured. If their motherhood is challenged then they are even worse. And

this is how one has to understand, a woman should be very much respected if she is your wife, she's your child or anything, she has to be respected and given all the security. It's the woman who makes the society, is the woman who creates the children, is the woman who looks after the children. So the men have to give all the security and the protection to the womanhood and understand it is a very important factor, which if we neglect we can have lots of problems with our society; and the women will start competing with men and then the society will be all dislocated."

Mahashivaratri Puja
Chianciano Terme (Italy) - 16 February 1991

"The Goddess is the power, Shakti."

"Any woman who feels the left Nabhi, she must immediately understand that there's some sort of a horrible thing in her being which has to go out. So, for left Nabhi, you must take the three-candle treatment and try to respect your husband, try to be kind to him because these spirits can also dominate. You know, not that they can make you very sly, they can also dominate. They have a way of dominating. So, in any case, it looks like you might look to be right-sided, but actually she's suffering from left Nabhi and she's extremely dominating. In the same way, if the husband is not a good man and

he tortures the wife and she feels unhappy about it and she's sorry about it, then also she catches the left Nabhi. So in both cases one has to understand that you get your joy – the source of joy is yourself, your own spirit. It doesn't depend on your husband or anyone. You are single that way. So you shouldn't worry about your husband. You shouldn't think how he treats you. You shouldn't bother at all about him. But what you have to think is that "After all, I'm his wife. I should support him. I should help him. Whatever way he is, let it be as he is because he won't get corrected if enough I tell him. The best thing is I better not tell him anything. Let him do whatever he likes." And you clear out your left Nabhi with candle. That's the way....and nobody has business to check us. We are on a fundamental right, doing it."

Easter Puja

Sydney (Australia) - 31 March 1991

"Then another point is about the family, as I told you yesterday, that "My house, I must have my house, I must it." Especially leaders' wives, again I should warn them because all this has created problems to such an extent now that we have had to throw them out of Sahaj Yoga. Despite the fact that husbands were very good, but some women wanted to have their own home, wanted to have their own children. They wanted to stay on their own. So this kind of thing, if a leader's wife has ideas, then what will happen to others? They have to follow an example

that is that of a leader. If a leader doesn't have that and the wife doesn't have that example, the whole thing can be absolutely in state of jeopardy. And that's what I have seen, that people suffer so much when they do not realize that we all are part and parcel of one family and we start thinking — imagine we cut one finger and plant it somewhere. What will grow out of it? Will a tree grow out of it? Or what will grow out of it? Nothing. It will stick.”

Hamsa Puja

New York (USA) - 28 April 1991

“Now this Greek tragedy of romanticism, then the romance of Romeo and Juliet, all is imaginary, is all mental. There's no spontaneity in it. And then you accept, accept only relationships when there is artificiality – even between husband and wife. Like the husband must bring a flower every day to the wife, show her a flower, as if she's a priest or something. And the wife must – I don't know what they do – all artificialities. And then he must say “Thank you” ten times to her, and she must say “Sorry” to him a hundred times. I mean they're husband and wife, left and right side of a chariot! And then the men expect this should happen. Women expect this should happen. Men expect the women should be like men, and women expect women, men should be like women.”

*Public Program
Madras (India) - 7 December 1991*

“Women can be much more *Shakti shali* than men.”

*Talk in transit to Canberra
Sydney Airport - 11 February 1992*

“Then we have only monogamy. We don't have three wives or four wives as the Muslims have. We don't have four husbands or something like that. We have simple monogamy, a very peaceful life, very beautiful life, then why should there be problem between husband and wife? Culturally we are just the same, we believe in all the good cultures of all the world. There's no problem. One gentleman told Me that: 'My wife quarrels with me on one point.' I said: 'Which?' She said: 'You do not meditate, you must meditate more.' I said: 'That's a good point'. He thinks as well. But I told the wife that: 'You need not tell him, he'll do it on his own.' Because you see cannot force things. This has to work out by themselves. You must accept them as they are. Gradually they'll all improve and gradually they will get there. You cannot just force them. We cannot just tell each other, do this way or that way.”

Puja in Hyderabad
Hyderabad (India) - 11 December 1991

“I know of certain Sahaja Yogis, their wives are so strong at it that they cannot overcome even their wives, leave alone other relations. We have had an experience of such women. Especially in India there is a rule that whatever is the dharma of the husband, that a wife has to follow. But still I've seen that even the wives can be very powerful because they're so assertive, so aggressive. And if the husband is simple he has to suffer. So here I would say that one should not succumb to anyone because he's dominating or in any way assertive, but stand back and tell that this is the dharma we are following, and nobody has business to check us. We are on a fundamental right, doing it.”

Talk in transit to Canberra
Sydney Airport - 11 February 1992

“Actually, in India the custom is that husbands are also very clever, not only the women. So normally they'll give all the money to the wife to be managed, and later on take away all of that. And always they'll say: 'All right'. They'll say: 'All right', the son to her, like guru and all that. Means: 'You are my lord and this and that and...' That's how they keep it up. Because one thing they must understand is that if wife is all right the family is all right.

If wife is all right your life is all right. So you must look after your wife. Very important. If you understand that point the men will never try to dominate. Is a wrong idea is I don't know from where it has trickled down that I have said, the men should dominate a woman. But false prestige should not be there."

Diwali Puja

Temisoara (Romania) - 25 October 1992

"So women should not try to be so subservient about this kind of mad race, they should keep their dignity, they should keep their character, they should look after their children not bothering about their husbands. Now the worst thing that is very much accepted is a divorce and so they are afraid that men will divorce them and they will be left in the lurch, but always in the west there is a provision, if a husband marries some other woman or something, children and the Mother are given sufficient money to look after them. Under such circumstances the women should try to correct their husbands and fight for it but if they do not come round they should get completely detached. If the husband wants to go to hell let him go, why do you want to do the same. After all you have your Dharma, you have your own life and you should just worry about yourself and if he doesn't understand you forget it. Such an irresponsible and a stupid fellow should be just pitied but one should not follow the footsteps of the husband because you have a

much wider responsibility. One should not try to look younger and just all the time make your life miserable by trying to keep your husband attached to you because by that you will lose your powers, your Shakti, but if your husband is a man of character then you must respect him and support him in every way and tolerate him as far as possible.”

“Now I have to warn you all people to be careful with the western influence. In the western influence money has become everything. The morality, the character, all the value system is all finished, so we as Sahaja Yogis have to stop all that. Now the first thing we have to understand that the society is completely dependent on the Gruha Lakshmis, that means a housewife has to be a very lady of great character, respectability and dignity. Society is her responsibility, she is responsible for creating peace, understanding and for giving full idea as to what is love. I think her responsibility is much more difficult, subtler than that of men and she is the Shakti of the family so she should not try to behave in a manner that is not dignified or matured.”

“A man who is in the business has to respect his wife and his wife should be respectable, if she is not then auspiciousness will not come in that family. So you get all these blessings of Lakshmi if your housewife is a good person. This symbol of Lakshmi is expressing a kind of a personality that is expected of a woman or a man who

have got the blessings of money. So that is the, I was telling you about the first day what is it, second day what is it, but main thing is that on a Diwali day we have to worship the Lakshmi.”

Shri Fatima Puja
Istanbul (Turkey) - 18 May 1993

"My profession is housewife. I'm a housewife of a very, very big family. I'm looking after My children, I'm loving them, they love Me, and this profession is the best, I think, because it is so joy-giving, it's so beautiful. It's love. It's so energy-giving. And at this age also I never feel My age, because I am the Mother of so many of you. And it never comes to My head that I'm old now and I must do so-and-so, I must take rest and I must not do this work again. Because this feeling of love for My children: I have to nourish them, I have to look after them, because all My powers I have to give them. I never try to show off My powers to you in any way. It's only you who should imbibe all My powers. That's the only desire I have, that you should be as powerful as Myself."

Shri Adi Shakti Puja (Hindi)
Jaipur (India), 10 December 1994

“Gruha Lakshmi has to be wise and intelligent. So we can say that when this Mahakali Shakti gets cool and peaceful it becomes Gruha Lakshmi. We believe in the power of Fatima as perfect Gruha Lakshmi and she should sit on the Throne of Gruha Lakshmi. By this power of Mahakali a woman can correct her children. She keeps her character pure and we are witness that the “Pativrata” (one devoted completely and only to her husband) women’s devotion towards her husband cannot be destroyed by anything because it is her Shakti. People and negativities are afraid of “Pativrata” women. Also the husbands should understand that the power within them is from the Shakti, their wife. And if that power comes in husband from wife then husband should see that his wife is Pure or not...she is devoted and motherly or not. If the wife is dominating... keeps on ordering...like sit there.... go there...come with me here.... do thisdo that...wear this, behave like this.....etc and shows her finger with order to him.....then he becomes silent and obeys. Husband has all the right to correct his wife, but with love, he should have patience and correct her dominating nature or wrong habits. Husband has to be very diplomatic and patient.”

*Farewell Talk. Burwood Ashram
Sydney (Australia) - 7 April 1994*

“My main thing is that before the children how we should behave. There are differences in husband and wife, not that there are none. But they should not be exposed. Children should not be exposed to your differences, to your fights, to your angers and fits. They get it; they are so, I am again saying, they are so protected. So much protection is given to them.”

“So your relationship between you and your wife should be of respect, should be of love and understanding and caring.”

“In this, as I have always said that the wife has to be very wise. She’s the one who has to be very wise. But not to such an extent that she allows her husband to do what he likes. She has to keep a control, in a way, that he doesn’t disturb the society of Sahaja Yoga.”

*Address to Tunisian women
Tunis (Tunisia) - 13 November 1994*

“Woman is like this Mother Earth and man is like the sun. Look at the Mother Earth: how She bears us, how we

torture Her, and how She looks after us. So the greatest quality of a woman is her tolerance, her love and her wisdom. I forgot to bring the newspaper which I wanted to show you, in which English newspaper they have shown a woman looking like a man and having few hair here coming out of her face, like a man. I would hate to be a man because a man has to please so many bosses and fight in life, while woman has to please only one; that is her husband. So the society can only be made alright by human beings who are not men, but women.”

Informal Talk to Yogis

Melbourne Airport (Australia) - 19 February 1995

“I always felt that, the society is to be looked after by women, by women, not by men so much. They have to be tolerant because that’s their job, that’s what they have to do. There’s nothing inferior or superior on the contrary a superior woman would be a very good housewife, would be a very good, collective personality. She’d be the more sensible and a balanced person, because she has a double job to do. Firstly she has to establish her children all right, give them a proper training by her own life, and then she has to look after the society.”

“Of course the men must respect women and respect the great qualities in them – their satisfaction, their patience, their understanding, everything must be respected. And they should not make fun of their wives all the time. I have seen, if that is done then women stoop down to the same level. That’s no friendship. In friendship, you must have respect. It’s all right, you can do this with your friends but not with your wife. And this is what I can’t understand, that how men use their intelligence in such a stupid manner. Because she is the mother of your children. If you make fun of her, children will also make fun of her. Of course she has to respect you because she receives her authority from you, but also you must maintain her authority. You must keep her in proper shape.”

*“Nature and Balance”, Evening before Navaratri Puja
Cabella (Italy) - 4 October 1997*

“What is marriage? Marriage is honeymoon as they call it. Honey is the essence and moon is the peace. Now if the women are quarrelsome, fighting, sarcastic, it is absolutely a hell for a man. Instead, if women know the essence, the honey, she should know how to please the husband, to bring peace in the family.”

“If a woman cannot keep the husband happy, then she’s no good for us. She’s no good Sahaja Yogini. This is a place, like a man who’s working in the office, he has to keep his boss pleased. If he doesn’t please his boss, he’s useless, he’s thrown out of it. In the same way a woman has to think about the husband, in a very kindly manner, because this is her job, this is why she is married. Otherwise she should not marry, she can do what she likes. It’s a difficult thing to convince anyone because, you see, men are right-sided, they are hot-tempered. But I have told you just know how to capture their anger.”

“So to respect a woman, to treat a housewife as a Gruha Lakshmi, is very important which the men have to learn. This does not mean that women should always give lectures or get angry. Women should like a Gruha Lakshmi look after their husbands, children and their homes. She has just one work. The husband has a thousand things to do. So they must marry properly and look after her is very important. The work of the husband is to treat the wife like a devi, like a shakti of the home. And the relation with his wife should be calm and pure. Man thinks that because he is a man he can do what he likes. This is a very wrong thinking. By doing this troubles come to him. If you trouble women then the devtas do not live there. A woman of the house should not be obstinate. She must keep her husband happy, should keep her house properly. The woman of the house (Gruha Lakshmi) is the shakti of the house. So in a way there should be a very deep oneness with her. When this gets

disrupted then a woman leaves her wisdom and gets upset, and sometimes she can be like a bomb, will quarrel; by this a bad influence comes on the children and the society starts breaking. When society breaks then the children will break. All wrong things will come into them and they will go astray. And the discipline of the home gets spoiled. In the house where there is no discipline the children get ruined, the society gets ruined.”

Diwali puja

Novi Ligure (Italy) - 25 October 1998

“Only if you want to understand how they can be troublesome, you see them in the politics. When they go in the politics, they put all men upside down, and one woman can put all of them in their proper senses, because their feel is their house, their family. If they are not respected in the family, they get out of the family and behave in such manner that you can’t imagine. Though she has to bare a lot, she has to suffer a lot, but in the family she must be respected. That’s a very, very important message of Gruha Lakshmi.”

“So... But man will never say: “I don’t know.” You see, that is his character. It’s alright, you must know that he doesn’t mean anything, because he really doesn’t know anything. Also in art, I don’t think men know much about art and also their one side is missing is aesthetics. Poor things, they make one type of clothes wear all throughout; just one type of dresses they will make and that they’ll make and wear throughout. They don’t have any demand. But women are artistic and if our Indian women give up wearing saris and take to jeans, where will the villagers go? Because they live with the saris that they make during holidays and things like that. ...So, the idea of beauty and the idea of art are much more with the women, not with the men. And so, one should see that, if men don’t know, it doesn’t matter, but you make your houses absolutely artistic; make it comfortable like the lotus, as I said. That should be such.”

Sister

Shri Krishna Puja

Schwarzsee (Switzerland) - 23 August 1986

“On the left side is the Vishnumaya, is the sister in the relationship. When the sister, who is your pure relation, is not treated as a sister, when the attitude of a person towards women is of indulgence and of lust, then he

develops the Left Vishuddhi. When he develops the Left Vishuddhi very strongly, and if he has a bad Agnya, or if he has eyes which are roving eyes, then this Left Vishuddhi causes lot of trouble. Left Vishuddhi can be also caused by, as you know, by feeling guilty about things for nothing at all. All these problems arise from Vishuddhi.”

Shri Vishnumaya Puja
New York (USA) - 9 August 1987

“But, say, in Russia, when I went, went to see Lenin’s house and throughout, apart from his wife, was his sister who helped him – to type for him, to do all his official work. He has written volumes and volumes of books in that small age of fifty-four years, volumes. First of all he was in Siberia and just imagine, this sister of his has typed most of it. Throughout in the whole tour, we felt the presence of the sister and the way she has helped her brother.

This relationship is so pure which doesn’t want anything. A wife may say that “If you don’t give me a coat, I’ll divorce you.” May in England and possible in America, they say so. But a sister cannot divorce. She cannot divorce it. This time in the newspaper, they published the name of My brother. So I said, “What can I do? He’s My brother, so he’s My brother.” Good, bad, anything, he’s My brother, I cannot divorce him. Is something, a relationship which you cannot break. Nature has given

you this relationship. But when you come to the collective, is very important that we must respect this relationship. If you do not respect this relationship, you cannot work out collectively. Like in a party I go and I feel something very funny happening. Somebody's wife is entangled with somebody's husband. All sorts of funny things happen. But in collective if you know, except for my wife the rest of them are my sisters. The purity settles in like that, you don't have to worry. They're my sisters. And your eyes steady out. Innocence starts pouring out of your eyes. It's a very, very simple thing."

Shri Vishnumaya Puja
New York (USA) - 9 August 1987

"Now She's the Sister – this must be understood very well. Now sisterly relation is a pure relationship. Now, of course, everything is so confused, but that's the purest relationship between the brother and the sister. The brother is protected by a sister. And the sister's chastity is looked after by the brother. A brother who doesn't feel hurt if his sister – chastity is in danger or she plays about with her chastity, he is not a brother. He is not a brother anymore. He's responsible to see that his sister keeps her chastity. Only her chastity can protect him – it's a mutual working. This feeling, if it does not develop that "She is my sister and that I have to look after her chastity, for that I have to behave myself well, so that she doesn't find faults with me." It's such a cleansing process this

relationship has, as much as the electricity has the cleansing process for you.

Everywhere what the electricity does, a sister does for her brother – she cooks for him, she tells him the right path, she enlightens him and sometimes shocks him, also. They have to have certain shocks; otherwise they will not know how to work it out. And the best of all, she's the one for whom you have to be very careful to know the technique how to handle your sister. If you do not know how to handle your sister, you can be absolutely wrong and you may get it – something that you would never expect to get.”

Shri Vishnumaya puja
Shudy Camps (England) - 20 August 1988

“So today is the day of a very big relationship between brother and sister where a sister never feels guilty and brother never feels guilty. Sister and brother should never feel guilty among themselves and they should always openly tell whatever they think wrong or whatever they think is right. There's no harm, a sister can always go and correct the brother, and the brother can always come and correct the sister. This is the relationship in which nobody should feel hurt and bad, because this is the purest relationship that you could think of. As Mother, if she tells something, the difference of age is so much that you may not understand. Maybe, if the father says something the children may not understand, difference of age is too

much. Also the norms we have created, of saying that there's a generation gap and all this nonsense that is also in the head. But supposing a brother and sister, if they, between themselves, understand Sahaja Yoga, they have every right to say whatever is wrong between them and work it out – not to put it as a guilt.

But now with Rakhi sister is even better. Now with Rakhi sister we have established a beautiful atmosphere that somebody who is a brother, who cannot have any funny relationships with that person. It kills all your flirtations, all your funny, funny relationships that one develops, all kinds of marriage breaking problems, and people going astray, once you have understood the principle that we have to first settle ourselves on very holy relationship with each other. This is the way, in Sahaja Yoga, we establish that holy relationship. And moreover, one has to see that this holy relationship gives you joy, happiness, and pleasure. It is not just a holy relationship of some force or some sort of thing. Even if you cannot give anything to your sister, or, the brother cannot do anything for the sister, doesn't matter. The relationship is in the heart, and is felt very much. When you feel it, that relationship, that sweetness of purity, of holiness, flows. I know of some people who have sacrificed such a lot for the brothers and so much for the sisters also.”

Raksha Bandhan
Los Angeles (USA) - 7 August 1990

"It's very common that if a man is doing wrong, then the wife goes to the sister and she's very anxious, and she becomes very upset about it. She goes all out to correct her brother. And this innate understanding exists within us. In every person, whether you are born in America or anywhere, that if the brother is doing the wrong thing, if he is smoking, if he is doing wrong things, more than the mother, the sister feels it, more than the mother, the sister wants that it should be corrected, and she goes all out, to fight it out. Mother may start crying, weeping, give up, but the sister will go on fighting her brother. In her, all efforts, she will see to it that the brother comes around. Also, other things like, if the brother is doing something illegal, something wrong, something which is detrimental to the society, it is the sister, who has a right, divine right, to go and correct."

Daughter

“The Left Side: Problems of Subconscious”

Brighton (UK) - 13 May 1982

“There’s another disease – anorexia – many girls suffer from it. They don’t just eat. They just give up eating. Now, you do not know why it happens. Doctors can’t cure it; nobody can cure it. What is the reason? The relationship of a girl, of a daughter with the father. Say father dies and the daughter doesn’t see the father, or in heart she loves the father but she doesn’t express it, or there’s some bad relationship that comes between the father and the daughter, you get this trouble – anorexia.”

The Importance of Dedication and Devotion

London (UK) - 6 August 1982

“Linda, for your problem, what is the thing to be done? Will you get out of your personal problems or not? Now I’m talking to Linda now. I would suggest you should stay with your mother. She needs you. She’s an old woman; she needs you. You must serve her. There’s nothing wrong in it. No, no, no. You are inadequate. Not that she is inadequate. You have to serve her. Give her love, affection. She’s lonely. She behaves like that because she’s lonely. You are inadequate. I wouldn’t say to her anything. She never had love and you are the only child

she has. You should love her. Give her more love, more affection, and also what she says about Peter, you should do that. Will give her consolation. She's going crazy because of that.

Let her say! Her saying, nothing matters. You see that's not the thing. That's just an escape. Because you are crazy, that's why she thinks like that. But you should establish yourself with more patience, with more love and affection. She'll say: "Do a hundred times Sahaj Yoga". How has she changed her attitude because when you went there you went crazy. And you are quite crazy sometimes I've seen. First of all you must be a tidy person, neat person, must look after her. You must take up her responsibility of looking after. She's an old woman who has had no love all her life. What she wants is love; and as a child, daughter, you must give her love. Whatever she is, you can't leave her alone. If you give her love, I'm sure you can cure her."

*Diwali Puja, "Becoming the ideals
Hampstead, London (UK) - 6 November 1983*

"Be careful... the young girls should know that they are virgins. If they go about with boys and they are Sahaja Yogis, they're not. Sahaja Yoginis have to be chaste women, powerful, chastity is their power and men too. After Sahaja Yoga men should become conscious of their chastity that is their power too."

*Shri Devi Puja. India Tour
Brahmapuri (India) - 27 December 1985*

“Though old is gold, whatever is oldish (*junnat* in Marathi) is not good. So oldish is not good. The concept of oldish has also come recently. For example, from the Muslims we have learnt to harass the women, from the English we have learnt to give dowry.

Now we have entered a new rules (of life) and in these new rules we need not give dowry (to our daughters who are married). The daughters have been given half the property. This system is correct, that the daughter should take half the property. But here the daughters will not take, and neither give. Thus we should not learn these things from them. We should keep to our behavior of remaining humble, to lead a balanced life as taught to us by our ancestors, and discard whatever is oldish. There are many oldish customs lingering in us.”

Raksha Bandhan
Los Angeles (USA) - 7 August 1990

“Daughter cannot correct the father. Daughter has no right to correct the father and she will not correct the father. On the contrary, even if he does wrong, she’ll support him. She’ll stand by him. Always. She will even go against the mother to support father. It’s nature. It’s natural. But the son will correct the father, if he is doing something against the mother. It’s a natural thing. It’s a male force supporting the female’s force or the female force correcting the male force in such a manner that the society is kept clean and there is proper growth.”

Talk on Children at Girvins Ashram
Arzier (Switzerland) - 21 September 1990

“A girl must know how to stitch, a girl must know how to cook, a girl must know how to look after a household, and shopping, and she must know what is good meat, what is bad meat. She must know about what is a diamond, which is not a diamond; which is silk, which is not. All this is taught in the family. Whether you are a career girl or not? You are a career girl, all right? But this is the main thing. This is the basics for a woman to know.”

“We are women without being women. And then a kind of a fondness, to do for others, to give something. I will tell you about my granddaughter. When they were very young, both, three of them, I asked them, “What you want to be?” They said, “We want to be a nurse or to be an air hostess.” So I said, “Why these two?” [She] said, “You know, Grandma, only in these two professions you can give food to others to eat.” See how, how they feel. And recently about a year back? She is only 18, elder one? She invited twenty-five people for dinner. So I thought she is going to tell the servant or someone. She said, “No, I am going to do the cooking.” And she did it and she fed everyone and everybody started praising. She said, “No, no, no. You know, they are just saying it because I have cooked but I know it’s all insipid. It’s all insipid. It’s nothing good. But they are just saying it because I have cooked.” For twenty-five people, she cooked alone, because they feel happy to do it, [then, they’re] happy to give things to others. They are so happy, you don’t know.”

Shaktis

Wisdom

Spirits of the dead

Bombay (India) - 22 December 1976

“You have to be good wives, decent wives. You have to be good mothers first of all. You are married women. You are not actresses. And the husbands also want to be actors or what I don’t know that they are at hatha yoga. They want to make their body very perfect in those dimensions that they are described. Who said that these dimensions are the best? I mean these days when you see men they don’t look like men and women don’t look like women. Women have started looking like men or like horses and men have started looking like women. It’s a vicious system. We have to be women in the full way and men have to be men in the full way.”

Darshan at Ashram

Sydney (Australia) - 25 March 1981

“The job of a woman is to listen and say one sentence, that’s sufficient. Her one sentence should be equal to the hundred sentences of men. So wise it should be. I mean women formerly have done all these sayings that we have. Like a stitch in time saves nine sort of thing. These have come all from women, never from men. And that shows that women were so wise, that they used to teach

the right conclusion and the right point, to say the right thing. And it had to a meaning. All the time those who jabber they were never respected.

One has to respect her wisdom and her qualities. Otherwise the society goes to dogs.”

Shri Yogeshwara Puja
Chelsham Road, London (UK) - 15 August 1982

“Now corruption is something you can avoid. Because if you are not corrupt, it is all right, you can be. But immorality is such a thing that, if you live in an immoral world, it has an effect on everyone. For example, a moral woman is walking on the road and there is a man full of lust and all that looking at her. In any way she loses her chastity. She doesn't mean to attract him or anything, she doesn't want to lose her chastity, but the way he is looking at her, you see, though her simple methods are there, she may be responsible in a distant way to ruin his chastity, his morality. Even a little child, who is a simple, innocent child when there is a dirty man with dirty eyes, he can have very dirty feelings for the child. So, though of course that person himself is dirty and all that, we cannot say the child is not affected. But in a way that becomes an object, a sort of a As you call it, a thing which makes another person even lower than what he is.”

Talk to yogis
New Jersey (USA) - 27 October 1985

“But when your eyes are innocent in this shower of bliss, you enjoy that bliss, you don’t have to look at anyone, you don’t have to say anything, you just enjoy, just feel the joy pouring into you completely. Because the ego has vanished, you see it is an aggression to look at everyone like that, it’s an aggression. I’ve known people who mesmerize women, who mesmerize men, I’ve known women like that, I’ve seen in the parties, I’ve seen the bhoots coming out of these women, and they look at the man and he gets transfixed, completely, falls in love with that woman, till he becomes like a beggar, she just lynches him. It is prostitution, by men or women, it’s a horrible thing, it is dirt in your eyes, so keep your eyes steady, try to steady them, if they try to go here and there tell them, you say “look there, there’s the mother Earth, she’s the one that gives us all beautiful things, look at that” and then the beauty of that mother Earth will come into your eyes. And the cleanliness and the innocence will cleanse others, that’s how it should be.”

The Sun, the brain, medical questions
Rahuri (India) - 13 January 1986

“Women will never do horse riding because it affects the uterus. The women don’t swim after sometime because it

affects the uterus and if it affects the uterus, it affects the whole system because uterus represents your Kundalini. All wrong ideas you have got. That's why I see that in the West everybody is sick. They have this trouble or that trouble or this or that. Certain principles are to be borne in our mind because we are saints and we are precious things. We are not like other Westerners, that we can waste our life like this for some sort of a stupid venture that we think of.

Can you imagine all Indians have much better skin than you have? All right? Don't they? Do they ever go in the sun? Never. Have you seen any Indian sitting outside here taking sunbath? I mean the proof of the pudding is that despite all that your skins are so bad."

Shri Krishna Puja

Schwarzsee (Switzerland) - 23 August 1986

"So one has to be careful to keep the eyes very pure, the eyes of a Yogeshwara, who was Shri Krishna. He was a witness. He was on this earth, He played with Radha. He married five women, they were the Five Elements. Sixteen thousand women He married – they were His sixteen thousand Powers. But He was Yogeshwara. He was Yogeshwara. He had no lust in His eyes, in His mind about them at all. He was beyond that. He was Yogeshwara. That was the testing point of His, that He had no lust in His eyes about these women that He had. Such a Yogeshwara is there. Of course, I don't expect

you to be Shri Krishna. But you have your wife. Those who do not have wife must look forward to a wife. That, “We’ll get wives and we’ll have a wife,” and think of a wife who will be your own, so that your eyes will not fall onto every woman who comes across with that kind of a thing. I’ve seen people, even the photographs or anything they see, the surprising thing, I mean there’s nothing in a photograph, what is in a photograph? But even a photograph can attract their attention. I mean, I don’t know what can attract their attention like this but they are so vulnerable and they have no control over their eyes. No control. They become absolutely lost and they have no control. That shows that they have no powers in them and they are slaves of their responses. So the eyes are very, very important. As Christ has said, “Thou shalt not have adulterous eyes”. There should be no adultery. Some people have a habit of showing anger with the eyes. You see, they have to show anger; they’ll just go on looking like this and show the anger. I need dare not do that to you but still ...”

Intuition & Women
Le Raincy (France) - 9 July 1988

“No, men are more intelligent. No doubt. But women have intuition. But you don’t have to argue. It will happen, the way you have intuition will happen and they will learn a lesson. So, that you don’t assert yourself. It will all work out the way you like, because you have intuition, you

have understood what's going to happen. And you will be amazed how it will work out."

"So try to develop your intuition and always say yes to everything, but whatever you know will happen. But we, if we decide no this should happen like this, it must be like this, it must be like that, if you go on like that, you see then you will make everybody miserable and you will be miserable. Now if you have kept the cup like this, then you will say no like this. Then husband will come and put like that. Then you will keep it like that. Go on like that, you see. But if you are a real woman you said all right keep it like that only, all right, keep it. So immediately all the Ganas will come to help you. Either he will spill the whole tea on himself or he will break the ear of the cup. That's how the Ganas will help you.

So you are the Devis. You see they will all look after you. If you want to be men, half way and there why should the Ganas be bothered about such half people? I've tried that many at times like that and I've seen people you see try to show off too much and they just don't know how they get lost ultimately. You see. So the main thing is that you develop your intuition and live with your intuition and whatever is your intuition will come true, because intuition is coming from the Ganas. So the left side is to be developed in a way for Ganas to be pleased. And once you develop the Ganas with you nobody can touch you. See today we had gone out and the car was kept there, it was all locked. And I had a very expensive sweater and an extremely expensive shawl inside the car. And

suddenly intuition came into My head and I asked them, "Have you really locked the car properly?" They said, "Yes." I said, "Better see." But they said, "Yes. All right." But when We went into the car they said, "Where is the Radio?" So Patrick started looking in his pocket you see. They started searching here and there. I said that the thief is not going to leave it in the car. He must have taken it away. But all My things were intact. Ganas must have beaten them, "Don't touch this." Because these are much more expensive than that, but still nobody touched it."

"And they have many deficiencies, which are very interesting. Like they always forget things, always forget. This they will leave there, this they will leave there, that they will forget. You see that's their specialty. You give them the key, "Oh you never give me the key," they will say. "All right. I never gave you the key. All right, it's all right." So then now My husband is very tall. So I see everything above six feet and there it is. So it's very interesting, isn't it? So you should be calm and quiet and collected. Collected together. And then you will see how all the Ganas are with you. And after sometime your husband will be walking behind you in every way, in money matters and in everything. Right. We had lots of profit in our house. You see. So My husband gave Me some money and kept his money very nicely in some sort of a God knows, he said we'll get a big interest this that. I said all right. It's all right. And I bought a house a little, small little part of the Hounslow house. And the house has now achieved the price seven times. And his savings

now are not even one fourth of what I have. So it's not even one fourth now his savings are.

So now he is saying, "Should I buy a house? If you say I will buy a house."

I said, "Not now, because it's the highest price. It is the highest price now."

He said, "How do you know economics?"

"Just intuition." He is an honors of economics and he's got gold medals, imagine.

They are so intelligent that they lack common sense and practical sense. See they have one type of a dress they go on wearing it. You can change so many times, do this. They have no time. They are gross people. Common sense they don't have. So you are a complement to them. They are good at laws and regulations and things. There you must accept what they are saying. And if they say do this and do that you must accept, because they know that part. They are conversant with that part and should never argue. You cannot achieve anything after with arguments."

"So why to create problems. Now say supposing somebody puts some paper here, all right. Now supposing I put some paper. But supposing My husband doesn't like it. So he will say, all right please remove this paper. Now wise woman will say, all right I will remove it. When should I do it? Tomorrow there is a party, so you can't remove. All right. Day after tomorrow we are going away, so you can't remove. All right we will do it after three days. Within three days the people who come to the

party will definitely say, what a nice paper. All the ladies will say, because it's a ladies' taste you see men want to make an office, you see. So they will come, what a nice paper what a nice. Then husband will say, you better keep it this way. It's very nice idea. That's how they are. So you understand how, you must know how to handle. That's, that's a beauty a woman has, she knows how to handle the situation. If she does not know how to handle the situation and then she just starts just jumping at husband, jumping at children, that that shows she is not capable. And the capacity of a woman is how she handles the situation, brings for the peace in the family, how she makes everybody feel comfortable and happy. You see how she we can say articulates with other people, how she makes them feel comfortable. Her home is her domain. And in that you see some women are experts. And that's what you have to make your daughters also."

Puja in Sangli
Sangli (India) - 1 January 1990

"In India, in the ancient times, they used to teach them about God, religion and all that. So many great ladies we had, Gargi and Maitreyi and all those, who were very learned women. So in no way you should be just women who do not know anything of Sahaja Yoga. Sahaja Yoga is not only made for men; it's made for you, much for you. Because you are shakti and I am your Mother. So I find the women lack that. They are more worried about the

saris and this and that and I mean, now from the hair-dressings they have come to saris. That's what I feel. It's just the same. Of course saris are very good dress. It's nice to wear. By that we give lot of encouragement to our weavers in India. It's very artistic, and good and that represents also a very ladylike feminine thing. But that doesn't mean that you should become so feminine that you don't understand Sahaja Yoga. I have seen women don't know where the centers are of the feet. Indian women know. Men do know. Indian women know, but the Western women don't know, so many of them. They don't know about chakras. They don't know how to raise the Kundalini. They don't know what's the problem is. So once you left that life, you are wearing a sari, doesn't mean now that you have become a women in the gosha. Gosha is the one where they have to get chadar; chadar, they call it. No, sari means you can also be very dynamic.”

Guru Puja

Avignon (France) - 8 July 1990

“For women now is best is to take to mauna, is to keep quiet, just keep quiet. They all the time want to talk. This I've heard from all the leaders that is a big problem with women. They just go on talking stories, telling stories. But if you ask them to come and speak, they'll start shaking. How many can give speeches – women? If you understand that if you cannot give a speech, you better not talk also. You should be able to give a speech,

because your Mother is a woman, She gives speeches. Why can't you give some speech? You cannot. If I make you stand, you will be shaking, I know that. But if it comes to murmuring souls, you are there. So that is one thing – women have to be very careful. And as today is the Guru Puja I have to tell you things not as a Mother, but as your Guru. That if you have to ascend the best thing is for you to stop talking. Maunam sarvatha sadhanam. Maun means to keep quiet, is the – it gives you all kinds of facilities, just keep quiet. If somebody's talking too much, just keep quiet. If somebody's trying to criticize, keep quiet. That's your silence, that's your right, that's your domain that you can keep silent. Just watch that person. If it comes then to answer, then you can answer. But if somebody's trying to attack you just keep silent. But this silence has to be established and one should only establish by not talking too much. I've seen also when I am sitting here, I've seen women talking among themselves and this is very wrong. You must learn the silence. Like yesterday I saw so many ladies also were walking out, walking in. In the church will you do that? You won't do it. In the church there is no Christ, there's a horrible priest sitting there, but you – you cannot do it. You all keep quiet, you sit there nicely. I've never seen anybody walking out here and there and doing all kinds of things, putting the children in front like that, making them sleep. Never. Can you do that in the church? What a discipline people observe in that church, which is an artificial place. And where you are now, that kind of a silence has to be there and that kind of understanding, that depth, that awe has to be there. But because we

have not yet developed that Guru, if we have developed it then immediately it will work out, you'll see your gravity will show in your behavior.”

Easter Puja

Sydney (Australia) - 31 March 1991

“Also in one of the Upanishads I read that even to look at a woman is adultery, even to think of a woman is adultery and talk to women too much is also adultery. These modern times I've seen there are women who are used as public relations, everywhere, in every country. And they just go and chit-chat and talk to people in position and talk in such a manner that they feel very much pampered. And one of the ways of getting favors, wrong favors from officers is through this kind of PR business. It's very common and this is what is responsible, also partly, for the corruption in many countries.”

Shri Virata Puja

Melbourne (Australia) - 10 April 1991

“We have officially decided that the men should not give presents to women and women should not give presents to men, but if she is your sister, Rakhi sister, you can give and the Rakhi sister can give to the brother, but otherwise one should not do that.

We have done it because I've seen it creates problems, but that doesn't mean you hate women or hate men. But a distance has to be maintained of purity. Till you become completely innocent is better is to keep that distance. This purity is to be practiced and this practice of purity is that you try to develop your innocent feelings towards others. In innocence everything comes, everything comes in innocence. If you are innocent you will immediately become a very good Sahaja yogi but it has so many facets."

Guru Puja

Cabella Ligure (Italy) - 28 July 1991

"It's very surprising how these entrepreneurs have befooled the western people. In India it wouldn't work, won't work, especially the Indian women. This – in between came a mini-sari, came up to Bombay for about four, five days, I think – disappeared! No Indian women would wear a mini-sari, finished! (Mother laughs Nothing doing! Any sort of fashion now comes in India, doesn't stay because whatever clothes we have now in India is traditionally has been there, has been tested and error and trial and error and trial and we know now this is the best now, stop it. At a certain age you stop. This is the style that suits us the best. But anything goes on, you know, the styles go on changing. And this is what you have to be very careful to see, that you do not take to

stupid things, which have been created by entrepreneurs, but to sensible things which are required for you.”

Easter puja
Sydney (Australia) - 3 April 1994

“All these are manifestation of Shri Ganesha’s quality. See if you have say a group of even ten people with husband and wife, and they don’t have the purity of Shri Ganesha they cannot exist because there will be always a very great conflict between husband and wife, also not only the conflict part, but people will become extremely superficial. Like in America a woman would marry a man because he wears such and such dress or a woman is appreciated because she has a particular type of hairstyle. If the hairstyle changes the man can ask for a divorce. So superficial they are. The fight is with the husband that you didn’t buy a particular coat which I liked, so there’s a divorce. It’s so superficial.

So the relationship between husband and wife is established by Shri Ganesh and He gives you the pure idea about how to enjoy your married life.”

Shri Adi Shakti Puja
Cabella Ligure (Italy) - 26 June 1994

“So what you’re going to transmit to the whole world is this Sahaj living and the women make the society. If Indian society is good, the credit goes to the Indian women and to their wisdom. Our men are stupid in India. They have spoiled politics, economics, everything, but society is still maintained and they are very, very still, say, on the right path. This only comes because of the wisdom of the women. If the women are busy dressing up for hours together, thinking about their clothes, what they are going to wear — finished.”

Shri Adi Shakti Puja (Hindi)
Jaipur (India) - 10 December 1994

“The women who have feminine quality should be very humorous. She should smile and solve any problem and with smile she should be able to convince. Women should be pure, loving, sincere and motherly. They have to be very sharp. I have told you to read Sharadchandra for learning the qualities of women. You should not go into Politics. And not at all to go in this dirty economics. But the whole axis and balance of society is the responsibility of women.

The women who looks after her children and looks after her home and kitchen, cares and loves her husband and gives him nice health and satisfaction.....makes a very

strong time. Yesterday I told you that because of Indian women our society is still all right. But the nature of women should be peaceful and glorious.....their Shakti has that peace. By becoming aggressive she loses her Shakti. By her peace and love she can win whole world. Her walking, her talking, her dressing and style should all be just like devi (deity). She is Mahakali Shakti. She has many vehicles on which she sits but the one is when she sits on an Elephant. We call her "Lalit Gauri". Her artistic nature and her styleall are very respectful and beautiful. It is not required to cover your face....neither to cover your head.....but you all women should have purity in your eyes.That peace should be in your eyes.They should be very feministic ones. Because she is Rudra (furious)....she has to be very peaceful also (Saumya). That is why it is said that you must cover your face in India because you are Mahakalis. You should be so pure that anyone other than your husband sees you with bad eyes should be Bhasma (destroyed into ashes on spot). Whoever sees you with lust should die immediately. This is the power of Mahakali within you. Which is very calm and peaceful from outside but from within it is strong....it works from within. So the people say that this Mahakali Shakti is very powerful and furious mother that she is so peaceful and calm that you will be surprised that is she Mahamaya? She is Mahakali but she will be like a newlywed bride! she will be so shy....speak so sweet words....as if the flowers are shedding. She loves so much that it is unbelievable. But this is the Shakti of Mahakali. Any Bhoot or negativity cannot touch the one who achieve this Mahakali power. Who can touch her?

She will catch the bhoot! And the women who is Pativrata and pure and like Mahakali...can destroy anyone with once powerful glance of her eyes.”

Shri Krishna Puja
Cabella Ligure (Italy) - 1 September 1996

“I’ve seen in, say Maharashtra, men won’t go and talk to women very much and women won’t go and talk to men. And once, somebody remarked – “Then what are you women doing, talking to women only?” So, I said what are we to talk to you? You are talking about your office, we are talking about our houses and homes. What is there to talk to you? The western culture is different, they will force you. They’ll make one man sit here and next to him should be a woman, somebody else’s wife, then another man and then somebody else’s wife. How can you have intimacy? This kind of idea, which is A-Sahaj, has slipped into immorality. There’s no need for men and women to sit like that, what is the need, I just don’t understand. Compulsorily you have to sit. I’ve had a bad time, I tell you, with my husband’s job, I never liked it. What is there to talk to these men, after all, I don’t know anything about banking, I don’t know shares, I don’t know stock exchange, what it is. Or I don’t know profits, and this and that – that part is zero. Then, I don’t know about office, I don’t know many other things men talk about, so what is there to talk to them – it is so very difficult. And whenever I said something, I really dropped a brick.”

Shri Ganesha Puja
Cabella Ligure (Italy) - 15 September 1996

“Same in the Islam. Whatever was taught in the Islam is taken on the other side. It cannot be in any way where Mohammed Sahib was only insisting on morality. Any kind of immoral behavior He didn’t want to have. He did say, at that time, you can marry more women because there were more women, but He never said you become prostitutes, you lead a life of sin. That was just a Samayachar, that was only that time, that was the problem, He said, “All right.” For example, divorce was not allowed at that time, but in Sahaja Yoga we do allow divorce. But I have seen that without divorce they can’t live, I mean, just an impossible situation because also women sometimes are extremely cruel and men sometimes are extremely peevish.

Under these circumstances, how can they be companions? More women are immoral in this matter, I should say. First, it was the men who used to do immorality, but now the women who are not only innocence, but also Shakti, are trying to get into some sort of a shamelessness; no care of their own innocence.

Their innocence is the Shakti. If a woman is not innocent, how can she have Shakti? If she is leading an immoral life, then her Shakti will be finished. Only her morality is her Shri Ganesha which emits this purity in her.”

Humility

*Public Program, "Agnya Chakra"
Caxton Hall, London (UK) - 18 December 1978*

"How ego is pampered within us is by a large-scale method. They work on your ego throughout to have all these so-called enterprises. For example to a woman they'll say, "Oh you must have a waist like this and you must have a face like this and you must have -" For a man, "You must this kind of a body. You should be Mr. Universe or you should be something," so the man starts working on it immediately. You must, there so many people I have seen running on the roads in this cold, I don't understand. Like mad you know and some of them are Member of Parliament. The whole night they keep awake and the whole day they are running about. I say what are you doing? What is the need to do this? To keep good health you must do it. To keep good health don't work like mad, be a sensible and a wise person. Wisdom is to be sought to keep good health, to be all right and not this kind of mad ego orientated things. So then the one way is to excite your ego about your physique. Then there is ego about, you must have a big car. You see people try to show off their possessions. You have a big car, then they're going about. I mean they really look to me like jokers, that's all they are. I mean car I can understand is a convenience and a good quality car if somebody can afford it should have it because it is a headache to have a bad car. So it's all right. But by having a car you become

something great. You may not have food in the house but you must have a very good car to go about. And all these ideas come. Then they will advertise, you see, this will be a very good car for you. What is it for you? It is nothing but to pamper your ego. All these advertisements are nothing but by which your ego is pampered.”

The Value of Marriage
Dollis Hill (England) – 8 March 1980

“Normally a woman is, if not brought up properly, can be very very conceited, and can be very selfish and self-centered. Man can be also, but women can be because, if they're not brought up properly, I am saying, they might not like to spend their money on others, they wouldn't like others to come into the house and share this and that.”

Navaratri Puja, “Innocence and Virginitv”
Hampstead, London (England) - 17 October 1982

“I tell you, for all of you woman who are realized souls to see to it that you humble down yourself. Your quality cannot improve unless and until you humble down. On everything you assert. For what? It's impossible to worship Virgin when we are so arrogant and so strangling type.”

Shri Chandra Ma Puja
Vaitarna (India) - 18 February 1984

“Your Mother is a woman, and you must learn how to respect a woman. And if you don’t know how to respect the woman, then in this country I’m sure there cannot be bliss, whatever you may try.

So the men must learn that, they must know how to talk to their sisters, to their mothers, to their wives. But if there’s a woman who is dominating, you see, if there’s a dominating woman then she becomes a prime minister in this country. That’s what we are. If you get a dominating woman then she can manage. If she’s a simple woman, she’s good, she’s religious, she’s submissive, then she’s finished. If she’s dominating, then men are afraid of such women. This is very sad and that gives a very bad images.”

Birthday Puja
Melbourne (Australia) - 17 March 1985

“Secondly I have to tell you that the women in the West have changed their styles, which is very, very dangerous for their society, because they have also taken to the egoistical ways of men. So if men have gone say ten feet they have run after them again, about say eight feet and pulled back men even to go further than them.

Now this is completely crossing your egos, because women do not have such possibility of egos normally. So

competing men in ego what you did you have lost your complete maryadas of a woman, there's no maryada of a woman. Man has a maryada of a man; if a man starts behaving like a woman, he's not a man. In the same way, the women, if they start behaving like men, then they are no more women. They lost their maryadas. They're out, so they get possessed. And that's why women, when they are egoistical they become horrid, their faces become horrid, they look horrid, their whole behavior is horrid. They can become dry like bean sticks you see, and could be so hard as to hit you like an iron rod."

"So, as Sahaja Yogis we are above all these things, we have reached the state where we are above. We are here for correcting all those things that have gone wrong in the society, because Sahaja Yoga faces towards the society, not towards yourself only. So at this stage we have to understand what we have to do is: first of all our own understanding should be such. Even now with all this movement of Sahaja Yoga understanding, women don't realize that they have to be like women. I have seen them, they still, "What's wrong?" Still go on, and men don't understand that they have to be like men, even after (so many things?). And if they become really like men, women will appreciate them. And if you become really like women, men will appreciate you. You see, it's the opposites that attract each other, that should be normal. But we live in abnormal way that the men are women and the women are men. What do you do now? So it is very important for men to understand now – because I am

going to talk to women later on – that they should become like men. They must fix up things, they must take decisions, they must be the one who must rule. But that's outward, actually it's the source is the woman, the woman is the potential and man is the kinetic. For example, there's a fan moving. Movement of the fan is the kinetic force you can say, but the potential force that is within us is the one which is the electricity, which is coming from the source. Which is higher, the fan that moves or the source? Let the women decide and men understand.”

Shri Trigunatmika Puja
Den Haag (Netherlands) - 5 July 1985

“So as you have got your Kundalini, you must develop that sweetness in you, in such a manner that people see you and think you are great Mothers, but as you know in the west the mothers are so horrible, the women are so dominating that people do not have a proper image of a mother also. Women are extremely dominating. Women must learn to dominate, it's so easy, a bull can dominate anyone but can they be like Mother Earth which can bear up all kinds of troubles, all kinds of problems, can we do that way? Especially that's why I request women of this country to develop those beautiful qualities and not of domination. Domination, it doesn't behoove a woman, it doesn't look nice on her. It's like a bull, she is wearing as a diamond piece around her neck, it's not beautifying. So we must give up that idea of dominating or trying to

oppress the husband. He says something, we say “no” to children, we say “no”, to everyone we try to dominate. That’s not our character. Even, I think Roosevelt once said that, of course he must have met real Indian women, that an Indian woman she is like a magnolia in an Indian forest. Of course, here the magnolias are useless but in Indian forest, even one flower in the forest, it is hidden, you can’t see it, but you can smell it. The whole forest is fragrant, you can’t see it anywhere, it is one flower, you can know this magnolia and this is the greatest quality because love is the most attractive thing in the world. Why do you hang around Me? Because My vibrations, My photograph has got. No. You feel that you are loved, that I love you. It’s a very great quality but I have that innate within Me, I don’t have to have it from anywhere and you, too, have it. Just expose it and manifest it.”

"So today we should do actually the pujas of the Bhoomi, would be a better idea. We'll do the Ganesha's pujas and then you worship me as the Mother Earth., as the pritambhara pragnya, which we have not done so far in the Holy land, alright. And we have to thank all these Sahaja yogis who are so few here who have arranged all this and have done such good work."

Talk to yogis
New Jersey (USA) - 27 October 1985

“In the same way, this ego started destroying people, and they had an idea of a triumph, and killing people, occupying lands, occupying territories, accumulating wealth. Went on, and on, and on, and on, on this level. Then from there they started. When the marriage system started in a proper way, again the aggression started on the women and now the women are aggressing men, like that, it's all became so aggressive. But when you are aggress you don't see that you are aggressing, this is the problem of the egoistical person. Though he may be a seeker, though he may be a very genuine seeker, but if he is in the area of ego, he never feels his own catches, because the ego is in between, the reality means that. So he cannot see his own catches, he cannot see how he is aggressing others, and he doesn't see how he's hurting others, troubling others, torturing others, and such a person can be extremely arrogant, extremely what you call the "strangulating".”

Public Program
Vienna (Austria) - 8 July 1986

“Women should not try to become men at all, it's horrid. Woman is a woman in her own dignity. She is like the Mother Earth. She does not know her powers that's the only trouble. There is nothing to fight with men. We are

like two wheels of one chariot; both are equal but not similar. A woman is definitely much more dynamic than man, if she knows her powers as a mother.”

*Talk to yogis. Ashram in Le Raincy
Paris (France) - 17 August 1987*

“You must have all the qualities of a Gruha Lakshmi. If you are a dominating woman, find faults with everyone, then you are not a Gruha Lakshmi at all. Especially the leader’s wives are like that sometimes I’ve seen. They are much more dominating and much more criticizing. Even no leader can do that way. And they live in a fool’s paradise. They are not leaders, but a fool’s paradise, thinking they are the, what you call, the whole soul of Sahaja Yoga. These stupid women must come round, and behave themselves, I’m telling you, because I’ve known such women become schizophrenic, because they live in imaginary world. Not leaders and they have no business to behave like that. The wives of the leaders have to look after everyone, to be kind to them, and they should stand in between the leader and others, so that if the leader is supposing angry, she should say, “Now it’s all right. Forgive. Forgive,” like that. That is the duty of a leader’s wife.”

Try to pacify. You see, that is her job, not to criticize others. On the whole, a lady should never be right-sided, because there are so many problems she will jump into. Seen these things happening in Sahaja Yoga. There was

a girl who was very right-sided and she – her husband became important. Then I told her, “You better become all right.” So she tried to be all right, so she had a child, but the child was born like a devil. Then the right-sided woman might have abortions. First she will not conceive. Even if she conceives, she’ll have abortions. Now, if she does not have abortions and even if she has children, still the right-sided women will create children who will be devilish. They’ll be spoiled children, dominate other children.”

Now if you see why in the West there is so much of violence. I would blame the mothers. The mothers, instead of giving love to their children, try to dominate. You must discipline your child, but with love, and should not be a dominating person to the husband and to the rest of the family, because then the child picks up. Then the children cannot be changed easily. Always right-sided children may have also physical deficiencies. [UNINTELLIGIBLE] right-sided mother’s children might have blood cancer – born with the blood cancer, could be born with a bad liver; all these deficiencies. And also, could be, say, born with physical handicaps. That’s what you call [UNINTELLIGIBLE autistic?] children. So when people say, “What’s wrong?” Everything’s wrong.”

*Talk after Ekadesha Rudra puja
Shudy Camps (England) - 19 June 1988*

"Now, the deep problem I find is the women who are supposed to be My disciples will be spoiling Sahaja Yoga. Very clearly I can see it now. I can see it so clearly, absolutely clearly. They are going to spoil because they have become very dominating. Because they think they know Sahaja Yoga. Because they think they have become very great. A leader's wife thinks she's the leader herself. If you call somebody that "All right, come and do this job for Me," the wife thinks she has a right on her husband more than Mother has. Is the women who are the culprit today and that's why I want to warn you."

"This is what I have to tell you that the potential within you is very great. Sahaja Yoga should not be limited to you or to your children. So the depth that you have, you touch. The problem of today, that the women have lost their values, they have lost their depth. This is the basic problem of today. They have become competitive, money oriented, success oriented, all nonsensical things. They are not ascent oriented. So you have to be very, very careful. Basically this is the problem you should see and I would request all the Sahaja Yogis to be on the watch. The same woman today can be ladder to the heaven or could be a slide downward. Somehow they have achieved that kind of a position, now, that they can dictate, just like Hitler. Took only eleven years. I think

these women have taken, I don't know how many years, but now I see them on the scene.”

“But today the problems are much deeper than what we think of. A kind of a negative force like a Hitler's force is rising up through women of all the countries. Through women this horrible Hitler and all these Germans who died are taking birth. They are becoming [LIKE...del] now, just like Nazis. So women have to be very careful not to give way to negative forces that are working within us. They have to be humble, they have to be sweet and sacrificing because they have a power to do it. It's only the women who can do it. Not the men. Men can't do it. They have other sweetness about them. Men have some other sweetness about them. But the women have that intelligence which can build the whole world into a beautiful world.”

Intuition & Women

Le Raincy ashram (France) - 9 July 1988

“I've discovered that in kaliyuga especially in the West the problem will be coming from the women.

And especially in the west you see this woman slave and all these nonsensical ideas have gone into the heads of even Sahaja Yogis. One of the conditionings they have: women's lib, the liberation of women.”

“This is how we are going to have Sahaja Yoga women. We don’t want Joan of Arcs just now. But they have to be very brave, courageous, and compassionate personality. And you must listen to your leaders. I have so many complaints sometimes. I cannot attend to you directly. We have tried leadership with ladies. Doesn’t work out. Marie herself was a leader. She gave up. She said, “I don’t want to be a leader, give it to anyone.” She gave up. Now we have one Christine as a leader. The other day only she telephoned to Me, “Mother will You please give it to somebody else.” Because she realizes you see that to handle these men is better to have a man, only to handle them.”

Shri Vishnumaya puja
Shudy Camps (England) - 20 August 1988

“That’s why last time I requested all the women to give up the idea of possessing the husband, possessing the children, possessing this, possessing that. They don’t have to possess anyone. What they have to do is to see that they do not get possessed with such funny ideas, and do not try to destroy the collectivity.”

*Public Program
New York (USA) - 16 October 1993*

“In every country, in the ancient times, like Greece has Athena, Ath means Primordial, Primordial Mother, China, any country you go to, they all believed in the Primordial Mother. But in the Bible they have removed that. Even in Judaism there is the mention not only mention but quite a description of the Primordial Mother. Now, after that, even the Islamic thing, we see that Mohammed Sahib did respect, very much Mother Mary, but in the Bible there is no respect for Mother Mary. This is one thing I find in the Western society that women are really very insecure.

This insecurity is so much, you see so evident, because every woman has to be like an actress all the time trying to pamper the man’s ego, all the time struggling to be attractive and all those things. In that, how far they have gone I don’t know. But you are the power; the women are the power, the potential power behind the man. If once that is accepted I tell you lots of problems can be solved. Women will be respected and this struggle will be finished. It’s a fact. Even in England, supposed to be such an advanced country, they were finding it difficult to appoint a woman as a priest. It’s so primitive I think. In India, always they think a woman is a Shakti; this difference has brought quite a lot of problems for our ladies in the West.

Now, you have to understand that in the realm of God, there is no difference between a woman and man, they’re on the same level, and they all have the same rights to achieve their spiritual ascent. It’s the wrong idea to put

down 70% of population into jeopardy while the 30% are something highly placed. I've seen your films and things. Of course modern films sometimes and I'm shocked that only always they should try to show the women as nude. Men never become nude as if they are sanctum sanctorum or something like that, On the contrary a woman needs her chastity, her power is in her chastity. I'm sorry I have to say these things might be now out of date maybe in this country, but I am your Mother, and I have to tell you the truth."

Shri Adi Shakti Puja
Cabella Ligure (Italy) - 26 June 1994

"Another thing which surprises Me sometimes, in the West specially, that I think the women are the power, the Shakti, but in the West I find women are not using Adi Shakti. No. Firstly, they are still very much possessed by their emotions and by their ideas and things like that. One side is man, who is with the ego, but even women are very egoistical. Very much. It's very difficult. For example, you marry some girl, western girl to somebody. She'll be very happy jumping, taking all the presents, congratulations, wearing all dress, everything. After ten days she'll come and say, "Mother, I'm confused." Confused? How?" "I'm now confused." "You're confused now? Or before?" "I'm now confused." "All right. You'll return all your ornaments. Everything." "No, no, then let me think." This is not the level of a Sahaja Yogini. Sahaja

Yogini is the Shakti and she has to take up challenges. “I’ll show you. I’ll do it better.” On the contrary, I find them extremely dominating. I was amazed. Why should Shakti dominate? If she’s Shakti, she’ll not dominate. Those who are not will dominate. Like, you see, you go in India to any collector’s house, the collector would be humble, but the constable would be dominating.”

*Fourth World Conference on Women, “On the Global Problems Facing Women, Inter-Regional Round Table”.
Beijing (China) - 13 September 1995*

“What we need is a balance between the two extremes. We need women as equal but not similar partners with men, but with a subtle understanding of the nature of men and how to bring them into the center with their inner balance. We need balanced women in order to have a balanced human race with peace within itself.”

Dignity

Spirits of the dead

Bombay (India) - 22 December 1976

“These are all human conceptions but all the human conceptions are such foolish things that they do not know that they are playing into the satanic forces. The idea about cinema actresses you see all (unclear). Even in London even ninety-year-old women want to be actresses. Are they mad? They don’t want to be mothers. And then they will do all kinds of dieting, torture their husbands and they will – I don’t know what they are up to.”

Darshan at Ashram

Sydney (Australia) - 25 March 1981

“Sahaja Yogini’s should take to dressing that is more womanish. They should not dress up like men at all.”

"But you have to develop your womanhood within yourself, of being a little more on the shy side, or we can

say which are receding, that's a receding type of thing. See I am your Mother, I am very dynamic otherwise, but you see how I behave, I am very receding type, before my husband or before other men who are not Sahaja Yogis, I just don't say anything, they don't know what I am. It's a trick I know. But you should also understand that other men or other people should find you to be very sweet, good woman, not interested in nonsensical things, but dignified."

*Shri Krishna's Birthday Puja
Tamworth, Birmingham (UK) - 15 August 1981*

"Some women – you see I've seen, dressed up with all that thing and everything like that, you see – and when a child sees, he starts, "Heh, heh, heh, heh!" You see, he can't bear the woman; and men are running after her, you see, you can't understand: a child just can't bear."

*Public Program on the Vishuddhi Chakra
Delhi (India) - 2 February 1983*

"These days India especially...any, everywhere even in... women have a special tendency not to cover their body because they think they are not looking very fashionable or whatever it is.

Is a very modern stuff has started that they want to wear scanty dresses. This is all anti God in both ways. Firstly it is nonsensical to show off your body. That's why Mohammed Sahib said – you see He has worked so much on Vishuddhi chakra – that women should cover their body. Is a very good thing I sometimes think.”

Mother Earth and Mahalakshmi Puja
Surbiton Ashram (England) - 21 August 1983

“Now the woman has to come up. I mean, I am saying in the very abstract way; don't think of woman, but you can say the feminine. The feminine 'nature' has to rise. Now everything is ready, it has to just work. All the chakras are ready, now awaken the Kundalini. Kundalini is as important as the other chakras are... But we must 'assume' our own nature in all dignity and in all right; not to feel in any way low down. Because a man sits on a horse, the woman wants to sit on a horse. What is the need for a woman to sit on a horse? I can't understand. Here all the women are sitting on a horse. They will become like horses! Already I think half of your royal family looks like horses, don't they? I think so. Their faces look like horses. See, so there is no need for women to do all the things that men have already done.”

*Talk in ashram, Bonfire Night with Mother at Diwali
Surbiton (UK) - 5 November 1983*

"The women have to decide to get rid of their bhoots and not to carry on with them. They must meditate, they must try, if they feel sleepy they must go and have a bath, go twice, thrice, sometimes burning yourself a little bit, doesn't matter. See to it that you don't feel sleepy and dreamy. If you are dreamy by nature then you are bhootish. That's the responsibility of women to keep the Lakshmi intact."

*After Sahasrara Puja
Alpe Motta (Italia) - 4 May 1986*

"But you see, people are very wasteful. They have wasted their lives in drugs, this, that, all nonsense. And the women have another bad habit, is to gossip. They want to gossip: gossip about this person, criticize that person.

It's a very bad habit of women to gossip. I never pay heed to anyone who gossips, and I don't like a person who gossips. So don't gossip about things – cheaply, frivolously talking about others."

*Sahasrara Puja Evening Talk
Thredbo (Australia) - 3 May 1987*

“Everything should be done in a way to keep fit and to keep all right, but not just to sort of fall into the traps of these people who are spreading materialism. I told one lady – she was very thin already, and I said, “Why are you thinning more?”

She said, “Because the modern clothes don’t fit you.”

So I said, “Is it it’s that according to the modern clothes you are going to make your body?”

She said, “You have to, otherwise how will you wear the dresses?”

I said, “This is horrid, absolutely horrid” – horrid system that they force people to wear the dresses, whatever their standards are

It has killed all the arts, all the hand-made things, all the real things. It has brought everything artificial, everything superficial. The attention is so superficial.”

*Intuition & Women
Le Raincy ashram (France) - 9 July 1988*

“In Sahaja Yoga all these men and women I have managed through My intuition. But the intuition of women in the west is very poor I must say, because they are very argumentative. So you see, the special quality with this intuition must be developed. All right, now see the difference, because you are deep, you are much deeper.

In evolution you are higher, no doubt. But you start competing with them and also enslaving them quite a lot. Like this culture in this, where we see all the women exposing their body just to attract men, all the time attract the men is what? Why should you attract men? Always trying to have your exposure of your body just to please men, why. Why should we do that? Why should we expose our body? There's a story Ravindranath has written. Where there is a writer. You see he was writing a story about love story. So he asked his wife supposing before marriage if I had come and asked you that you elope with me what would you do. She said I will, I would have reported to police immediately. Ravindranath Tagore writing his story about a writer. That's what it is. You see, so you keep your dignity.

You see the way women expose themselves run after men, then how can we complain there is rape and all that. I mean we want it as it this way. We are as if we want all this attention of men, dirty attention of men. But Sahaja Yoginis are not like that. They are dignified. They have their own they have their own poise. And they have respect for themselves, because they are Yoginis. They have light above their head. They are special people. So we have to really de-condition ourself a little bit. Especially the ego part, which is very, very developed in the West should be brought down by women.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

"Now in the west the problem with women is this that they don't realize as to what is their power. An eighty year old woman also would like to look like a bride. They do not feel their dignity and enjoy their dignity within themselves. They are the queen of the house but they want to behave like the cheapish, childish young frivolous girls. They do not feel the dignity of their being, they talk too much, they behave in a manner that, does not behave a housewife. Such a woman will lose all her powers. Also in her own ways she will feel guilty. She will feel guilty, because first of all, nobody has right to look down upon any one whatsoever in Sahaja Yoga specially. Then, to look down upon your husbands, is something unbelievable. He may not be a Sahaja Yogi. Alright. He may not be up to the point but by your behavior, by your strength, by everything you can save him. But why are you losing yourself by dominating others, by strangling others, by making your husband a very, sort of a, frog in the well telling him, oh, we both should enjoy."

"In Sahaja Yoga there is no domination of any kind but all these so called ideas of servility or domination comes from the false ideas you have, about your own dignity, about your own understanding, you are not aware of yourself. You do not know that you are the Queen, nobody can dominate you. Who can dominate the lady, who rules the house hold. If supposing the husband says,

I don't like this color, alright, leave it for a while. Then somebody will come and say what a nice color. He says, ah, such a nice color, oh, don't change it. The women must understand the men. They have big eyes. They are not microscopic. They see everything in a big way, you see. So today they will say something, tomorrow they will forget about it and they don't have microscopic eyes. They are too above these things. They are above these things. You must understand that. But if he sits on the horse, I must also sit on the horse and fall down. If he goes for skiing I'll also go for skiing. If he develops his muscles I'll also develop my muscles. It is coming to that point. I mean women start looking like nothing on earth. You don't know what sort of women these are with big-big muscles without any mustaches. So this kind of stupid ideas we have. But there is no subordination of any kind. You are subordinated to your own dignity, to your own chastity, to your own sense of honor and above all to your righteousness because you are in charge of that. The man who is in charge, has to look after that side. How many quarrels you create. How can you be quarrelsome when you are supposed to become the peacemaker? Supposing we send two peacemakers to some country to make peace and they cut each other's throat, what will you say to such a thing?"

Shri Devi Puja
Melun (France) - 9 July 1989

“Now, the conditioning is so stupid, so stupid that according to them whatever is ugly has become beautiful. The ugliest of ugly women they’ll choose and give her the first prize as the beautiest. I don’t know for what, which angle they saw this lady that they called her beauty. You’ll find the lady is caught up, she is bhootish, giving horrible vibrations and they say, “She is beauty.”

Shri Mahavira Puja
Barcelona (Spain) - 17 June 1990

“As men also do stupid things also women do it in Sahaja Yoga which is surprising. People told me that they carry so many make-ups with them to India. What is the use? I just don’t understand. To, to I mean for Indians it is useless and it is absolutely useless for you also. You are saints. There is no need to load yourselves with so many things unnecessarily. So if you again indulge into the same nonsense that you have been doing; going to the hairdresser, looking funny in the hair, all sorts of things if you do, then what’s the use of coming to Sahaja Yoga? Or following any fashion and these things. If you have to do the same thing again and again it is better, you don’t come to Sahaja Yog. That’s all I can say. I cannot say like Mahavira that: ‘you shave your hair,’ or ‘you wear just a white sari.’ But I can only say that: ‘try to detach yourself.”

Diwali Puja
Venice (Italy) - 21 October 1990

“Also ladies should not give way to fashions. If you start changing your fashions that means you are not at all from the royal family. I went to Japan. You’ll be surprised, they were very respectful to us, extremely respectful. I couldn’t understand, you know, Me and My daughters. So we asked the interpreter. I said, “Why are they so respectful to us? Everywhere we went they gave us the present and bowed to us?” He said, “Because they think You are from royal family.” I said, “Why, why do they think we are from royal family?” “Because You comb Your hair so well and that You don’t go to any hairdresser. Royal family people never go to any hairdresser get their heads to. Because Your hair are so well done. That’s why they think You must be from the royal family.” We should not have dresses like beggars. You must dress up well, neat, clean, not like a sanyasi, colorful, beautiful but with dignity. It should not be a fashion. Fashion is taken by ordinary people, by vulgar. King doesn’t take the fashion, does he? He creates the fashion. He doesn’t take fashions. So you play into the hands of the fashions, this. Recently I heard the fashion is for women is to have their hair here. Why? Closing the Agnya like that? If you are playing into the hands of these modern entrepreneurs and modern ideas and all those things, then know that you have not a personality of a Sahaja yogi.”

*Public Program
Florence (Italy) – 23 April 1992*

“Also the Mother of Christ is always shown as a fat person. Now these are modern fashions that you should become like a mosquito.”

*Puja for the 70th Birthday
New Delhi (India) - 21 March 1993*

“Especially for women is very important to wear dresses that will make them look more dignified. Also another point I would like to say, that ladies specially, must take to reading, at least newspapers. If your attention is on the problems that are in this world, it is very effective because, you know, your attention is active, it works. So use your attention. You see the newspapers, you watch; I know it is horrifying sometimes, you can give a bandhan, but you must see what is happening, where. It is very important.”

*Shri Mahalakshmi puja
Sophia (Bulgaria) - 8 September 1993*

“If supposing in India a man tries to have relationship with another woman, the wife says “well, all right, you go to hell, I don’t care. You are committing a sin, all right, go

ahead, I have nothing to do with you,” and the whole society will support that way, but in the west the position of woman is really, really very, very low, absolutely primitive. They are mothers, they are sisters, they are grand-mothers, they are daughters and wives. I didn't understand why the women in the west are so anxious to attract the men. In India if any man looks at the woman she will go and slap his face.”

“This insecurity is so much that I have seen in films women becoming nude everywhere, they have all kinds of nude clubs and all that, but men become, men never. That I've seen films where women will become nude and show vulgarity, everything acceptably nonsense, while men were never take off their clothes. As if the body of men is something special and the body of women are not to be respected. It is very primitive idea. I can't understand this, because it is the Adi Shakti who has created this Universe, not Sadha Shiva. Even if women are not respected and they are not respectable the Gods cannot reside in that country. So, we have to understand that women should have their own dignity and they should not yield to the pressures of men where they try to debase them. But at the say time they must respect their husbands, their men-folk, and they have to be extremely loving and compassionate.”

*Advice to Brides and Bridegrooms
Ganapatipule (India) - 28 December 1993*

“Moreover, another thing is that the wives should not take money from the husband and send it to her relations. Never. It’s a very very wrong thing, is to support your family through the money of their husband absolutely not allowed. That should not be done. They..., you should not put the pressure of your family on your husband. You see there has to be a clear cut understanding for all of you. That you will not take. You must keep your self-respect. Don’t ask for anything. If he gives you anything [unclear] well and good. But don’t ask, don’t demand. That means you are not a Sahaja Yogi. If you are a satisfied soul why should you ask for anything? Or somebody gets something, she has got this, she has ...Nothing of that kind. You be satisfied and this is how some girls nag the husbands very much.”

*Shri Krishna Puja
Cabella (Italy) - 23 August 1997*

“In Sahaj Dharma, the husband-wife’s relation should be really romantic, should be really beautiful. It is not, you know, we talk of love and all that here, very rarely people fall in love and carry on the feeling. It’s a blessing if you really get that kind of a feeling. But mostly it is a curse. So to fall in love is very good but that doesn’t mean you forget that you are a Sahaja Yogi. In that, Sahaja Yoga

helps a lot, I think, in your married life. Same, dharma is for your children that you bring up your children – not troubling them too much, but into a free life. Let them use their wisdom. Sometimes I know children go astray and try to follow wrong things. Then you must correct them, you must tell them, it is your duty. They were not born out of the trees but they were born here, from the parents. So it is the duty of the parents to tell them that this is wrong and this should not be done; it's a very wrong thing, you should correct them and that correction should be in a Sahaj way.”

Shakti Puja

Kalwe (India) - 31 December 1997

“By changing into new clothes daily or doing fashions does not enhance a woman's grace. You must understand the bhakti of your shakti. By that the special blessing you will get, you will be able to cure all problems without any hassles, because your oneness has been established with this all-pervading power/Shakti. So by fighting nothing can be achieved. Meditate with peace and understanding and bring your children on to the right path.

Now the husband is very right sided. Thinks that he must do this or that, but a woman must integrate or contain in her house and family. Like the ocean, if you press it on one side it contains in on the other side. In the same way a woman's heart should be. If she is in trouble on one side

she contains or integrates into the other side. What does contain/samanaa mean? It means oneness. She must bring in oneness. If she can't do this then she is not the Shakti. If she quarrels and argues with everyone then she is not a shakti. Shakti means that you can integrate with everything. The highest. Whatever happens you are above it all. Then you are the Shakti, but if you got suppressed then you are not the Shakti. Many things have been said about the women of this country. Even our country Bharat Mata we call as Mother. In this country the mother is considered a very great thing because she saves her children from going on the wrong path. She guides them properly. She gives them such invaluable qualities that will help him throughout his life. You must think that do we live in peace, harmony and joy in our homes? Your husband comes home and you start fighting with him. But if you say leave it and establish a warm atmosphere of love in the house then your children will grow properly.”

***Fourth World Conference on Women
Beijing (China) - 13 September 1995***

“The women in the West have freedom to abandon all social and moral values. Thus in the East, we can say, that most of the women are timid, oppressed and cannot express themselves, while in the West we find most of the women are reduced to a sex symbol. They are keen to expose their bodies.

Their anxiety is to appear in fashion advertisements and very cheap popularity. Most of them accepted this position because otherwise they could not have survived in that chaotic world of the West. What most of the women in the East would regard as very humiliating and degrading is regarded as something very glorifying in the West. I have seen both the worlds very deeply and I feel that unless and until you bring a new culture by which women from the East and West can both rise in their own esteem and express themselves in such a way that they create high moral standards for their society, women neither in the East nor in the West will rise to their full stature of feminine specialty. The specialty is that if women are respected for their womanhood, understanding what they are capable of and how they can empower themselves with all the education needed, all the security will be provided to them and they will provide security to the society.”

Shri Krishna Puja
Cabella (Italy) - 23 August 1997

“So, women are serene in Sahaj Dharma. They are not stupid, frivolous, laughing at anything. That’s not the way for a woman. Anything happens, they must laugh. I mean, there is something laughable, alright, but some things are not even laughable, they laugh. That’s not the way. They can be ridiculous also, can ridicule others. But, laugh of appreciation laugh of enjoyment, is so pure and creates such a beautiful atmosphere.

I think the whole ecological problem is in our brains – (hindi word). It is not outside. It is inside us, which is reflected outside.”

Diwali puja

Novi Ligure (Italy) - 25 October 1998

“So it is expected of a housewife to be decently dressed, honorably dressed, and not to dress up like a secretary or somebody who is just in the office. Because she is regarded as the highest, whether you like it or not. But she had pampered her hair and she has been to a very expensive place for all decorations and everything and, poor thing, when she arrived, they put her in the waiting room, near the bathroom. That’s what it is.

So, for a housewife she is the dignity of the household. Not only that, but she is responsible for the complete culture of that country, complete culture of that country. They represent the culture. Like in India nowadays they have started in the films showing all kinds of funny, funny dresses. But I haven’t seen any housewife wearing that, I haven’t seen anybody. It’s not in reality, it’s only in the films, because the society is so strong. And the housewife is supposed to be a decent person, she has to be decent, she has to be very dignified and she has to behave in a dignified manner.”

Nowadays, I went to London and I asked an Indian Sahaja Yogini: "What is the fashion now?" So, she said: "Jipriya", in Marathi. Jipriya means, if you put your hair like this, you see. See, in India, if you put your hair like this, the mother will say: "Now, remove your jipriyas, because if you put like that hair, your eyes can become squinty.

But anybody who does anything, that should not be followed by women. It's very slavish, because this is the fashion, that's why they do it. That's the fashion, so they do it. It's absolutely stupid to do that way and to play into the hands of these people who make fashions. Because you are independent, you must stand on your own character, you must stand on your own understanding of things. Instead of ruining your faces, you should try to improve them by your dignity, by your understanding. Now, it's more on the women. I'm sorry to say, Lakshmi Puja is more on the women that, what they have to understand, what they have to be, how they should be. I have always told you that it is necessary for a woman to be dignified, very much more than the man. Man can be stupid, doesn't matter, you see, doesn't matter so much, but women have to be dignified and sensible. And men, as it is, don't know much, as you know that very well; poor things, you know [laughs], they are educated only in the universities, but, as far as the practical side is concerned, they don't know anything. So, one should not feel bad about it. I mean it's very enjoyable to see the way men make mistakes, and then they go on saying: "No, no, I know this, I know that..." And they don't know anything."

Generosity

*“The three channels, Sri Lakshmi, Sri Saraswati”
Caxton Hall, London (UK) - 23 October 1978*

“The another hand is like this. This hand suggest the protection, the protection given to anybody who needs help, anybody, again I am saying...Anybody who comes to your house and ask for help, give him help. “It’s very difficult,” people will say, “It is very difficult to help anyone who ask for anything, ‘All right, you take it away.” How can you say that? But you’ll be so rich, so rich that you would not know what to do with your things and how to get rid of them. Anybody who comes in your way, you say, “All right, you want this, all right take it.” Try sometime My formula, worth trying. I’ve lived like this all My life. You just try, if you believe that there is compassion, there is God in every, every movement of every small little molecule. If you really believe in it, then try this.”

*Diwali Talk, Bramham Gardens Ashram
London (UK) - 27 October 1981*

“Let the men start seeing that, “Oh, She doesn’t have it. She should have it.” It is they who should do it and the women should never demand. It’s a sign of bad manners actually according to Sahaja Yoga. You should never demand for anything.

You should have forbearance; you should be able to bear it. Not with a sort of a big martyrdom, “Oh, I’m bearing up and all that.” No. But with the understanding that you are grown up and you are matured and you are supposed to bear.”

*Talk in ashram, Bonfire Night with Mother at Diwali.
Surbiton (UK) - 5 November 1983*

“A wife who says that: “All right you save all the money,” teaches the children to be selfish and teaches the husband to be selfish, to save all the money in the bank and not to be charitable is not a Lakshmi. She’s the One who teaches you how to be charitable, how to give to others. A woman who is very particular about her money and bank balances is not a Lakshmi at all. She has to spend. She’s there to spend. Man has to preserve his money but the woman has to spend. He has to earn for she has to spend, but rightly, spend it rightly, not only for herself but for the family, but for the husband. She thinks: “What should I buy for my husband, for my children, for other Sahaja Yogis, for other people?” – All her job. The husband earns and gives it to her and she does that. It’s a very sweet distribution I think.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

“They are the Annapurnas and this is the one quality – the generosity if the woman doesn’t have she is not a Sahaja Yogini, by any chance. Take it from me. Husband may be a little miserly, doesn’t matter. But the wife has to be very generous and sometimes, she secretly gives money, not to her own children but to others. Such beautiful women have to be there in Sahaja Yoga. But I feel so sorry, sometimes the attack comes from the women of Sahaja Yoga, not from the men, on me. I am a woman myself I feel shocked that women should attack me like this, for what.”

“You will be amazed if I tell you today, till today, till yesterday, I never asked my husband to buy me anything. For the first time I asked him to buy me a camera, and you see the result, in the evening what he said. Least expected. Never in life-time. He used to say, tell me what you want. First time, I said something and see the effect because I have never said him. So such a woman has to be self-satisfied, satisfied in herself because she has to give. The person who has to give, how can she demand? She has to give love because she is love. She has to give all the services. She has to give all the possessions, she has to sooth down. What a responsibility, I tell you, what a responsibility. More than a Prime Minister, more than any king or any one, is the responsibility of a woman, and she should feel proud of it, that such a responsibility has

come to me. A housewife has much more responsibility than a leader of Sahaja Yoga. But the wives of leaders can be horrid because they think they have become leaders. This is the minimal of minimum. I mean it's like, I said, the ocean coming into a little cup. And their behavior becomes so funny and absurd, I am surprised.”

“But a thing of a house wife is, oh, now how much should I prepare, for example, there will be 50 persons coming. So the husband says but only 10 are coming. Why do you want to have for 50 persons? But maybe they would like to eat more. But then why do you have 50 plates. May be they might bring their friends. So she thinks of her generosity. She enjoys her generosity. She enjoys her generosity. I have known many like that. Though they are not even Sahaja Yoginis. They will say will you come, sister in law, will you come for dinner. Oh, I am not coming, you cook too many things.”

Diwali Puja

Chioggia, Venice (Italy) - 21 October 1990

“Now Mahalakshmi Tattwa has got four sides. Is the first is the Lakshmi Tattwa which I told you is the love, to express your Lakshmi principle, to be generous. Then we have got the Raja Lakshmi. Raja Lakshmi principle is that you are like a king and a realized soul, so on. “I'm like a king.” The kings don't beg, do they? I mean if they beg then they are beggars, they are not kings.

Of course these days I don't know what the kings are doing. But we are kings, we are royal, we walk like royal people. I mean I see people sometimes walking in a manner that doesn't behoove a Sahaja yogi, living in a manner that doesn't behoove a Sahaja yogi. We have to walk with the dignity of a king. The king is the one who gives, who doesn't take anything. Is the Raja Lakshmi principle in you; has to come in all the ladies."

Hamsa Puja

New York (USA) - 28 April 1991

"I don't know how it has come into the brains of Indian women, I don't know how, but if you have to please them you have to just say: "Sister-in-law, will you cook this for me tomorrow?"

Or if you say: "I am coming for dinner or lunch", that's the best. They are very much pleased. "Oh!" Just they're thinking: "Oh, what am I going to cook, what does he like?"

They know about each and every person, what he likes. It's not slavishness. If you want to please someone it's not slavishness. The whole nature is there to please us. Is it the slavish thing to do?"

Shri Fatima Puja
Istanbul (Turkey) - 18 May 1993

“I would say a man is like the sun, but a woman is like the Mother Earth. The difference is like this: that the sun shines, gives light, it gives also nourishment to the Mother Earth in a way; and the Mother Earth gives everything, she bears so much of things, she bears all our sins. So a housewife is like the Mother Earth. She gives joy to everyone, to her husband, to her children. She doesn't think about herself. She doesn't think, how I could achieve great things through my beauty maybe, through my body, through my education, through my powers that I've got – no, she doesn't. What she thinks: how I can make others powerful, how I can give them power, how I can help them. This is the typical ideology of a woman. If it is not so, then she's not a woman. I mean, she feels – if somebody says, “I want to come to your house for dinner,” she feels very happy.

“Oh, that's very good. Now then, what should I cook? What should I do?” This is a woman's attitude.”

Shri Adi Shakti Puja
Cabella Ligure (Italy) - 26 June 1994

“Same with the wives. Wives never ask for anything from them. No., nothing. Nothing. The husband will go on asking, “Please ask for something. Ask for something.” “No. We don't want any.” That is going to be a Sahaja

Yogini mother and a wife and a Shakti. She has no demands. Nothing she's asking for. The one who is a giver, what is she going to ask? The one who is a supplier, what is she going to ask?"

Diwali puja

Novi Ligure (Italy) - 25 October 1998

"Especially in Russia, I found the women are very adaptable and very humorous and they were making fun of everything and enjoying life. Very surprising, we had taken presents for them, but we had taken for about 2000 people, but there were 16000 people. So, how could we give these presents? So, the women took out their chains and they said: "Alright, we'll give it to men, we will give them our ear tops, alright!" And they were making fun of men who were feeling bad that they couldn't get anything. Such fun, you know, such understanding, because they are not so money-oriented, I think, and they are very spiritual women. So a spiritual woman wouldn't bother about things like this and will keep a dignity of her own and will show by her every gesture that she is spiritual."

Patience

*Seminar at Dollis Hill ashram
London (UK) - 28 May 1979*

“Sati is the one, is the purest form of devotee to the wife, you see it’s easy – to the husband – easy to be dedicated to God because God is perfect, you see, God is perfect. He gives you love, He gives you this... But a husband gives what? He gives you nothing. He tries your patience all your life. To be dedicated to such a person... gives you a real training in dedication [if you keep on saying...?] you see, like the Gurus, you see, same way, they try the patience of the Bhaktas, you see, they say: “Go ahead, go ahead.” That’s the same principle, based on the same principle as the lady, you see, who worships her husband who is a horrible fellow, like Ravana is. You see.”

Sydney (Australia) - 1 January 1980

“And one other thing which you must understand that a certain relation has to be there. A woman is the strongest point of the household, like this mother Earth, she takes all the problems upon herself, because she is the strongest. Who else can withstand this kind of weight on her? It is the mother. In the same way, a woman in the house is the mother and she has to bear. You see, it’s

nice to have a husband who comes home and says whatever he likes and takes out all the filth on you, than to have a husband who is very sweet, "hello, hello..." and outside he goes like a bumptious tiger on everyone. Such a man has to be, you see, they are like children I would say, they are like children. They have to take out their tensions on their wives only and you should then absorb all of that. And that's the sign of a woman."

"A strong woman doesn't get easily disturbed by these things. She is not bothered. She says, "All right, you little baby come along. Now I have had four babies, now this is the fifth one which is the smallest has come." Let him shout and scream, even with the children, you have to be patient. They'll hit you, they'll do anything."

*Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981*

"A woman is the strongest point of the household. Like this Mother Earth is. She takes all the problems upon Herself. She, because She's the strongest. Who else can withstand this kind of weight on Her. It's the Mother only can do that. In the same way a woman in the house is the mother, and she has to bear up. You see it's nice to have a husband who comes home and says whatever he likes and takes out all the filth on you, than to have a husband

who is very sweet, hello, hello and outside he goes like a bumptious tiger on everyone.

Such a man is, has to be, he has to, you see they're like children I would say, they are like children. They have to take out their tensions on their wives only, and you should be an absorber of that and that's the sign of a woman. A strong woman doesn't get easily disturbed by these things. She's not bothered. She says all right, you little baby come along, now I have had four babies, now this is the fifth one which is the smallest has come.

Let him shout and scream, even with the children, you have to be patient, they'll hit you, they'll do anything. I would say that way in India, children are treated very kindly and they are special things. They will do what they like when they are children, but when they grow up we do not have teenage problem, we do not have problem where the children don't respect."

Radio Interview 3DB

Melbourne (Australia) - 10 March 1983

"Women have more patience, especially Indian women are known for their patience."

Darshan at Ashram
Sydney (Australia) - 25 March 1981

“First of all they must know they should be very balanced, very balanced and solid women. They should not be jumpy. If they are jumpy they can make everyone jump. Imagine this Mother Earth being jumpy, we would have been jumping like that all over.

So you have to be solid, not only that, but you should be able to bear up many things of the men. You see, it is no criteria that if somebody dominated you, then that person becomes more sort of something higher than you. Only those who can bear up can bear up. For this Mother Earth can bear up our weight. That’s why we can stand on her. Does that mean that she’s anywhere less than us?

The woman has got a special capacity to bear up because she is made like that. She’s a solid personality. Oh, She can take in so much inside herself and digest it and just finish it off. She is a person who does not get disturbed by so many things the husband has to say to wife. He is sometimes harsh on her because he has, after all to face the outside like, and he has to face everything and then he comes home and he says everything to his wife.”

Diwali Puja
Cabella Ligure - 10 November 1991

“So inside every woman, there is a motherhood, there’s great capacities, sacrifice, everything is there. With that, they also should know they’re left-sided. And our joy about which we talk within our heart has to manifest outside.

People should see that we are joyous, that we are happy people that we are not like others who start crying for small things. Like when My father died, I was surprised that suddenly I became thoughtless, absolutely thoughtless. For about three days I was thoughtless. Neither the thought of pain or the thought of unhappiness or anything came up, but just thoughtless. And even I was surprised because I looked after him and, I mean, he was very attached to Me, very fond of me, everything was there. They were surprised how easily I became suddenly thoughtless.

So if you are a Sahaja Yogini, then at the time of crisis you should become thoughtless. That’s one of the signs. I have seen with Myself, if there is any crisis in the family, I just become thoughtless. That means what? That God just takes you in your problems. He puts his hand, He puts His protection and He takes you out of it and makes you absolutely thoughtless. And in that thoughtless awareness you discover what is right, what is wrong.

So even in crisis, this thoughtless awareness is all the time extremely alert. It becomes much more alert than normal. That’s the sign of a Sahaja Yogi and sign of Sahaja Yogini.”

“So what you have to achieve in this lifetime, the highest thing is your ascent and your position in the Kingdom of God. For – especially for ladies, I have to tell you because, you see, reading all these tragic things all over, so many tragedies are brought up, this Greek tragedy, this tragedy, that tragedy. It just starts working in the nerves of the ladies. If somebody says the slightest thing, it becomes like a bombshell. They just start behaving as if “Oh, my God, what has happened? He should not have said this to me.” But what we do to ourselves, we should see first. What harm we do to ourselves, we never cry for that. You have seen how in the West women have ruined themselves. They never cry for that – never, never. But they cry if somebody says even a little word to them. Of course, in India also. But there are very sensible women, otherwise, I have seen in the East and West who have a great sense of bearing, a majestic attitude towards life. Like an elephant is walking and the dogs are barking, so what does it matter? That majesty comes when inside you have that joy. “Nobody can make me unhappy.” This is – should be the principle. “Nothing can make me unhappy.” Otherwise, you start moving towards the left side. When a lady starts crying and a man starts going to the left and suddenly you find ten bhoots sitting on him. How does he get it? “I’ve never been to a cemetery. I’ve never been to any such place, Mother. I never saw anybody dying.” “Then how did you get bhootish?” “I never went to any guru.” See the wife. Wife is a crying

doll. For everything she cries. If you don't do this, cry. This is another kind of ego expression, I tell you – this crying business.

So today I want to have a promise from all of you that you are not going to cry at all. Instead of flowers, you just give me this flower of promise. I never cry. Of course, sometimes Sandra karuna, one tear or two tears might come out of My – after all, I'm a mother. But not like this – sitting, crying, crying, becoming hysterics. You must have your dignity. You are all Sahaja Yoginis. Don't read any book which talks of crying, but books which are deep also make you feel very much touched. You feel like crying, it's all right. In the cinema they say see a woman torturing her husband, then they will cry. At home they'll come and torture the husband. What's the use? I've seen many like that. In the cinema they'll be crying. When it is somebody else, they feel the pain. When it is themselves, they never see what they are doing.

So My one demand today is that you must not cry. Now you are in the Kingdom of God and in the Kingdom of God you do not cry.

So look at these beautiful things that they have created. If there was no beauty within themselves, they would have been sitting and crying. What else? Of course, those people have beautiful – they never cry. Maybe crocodile tears sometimes, just to show off, but inside they don't cry because they're so confident. They enjoy their beauty. They enjoy their glory. They enjoy themselves. Why should they cry? What is the need? And such wasted tears are of no use.”

Shri Adi Shakti Puja
Cabella Ligure (Italy) - 26 June 1994

“Now, it is for you people, the ladies, have to develop that patience of your Mother, that affection, that love and then you will see how your Shakti will work out. I, again and again, always have talked about this and, at Adi Shakti point, I have to say you are in your family like a Shakti and you have to be wise, you have to be sensible, you have to understand your husband, you have to understand your children, you have to have patience.”

Day after Shivaratri Puja
Laguna di Glenrock, Newcastle, (Australia) - 1 March 1992

“After marriage we have to say: ‘We are, we’. Shouldn’t say: ‘I’. And also understand you see men are different from women. They are different. You are the preserver of the society. They are the creator, but you are the preserver, and you have to have much more patience and compassion. Which you have, no doubt. You must take to your feminine qualities and you’ll be amazed that you are Shakti, for men. You are the power for men. That’s why men must respect women. If they don’t respect women, not their romanticism and nonsense, but as personality. If they don’t respect then, they suffer, every way. Especially materially. Materially they suffer and also, reputation wise.”

“Now, it is for you people, the ladies, have to develop that patience of your Mother, that affection, that love and then you will see how your Shakti will work out. I, again and again, always have talked about this and, at Adi Shakti point, I have to say you are in your family like a Shakti and you have to be wise, you have to be sensible, you have to understand your husband, you have to understand your children, you have to have patience.”

Shri Fatima Puja
Istanbul (Turkey) - 18 May 1993

“I’m also a woman, as you know, and I also have a family. With all the powers that I have, I never showed them that I have those powers. I always listened to My husband, obeyed him though sometimes he was very unreasonable also. And he also came from a society which was more Islamic-oriented. But that was just a joke for Me, because I thought, “He’s just like a child and I have to be very patient with him.” He always says that because of My powers he earned everything in life. Always, in the presence of everyone he says so. I don’t know that part, but definitely I feel very satisfied with My own married life. I never think the way other people think that we must try to dominate the husband, we must fight him, we must have a right to do this. Our right is within ourselves, within our powers.”

“Also the men must realize that they have to respect women. I mean, not to such an extent that she tells you to do something wrong, and you just get lost with this – that’s not the way. That’s slavishness. Men have to be men. It in no way means the women are dominated by men – I don’t treat it that way; because if you have your own powers, ultimately whatever may be the husband, he’ll have to come and understand what you are. He’ll have to know what you are. I have seen it many-a-times in My own lifetime that it has done that way. I would never say anything. Supposing he gets angry, I would keep quiet. All right. After all he has to fight outside and he has to take out temper on Me – that he couldn’t do: if he does this to others they will beat him, so it’s better he takes out temper on Me. And I never, never felt that way that he’s dominating Me. Only thing I thought, he’s taking out his temper.

But I’ve seen that whenever I said something to him, he thought about it. In his lifetime I’ve taken eleven decisions; and all these decisions he still remembers one by one and knows that it was very, very important. Other things I never tell him what to do. Whatever was most important is the principle. Now, he also realized that I have a very important mission. So he gave Me money, he gave Me time, gave Me all freedom. But first I had to establish Myself as a very sensible, devoted wife.”

Advice at yogis
Richmond Park, London (UK) - 25 June 1995

“You are Sahaja Yogis, you should know how to absorb the problems, you can. You can pacify, you can cool them down. You can do everything, you have the power. Women should understand their own powers, it is very important. Because they don’t know what powers they have. I am a woman myself and if the women start behaving like this, it’s very difficult.”

Day before Vishnumaya Puja
New York (USA) - 8 August 1987

“The power of woman is like that of the Mother Earth. See how much She’s done for you. She’s given you all the greenery, the beauty. Wherever She goes down, She fills Herself up with water, and She gives you such joy and happiness and bears all the problems of the world despite of whatever things we have done to Her, despite the way we extracted all Her wealth and everything, still She’s giving us wealth. That’s what we are! When we have lost our power, our society has come down. The society has to be maintained by women, not by men. One must understand, woman plays the most important role. She’s in no way less than man, but if she becomes this kind of a power, destruction starts moving in the other direction.”

Shri Trigunatmika Puja
Den Haag (Netherlands) - 5 July 1985

“How they are sharp and how their eyes are so penetrating, how they know everything about everything. It is remarkable, very remarkable and that is what we have to be. We have to be gurus with the Mother’s influence on us, all the time the Mother controlling us, the Mother guiding us, the Mother making our [unclear - bans], the Mother making our maryadas. So the Motherliness is your blessing. Today you are raising your Kundalini because your guru is a Mother; otherwise you could never have done and that is why Motherliness is so important. One of the reasons, perhaps, why the Sahaja yogis run away from the leaders and sometimes from the people who want to have follow-on, maybe, that we do not know that they are just entering in, just opening out. So try to be kind, just hatching, the little chicks, you see, will die very fast. You have to handle them very, very carefully. I am saying this after so many years of not saying this and I am requesting all of you, try to develop. Sit before the mirror and try to act like a Mother. Better see, practice it, try to be nice, kindly, gentle, patient. If you want to spread Sahaja Yoga in the west we have to do that, not in Maharashtra, Maharashtra’s Mothers are quite strict and they are straightforward and children are used to it. You might find that I will say “My Mother was a very strict lady but I think I like her very much because she taught me so many things; all my sisters are expert cooks; we are very good in the life; we are doing so well in life; we don’t trouble anyone”. All these things have come

from our Mother. She was a strict lady as she would not tolerate any nonsense. She would never tell a lie herself and if you tell her “Alright, if this gentleman is coming, you tell that I am not in the house”, “Don’t tell me to tell lies; I’ll tell him that you told me to tell the lie”. That’s how she was and that’s how she treated us and we lived with that but we didn’t mind it because what she did was for our good. We knew that she was doing it for our good. Not in this country, people don’t understand this fact. They have ego, they never understand that this is for your good. They will always understand this is aggressiveness because they themselves are aggressed or they are aggressive. If they are aggressed, they are even worse.”

Bravery

Public program

Caxton Hall, London (UK) - 13 November 1978

“This is all created by you, by thinking, thinking about it. You see, a person who has got a brain, you see, it’s a devil’s workshop. It must be the adolescence, it must be this, that. Now why the women here get menopause because that’s very insecure old age; such a horrid thing. I mean, nobody should become old in this country, the way people are. And everybody is going to become old. Nobody doubts about it, [do we? /nobody]. But the way they treat our old people and the way the old people, you know, get so insecure, they are so stupid poor people you know, they try to act like young. They are very stupid poor things; they have lost all, all sense of wisdom because they think big of themselves. We, the way we discard them, [with/we] the way we try to disrespect [them], they start behaving like young people. I mean, I have seen women of eighty years [still] talking like sixteen-year-old [girls], you know. [UNCLEAR] [I mean, I just don’t understand, what’s the matter with the woman?] The reason is that is how you can only live in this world. So the menopause is lost if the woman knows, “I am a grandmother.” I am a grandmother. I can live with my age and I am very proud of my age, of my wisdom, and that I know that I do better than my children. I’ve seen much more of life and can guide them much better and I am in

my own age and my own way and I am enjoying it very much.”

Shri Vishnumaya puja
Shudy Camps (England) - 20 August 1988

“In a proper, traditional way, if you wear sarees, people will appreciate definitely. Why not? They would like to see you in sarees. If you want you can wear it. Will be a good idea for you to go about, there’s no harm in wearing sarees, I think it’s very decent dress, and, makes women look like a women much more than pants, and those jeans and things like that. So it doesn’t matter. But then don’t feel guilty with it. If you want to wear it, wear it with daring and with courage. Be a brave person. So only the brave people can get rid of their left Vishuddhi. Because you are brave you are doing it. That’s the culture that has to come, we like the sarees, we’ll wear, we like the kurta pyjamas.”

Puja in Sangli
Sangli (India) - 1 January 1990

“You have must heard about Jahnsi Ki Rani. She was hardly of any age. She jumped from eighty feet height with her child behind her. She was a widow. And she fought the English. Left and right. And when she was

killed, the person who was here as an Englishman, he said, the governor, he said, "We have won the war but the glory goes to Jhansi ki Rani." Then we had another one, Chand-bibi, another lady, in Ahmednagar; she fought. We had so many women like that. Tremendous type of women we had, though they lived like women. We had Padmini, we had Noorjahan, we had Ahalyabai, so many women. They were not manly at all. Very women-like. There was the last one was, Shivaji's daughter-in-law. She was only seventeen years of age, seventeen years. And she fought this Auronjeb and she was the one who defeated him. Nobody could manage this Auronjev so horrible people, but she defeated him. So though, you see, the Indian women look so docile and simple, but when it comes to their personality, they are capable of tremendous things."

India Tour Puja
Shrirampur (India - 12 December 1990)

"Now especially for ladies, their one of the assets of ladies is to be frightened and another is to cry. So of course I too cry sometimes, but never at My own discomfiture. Never at My own pain, only when others are pained; then My eyes, being collective, start just pouring uncontrolled tears. But for Myself I never cry. For My pain, even if I want to I cannot. I cannot. Just My body cannot. The second thing you must know: I am also a woman; I am never afraid of anything whatsoever. Of course

animals I have already told you. Except for the drunkard – you don't know how he'll behave, because not easy, not senses. I'm not afraid of anything whatsoever. In the same way you have to know that your Mother is with you and you should have no fear at all, and then to boast of your fear is nonsensical. Once you realize how powerful you are, and how much you are connected to that Power which is so powerful and all-pervading, which does all the living work, you will never get any one of these funny ideas which are to be left behind. You have to cross the threshold of these conditionings that you have had. Just open your heart and see for yourself where are you sitting, where have you reached, under what blessings you are here.”

Shri Adi Shakti Puja
Jaipur (India) - 10 December 1994

“In our country there had been many such women of brave character. There had been many women of great character who were completely devoted to their husbands and were perfect in the Dharma of wife and looked after their family and husband.”

“So again the same thing comes to, that women have to have a heart, very large heart, beautiful heart. And your Guru is a Mother, so you have to be wonderful mothers and wonderful wives and should have very, very large

hearts. So that all the selfishness, even this bank will collapse if you do that. It is existing because we have small hearts. If you have large hearts this will collapse – isn't it.”

Love & Compassion

Letter on Guru Purnima

1 July 1977

“In Sahaj Yoga you have to forget the past as you have been bathed with Divine Love, like a newly born baby. Purity of heart expressed as fidelity in marriage for both husband & wife is the most enjoyable virtue and is the most powerful. When you understand the purity of relationship, you enjoy them the most. You do not confuse your sensitivity to joy. Your mother is a mother and wife is a wife. Here in the West, it is all becoming a confusion. Very young girl are marrying old men and vice versa. It is all the game of money. If you have too much then stupidity becomes the pattern of the society. They become so blind that they call it Love.”

Public Program

Caxton Hall, London (UK), 19 June 1978

“Are you going to get a dog? And they will. I mean, they really do it. They will have dogs and cats in their bedrooms and the husband and wife will be sleeping separately from children. It’s wrong. They must be given love. They must feel they are very much wanted. They must be important, very important. Why husband and wife are fighting among themselves you see? The wife is a bride and the husband is a bridegroom. Even he’s eighty years old he’s a bridegroom, still ready for marriage, I mean what sort of a thing, absurd it is. The attention is not on the children at all.

The children have to get complete love from their parents. Complete assurance. And a picture and a model that marriage itself is a boon. The integrity and fidelity between husband and wife with love and harmony gives them that feeling. But, it is not so. I don't know how it works out that people do not want to show their love to their children. They are afraid. Perhaps maybe somebody has brainwashed you?"

*Seminar at Dollis Hill ashram
London (UK) - 28 May 1979*

"Like there was another one Anasuya was another very great woman in Indian, Anasuya. She was so great She changed, I mean She made the sun wane, she made the river change its course, She did all kinds of things for Her husband who was a horrid fellow. He was absolutely the greediest possible fellow with all [?] because of [?] all his life, you see. And he would, he cheat her and everything, then he got horrible diseases because all his life he was so [frustrated?] Then he got leprosy, he got this. She took him from one place to another to all the [temples?] and everything and She defied all the nature [?] such a powerful woman She cured Her husband, she got everything done, you see, very powerful woman."

“And then Narmada, the river, see, that we have, She Herself was the deity. And now She is the – uh, She was actually, uh She never married. When She loved somebody and wanted to marry, you see, She dedicated Herself fully to that love then She became this river, you see, and it’s the Virgin River.”

The Value of Marriage
Dollis Hill (England) - 8 March 1980

“Now for example in a normal marriage the man is the person who is the head of the family, as you say. Now he has to be the head, the man has to be the head, for certain reasons. There is nothing wrong in man becoming the head, it’s alright, you become the heart. Heart is more important than the head is. Perhaps we do not realize that, how heart is important; you see even if the head fails the heart can go on. We can always go on up till the heart is going on, but if the heart fails, the head fails too. So you are the heart as a woman and he is the head of the family. Let him have that feeling that he is the head; it is a feeling, just a feeling. Like the head always feels he decides, but the brain also knows that it is the heart one has to cater, it is the heart which is all pervading, is the real source of everything. So the woman’s position, if she understands how important it is, she would never feel let down or dominated, if she knows she is the heart. I think this is the

point people, women especially, in the West, have lost and have forgotten and have not realized. If they had realized this point there would have been much less problem.”

“Now see it is not the way people think they control others, or dominate others or sort of try to suppress them. It is not that way. It is heart which really governs everything. Heart rules out everything else, it is heart which has got the power to envelop the brain, to soothe it. Brain is a headache, you know; it works, works, like mad. But heart is the one which really covers the body with its love and can soothe, can give it joy and happiness. It is the heart which contains the spirit. So heart is a very important thing, which is the power of the body, like ultimately you have to become the Spirit, which is in the heart.”

“With brain you notice, and that's why man has to become the head, he has to go out, he has to work, he has to deal with people, he is an extrovert as you call it; and a woman has to work sometimes, if there's difficulties and troubles are. But the woman should not feel dominated if the man says 'Alright you don't work'. But if he says it in love! Now, if the brain starts dominating the heart too much, what will happen? Then, there will be dryness. You see, like many men are very meticulous, very particular-they are headaches, absolute headaches to themselves, to others, and to the whole society. Such people can

become extremely dry and they can be all the time, you see, like they can never enjoy their wives, they cannot enjoy their children, they cannot enjoy anything whatsoever because you see they are so particular; like they say, come at five-ten'. If you reach there at five-nine or five-eleven you have had it; they are just watching time, just to find out the faults, you see as soon as the wife comes in they'll be shouting 'what, you come so late!' How many? Forty-five seconds lost! You see, the wife is coming, the expectancy, the meeting of it, the joy of it, you are going to meet your own heart! It's lucky! You miss your luck!"

"Now this brain can go all off the rule, you see, it can go off, and it can be very, very taxing; it creates tremendous problems with it. So, heart must be respected, heart must be obeyed. That's the point. Heart must be obeyed. But that doesn't mean that the women should dominate men, it doesn't mean that. Obeyed means, you must understand what your love says. You see, do it in love. If you do it in love is very good."

"For example I am lecturing you morning till evening, you are not tired; you are not tired of My lectures. Normally people should be.....What's this sermon going on? This lady all the time talking to us?. But you do not mind it, for one reason. Why? Because you know I love you very much. In the same way the woman must establish the role that she loves. The man may become a little funny, but

he'll come round. He'll go a little astray but he'll come round. But do not judge him in outward dominations ...Like you see if he says 'This color is not good.' 'Alright, whatever you like I'll put it.' Then he'll say 'Oh, I think the one you have put was good. You know I was really foolish'. He would say like that.”

“There are no two ways about it, there are two wheel is needed to give it a balance, but we are going on the same way. These people don't realize. They think one wheel has to go on the right, another has to turn to the left. So imagine what will be the condition of such a family. We are going on the same way. Only understanding is needed, that one has to live with the powers of heart, and another has to live with the power of rationality, of understanding. Now when it comes to rationality, ultimately it will turn to heart. Because it reaches a point when it does not know, you see, then it comes to heart. Once women realize. This that they have this within themselves but you must nurture your power of heart. But you compete with them in everything; if he goes on the horse, why can't? If he can do this, why can't? If he can drive, I can drive'. You see, wisdom lies in doing things-many things-by avoiding them. You see, for example, I don't drive, so everybody drives me around; I don't type-very good, everybody types for me.”

“So everything has two sides, you can see clearly; if it is done in love it is perfect, but if it is done in domination it is nonsensical. Why dominate? I mean I don't understand the word domination. When there are two wheels do they dominate each other? Can they? If one dominates, say one becomes bigger than the other, it will go round and round. Won't it? There's no question of domination in this, but is a question of integration and understanding and complete cooperation with themselves which must permeate into the society, into the family.”

“But again we have to judge it, is it done in love or not? Like the husband, you see, brings his friends, and they may not like the friends coming in, because it means money you see; they would like to have more ornaments to themselves, than to have some friends for their friend. Can be, can be like that. Some men could be like that also, but both the things are wrong. This should be shared to be understood, and the whole thing is that you must lavish your love on others. Need not spend money for that, need not, you can just be kind to them, nice to them, and little money too; you see there's no harm in spending little money for othersand expressing your love. You see we are still very meticulous in our Sahaja Yoga, as far as money's concerned, as far as love is concerned, we are very, very cautious, we have so much of fear within us.”

“Now domination should never come in Sahaja Yoga at all. For example when I am telling you anything an outsider might think that I am dominating you, because really I am touching very sore points within you, if you see it clearly. (It is there putting the left side too much, you are all feeling guilt, that's not good, come along) So the-this is also an escape, you see, that you start feeling guilty and then you just don't cure yourself. Just don't feel guilty about anything. You see I am just telling you this beacons I have to tell you. Now one can feel that this is domination if they do not see the love behind it, the beauty behind it, the compassion there. So never to feel that anybody dominates you it is the best way.”

*Shri Devi Puja, French seminar
Dourdan (France) - 18 May 1986*

“So we must understand the power of women is compassion, is nourishment, and they should not try to become like men because then they'll burn off people and burn off themselves. So as I've told you before that it's the women who can be very, very helpful in improving the left side. By dominating men you make them left-sided which is not their style, they should not be left-sided. But if they are truly men, they will walk in the central path; and if women are truly women, they'll walk in the central path. So to walk in the central path one has to get rid of all these things of this type which are within us.”

***Interview: Shri Mataji Talks about Her Early Life
Vienna (Austria) - 8 July 1986***

“On the other day a lady asked me about the women and I told her that a woman’s power as a mother is very great. She felt hurt about it. I didn’t mean that you should be just a mother. What I am saying, she is a mother; then she is compassionate, she is kind, she is not aggressive like man. That is a very big quality. That is a very big power in a woman. That is what I was suggesting that and that is what we have to understand, not to compete.”

***Shri Kartikeya Puja
Grosshartpenning, Munich (Germany) -13 July 1986***

“And women should also know now they are Sahaja Yoginis that they are Sahaja Yoginis and Mother is going to look after them. But if you are worried about yourself only, your husband, my house, my children, then you are a gone case, you are no more a woman now. It’s not the sign of a good woman. A woman is that who loves all the children. Her loving capacity’s great, but if she becomes miserly, if she becomes small-minded, then she’s not a woman.”

Shri Ganesha Puja

Perth (Australia) - 9 February 1992

“Do your duties to your children, to your wife, to your husband. Indifference to anyone itself is tremendous harshness. For the small thing if a woman gets angry and doesn't talk to her husband or if the husband neglects the wife, doesn't bother about her, looking after her, caring for her, then it's a, it's a crime, according to Sahaja Yoga it's a wrong thing to do because you must have balance you must have softness of nature. You should talk very softly to others and be kind and nice.”

Shri Fatima Puja

Istanbul (Turkey) - 18 May 1993

“See, in Sahaja Yoga that's how we live. We want to give love, and men have to appreciate that love and enjoy that love; whether you are a brother or a husband or a son, anyway, the woman's love is for you. And she gives you that love that makes you absolutely, not only joyous, but also religious. Because it's a relative thing. If a woman starts misbehaving, that's the worst for the society: men also start misbehaving. Men, as it is, are extroverts. So to control them, to put them as householders, the women must know how to keep them. It's not easy to run a house, it's not easy to run your family, it's not easy to look after your children – very difficult.

And those who have those qualities are the best women and they really achieve it. I mean, you can think of your mothers, how much they loved you, all the men and the women. Why? Why do you think of your mother so much? Because she sacrificed everything, but without showing that she was sacrificing. She did so much for you, so you could be a woman. Woman's potential to love is tremendous, tremendous! And this is what we have to learn from Fatima. She gave Her two children to be killed. She knew, because She was after all Vishnumaya; She was the incarnation of Vishnumaya. She knew Her children will be killed, but still She sent Her children, "All right. Doesn't matter. Even if I know that they are going to die, it's all right." Such bravery, such courage, such understanding of the duty of Her children."

Diwali Puja

Moscow (Russia) - 12 November 1993

"Firstly the one who has Lakshmi has to be mother like a mother, must have the love of a mother who loves her children. She has to be a woman and woman stands for something very sublime. Mother is the source of all the energies but she has patience, and she has love, compassion. So a man who has money cannot be happy unless and until he is compassionate. He uses this money for giving to others."

Advice at yogis

Richmond Park, London (UK) - 25 June 1995

“So what is most important is to just love and try to please others. If women can do that they have achieved their womanhood. All the time telling against somebody to your husband, all the time criticizing somebody to me, that’s not the way. On the contrary, never tell or complain about anyone, unless and until that person harms you. And always tell something nice – that’s the best way. For example, somebody comes to tell me about somebody “Mother, see he did this to me, he did that.” So I tell him a lie, and say, that’s allowed, and I tell him “now I don’t understand how do you say things about him. He was just praising you all the time. For one hour he praised you.” Finished. Really, they trust me. They think I’m telling the truth. That’s how you can run the family, you can run everyone around and Sahaja Yogis. The first thing the women must know they have to become compassionate and loving. Their main power is in compassion. I think that is my power too.”

Puja of the 73rd Birthday, “Mind is a myth”

Delhi (India) - 21 March 1996

“So, you people have a great responsibility of coming to Sahaja Yoga. It is not just a certificate, or My badge, that you are a Sahaja Yogi. I would like also women to see to this point, because what I have seen about women is that they are mostly worried about their children, about their husbands, jobs and things like that.

But they are not worried about others, about people who are around them, so they have to also take to Sahaja style of life, in which they expand their love, expand their attention to other people, and see how they can please others.”

Shri Adi Shakti Puja

Cabella Ligure (Italy) - 9 June 1996

“Once you know where lies the enjoyment, you will try to have more of it, and more of it, it’s so easy now for you do it. I would say as the men are working it out, women should work it out. Because women have more sense of compassion. More sense of compassion and forgiveness – normal women, I’m not saying about abnormal – you know, I’m saying about normal women. It should be, because they are mothers, they have children, they have known what is love for the children is. A mother doesn’t expect anything, she just wants her child to be alright and happy and she enjoys her child, that’s all. If you are a woman, in-built within you is this compassion. See, I’ve seen young girls, they too, if they find a little baby they’ll all run after that, they would like to take the little baby, they have dolls and they look after the dolls, just like their own children. So, for women it should be much easier to show compassion and to express and to manifest – it should be. And as you are all married also, your husbands will feel so much strengthened by your own nature of Divinity.”

“Nobody remembers who was the officer at that time, running with the file, up and down. So women have something that they can be of eternal value that they should develop. The greatest thing is that woman can love, and love and love. But when she becomes selfish and self-centered, starts worrying about herself there’s no beauty in her love.”

“Where the women are respectable and respected there the Gods reside.’ Women are very important. Of course I must blame the Western men also. the way they have ill-treated their women, have kept out of religion,, have always put them down, I mean, India we had Muslims doing that but they are even very sophisticated aggressors and they did it very badly and they kept all of them down. But doesn’t matter. Still, forgive them and try to be women. Very powerful. The powers of a woman are that of love, which are the powers of God. And that is to be used than to use other argumentative intellectualism, all nonsense. Don’t waste your energy with that. I would like, specially the Sahaja Yoginis of Germany, to become more and more ladylike. It doesn’t mean good cooking only but in the attitude towards life. To think in a wider way that the whole Sahaja Yoga depends on our love capacity. We have to be extremely loving, extremely kind, looking after Sahaja Yogis, giving them all the joy that is possible. Otherwise in this country they can become like vampires. So be very careful and for men also I would say if there are women of that kind you must respect, you must give them all their privileges, look after them. They

look after children but give them all the assistance, all the money that is needed by them. Do not ask for accounts and things, let them manage it.”

Chastity

The Value of Marriage
Dollis Hill (England) – 8 March 1980

“So, man has to be a man and man is a person like Rama. You have heard about His life, how He was, you see, how He loved His wife, respected His own chastity. A man who cannot respect his chastity is not a man, he is absolutely an earthworm. So this is what it is, a man has to have character, he has to have that chivalry in him, he has to have that courage in him, he has to have that protective thing. If thieves come in the house the man tells the wife 'Oh, you go and open the door, and I'm going to hide', and when the thieves go away he says "I am going to dominate". That's not the way. The man has to protect. The man has to look after. That's why doesn't matter if he is a little crude sometimes, doesn't matter, because he has to face, he's, you can say, he's like a thorn, and women are like flowers.”

Public Program
New Delhi (India) - 7 February 1981

“They are Shakti and they are to be respectable and not to be frivolous and cheap... for this I will hold the woman responsible who behave so cheaply on the streets and in

the offices and in the houses. It is the women who have to keep the Dharma going.”

*Radio interview
Sydney (Australia) - 31 march 1981*

“Sex education is not needed for children at all. There’s no need. When they grow up, the Mother’s should tell the daughter and the father should tell the son, in a very private and a sacred way.”

*Marriage is Joy Giving
Hampstead, London (UK) - 29 November 1981*

“Don’t hide anything from your wife or from your husband. Everything must be told, it should be straightforward life, absolutely a straightforward life, extremely pure.”

*Navaratri Puja, “Innocence and Virginity”
Hampstead, London (England) - 17 October 1982*

“The Virgin is a simple woman. She is extremely simple. She does not understand what are your plans and what is so important, everything. Her importance is her Virginity. That she knows, and she will not allow anybody

to touch. That's her property, that's her wealth, that's her greatness. And she's humble because she is not afraid of anyone. She is not aggressive. But she doesn't allow anybody to aggress; nobody dare aggress a real Virgin."

*Public Program
Delhi (India) - 1 February 1983*

"Chastity is the strength of women. And that's why those women who have fear, mostly, have a problem of their chastity being challenged. A woman who is frightened that her chastity may be disturbed, also can develop a problem with the Heart Chakra. Such women can develop breast cancers, breathing troubles, and other kind of frightening diseases on the emotional level also."

*Shri Ganesha Puja, "Establishing Shri Ganesha Principle"
San Diego (USA) - 7 September 1986*

"I would say for Sahaja yogis, I have given some instructions with people – how they should respect their privacy of life, specially the women of America. If they have to be the shaktis, they have to respect themselves, their chastity. But so surprising that when we see outside all these things happening, even after coming to Sahaja Yoga, some of us try to be one of them who are going to

hell. If you have to save them, then try to fix your positions, properly.”

Talk to yogis
Paris (France) - 17 August 1987

“There are certain things which you may feel a little different, but you shouldn’t get a shock. Like in Sahaja Yoga we have to respect our chastity. Women have to respect and men have to respect, because our Ganesha has to be all right. Those who have come to Sahaja Yoga will be amazed, after coming to Sahaja Yoga, nobody has got AIDS. In India, which is such a large country, they found only one woman having AIDS. Then they went very thoroughly into it. They got only 12 people who have got AIDS. They too have contamination from abroad. So this Ganesha has to be strong within us. Also, like it’s not inhibition like in the Catholic church. Sex is nothing in Sahaja Yoga, but a sane sex with your wife, with faithful relationship. Though it is neither Freud nor Catholic church.”

Shri Fatima Puja
St Georges (Switzerland) - 14 August 1988

"I agree that some of the men have been extremely cruel. Some of the laws have been extremely cruel. This thing that thing and that they have to be told. But this is not the way. There is another way of improving these men, who try to destroy the women, because women have one very great quality that Ganas are with them and Shree Ganapati is with them. He will never side with men if they are chaste and do not try to show off their body and show off their beauty and want to make sort of a capital out of it. Such women are extremely powerful, extremely powerful and they show their valor when it comes to anything."

Talk in Alibag, India Tour (excerpt)
Alibag (India) - 17 December 1989

"We have to know that we are one body and, as this hand must look after the other hand, when we go out shopping or do anything ~we should always think what are we going to buy for other Sahaja Yogis. ...of course I have told you unless and until somebody's your sister by rakhi or anything ... you need not give presents, but women can buy for women, men can buy for men."

Shri Mahalakshmi Puja
Auckland (Australia) - 12 March 1990

“You just see the trend, how far it is going, the self-esteem is so low. Now, for women, the other day I was, I was telling you about the way they are talking about sexy, sexy women. I mean it’s...one should be ashamed of saying such a thing for women. Because one should take an objection: “We are not prostitutes that every man should look at us and enjoy us. Why? Are we sold out for them or are we something for show?” The women have no self-esteem, they fight on wrong things, they don’t fight on the right things. The right is that you should be respected and you should not be treated like something on the show that any man can look at you and any, that the men should look at you, then you have some value. It’s nonsense. This is not the way to make great nations and great children and great families. So the society of any country depends on the women, which is a very solid work, which is underground, they don’t want to show off. Any country, which has got good women make good society. And I must say the credit goes to Indian women, in India. They have not bothered about these things, you see, they are not bothered about their looks and the sexy nonsense. If somebody says them: “too sexy” I mean they will slap you, feel very hurt: “What is this, what do you think us to be?” And to be proud of what work you are doing, of course you have to work outside and do something else, but who will look after the children, who will manage the households, who will keep the peace of the house is to be seen.”

Raksha Bandhan
Los Angeles (USA) - 7 August 1990

“With the brother you won’t discuss something, normally, say about sex or about things like that, because it is such a private thing that you can only have this with your husband. So, if he is a brother and you find him that he is trying to attract the person in a way that you should not, then you have to place yourself, against yourself, and see for your sake, why you are doing it? It’s such a frivolous, nonsense thing, it’s a joyless pursuit! So why should I do it? Once you understand the importance that Sahaja Yoga, you can only achieve your ascent through purity. There’s no other way round.”

Shri Ganesha Puja
Canberra (Australia) - 14 April 1991

“Like we had a queen called Padmini, and she was a very beautiful woman. And one Muslim aggressor who became sultan heard about her beauty. So he wanted to see her. So she refused, “I don’t want to see him.” Even seeing a woman like that: those bad eyes, are bad; seeing a woman also, are bad.

So he said, “If you do not allow me to see her, I’ll invade your country.”

So she agreed that, “All right, he can see me in a mirror, so at least his bad eyes don’t fall on me directly.” She agreed to that. And he saw her in a mirror, and he saw

that it was even more beautiful than he had thought her to be. So now he wanted to have her. So physical, so superficial.

So for women especially it is very important to have a great sense of chastity. And if they do not have the great sense of chastity, then they develop all kinds of funny ideas and mentally they become very imbalanced. And the children that they have, also become very funny and you have all these problems of perverted relations, incest relations.”

Shri Ganesha Puja
Cabella (Italy) - 30 August 1992

“Last time you had asked Me for Gurupada and you should know that the essence of guru is Sri Ganesha, the innocence. You must be knowing the story of a very devoted wife, faithful wife of a Sati, her name was Anasuya, and she was so religious and so dedicated that they say that the wives of all the Gods – Brahma, Vishnu, Mahesha, got very jealous of her. So they told her husband that, “You must go and test her, if she is really a woman with chastity or not.” So all of them came down as sadhus, dressed up like sanyasis. And she said she wanted to serve them, give them something. They said, “No. We want to have food.” She said, “All right, come and sit down.” She cooked food for them. So they said, “No, we will not have the food unless and until you take out all your clothes. We will only have the food if you take

out all your clothes.” She said, “Is it so?” They said yes. So she made them into little, little children, three little children – and then she became nude. Because innocence doesn’t understand anything about. And then she joined them together, their three innocence was joined together and they got their Gurupada. That’s how the Adi Guru was created.”

Shri Fatima Puja
Istanbul (Turkey) - 18 May 1993

“Now, we are husband and wife because we love each other, we are complementary: woman is a woman, man is a man. Men should not expect women to be like you – very fast; and women should not expect men to be like you – very, I should say, noble. They are qualities of a woman and the qualities of a man. But the greatest power of a woman is her chastity. If her chastity is disturbed, then she is a dangerous person, very dangerous. She can not only harm her husband, but also her children, her society.

We come from a culture which is very akin to Islamic culture also. Indian culture is like that. In the Indian culture women respect their chastity more than anything in this world. They can give up everything, but not their chastity.”

“When the women are chaste men also become chaste. And this chastity is your main power, is, this chastity is the one is the power of Shri Ganesha. And when you get this Shri Ganesha’s power, you know how powerful you become with the innocence that is awakened within you. So without the chastity the women cannot achieve anything in Sahaja Yoga. One has to give up all the past ideas, all the past things, and also the way there is bombardment from the newspapers, from the media, from everything.”

“So today is a day I have to tell men also that you must learn to respect a woman who is chaste. Please understand, if your wife is a chaste woman, then you have no right in no way to trouble her. Not that she should be respectable – she should – but you should see that everyone respects her, nobody insults her, should stand by her, be identified with her. But if she’s not a chaste woman and if she is that kind, better keep out. I do not have that much courage to say that “All right. Go ahead with her and I’ll look after.” It’s very difficult. I don’t know what complications might come.

With all these experiences one learns one thing for definite, that woman is much more inward, she has much more powers, she is much more wiser than other people are, if she keeps to her chastity. That’s the point on which all her movement rotates, all her personality rotates. She may be anything.”

Intelligence

*Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981*

“They are incapable of domination. They just do it because they want to feel that they are superior, that all. But they cannot dominate. Whatever domination, what is their domination? It is little, little things here and there, just like children.”

*The Value of Marriage
Dollis Hill (England) – 8 March 1980*

“You just agree to them you know. I mean I have experimented this in my own life. I have done it. For example my husband doesn't know much of roads. So, supposing we are going somewhere and he says I think this is the way you have to go'. I say 'Oh alright, you can go ahead, and I'll walk with you', but I said 'You know I think it's not the road, I'll have to walk back again I know for definite, but alright if you want I can walk with you. All right I'm walking, I'm just enjoying, I may have to go this way only, so'. Then he starts wondering 'Is it true? Is it correct? Then he starts thinking, you know, that Is it really? Or may be, because She has instincts? You see. Because she has intuition, She has so many things, She gets that, what you call a hunch They get a hunch of it and that's what it is. And once they start understanding

that the hunches of the wife are correct, then they follow her in a way. But what is so great about making your husband follow you? It's wrong, I think. There's no need for him to follow ... 'You go this way'; what need is there to do all that? We are going the same way, but we must know that somebody is on the left, one is on the right. The left has to be on the left; supposing the left wheel starts going to the right, we'll have only one wheel left. What are we going to do about it? We are all going the same way."

"You see once this goes away Sahaja Yoga will work out better, the domination is felt only when there is no love. You see, sometimes people like to dominate, isn't it. For example they say now come along, have this food, you must have this; and you like it, because somebody cares for you, there's a concern, somebody loves you, wants you to have this and wants you to do that; you like such a person, you want somebody to do that You do not want to be left to dogs that 'Do whatever you please'. That kind of thing is no good."

Shri Krishna's Birthday Puja
Tamworth, Birmingham (UK) - 15 August 1981

"But I would say in this, fundamentally, one should understand that those people who normalize everything by their thinking ... you see, "The beauty should be ..." means this. "This thing, face should be such, the nose

should be such and this and that” – is all being sort of measured out you see: “This is beautiful.” Then, all these ideas of beauty that are thought up – not spontaneous, not spontaneous, again I say – are not beauty.”

*Talk after Ekadesha Rudra puja
Shudy Camps (England) - 19 June 1988*

“This is to be understood because I think the women in the West do not have intelligence. They are not intelligent. That’s the simple equation I have reached. Some have intelligence and even if they are caught up they are sensible, if they are intelligent. But the women here are aggressive but not intelligent. An intelligent woman is in India. She sees the point. She knows this is Adi Shakti. If her husband is doing something wrong she’ll just say “I’ll fast for ten days. Will you behave yourself?” “Or, I’ll get out of this house if you don’t behave yourself.” Is the women In India who have made Sahaja Yoga successful in India; the very intelligent women. Here the women lack intelligence because they are so aggressive. They do not see the point. They do not understand who I am. They do not understand, what is our worth. To them all nonsensical stupid things are important. Not all of you but some of you. And because the intelligence is less, you yield to such women who are stupid. They tell you all kinds of things. They talk well. Here only the women talk, I have seen. Men do not talk. If you see a television, only the women are talking. Men never talk. A child has died,

it is the mother who is talking. I don't know how she can talk when her child is dead. She's the one who will talk. And the father will be unhappy, like a mouse sitting there, keeping shut. So many times I have told Sahaja Yogis in England and elsewhere that you are like cabbages. If you behave like this, the day will come when you all will be destroyed by these horrible women."

Hamsa Puja

New York (USA) - 28 April 1991

"But if you do not have the alertness, then you cannot be a Gruha Lakshmi, you cannot be a good mother, you cannot be a good wife. There's no slavery in it. They don't know even what pleases their husbands, how to create peace in the family, what to say, when to say beautiful things and when to be strict. All this discretion is not there. Either they are shrews or they are slaves. So, Sahaja Yoga is meant for women who are alert, who are wise, who know everything about life. Even they don't know, where are the chakras on the feet."

How to talk to new comers

Bangkok (Thailand) - 16 March 1995

"So we have to be very careful, we are the messengers of God. We have to be careful not to use any bad word,

angry word, but very gentle and sweet words. And to each other between husband and wife there should be full understanding. And the children should be treated very kindly and sweetly.”

*“Nature and Balance”, Evening before Navaratri Puja
Cabella (Italy) - 4 October 1997*

“I’ve seen also in the films, you see, all romantic scenes going on – it never happens, there’s nobody like that you see, it’s all absurd things you see, so you expect them to be Clark Gable or somebody, it’s not so. You have to love, you have to take your husband into your heart first. This is your duty, otherwise what else are you doing? I was shocked, a girl from Sri Lanka and this boy has said “Mother you can kill me, but I will not have that girl here because she is not joy giving. It’s a fact. So if your wife is like that supposing, now I am telling men. The trick-of-the-trade is, if your wife is like that, try to understand why she does it. What is her problem, why is she dominating you? Or you think she is dominating you – most of the time, most of the men who talk “Our wives are like this, our wives they are very dominating”. Why is she dominating you, what’s wrong with you, that she’s dominating? If you introspect, you’ll find that you give very little time to her.”

Shakti Puja
Kalwe (India) - 31 December 1997

“So in the same way, for men also it is very necessary that always making fun of your wife is not nice. This is a lot in North India. There is no cleverness or intelligence in that. This is all useless. Look at your wife’s qualities. It is not necessary to relate it, but try to understand her and get to know her good qualities and respect her.”

Responsibility

Letter on Guru Purnima - 1 July 1977

“Respect your marriage institution. Women have to be Gruha Lakshmis. Firstly she has to be dedicated and completely Fidel. Secondly she is to be worshipped like a Gruha Lakshmi. This is the double meaning of [...] The word [...] means the one who is worship able and is also worshipped.”

*Nabhi Chakra, Third Public Program
Maccabean Hall, Sydney (Australia) - 27 March 1981*

“That's what it is. If women understand their maturity and their responsibility as women, because they are the Shaktis, they are the power of the family, and they are the potent Shakti for the husband as well as for the children, but if they get disturbed then the husband is disturbed and children are also disturbed.”

*The Value of Marriage
Dollis Hill (England) – 8 March 1980*

“But I do some things which nobody can do as well as I can do, like I can cook very well, so when it comes to cooking they have to come to Me.

It's like that. But you don't do everything that the men want to do, or you don't do everything that the women want to do. For men will be cooking and women will be driving is a wrong thing. Men should know all manly Things and women should know all womanly things. They must learn. They must put their hearts into it. I mean women can be equally intelligent, men can be equally intelligent. Women can go on the right hand, men can go on the left hand. No doubt about it. But, you put imbalance to the whole universe by that; that's the point. Is not that by doing that you are in any way less or more; this idea should go out of your minds absolutely, that men think 'I am the man who wears the pants' Alright, you wear the pants, but we wear the beautiful skirts, alright. That's the way it should be looked after.”

Darshan at Ashram

Sydney (Australia) - 25 March 1981

“So it is necessary for Sahaja Yoginis, is to understand their responsibilities. They have to take to methods of women. See like looking they must learn, must learn how to please people who come in the house. Talk to them nicely, look after them, if they need anything. And the men have to see the outside thing more. That doesn't mean the women should not go, they should go. And these women who are womanly only are appreciated. Any women are good organizers because they are womanly, if they become manly they can never organize. Because

men can organize as men. But women have to organize as women.”

*Conversation with yogis. Ashram Kegelgasse
Vienna (Austria) - 3 September 1983*

“Especially it is very important for Sahaja Yoginis to understand their role – not as a man but as the Kundalini, the one that nourishes, that bears. Like the Mother Earth, because She is so powerful. She bears all this because She is so powerful. And the whole thing will look so beautiful, the whole picture – that people will see a complete human being – as a woman, as a man. For the woman has to realize that she has to nourish the whole world, she has to bear their nonsense, she’s the one who is the support, she’s the one who gives them gravity – the dignity, the gravity. And the men have to realize that they have to be compassionate, and affectionate, and kind. And then you will find it’s a beautiful Sahaja Yoga Unit or we can say a Universe.”

*Kazu Radio Interview
Santa Cruz, California (USA) - 1 October 1983*

“Barbara: What is the role of woman in this world, the role of the feminine principle?”

Shri Mataji: I would say ... I don't say that women as women who are born as women only have the role, even the men have, everyone has because everyone has Kundalini within them. But the women must know that if they are women, they have a greater responsibility. Not that they should sit at home and only look after children and brood and then nag the husbands when they come home. That's not their role. The role is such that they have to be forbearing. Any person who is the mother has to be like the Mother Earth – how much She is forbearing, how much She suffers! We dig Her out, we torture Her life. Still, She is giving all the time; She is soothing, forgiving, bearing it out. We are doing so many sinful things, I mean, She should explode real with anger, the way it is but She does not. She is very careful. She slowly, slowly informs that “Now get out of this place, it's rumbling.” She is so kind, you see – that all should come to us.”

*Talk after Ekadesha Rudra puja
Shudy Camps (England) - 19 June 1988*

“So I have to request you people, first and foremost thing, all the Sahaja Yoginis must know Sahaja Yoga as well as the men know. Not just smiling and dressing up is important. In Sahaja Yoga, you must have the same knowledge as any Sahaja Yogi has. If you have produced children it doesn't mean that you have achieved something great. Anybody can produce children: dogs, cats, everyone. Also your husbands are responsible

partly for it. So nothing you have achieved great by producing children, looking after the children, dominating your husband all the time. How much do you know about Sahaja Yoga? I know some of them do not know what are the chakras on the feet. They don't want to know anything about Sahaja Yoga. Only they want to use Sahaja Yoga sometimes to dominate the husbands. One has to face it up. How much do you know deeply about Sahaja Yoga? Most of you have so many problems within yourselves. As I have seen, some of you, as soon as you put hands towards someone, you feel, "Oh, here, I'm catching here." That's the sign of a regular bhoot in you. And I have seen people saying that they are sensitive. It's such a misleading thing. "I am very sensitive. I am very much higher in Sahaja Yoga." That's not the way you are going to be higher. You have to be absolutely perfect, in perfect health and perfect knowledge about Sahaja Yoga you should have."

"Now, what I'm trying to say that you have to find out, what is Sahaja Yoga? Your Guru is a woman. She is the source of all the knowledge. She is the Ocean of All the Knowledge. And why should we lag behind? In all things we want to be absolutely equal, similar to men. Even in dressing up and everything. And what about in knowledge about Sahaja Yoga? How many have given realizations to others?"

“I’m requesting you now because you are the Shakti. You are the power behind the man. You are the one who are going to make them great. You are the one who are going to build up Sahaja Yoga as a potential energy. You are like this Mother Earth who has to give everything beautiful—all these flowers. From where do they come? All these trees. This Mother Earth looks so simple. But what She gives us, look at that. Look at those beautiful things. So one has to understand that to be a good Sahaja Yogini.”

“You’ll be amazed that when I see the women who have led a perverted sex life are much worse than men. After marriage, men get cured, women do not. They have mental problems because you must know you are the emotions, you are the desires of the whole world. You are so important without you nothing can start. If I had not come on this Earth, put all of them together, right from Sadashiva to Ganesha, they could not have done anything. It is a fact. It’s Me as a Woman, as a Mother, as a Wife, as the Spouse has achieved this. And that’s what for you, it should be the easiest thing to do because I’m a Woman and I’ve lived like a Woman and I’ve managed so many children all over the world. Managed the whole show, managed My family also very well. I balanced it very well. And how it is now proved that a woman can not only be a priest but she can be the highest Guru of gurus. I put all of you on the pedestal now. So I have to tell you that you have to come up and you have to look after your Sahaja. You are very important because a bad woman

and a bad wife is very much more detrimental than a bad man. I have seen now in Australia happening. One woman has ruined the whole of Australia and one woman can make the whole of Australia a great thing. That's Me. I'm very proud to be a woman and I would hate to be a man. Look at Shri Krishna. He had to marry 16,000 women. He had to marry them. He could not have them as disciples. They were shaktis, they were His powers. They had to be women. They would have said, already they are saying, that He was a ladies' man. But to Me nobody can say that, because I am a woman and a mother is not challenged. Father is always challenged. Not the mother. So many things you can achieve as a woman."

"But you all could be like Me. You all could achieve all My powers much more than men can achieve if you want to. But you have to get out of your small visions and small ideas about glorifying yourself. I'm sure it will work out if you take it upon yourself that we all could do what Mother is doing today."

"If I have been able to nail down this great problem to a very precise source of it, and if you can manage the source, I'm sure we can manage Sahaja Yoga. We can manage the whole world and the humanity at large is going to be absolutely saved as that is your desire."

Intuition & Women
Le Raincy ashram (France) - 9 July 1988

“We have to understand we are women in Sahaja Yoga. And we have to understand our balancing power. As I have said many a time, there is a, they are like two wheels of a chariot, one on the left, one on the right. Now the left cannot be fixed on to the right, and right cannot be fixed on to the left. We are made like that. We are made by the Divine. But one should be very proud that you are women. I am very proud that I am a Woman. Because women can perform so many things which men cannot do? Woman is like a Mother Earth. So we can say the men are like the Sun. Both have to combine. But the Sun can be eliminated. But Earth cannot. The Sun is not there in the night. Still we exist. But look at the Mother Earth, how much She can bear. How much She can bear. See now She is so sensible. She creates beautiful flowers, beautiful trees, everything for us with out any grudge. And moreover that She nourishes us despite the fact we are doing so many sins against Her. But the Sun doesn't want to become the Earth and Earth doesn't want to become the Sun. Because they know they are stationed for a particular purpose.”

*Informal Talk to Sahaja Yogis
Perth (Australia) - 1 March 1990*

“But in any case you should be proud of being a woman or a man. And this fighting with men, for what? Fighting with men for jobs and things, is not necessary. What is there to fight with men for jobs and for getting this thing better, that thing better? After all it’s so materialistic. We should really understand that we are the source of power, we are like this Mother Earth, which gives everything and still She is so great. That’s how we should have that idea that we are doing everything for the family, for everyone. Of course you can work, you can do what you like, but women are the ones who make the society. They don’t make politics. If they go to politics they become neither men nor women I think. Women are the ones who make the society so all that is society you have to look after. That’s your job and it’s very important I think. Your Mother is a woman and I’m a married woman, I have got children, I’ve got My family, I have everything. I’ve My relations, such huge family, and My mother’s side and My husband’s side we are so many. But it’s all, all right.”

“So all the women who are here or all over have to know what is Sahaja Yoga. After all, look at Vishnumaya – She is a woman, is the Power that works. Brahmadeva doesn’t work. He’s created all these things because He has the Power of Saraswati, otherwise He could not have created. So everything is done through the Power and the Power is a women, but if the Power doesn’t know what is

Sahaja Yoga, how is She going to work it out? So the women, though they have children, I know – they have to look after the household, kitchen – but it's such a pleasure, such a joy to read about Sahaja Yoga, to understand it, to know it. Of course some of them do also read. I'm not saying that they do not. But there are very, very few and they are very sensible, very sensible.”

Shri Mahalakshmi Puja
Auckland (Australia) - 12 March 1990

“So many things are happening the West, which I think are just destructive, absolutely destructive to the society. The society is not at all looked after, here. Maybe I would blame this to the women of Australia and New Zealand, that women are not understanding their responsibility and do not understand what is their [GLORY], also they have not self-esteem. The other day I was traveling by plane and most of the ladies were smoking and men were not smoking. Men were looking after the children, the women were busy smoking like men, you see, looking like half men half women. It's surprising, this is very destructive.”

Easter Puja
Sydney (Australia) - 31 March 1991

“But we have to look at ourselves, about purity part of it. On a very low level of people, you see, I have seen that the impurity comes from what Christ has called as murmuring souls. These are the people who start talking at the back of others and just enjoy this kind talk. This is a very low level of a personality. I think in Sahaja Yoga this should go away completely because it creates problems and the main, basic strength of Sahaja Yoga, which is collectivity, is harmed by that. Specially, in this respect, I would request the women. Especially the wives of the leaders have a great responsibility. If they start talking like that, taking interest in such talks, then they come down to the level of others and their motherhood is challenged. Any mother who allows the children to talk like that is really spoiling the entire life of children.

Anybody who talks ill of any people in Sahaja Yoga is really extremely dangerous for both of them, but especially for the person who does it. So one should always avoid even thinking ill of others, let alone the talking of it. If anybody talks like, you should put your hands to your ears and say, “Don’t tell me. I don’t want to hear anything against anyone.” Because when we start talking against someone, we get all the bad things that person has, Apart from that, our mind is spoiled, is impurity in your mind. Then we talk to others, it increases and it becomes worse.

So it’s the responsibility of the women to be very much careful because this kind of thing is more with the women

because they are little excluded. They have exclusive friends and they have exclusive life. They are different type than men are. Men, if they have to get angry with someone or if they want to say something, they'll just go and have a fight and finish it. But women will keep it in the mind and will say something and it's such a bad thing to start. It's just like a worm, it moves and is very infectious."

Final Talk and Departure
Sydney (Australia) - 19 April 1991

"And also the women have to grow in Sahaj culture; that you should not answer back your husbands at all. That's not the way you can conquer him. They do not understand how they can conquer their husbands. That's the main point. Not by answering them back. Not by torturing them, but by bearing up whatever they are saying. So women, if they cannot run their husbands and family, all right. Then I think it is their responsibility. So the responsibility is much more on women than on men as far as the culture is concerned. And when you want to say something, don't show anger, but determination. You see. Just sit down with them. Then they know what you mean. So one side of the thing is of establishing the Sahaj culture among ourselves and being kind to them. In the family, to create peace. That's the job of a woman. You see how that man was trying to provoke Me.

But I wriggled out of all his provocations, because I'm a woman. Any other man would have slapped him twice I tell you. In My place, any one of them. Krishna must have used His Sudarshan. And Christ must have hit him with His cross, you see. They cannot bear, you see. They don't have so much bearing power. And they cannot wriggle out, you see. But we can. So that is the quality one has to learn: how to wriggle out of this. Then the men have the work to go out, earn. Women also, it doesn't matter. But you must share with them, have companionship with them. Enjoy your companionship."

Shri Fatima Puja
Istanbul (Turkey) - 18 May 1993

"So, so much responsibility is on women. So from Fatima's life we have to know that She did not go out of Her house and She remained a housewife, and She made Her two children grow up in such a manner that they had to fight the war against fanaticism. Her husband also was there. This is how a woman of a housewife is shown to be so powerful that though she's in the house, though she's – looks to be just a mother, but how powerful she is!"

"Now, the men are responsible for the politics and the economics and also the nation as administrators, but women are responsible for the society. Whether she's in the house or she's outside, whether she's working in the house or outside, she is responsible for the maintenance of the society.

And there it looks as sometimes to a woman that she's dominated, that her husband dominates her, that the husband's family dominates her, but it's the quality of a woman that brings up the level of the society – not only the level, but also in the family she is then respected. It's a very important role as a housewife; perhaps we never realize it. Now we see so many lights here, electricity is there running. But what is the source of this electricity? Is it not much more important than these lights? So men are nothing but, we can say, the kinetic energy, but what is the potential is the woman of the house. But these days it's becoming a very funny situation. I was surprised when I went to Italy also that how women have made themselves cheap. And they want to look attractive to every man. What is the need? It's a joyless pursuit into which men are going, and women are making themselves absolutely cheap. This cheapness of women is not going to give them any strength or joy. I know one feels very unhappy the way men treat them, but you must have your own personality, you must have your own understanding that you are a woman, you are Shakti, and nobody can suppress the shakti. But if you do not keep to your own personality or to your chastity, then you cannot achieve your goal in life. And your goal in life is to give power to your son, to your husband, to all the society the woman gives power."

“The men as a whole are very different type, you must understand. They are extroverts, and whatever the women care too much for, they could not do. It’s all right; because women and men are complementary. Like Ali was there outside working everything out, while Fatima Bi in the house, home, who never went out, but he knew his source of energy from where it was coming. Because women were never respected as Shakti, they started getting drifted into this Western modern ideas that “we have to fight men, they are problematic, they are troubling us and we should take revenge.” That’s how society cannot work out. Responsibility of the women is much greater than that of men. Men have to just go to offices, work it out something, come back. Women have to lifelong generate the energy for the growth of the children, the protection of the husband, for all the sensible things that she has to do. That’s why in India we say, “A woman is to be absolutely respected, and she has to be respectable.” Moreover it is not only in India, I’ve seen it all over that women are always respected if they are housewives.”

*Public Program at United Nations Meeting
New York (USA) - 4 October 1993*

“In India, a woman is the power, the Shakti. She is your mother, she’s your sister, she’s your daughter. She cannot be your priest. This is the worst that has happened, but not that it was not so that women

were not respected at the time of George Washington or all those places. I have read all those books of those times, it was not so bad, but gradually it has come down to this level that women have to sell their body, somehow. It is very surprising that women are not respected. And I would blame Mr. Paul for that. He has never shown any respect for any woman whatsoever.”

Advice to Brides and Bridegrooms
Ganapatipule (India) - 28 December 1993

“So men and women have to be men and women in Sahaja Yoga. They cannot be unisex people. They cannot be. That’s very important. The man has to protect the wife, love her, give her all the security that is needed. And woman has to nourish the husband and give him all the love and affection she has.”

“Sometimes women feel very angry when I tell them that first feed your children, your husband and then you eat yourself. Because that is the job of a woman. Like a man should go, earn living, do what he wants to do, job and all that. But the woman has to really look after the husband, look after the family, look after everything.”

“Women should be entertaining, they should look after. They should not mind if somebody comes to stay with them or lives with them. They should not try to show. On the contrary they should be happy they are able to look after someone who is a Sahaja Yogi. So, for the Sahaja

Yogis, you must keep always your heart open, your house open.

There are so many things which I would like to tell you but in this short time, I have to just say that it is the responsibility of the women to make their marriages happy. Depends on their intelligence and on their dedication to Sahaja Yoga. It's your responsibility. And if you see in a wider sense the responsibility of making a good society is that of a woman. Even if she has to suffer she can. She is like this mother Earth. She can suffer anything She never feels she suffers. She is so great. You are Shaktis. So as Shaktis if you have to suffer, you don't mind. And what you have to feel is that we are responsible for making our Sahaja Yoga society a perfect society. That's our responsibility. All your greed, all your ambitions, everything should be directed towards making a very very happy married life."

*Talk before Concert at Bundilla Camp
Sydney (Australia) - 2 April 1994*

"Now, you have to know that women are very important for society. Your problem is not so much of political problems or economic problems, as such. It is always common like that in every western country, but the main problem you are facing is your society. You know what's happening in your society, what a terrible society it is, how the children are harmed, how the women are tortured, how so many things are happening in our society and all

kinds of filthy things are happening which cannot be called as anywhere near advancement. All these things we see around us and we see our children suffer with that.

So what who is responsible for the society? Women. Women are responsible for the society. They have to do it.”

Shri Adi Shakti Puja
Cabella Ligure (Italy) - 26 June 1994

“How the Shakti has to come up? I was surprised that women were not spreading Sahaja Yoga. Somebody told me that leaders don’t want women to spread Sahaja Yoga. I said, “Wrong. If the leaders says that, it’s not proper.” But first of all, the Sahaja Yoginis have to be real Sahaja Yoginis because so far I have seen anybody — you try to give any lady, try to give her the position of a leader, she just finishes off with it. Not all, but some.

Now, the duty of a Sahaja Yogini is to develop herself through meditation, through understanding oneself and through self-esteem that I am a Sahaja Yogini. I am the one who is Shakti. I’m the potential of that. I’m the potential myself. What do I do? Nothing. I didn’t direct this. I didn’t put this on, nothing of the kind. I’m nicely here talking. But potential I am. Am I the potential? This is what the Sahaja Yoginis have to decide. Otherwise they are possessed, they are daydreaming, thinking no end of themselves. It’s very difficult. I want some nice Sahaja

Yoginis to be the leaders — I really want — but as soon as they become leader they are on a horse, running so fast. So humble down yourself.

Unless and until there is a big space in the pitcher, what water can flow into it? Have a very large heart. Anybody comes to your house, you don't like it, don't want to do anything for other Sahaja Yogis, looking after them. It is, really, I say again and again, in the West that women have to take up Shakti into themselves and Shakti doesn't mean dominate your husband and make a fool out of him. No, it means give him powers. You are the supply of power of the whole family and this is our family. All this is my family. I am so concerned about everyone, even the little thing I am bothered about. I am never satisfied that, "I have done my job now and now tonight I'll go off to sleep and I'll not think of anyone." Never. Concern about this and concern about that — all the time it's flowing, this power, and My concern is power that works because My concern is genuine. I'm not concerned about Myself, never."

Public Program

Bucharest (Romania) - 2 September 1994

"But woman is the potential power of man. But in the case of Divinity, She is the kinetic power of God Almighty. God Almighty is just a spectator. He's just a witness. He's watching the work of the Primordial Mother. But if anyone tries to trouble the Holy Ghost or to Shakti then He takes

care of that. So when this power, this power which is the reflection of the Primordial Mother within you, rises, then it passes through all the centers and enlightens them. By that these centers which are the basis of human body, just get transformed. All the problems of this world practically come from human beings. And all the problems of human beings come from their centers. When this Kundalini Power rises She enlightens, She corrects and She integrates all the centers. And ultimately connects you to the All Pervading Power.”

***Fourth World Conference on Women
Beijing (China) 13 September 1995***

“In My own country there is a saying in Sanskrit, “Yatra narya puujante tatra ramante devata”, which means that “Where the women are respected and respectable, there resides the gods of our well-being.” So it is for us, at this moment, to understand the value of this great power that is given to us by our Creator. But what do we find? Whether in the East or in the West, women have not been able to give a full manifestation of their greatness. I am not suggesting at all that the only role of women in human society is that of the mother, the procreator and preserver of children, or that of a wife, or a sister. Women have a full right to participate as equal partners in every aspect of life – social, cultural, educational, political, economical, administrative and the rest. In order to prepare

themselves for this all-pervading role, they must have the right to education in all branches of knowledge. But if they are mothers, they have a great responsibility towards their children as well as their society. Men are responsible for politics and economics of the country, but women are responsible for the society. Women can also support men and they can take a leading part, of course, in any post, but it is very important that they should not forget they are women who have to manifest deep motherly concern and love. If they become manly and aggressive, the balance of the society cannot be maintained.”

*“Nature and Balance”, Evening before Navaratri Puja
Cabella (Italy) - 4 October 1997*

“It is very important that women should know all about meditation and Sahaja Yoga. It is very important, because it is only through women that we can make this society alright. Men are busy with governing, and economics. You have no concern with that. You make your children alright. For that you too must meditate daily. You too respect and grow deeper. How many women are there who are so deep? When they meet me they go on crying about their problems. That is why I am saying today that if you are Shaktis then you become in the form of the Shakti and try to do good for the society. By this your countries and many countries can benefit. This will become a very beautiful bright example.”

Guru Puja
Cabella Ligure (Italy) - 12 July 1998

“I would say especially for the ladies that I am a woman and I have worked very hard all these years. And as a woman, I must tell that all the ladies should try, because they always say: “We are Shaktis”, but in their life, I don’t see there is any work done as Shakti, only they are sort of dependent all the time on Sahaja Yoga.

They have to stand up in their own freedom. They have to be independent and they should have right ideas about everything. I’m sure if the ladies come up that way, Sahaja Yoga will spread very much.

Men are working much more for Sahaja Yoga than women are. I can understand, because they have families, they have children, these things... But the most important thing is that, once you take to active Sahaja Yoga, then your children also come up well, the family is also looked after. After all, there is this Divine Power which looks after all of you.

You must believe that this Divine Power thinks, understands, It organizes, above all It loves you. This Divine Power has to be understood, that It is now your own and that you are in the realm of this Divine Power, where you won’t have any problem whatsoever. If you leave things to this Divine Power, it will all work out.”

Diwali puja
Novi Ligure (Italy) - 25 October 1998

“You see, men, at least in India, don’t know much, because they live in the air, I think. So, the women have more sense in this respect for small, small things; they are quite aware. It’s very interesting sometimes, the men commit mistakes of such a great humor. Because they do not deal with day to day life, with all the problems of daily life. On one side, the woman, housewife, has to deal with the daily life, on the other side she has to look after her family, her children. Also, poor thing, she is responsible for the society. She has to maintain the society. In a country where women are sensible and are matured, you will be amazed that they become extremely good families, good societies and good children. That’s why I must say, India is a very good country of very good society. This has come out of the housewives, the Gruha Lakshmis of the house, who have done all the work that is important as far as the culture is concerned. This kind of thing is very much in India. And with that, what you find, that the people respect the housewife. So respecting the housewife is the most important thing in our Sahaj culture. But that doesn’t mean that the women should try to dominate and trouble and fight with the husbands. But it means a very important position in the society, of a housewife, she is treated as something like a Devi only. But she too has to be a Devi. If you treat her like a doormat, then children will never respect her. If you don’t pay proper respect to her, the children won’t respect the mother and there will be no impact of the mother on the

children. As a result, the children get wavered, and in the societies or in the countries where the mother is not respected, you will find the children become extremely dominating, hot-tempered and horribly uncollective.

Responsibility

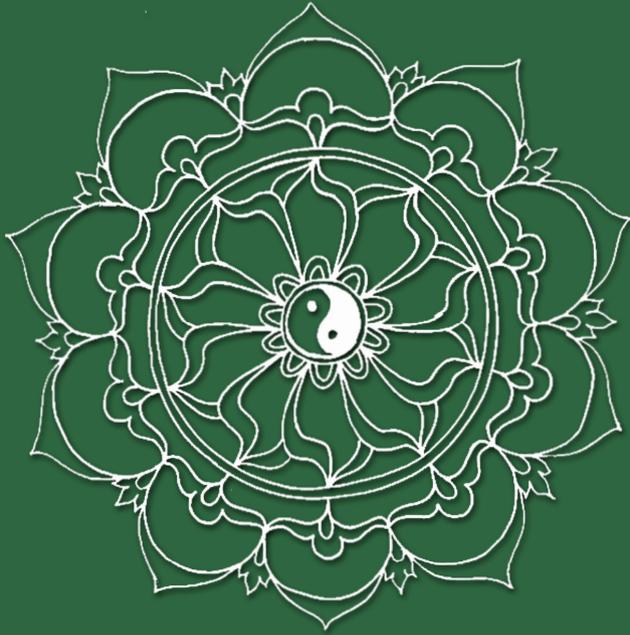
I think now, a new century is starting and so many things have to happen, and all of you must decide that you'll do this or that. Whatever your understanding is about spreading Sahaja Yoga, you should try, all of you, you should put your mind to it. If women can't go out, they can write down something, they can write about their spiritual ascent or about whatever their experiences are."

Easter puja

Istanbul (Turkey) - 25 April 1999

"Our attention should be, really, towards people who are in trouble. Now – as we are now enriched with divine power – we should look after those who really deserve our attention. You'll be very happy to know about women who are destitutes recommended by Sahaja Yogis, will be a better idea. And, it can be worked out very well. So far, we haven't got any application of women who want to have protection. Also, we are going to teach them different arts and crafts and things so that, within two years they will be able to stand on their legs and they won't be, anymore, beggars on the street. So it's a...[Applause] Firstly, we'll make them Sahaja Yogis.

Then we'll work it out. And I am sure you'll like the idea of having one NGO here.”



Jai Shri Mataji